

# MHS Newsletter

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<https://www.facebook.com/mudgeehighschool/>



Monday  
11 March  
Week 7 Term 1  
2024

## Principal's message

### Thanks

The good folk at Petrie's Mitre 10 came to our assistance this week.

A replacement kiln arrived to replace the very-much dead one in our visual arts space. As can be appreciated, a kiln is a big and very heavy piece of equipment. Two kilns – the departing departed one and the new one – are twice as big and heavy!

Thinking we had a pallet jack, the chap charged with delivering the good one and carting away the deceased one had come without. Unfortunately, we don't have one.

Mitre 10 was quick to loan us a pallet jack to assist in the two-part move.

That kind of community assistance is always welcome and very much appreciated.

### Habits

This week on assembly, I shared with students a milestone I reached this year.

It is fifty years since I learned to ride a bicycle.

I was no stranger to two wheels. I had had a scooter for a number of years. That scooter even had pneumatic tyres! Learning to ride a bicycle is, as most of us know, something else again. Mine was a 27 inch job, what would now be a 69 cm bike, putting me well above the pavement. Learning to stay upright while peddling, and while remaining conscious of the potential dangers around me, was a big call and relied on a much practice.

Then, after sixteen years of cycling, the rules changed.

Now an adult in his twenties, I was expected to wear a helmet every time I went cycling. I can admit that more than once and well after leaving home, I was compelled to perform a quick U-turn and return. I returned home to collect my helmet.

After sixteen years of cycling, wearing a helmet would take some time to become habitual.

Similarly, when COVID kicked off and masks were mandated in all public places, more than once I found myself returning to the car to collect a mask before going to work or entering shops or using public transport.

*Mudgee High School  
is a member of the  
Cudgegong Learning  
Community*



**Next P&C meeting**  
**Monday 25 March**  
**7 pm in the Learning  
Centre**  
**Entry via Douro Street**  
**All welcome.**

### This issue

- Principal's message
- House Championship tally
- Events calendar
- Weekly P&C awards
- Swimming carnival report
- English News
- Open boys cricket
- Link news
- HSIE Junior assessment schedule
- SRC Easter raffle
- Premier's Reading Challenge
- NSW Education Parent App
- Attendance matters
- Advertisements
- Sponsorship



Education

More recently, the need to habitualise a response has been made necessary by the move to ban the use of one-use plastic bags. Arriving at a supermarket checkout with a trolley full of stuff is no longer enough. You need to be prepared to either buy bags or you bring your own.

Developing a new habit is tough. Developing a new habit is tough because it is really about ceasing an old habit.

Old habits are default habits.

The neural pathway – the pathway in our brains that allows us to do things without thinking – is already in place. It is in place because of practice. It is in place because of repetition. It is the default.

Well mapped neural pathways allow us to ride a bicycle or drive a car without consciously thinking about it. Well mapped neural pathways allow us to respond instinctively to changing conditions; like the sudden need to brake without having to remember where the brakes are located. Well mapped neural pathways are also the reason why reformed smokers occasionally struggle to resist the urge to smoke, sometimes years after they have quit.

Talking to our students last Wednesday, the message I wanted to convey in all of this was that when we can consciously recognise that some of those well mapped neural pathways are unhelpful, we are better placed to change them. When we recognise that some of our habits are bad habits, like firing up the moment things get hard or we are obliged to do things that take us out of our comfort zones, we are already on the way to changing.

Remapping neural pathways through practice is something each of us has the capacity to do.

I know neural remapping is possible because I seriously feel naked on my bike if I am not wearing a helmet!

Until next week...

Wayne Eade  
Principal



The Mathematics faculty celebrating Pi Day - Mrs Bennett, Mr Lynn, Mrs Cini, Mr Laurie, Mrs Best, Ms Zhang and Mr San

# House Championship Tally 2024



**Blaxland**

**19 591**



**Cunningham**

**18 661**



**Lawson**

**17 024**



**Wentworth**

**18 023**

## Events calendar

- **Wednesday 13 March** - NAPLAN begins
- **Monday 25 March** - P&C meeting
- **Friday 29 March** - Good Friday
- **Monday 1 April** - Easter Monday
- **Thursday 4 April** - Parent/teacher night for Years 7 to 12
- **Thursday 4 April** - SRC Leadership Development Day
- **Thursday 11 April** - Japan Trip departs
- **Friday 12 April** - last day of Term 1

## Breaking news from the English faculty






Changes to English tutoring.

