MHS Newsletter

Mudgee High School – Locked Bag 2004, Mudgee NSW 2850 ABN: 18 246 198 266 Telephone: (02) 6372 1533 Website: <u>www.mudgee-h.schools.nsw.edu.au</u> Email: mudgee-h.school@det.nsw.edu.au https://www.facebook.com/mudgeehighschool/



Monday 12 September Week 9 Term 3 2022

Principal's message

Pivoting

Sometimes you just stop in your tracks and have a real moment... a reflective pause... sometimes a profound ponder.

On Monday morning, a small team of us met with Year 12 to let them know that Rainbow Day organisation would need to change. The Prime Minister had declared Thursday 22 September a day of mourning following the passing of Her Majesty, Queen Elizabeth II, the previous Thursday.

There was not a word of complaint from any of our Year 12s. Not one word. They understood the reasons why they would need to change plans that had been made for their final week. They understood the reasons why the roadside collection points would no longer operate. They appreciated the need to treat the Thursday as the day of respect it is intended to be and work around it.

MUDGEE HIGH SCHOOL

Rainbow Day

Year 12 are raising funds for the

Ambulatory Care Unit

Mudgee Hospital

It would be fair to say that their collective response – their acceptance without undue disappointment, their preparedness to pivot in the moment, their resilience – gave me cause to pause and reflect on this simple idea; what a great bunch of humans we are about to unleash on the world.

Big Yellow Taxi moments

Don't it always seem to go / That you don't know what you've got 'til it's gone?

(SRR)

Wise words from that American song-bird philosopher, Joni Mitchell.

You may have heard of the Gallup organisation.

Gallup is that huge organisation that provides analytics, management consultancy, and the Gallup Poll; an assessment of public opinion based on targeted questioning directed at large, representative groups as a basis for predicting the outcomes of future elections. The activities of the Gallup organisation in this last area of public activity have become so established in the vernacular that *Gallup Poll* has entered the dictionary as an inclusive term for any measure of public opinion.

Mudgee High School is a member of the Cudgegong Learning Community



Next P&C meeting Monday 24 October 7 pm in the Learning Centre Entry via Douro Street

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What you may not know is that this US-based company also offers educational consultancy.

Recently, Gallup published data that revealed that US teachers are experiencing the highest rates of burnout when compared with other full-time workers in all other industries.

US figures supplied by Gallup demonstrate that K-12 and university education workers top the list of the most burnt-out employees at 44% and 35%, respectively.

There are no other industries that come close.

In US school settings, this translates to more than four out of every ten teachers claiming they are either "always" or "very often" burnt out as a result of the work they do.

The Gallup report into the burnout rates among US educators stated this:

... rates among K-12 workers exceed those for healthcare and law enforcement workers, whose burnout rates have been featured prominently on newscasts since the (COVID) pandemic began...

The Gallup research pointed to five root causes of worker burnout: unfair treatment at work, unmanageable workload, lack of role clarity, lack of communication and support from managers, and unreasonable expectations.

Spoiler alert! If you are thinking, "Thank goodness this is a US report" you may want to brace yourself.

Nobody living west of Gladesville should be surprised to discover that New South Wales is dealing with a teacher shortage that is growing. Student enrolments continue to expand nationally at what observers have called "a record rate." Conversely, the most recent figures for teaching graduates indicate that teacher demand will outstrip teacher supply by more than 4,000 places over the next three years. And like the tip of the iceberg, the problem goes much deeper than the issue of burgeoning shortages.

The most recent reports into the health and wellbeing of Australia's teachers reveals pretty much what the American Gallup Poll has laid bare about US teachers. Many of those who have continued in their roles as teachers and teaching leaders are dealing with increasing mental, physical, and emotional exhaustion because schools are understaffed.

The fact that these shortages have become the new normal has led to almost half of the country's teachers considering leaving the job. Figures for Australian teachers demonstrate that burnt-out teachers are 63% more likely to take sick leave. Sick leave is at an all-time high. A colleague called this week, concerned that his school's teacher attendance is down to just 60%. He wanted to know whether his experience was anomalous or part of some larger trend. Mudgee High is nowhere near that low, but to put it simply, teacher attendance is being impacted by teacher attendance. Getting smashed with extra duties and extra classes – plugging the gaps – comes at a cost.