**From Week 7, English tutoring will occur on Wednesdays at lunchtime in K06.** Tutoring is no longer available on Tuesday after school. Students who would like assistance with their work, need only turn up at K06 at lunchtime on a Wednesday.

Please note: Tutoring is to assist students with work they currently possess. Teachers will not have work prepared for tutoring.



## P&C awards

	<p><b>Emmeline Bentley</b></p> <p><b>Year 7</b></p> <p>For seeking leadership opportunities.</p>
	<p><b>Georgia Johnson</b></p> <p><b>Year 8</b></p> <p>For demonstrated excellent effort in PDHPE.</p>
	<p><b>Cooper Stoddart</b></p> <p><b>Year 9</b></p> <p>For the big effort he makes in Geography.</p>
	<p><b>Rickie Condren</b></p> <p><b>Year 10</b></p> <p>For his excellent start in Year 10 English.</p>
	<p><b>Amali Bennett</b></p> <p><b>Year 11</b></p> <p>For her positive approach to her subjects and caring nature towards others.</p>
	<p><b>Ella Martin</b></p> <p><b>Year 12</b></p> <p>For her dedication to Year 12 fundraising efforts.</p>



### BOSS THE MANIFESTO

Focus is the ability to concentrate on a specific task or goal. It involves tuning out distractions and staying motivated until completion.

...

### What is a flow state?

The flow state is the experience of being so absorbed by an engaging, enjoyable task that your attention is completely held by it. You generally lose the sense of time, self-consciousness and anything that doesn't have to do with the task at hand.

1. Set realistic goals and break them down into manageable chunks.
2. Reduce distractions by turning off notifications or finding a quiet place to work.
3. Take regular breaks throughout the day to clear your mind.
4. Use timers or productivity apps for keeping track of progress on tasks.
5. Reward yourself every time you achieve a goal to stay motivated.

# Swimming carnival report

On Friday 1 March, Mudgee High School held its annual Swimming Carnival. With the weather gods working in our favour, the scene was set for a great day, and a great day was had by those in attendance.

Thanks and congratulations to the students who attended the carnival. They showed tremendous team and school spirit. A big thank you to all the staff for helping to make the swimming carnival a successful day.

From the swimming carnival, we were able to crown our Age Champions and Runners Up, and also our House Champions. Congratulations to the following students on a fantastic effort:

## Age champions

Age	Girls	Boys
12 years	Rachel Gilmour	Daniel Stone
13 years	Maddison Gatland	Chaise Stewart and Jack Lawler (draw)
14 years	Ania Cole	Felix Smith
15 years	Layla Clough	Tyler O'Brien
16 years	Lybbie Constable	Patrick Holleman
Opens	Venla Almira	Toby Roberts

## Runners up

Age	Girls	Boys
12 years	Sophia Long	Hunter Crane
13 years	Ruby O'Brien	Jed Campbell
14 years	Caitlin Holleman	Alister Chase
15 years	Roma Croll	Nate Taylor
16 years	Chelsea-Louise Mottershead	Lance Speakman
Opens	Ella Campbell	Hunter Crane

## House Champion points

Cunningham - 519

Wentworth - 430

Blaxland - 429

Lawson - 355



# English news

The English faculty has had an eventful beginning of term. So many classes are working hard. At the bottom of this article is a list of our Google classrooms and an overview of the first assessment tasks that are due towards the end of Term 1 or, for Year 11s, part way through Term 2.

A reminder too that Years 7 and 9 are working on the new English Syllabus this year. We will incorporate Years 8 and 10 next year into the new units. As a result, some units may have changed or been adapted when compared to previous years.

Here are some of the things that we are running for our students:

- **Debating:** Two teams have been entered in the Year 7/8 Premier's Debating Challenge and two teams in the Year 9/10 Premier's Debating Challenge. We will need to keep in contact with our teams to see how they fare over the next couple of terms.
- **Reading Challenge:** There is a core group of students who are undertaking the Premier's Reading Challenge. We hope they are enjoying their book choices and beginning to steadily read until the end of August.
- **Writing:** There will be several competitions available for those who love writing. Students need to pay attention to the morning announcements for more details.
- **Book Week:** There will be competitions during Term 3 to celebrate Book Week. More details about these will be provided later in the year.

This edition's literacy tip: One way to help support our teenagers is by increasing their vocabulary. At school, Mr Eade provides everyone with a 'Word of the Day' to give the students and staff an overview of a word, what it means and how it came about. At home, students and parents can engage in crossword puzzles together or play games like Wordle, Scrabble, Boggle or Bananagrams. While playing these games, point out new, interesting or unfamiliar words. Discuss what they mean and how your child might apply this word to their life at home or at work.

Thanks for your support.

## English Google Classrooms

Year	Class	Teacher/s	Code	First Assessment Task
7	C	Osahor and Tetley	alh32xi	First task is a letter based upon the auto/biography work that the class has undertaken so far. Many have already been given this task, others will receive it soon.
	G	Hood	x5xpbwo	
	M	Eslick and Bennie	axbhxor	
	R	Bennie	x23u43u	
	T	Willetts	2kb5amp	
8	B	Willetts	2ecatqo	The first task will be a set of short answer questions based on the film and text studied in class. This should have been handed out, so check your child's Google classroom for more details.
	C	Hood	u2ncx57	
	G	Eslick	gi6vs5y	
	M	Davidson and Osahor	evot27c	
	R	Bennie	rrxelef	

9	B	Hood	rbnqatd	The first task is to write and present a persuasive speech based upon the Powerful Voices unit. This is due week 8/9 depending upon when the students receive the task.
	C	Bennie	ghclaae	
	G	Eslick	pqdvlp	
	M	Willetts	gdhr3t5	
	R	Osahor and Davidson	vkdgym	
10	B	Osahor and Willetts	nevjqzl	Our first task will be on the transformation of William Shakespeare’s Macbeth. Students will need to create an annotated script with a reflection of their work. This should be going out to students soon.
	C	Bennie	z34dst	
	G	Eslick	h5hcnpy	
	M	Davidson and Brierty	ahxydw2	
	T	Tetley	orsirdt	
11	Advanced	Bennie	smqhvxa	Students have a mock task due next week. Their first task is the Half-yearly examination next term. They will also have an essay task on their close study of literature.
	Standard 1	Brierty and Thorn	bpzvusi	Our first task is the Half-yearly examination. We also have an essay on Wilfred Owen’s Poetry, but all next term.
	Standard 2	Hood	nc3qccn	
	Standard 3	Tetley	lrij5ij	
	Studies	Willetts	sdsev6p	Our first task will be the Half-yearly examination. We also have another task on our module during term two.
	Extension 1	Tetley	4g274ce	Critical response to be handed out early next term and due towards the end of the term.
12	Advanced	Hood	b3eln7g	Textual Conversations task due 22 March , 9.55am.
	Standard 2	Osahor and Davidson	dujc2ra	Our first task for this year is a multimodal task on Henry Lawson’s short stories. This is due on 22 March, 9.54am.
	Standard 3	Tetley	57xb7ro	
	Standard 4	Eslick	bze34jq	
	Studies	Willetts	oghls3	Local Heroes assessment task due 21 March, 10.32am.
	Extension 1	Davidson	ztxyvf	Term two will have them writing a critical response.
	Extension 2	Davidson	re7xt4n	Have already had their Viva Voce. Will have another task due next term.
Special Groups				
7 – 8	Premier’s Debating Stage 4	Tetley	vwth5tr	No tasks. Competition begins next term.
7 - 10	Premier’s Reading Challenge	Tetley	76xurfw	No tasks. Competition has already begun, and students have until 26 August to complete reading 20 texts.
7 - 12	EALD Support	Comincioli and Tetley	rpy22fs	As needed, students should seek to see either person.



# Open Boys Cricket team

If you know anything about cricket in Australia in the past 20 years, then you know that the name McGrath is synonymous with success. Narromine's favourite son, they call him.

Well that was until Tuesday 5 March.

Glenn McGrath may well have been one of our best ever, and Narromine has built a great statue in his honour, but now....

Let's just say the name McGrath is now the source of headaches and nightmares for the town of Narromine, or at least the High School's Alan Davidson Shield cricket team.

Our own pigeon, Hunter McGrath, stole the show. He bowled 5 overs, from which he took 5 wickets, and they scored zero runs. His near perfect display paved the way for an excellent MHS bowling innings. Hunter was assisted by Charlie Gallen with 2-4 and Tyler O'Brien, Jack Lawler and Lachie Williams who each took a wicket.