The Anglophonic world is short of teachers, full-stop. Retaining teaching staff in this current shortage is as crucial as attracting new ones. Treating those we have with the respect they well deserve, those who turn up regularly and do their best to prepare the next generation of Australians for the world, is easily the best course of action anyone outside the profession can take. Most of the people with whom teachers work – parents, carers and the wider community – do just that.

Most.

Until next week...

Wayne Eade Principal



Events calendar

- 12 to 16 September Year 11 examinations
- Wednesday 21 September Rainbow Day
- Thursday 22 September Public holiday
- Friday 23 September Year 12 Presentation Assembly
- Friday 23 September end of Term 3
- Monday 10 October school resumes for Term 4



Week 8 Term 3 P&C awards

	Marlee Menke	
600	Year 7	Conserants!
	For being a polite and respectful student who applies her positive attitude to all her classes.	
	Lilly Philpot	
25	Year 8	
	For her outstanding attendance and application to her studies.	SEP
	Indira Leonard-Schneider	
De	Year 9	AFANING
	For being a cheerful and friendly tour-guide during the Year 6 Treasure Hunt.	TRUSTWORTH When others are able
	Thomas Singer	to rely on you for you honesty and reliability
1201	Year 10	
	For the outstanding commitment he has made to the Link program.	
	Ryder Dray	TAKE ACTION:
68	Year 11	♦ Don't gossip♦ Be honest.
	For being a consistently safe, respectful and responsible student.	SAY OUT LOUD
-	Lucy Campbell	
Par	Year 12	
	For being a safe, respectful and responsible student during her many years at Mudgee High.	

Rainbow Day and Year 12 Formal Assembly

Year 12 will celebrate their last week of formal schooling in Week 10 of this term. During this week, they will be involved in a number of activities.

The annual Billy Holland memorial staff versus student soccer match will occur after lunch on **Tuesday 20 September**, weather permitting.

Wednesday 21 September is Rainbow Day. 2022 is the 20th anniversary of Rainbow Day. Year 12 will be raising money for their chosen community group or charity. This year, it is the Mudgee Hospital Ambulatory Care Unit. Students will be asking the Mudgee community for cash donations at designated roadside collection stations early on Thursday morning. The stations will operate from 8 am to 9 am.

At school on Rainbow Day, Year 12 will run various food and activity stalls, followed by a concert that afternoon. Years 7 to11 are asked to bring spare cash to spend on the day. Primary schools will also visit as part of the Mudgee High Transition program.

On Friday 23 September, the Year 12 Farewell Assembly will take place at 11 am in the school gymnasium. Students are asked to invite parents/guardians and special guests to this assembly as we celebrate Year 12 of 2022.

If you have any questions, please contact the school on 63721533.



Year 12 Farewell

Year 12 Farewell will be held Friday 18 November at Parklands Resort, Mudgee.

Year 12 Farewell is one of the most significant occasions on our school calendar, celebrating the end of school education for Year 12 students. It is one to be shared by staff, students and their parents and loved ones.

The organisation of the evening and ticket purchasing is outlined below:

- Meet at Parklands for photos with a photographer at 4.15 pm. Photo packages sent home prior are to returned, filled out and with money, on the day.
- The Farewell commences at 7.00 pm and concludes at approximately 10.00 pm. Please note that the doors will close at 7.15 pm and reopen after the formal introduction of students at 7.45 pm.
- Dress is ladies "after 5" and gents "tie".
- The Year 12 Farewell is an **ALCOHOL-FREE EVENT**. Anyone bringing alcohol onto the premises will be asked to leave the function.
- Changes to seating arrangements between ticket bearers CANNOT be accommodated without prior arrangement (at least 4 weeks notice) with the Year Adviser.