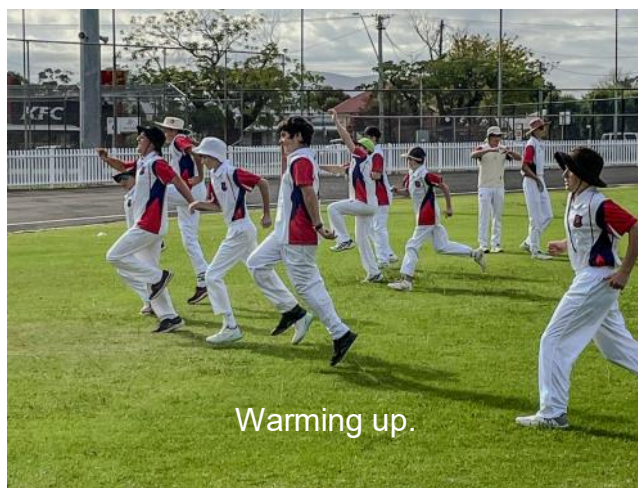
## Narromine HS 10/41 after 27 overs

Mudgee then made short work of the run chase, taking less than 10 overs to score 42 runs, losing just 3 wickets. Hunter top scored with 20 not out. Captain Harry Gallen scored 11. The two players formed a solid partnership to get Mudgee most of the way to their total.

## Mudgee HS 3/42 after 10 overs

We now await the result of a game between Orange High School (who knocked us out in the semifinal in 2023) and Parkes High School, to see who we meet in round 2.

Mr Lynne (Coach)



### The team

Back row:  
Charlie Gallen,  
Lachlan Williams,  
Harry McFarlane,  
Jayden Cooke,  
Hunter McGrath,  
Cooper Carkeek

Front row:  
Jack Lawler,  
Tyler O'Brien,  
Toby Williams,  
Finnin Stott and  
Harry Gallen (C)



## Link news

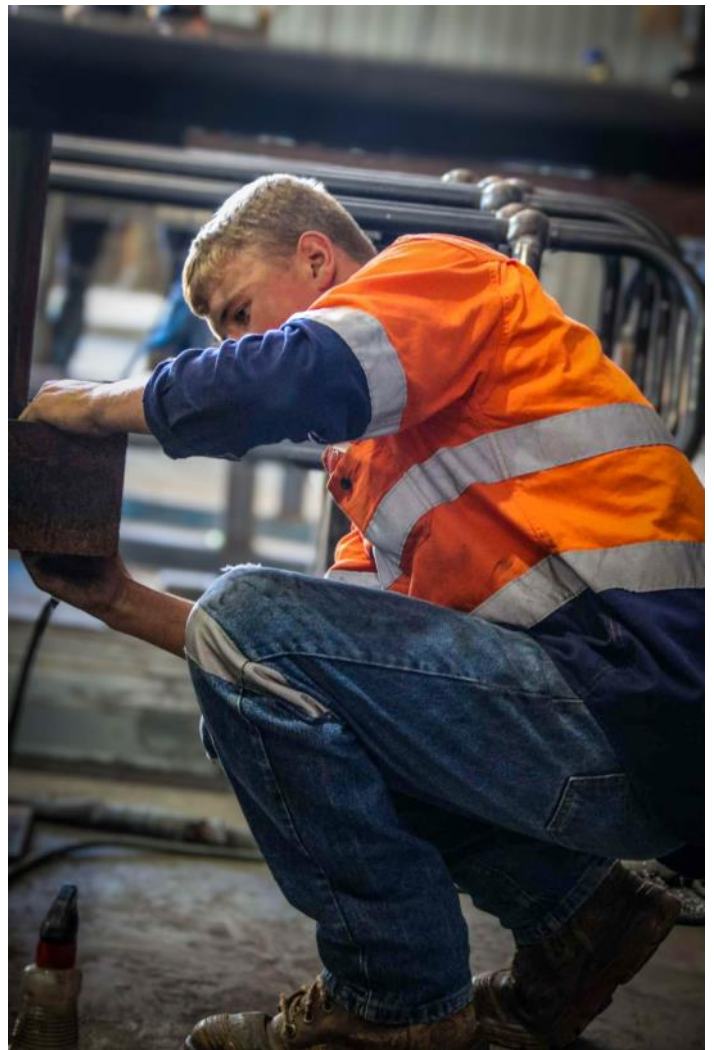
### Gus Cussen: Work experience with OnTime Engineering.

Gus is enjoying his work experience at [OnTime Engineering](#) Mudgee.

OnTime Engineering is a Central-West based fabrication and maintenance business servicing NSW.

2023 Link Program participant, Kurtis Cunningham, secured an apprenticeship with the company at the end of that year. OnTime is a valued supporter of the Link Program.