Tickets may be purchased from <u>https://www.123tix.com.au/events/35379/mudgee-high-school-year-12-formal</u>

Each student is initially allocated four (4) tickets, 1 student ticket and 3 guest tickets.

Part payments (deposits) for tickets will not be accepted. However, students may purchase one ticket at a time.

Sales for **allocated** tickets will commence on 12 September and **must** be purchased by 3.30 pm on 28 October. **Please note that Farewell tickets are non-refundable.**

Any remaining tickets will be available for purchase from 31 October.

Ticket sales close at 2.08 pm on Thursday 10 November to allow time for catering and seating arrangements.

Please store tickets safely as entry is by ticket only.



Important information for Year 12

HSC information and end-of-year dates

Date	Event	
5-16 September	Music Performance Examinations	
20 September	Assembly Rehearsal Periods 1 and 2 Toolbox talk – Students who plan to work at the roadside collection points MUST attend - Period 4 Centrelink visit – Senior Area Periods 5 and 6 – bring Medicare card (TBC Soccer Match - Teachers vs Students - Periods 7 and 8	
21 September	Rainbow Day – All Year 12 students will participate in fundraising activities throughout the day for their designated charity, Mudgee Hospital, to finish the term on a positive note.	
23 September	Presentation Assembly - 10.45 am Student seating, 11 am Guest seating 11.00 am – 12.30 pm approx. Full uniform required.	
24 September - 9 October	Study vacation	
12 October - 7 November	Higher School Certificate Examinations Examinations up until and including Monday 7 November will be held at Baptist Church Hall, 70 Bruce Road, Mudgee. Students must be in full school uniform and bring their student ID cards to every exam. The Music 1 Aural Skills Exam will be confirmed closer to the date. Further information will be available to students before the end of Term 3. Any student or parent who has concerns about transport to the location on any day should contact the Principal as soon as possible.	
7 November	HSC Assessment Ranks available from www.educationstandards.nsw.edu.au (NESA) student number and PIN required.	
9 - 16 November	Sign out morning. Sign out will occur between 10 am and 12 noon. This will include the return of book deposits for all eligible students.	
14 - 21 November	HSC Exhibition – Mudgee Arts Precinct opening on Monday from 4 - 5 pm. Art/ Photography/ Industrial Technology students displaying their major work, must meet at school at 9.30 am (student cars may be needed to help transport artworks) on Monday 14 November. ALL exhibited works must be collected on Friday 18 November between 2 and 4 pm.	
18 November	Year 12 Farewell at Parklands Resort, Mudgee. Students to meet at Parklands at 4.15 pm for photos.	
15 December	HSC results available on-line from NSW Education Standards Australia (NESA) Website and telephone service (NESA PIN number required). HSC results will be available via Students Online, and sent by email and SMS from 6.00 am on Friday 9 December. https://studentsonline.nesa.nsw.edu.au/	
15 December	ATARS available online from the UAC website and 'Infoline'. UAC PIN required.	
16 December	Year 12 celebration barbecue. Senior lawn from 12 to 2 pm.	

Community access

In the Support Unit, community access is about ensuring students are developing skills to establish meaningful engagement with local communities and have the opportunity to take part in interactions with other people in the community. In recent weeks, students have had the opportunity to visit the Mudgee Arts Precinct, Anytime Fitness, Mudgee Police Station and Mudgee Fire Station.



Mudgee Arts Precinct



Anytime Fitness



Anytime Fitness





Mudgee Police Station



Link news

This week's focus business is Complete Weld. A family owned and operated Mudgee business.

Mudgee locals Loretta, Robert and their son Tudor purchased Complete Weld Australia in November 2018 from the original owners; two brothers who built the business from their workshop on their family property near Mudgee to what it is today. Complete Weld Australia remains a family-owned and operated metal fabrication business.

Tudor completed his metal fabrication apprenticeship in 2008 at Complete Weld Australia with the original owners. During his apprenticeship, attention to detail and a high standard of workmanship were valued and that is the standard Tudor is committed to producing today. He continued to work with them for another 10 years, eventually taking the opportunity to purchase Complete Weld Australia in partnership with his parents.