We would like to thank all the participating local businesses for their support and for providing opportunities for the Link students at Mudgee High School.



**ONTIME**  
ENGINEERING SOLUTIONS

# HSIE ~ Junior Assessment Schedule ~ Semester 1

The following assessment schedule is a guideline. There may be some minor variations, however, students will be adequately notified of any changes to due dates.

Students in Year 7 are studying Stage 4 Geography for the whole year. Students in Year 8 are studying Stage 4 History for the whole year. Year 9 are studying Geography in Semester One. Year 10 are studying Geography in Semester One. Some students in Years 8, 9 and 10 have elected to study either Commerce 08 or Commerce 01.

<b>Year and Subject</b>	<b>Assessment Task</b>	<b>Task Weighting</b>	<b>Due Date</b> <small>Please note: Due date for the task falls within the listed week. The exact due date for each task will vary within that week depending on which day the student has that class.</small>
Year 7 Geography	Assignment – Landscapes and Landforms	45%	Week 10 Term 1
	Examination	35%	Week 4 Term 2
	Class Participation	20%	Ongoing
Year 8 History	Assignment – Ancient Egypt	45%	Week 10 Term 1
	Examination	35%	Week 4 Term 2
	Class Participation	20%	Ongoing
Year 9 Geography	Assignment – Sustainable Biomes	45%	Week 10 Term 1
	Examination	35%	Week 3 Term 2
	Class Participation	20%	Ongoing
Year 10 Geography	Assignment – Human Wellbeing	45%	Week 10 Term 1
	Examination	35%	Week 3 Term 2
	Class Participation	20%	Ongoing
Commerce 08 (Year 8 Elective)	Assignment – Promoting and Selling	50%	Week 9 Term 1
	Examination	30%	Week 4 Term 2
	Class Participation	20%	Ongoing
Commerce 01 (Year 9/10 Elective)	Assignment – Consumer and Financial Decisions	50%	Week 10 Term 1
	Examination	30%	Week 3 Term 2
	Class Participation	20%	Ongoing

Assignments may be submitted in either hand-written or typed form. If students wish to submit their work digitally, this should be done through Google Classroom's Submit function. This is the preference for digital submissions. However, work may be handed in on paper. Please do not assume that everything must be digital.

If your child is unable to meet the due date for an assessment task, they will need to complete an application for Special Consideration. These forms can be collected from the HSIE staffroom. It is the responsibility of the student to collect this form, complete it and return it to the Head Teacher of HSIE or their classroom teacher. In the event of a sudden absence, perhaps the result of illness or misadventure, the form can be completed after the due date. In all other circumstances, application for Special Consideration must be completed in advance of the due date.

## Accessing HSIE Google Classrooms

Students should be making the most of the Google Classroom facility for their HSIE studies.

To access these classrooms, they will need the following entry codes:

Core Subject	Entry Code		Elective Subject	Entry Code
Year 7 Geography	u7e4twd			
Year 8 History	hrduci6		Commerce 08	hoktzyc
Year 9 Geography	kehleyz		Commerce 01	wtk3wte
Year 10 Geography	alpdc7y			

Students will need to sign into the Google platform using their **@education.nsw.gov.au** login details.







The NSW Premier's Reading Challenge is now open and Mudgee High School is excited to be participating!

**Monday 26 February 2024:** Challenge opens

**Friday 23 August 2024:** Challenge closes for student entries

## **What is the NSW Premier's Reading Challenge?**

The PRC is a statewide Challenge that encourages students to develop a love of reading for leisure and pleasure in students and enables them to experience quality literature. It is not a competition, but a challenge to encourage each student to read, to read more, and to read more widely.

All students who complete the challenge, and have their reading record validated by the school's PRC coordinator, will receive a certificate signed by the Premier of NSW.

## **How many books do students need to read?**

Students in Years 3 to 10 are challenged to read 20 books independently. At least 10 of these books must be from the relevant Challenge booklists, and up to 10 books can be personal choice books.

If a book is from an approved PRC series, students can enter up to 5 books as Challenge books, and can read up to 10 other books from the same series as Personal Choice books. More information on the rules of the Challenge can be found on the [PRC website](#).

Books must be added to a student's online reading record by **Friday 23 August 2024** in order for their reading record to be validated and receive a certificate.

## **How do students log their reading?**

Students can access the PRC's [Student Experience site](#) using their DoE username and password, or can log into the site via the Student Portal. A video guide explaining how to use the Student Experience site can be found [here](#).