Complete Weld took on Jacob Marshall through the Link program. Jacob has made the most of his Link opportunity and has tried various work experience placements. He began with Royston Petrie Seeds at their seed producing farm on the outskirts of Mudgee where he learned about revegetation and seed cultivation.

During Term 2, Jacob spent his time with Mudgee Regional Council in the Biosecurity weeds department working around Mudgee and other areas assisting and learning the importance of controlling weeds to protect the natural environment.

For Term 3, he is with Complete Weld alongside Billy Breadsell, who gained an apprenticeship after his Link 2021 experience. Jacob is assisting in the workshop, learning the processes that go into making tray bodies and accessories to suit each individual order.

Thank you to Complete Weld for their continuing support of the Link Program.







space teams Mission Oz

For more than a half-century, Space Exploration has been an inspirational force in our society toward the development and application of science and engineering. Space Teams: Mission Oz gives students an incredible opportunity to participate virtually in space exploration.

Are you a student aged 12 and over from Mudgee and surrounds? We are looking for 8 young astronauts who would like to participate in Space Teams: Mission Oz. It is from 2nd October to 7th October. The students will form 2 teams and compete against teams around the world.

As part of this mission, teams will design spacecraft, navigate to another planet, land their vehicle, build a planetary habitat, and explore a new planet to find resources to sustain human life. Students will have lessons from subject matter experts including astronauts, scientists and engineers who are directly involved in ongoing missions as they compete with other teams for the best mission design. These topics range from planetary science to spacecraft systems, orbital mechanics to robotic exploration.

If you wish to find out more about Space Teams please click visit;

www.space-teams.com/international-spacecraft-challenge

www.onegiantleapfoundation.com.au/dubbo/



www.space-teams.com

Teaching scholarships - opportunities for current and future teachers

Applications for the NSW Department of Education's sponsored retraining and future teacher scholarship programs are currently open.

Scholarships are available for students interested in a career in teaching.

Get paid to study (nsw.gov.au)

Register for a webinar to find out more about opportunities for current and future teachers with the NSW Department of Education.

Buy tickets for Teaching 101 Webinars - Teach NSW (tickettailor.com)







Apply now for a **\$1000** scholarship

2023 Youth Development Scholarship applications open 5 September 2022

dcj.nsw.gov.au/scholarships

Apply now





Canteen volunteers needed

Mudgee High School canteen provides healthy food for students and staff.

The canteen is managed by the P&C and all profits are used to fund school improvements and initiatives.

The canteen relies on assistance from volunteers to help with food preparation.

If you would like to volunteer some of your time, please contact the Canteen Manager, Michelle, on 0407 131 950 or Mr Holleman at carl.holleman@det.nsw.edu.au.

Any amount of time you can spare to be available would be greatly appreciated.



Second-hand school uniform

Mudgee High would be very grateful for the donation of any second-hand school uniform.

If you have any superfluous school clothing that is still in usable condition, please drop it off to the school office. It will be gratefully received and used to assist students and families who may be struggling to supply their own.

Paid advertisement

(Paid advertisements do not carry the endorsement of Mudgee High)

Miss May's English Tutoring Years 7-12

All levels Essay Help Study Skills Courses Creative and Critical Writing Courses

One on One tutoring \$60 per hour Bring-a-Friend tutoring \$30 each per hour After School Homework Club Coming Soon

With Qualified English Teacher Johanna May (First Aid and WWCC).

0407 455 330



Advertisements

Canteen price list as of April 2022

Hot Food

Chicken and corn roll	2.50
Pizza rounds	3.50
Beef traveller pie	5.00
Potato pie	5.00
Beef and gravy roll	6.50
Hot dog	4.00
Hot dog with cheese	4.50
Beef pie (gluten free) order only	5.00
Mayonnaise/sauce portions	0.40
Wraps and Sandwiches	6.00
Rolls	6.50

Can be made on gluten free rolls by request – order only. Ham and salad Chicken and salad Egg and lettuce Cheese and salad Chicken, mayo and shallots Chicken Caesar