Students may also record their reading on the Personal Reading Log and submit it to the PRC Coordinator, Ms Tetley, by 23 August 2024. Ms Tetley will complete the reading log on the students' behalf.

## **How can students find books on the NSW PRC challenge lists?**

Ms Tetley can provide students with a printout of the list so that they can do a search in the School's Library to locate any copies. All of the relevant book lists for this year's competition have been set up on Google classroom.

Midwestern Regional Council – Mudgee Library also has a system organised for easy identification of books on the list. They have a PRC sticker on them and are identified in their online catalogue.

**Ms Tetley is the PRC Coordinator for Mudgee High School's entrants this year.**

## A quick guide for logging books:

- Log into the [Student experience site](#) using your DoE student username and password.
- Use the blue search bar to search for books you have read.



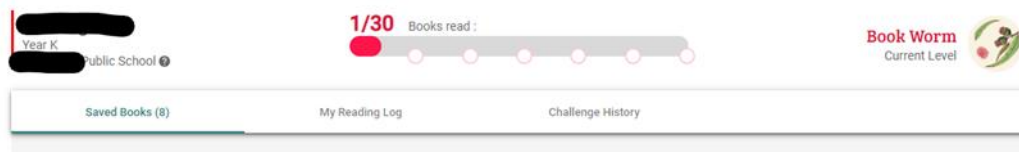
- If the title appears, click “Add to Reading Log” to add it as a PRC book.



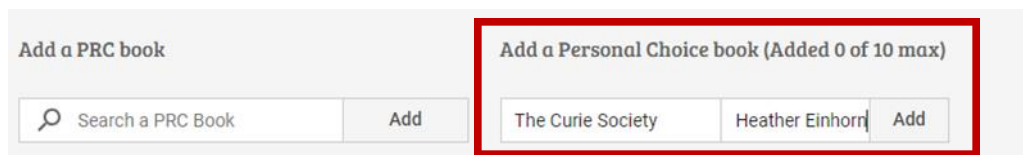
- If the title does not appear, you will need to enter it as a personal choice book.

## To enter a personal choice book:

- Click on the icon in the top right-hand corner.
- Click on “My reading log”.



- Fill in the book details under the “Add a Personal Choice book” field and click “add”.



If you have any issues with logging books, please speak to Ms Tetley.

Ms Tetley has set up a google classroom for the participants. There are lots of helpful areas on it.

The classroom code is: **76xurfw**.

NSW Department of Education

# 2024 NSW Premier's Reading Challenge

Start reading now!

[www.premiersreadingchallenge.nsw.edu.au](http://www.premiersreadingchallenge.nsw.edu.au)

**Key dates for students in K-10:**

Challenge opens  
Monday 26 February

Challenge closes  
for student entries  
Friday 23 August

# NSW Education Parent App

The NSW Education Parent App has several new features making it even easier for parents and carers to stay in touch with the latest news, access learning resources, and get emergency updates from their child's school.

The new-look app is designed to streamline communication between schools and parents and carers with features such as push notifications to your phone so you never miss any important news or an upcoming event. Users will also now be able to receive emergency updates such as school closures, and access learning and enrolment resources.

The app was developed and is endorsed by the department, free for schools and parents and carers to use, and is synced with the School Website Service (SWS).

Key features of the app for parents and carers include:

- newsletters
- news
- feature carousel
- upcoming events and calendar notifications
- emergency notifications including school closures
- enrolment resources such as School Finder and Start a new enrolment application
- learning resources such as Everyday Maths and Parents and Carers Toolkit
- quick access to call or email the school
- ability to translate default language
- tailored news feed based on year group
- information from multiple schools in one place.

Download the app in the [Apple Store](#) or [Google Play](#).

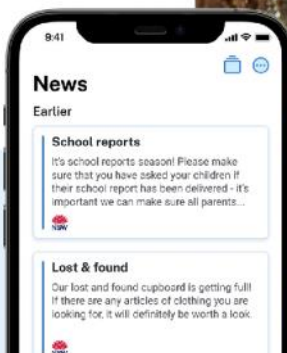
NSW Department of Education

## Never miss an important school update or event.

The **NSW Education Parent App** makes it easier than ever to stay up-to-date with the latest information from your child's school. Featuring latest news, newsletters, personalised feeds by year group, events calendar, push notifications, instant updates and alerts, advanced security and more.



Download the  
NSW Education  
Parent App





# Every Day Matters

Make sure your child doesn't miss out on the important things like:

## Learning



## Strengthening friendships



## Emotional development



When it comes to attending school, every day matters.

Scan the  
QR code to  
learn more





## Advertisements

# Canteen Price List as of AUGUST 2023

### HOT FOOD

Chicken and Corn Roll	3.00
Pizza Rounders	4.00
Sausage Roll	4.00
Beef Traveller Pie	5.00
Potato Pie	6.00
Beef and Gravy Roll	7.50
Hot Dog	4.50
Hot Dog with Cheese	5.00
Beef Pie Gluten Free (ORDER ONLY)	7.00
Sauce/Mayonnaise portions	0.50

### ROLLS, WRAPS and SANDWICHES

Can be made on gluten free rolls by request – order only.

Ham and salad	7.00/6.50
Chicken and salad	7.00/6.50
Egg and Lettuce	7.00/6.50
Cheese and salad	7.00/6.50
Chicken, mayo and shallots	7.00/6.50
Chicken Caesar	7.00/6.50
Sweet chilli chicken and avocado	7.00/6.50

### SNACK FOOD

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Blueberry Muffin	1.50
Watermelon tubs	4.00
Trail mix pots	3.00
Fruit salad	5.50
Jelly Cups	3.00
Seasonal fruit	1.00

### MILK

300ml Flavoured milk	3.00
500ml Flavoured milk	5.00
1litre Plain milk	3.50
600ml Flavoured milk	5.50
375ml Nippy's flavoured milk	4.00

### COLD DRINKS

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.50
Juice Bombs	3.00
Berri Pop Tops	3.00
Lipton's Peach Iced Tea	5.00
375ml Coke No Sugar	3.00
375ml Sprite No Sugar	3.00

### SALAD OF THE DAY

Availability varies day to day.

Garden Salad	6.50
Chicken Caesar Salad	6.50
Greek Salad	6.50
Pasta Salad	6.50
Buddha Bowl	8.00
Sushi	6.00
Curried Chicken Potato Salad	8.00
Mexican Chicken and Guacamole Salad	8.00

### ICE CREAMS

Paddle Pop	3.00
(Chocolate, Rainbow, Banana)	
Twisted Frozen Yoghurt	3.00
(Choc/Van, Straw/Van, Mango/W melon)	
Quech Icy Tubes	1.00

### EVERY DAY SPECIALS

#### MONDAY

Garlic Bread	3.00
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#### WEDNESDAY

Oven Baked Potato Wedges	5.00
Sour Cream, Sweet Chilli Sauce	.50

#### THURSDAY

Chicken Burgers	6.00
(Gluten Free available, Order Only)	

#### FRIDAY

Garlic Bread	3.00
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#### TERMS 2 AND 3

Hot Milo	3.00
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Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Curries – Sliders

**ALSO, PLEASE REFER TO OUR "WEEKLY SPECIALS"**



# Carp Muster

A free event for all ages  
and fishing abilities

**Sunday 24 March 2024**

**8am to 2pm, Putta Bucca Wetlands, Mudgee**  
**FREE Sausage Sizzle from 12pm**

Register on the day\*  
**REGISTRATION  
IS FREE!**

Prizes will be presented at 12pm for the following categories:

\*Must return carp by 12pm to be eligible for prizes

- ★ Junior under 12 yrs
- ★ Junior 13-18 yrs
- ★ Adult male
- ★ Adult female
- ★ Most fish caught
- ★ Smallest fish
- ★ Lucky Door Prize (donated by Mudgee Camping and 4WD)

**COME ALONG AND HAVE SOME FUN!**

**Fisheries will also be attending the event with their educational trailer**

For more information contact McKenzie Redfern on 6378 2850

\* Entrants over 18 years must have a fishing license and comply with the NSW fishing rules. Further details can be found at <https://www.dpi.nsw.gov.au/fishing/recreational/recreational-fishing-fee> , (02) 4424 7499.  
License or receipt of license must be presented upon entry. All native fish caught on the day must be released.



**Local Land  
Services**  
Central Tablelands



**Department of  
Primary Industries**





# Junior Rego is OPEN

## Come and play rugby for the Wombats in season 150

No sign of inflation here at the Wombats as registration fees for the season are once again the same as last year.

Register via Rugby Xplorer: <https://myaccount.rugbyexplorer.com.au/>

Juniors (search and select "Mudgee Wombats JRUFC" as your club):

### Junior rego fees:

- Under 12s, 14s and 16s: \$165

### Sub-Juniors (search and select "Mudgee Wombats JRUFC" as your club):

- Sub Junior Rego Fees
- Under 6s: \$100
- Under 8s: \$125
- Under 10s: \$145

In addition, there is a \$15 training-only registration available for players who would like to try rugby training without committing to playing games. If you choose to upgrade a training-only registration to a full season registration, the \$15 already paid will be deducted from the season fees.

**Rego**  
**IN OUR 150TH YEAR**  
**IS NOW OPEN**

**Junior Age Groups**  
Under 16s, 14s and 12s

**Sub Juniors**  
(Friday nights in Mudgee)  
Under 10s, 8s and 6s

**REGISTER AT**

<https://myaccount.rugbyexplorer.com.au/>

**Enquiries**  
registrar@mudgeerugby.com

Not sure if rugby is the sport for you?  
Come and try with a train only rego and see if it's the right  
fit for you - only \$15

Lake Burrendong Sport and Recreation Centre

# FAMILY WEEKEND GETAWAY



Come and create wonderful memories for your family with a weekend of fun-filled activities and adventure at Lake Burrendong Sport & Recreation Centre.

Wrangle the kids, pick up the grandparents and enjoy an active weekend outing with the whole family! Enjoy the facilities at our Centre such as the tennis courts, 25m swimming pool, sports hall, bushwalking tracks or try your luck with land-based fishing.

If you like a challenge and want get out of your comfort zone, some of our facilitated camp activities will also be on offer at various times across the weekend.

Children must be over 5 years of age with adult supervision to attend the weekend.

## Inclusions

- One night accommodation
- Full use of Centre facilities\*
- Optional facilitated program activities
- Full catering for entire weekend#

\* No boat launching

# Dietary requirements can be accommodated

**When:** Saturday 16 March 2024 from 9am -  
Sunday 17 March 2024 3.30pm

## Accommodation

- Basic dormitory style rooms with ensuite and air conditioning.
- Sleeps 10 people, single bunk style beds. One room per family!
- BYO linen/pillows/towels



Book now:



## Registration Details

**\$112 per family member**

Register all family members using the registration link to secure your booking.

**Closing date:** 11 March 2024, places are limited!





# JOIN THE WOLFPACK IN 2024

MUDGE GULGONG WOLVES FC  
REGISTRATIONS NOW OPEN FOR 2024 SEASON

Registrations close Friday 5 April

**MINI ROOS** (turning 3 to 4 in 2024)

**JUNIORS** (turning 5 to 14 in 2024)

**SENIORS** (turning 15+ in 2024)

FOR MORE INFO:

Visit [www.mgwfc.com.au](http://www.mgwfc.com.au) (QR code)

Follow on Facebook

Email [registrar@mgwfc.com.au](mailto:registrar@mgwfc.com.au)



All junior games played locally.  
No travel required for junior players.  
Players of all ages are welcome.  
Active Kids vouchers are accepted.  
Senior and Junior Representative teams available.





# Rotary Youth Exchange



**Discover the world, become a Rotary Youth Exchange Student.**

Gain new perspectives, make lifelong connections, and foster peace.

- **Short Term Exchange** - 3 months to Germany. Depart Oct 2024
- **Long Term Exchange** - 12 months to multiple country options. Depart Jan 2025

## How to find out more

- Visit our website - [ryea.org.au](http://ryea.org.au) to submit your Expression of Interest...
- Email Nikki - [assistchairyepd9660@gmail.com](mailto:assistchairyepd9660@gmail.com)
- Call Nikki - 0439 249 574
- or contact your local Rotary Club





# Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment\*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)\*
- ✓ Be 18+ years old

\*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



laptops & tablets



uniforms & shoes



books & supplies



sports fees & gear



lessons & activities



camps & excursion

For more information, please contact your local Saver Plus coordinator:



NSW/Act - Saver Plus Team



SaverPlusNSWACT@thesmithfamily.com.au



1300 610 355

DELIVERED BY



**The Smith Family**

Learn today, change tomorrow.

Find out more  
at [saverplus.org.au](http://saverplus.org.au)

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.





# CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on [careers@jossgroup.com.au](mailto:careers@jossgroup.com.au)



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage  
[www.jossgroup.com.au](http://www.jossgroup.com.au)



## Sponsorship

**Mudgee High School - Link Program**

**Proudly supported by**

**GLENCORE**

***Ulan Coal Mine***