Sweet chilli chicken and avocado

Snack Food

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Blueberry Muffin	1.50
Watermelon tubs	3.00
Trail mix pots	3.00
Fruit salad	5.00
Jelly cups	3.00
Seasonal fruit	1.00
Milk	
300ml flavoured milk	3.00

.50 .50

.50 .50

500ml flavoured milk	4
600ml plain milk	2
1 litre plain milk	
375ml Nippy's flavoured milk	3

Cold Drinks

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.00
Juice Bombs	2.50
Berri Pop Tops	2.00
Lipton's Peach iced tea	4.50
375ml Coke No Sugar	2.50
375ml Sprite No Sugar	2.50

Ice Creams

Paddle Pop	
(chocolate, banana, rainbow)	2.00
Twisted frozen yoghurt	
(choc/van, straw/van, mango/watermelon)	2.50
Quelch Icy Tubes	0.60

Salad of the Day

Availability varies day-to-day

Curried chicken potato salad	7.50
Mexican chicken and guacamole salad	7.50
Greek salad	6.00
Pasta salad	6.00
Sushi	5.00
Garden salad	6.00
Chicken Caesar salad	6.00
Buddha bowl	7.50

Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.

Everyday Daily Specials

Monday	
Sweet chilli wrap (order only)	6.00
Garlic bread	2.00
Wednesday	
Oven baked spiced potato wedges	4.00
Sour cream/Sweet chilli sauce	0.50
Thursday	
Chicken burger	5.50
(gluten-free available – order only)	
Friday	
Garlic bread	2.00
Terms 2 and 3	

Hot Milo 2.50

Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup - Pasta - Focaccia - Curries - Sliders

Please note the new 'Weekly Specials' menu

Term 4 weekly specials

Week 1 - \$6.00 Butter chicken and rice.

Week 2 - \$6.50 Beef stir fry with Hokkien noodles.

Week 3 - \$7.50 Roast chicken dinner.



Chicken, potato, sweet potato, pumpkin, peas and gravy. ORDER ONLY

Week 4 - \$6.50 Focaccias - chicken or ham, with avo, brie and cranberry.

Week 5 - \$6.50 Apricot chicken legs and potato salad or rice.

Week 6 - \$6.50 Thai chicken salad. ORDER ONLY

Week 7 - \$6.00 Deconstructed sushi bowls. Chicken, salmon or vego.

Week 8 - \$5.50 Sweet chilli chicken wraps.

Week 9 TBA

Week 10 TBA







SCULPTURES IN THE GARDEN PRESENTED BY ROSBY WINES & GALLERY

EXHIBITION DATES: SATURDAY 8th - SUNDAY 23rd OCTOBER 2022 10AM - 4PM "ROSBY" 122 STRIKES LANE EURUNDEREE, MUDGEE (10KMS FROM MUDGEE ALONG HENRY LAWSON DRIVE)

Sculptures In The Garden is an annual event that exhibits Australian sculpture in a beautiful rural setting within a private garden and vineyard in Mudgee.

\$5 PER PERSON, CHILDREN FREE Tickets must be pre-purchased before entry. Scan QR Code below for tickets.

www.sculpturesinthegarden.com.au













Mudgee Swimming Club

Are you interested to see if the kids will love swim club?

Come along to the pool, Tuesday 11 October, and give swim club a go for free.

We are a family-friendly club and encourage members of all ages from pre-school to parents and swimming abilities to join.

We are a non-competitive club, which means we do not award 1st, 2nd, 3rd in races. Swimmers compete against themselves, trying to improve their own time each week.

We have 16, 25, 50 and 100 metre races. Younger swimmers can have an older member/parent assist them if they are not a super confident swimmer.





YOU COULD PLAY FOR FREE! Claim your Active Kids voucher today

JOIN WITH FRIENDS PLAY TOGETHER

Join Woolworths Cricket Blast A safe way to have fun and stay active for kids of all abilities.

JOIN YOUR NEAREST CLUB

Q Play Cricket

OFFICIAL KIDS PROGRAM



LEARN BALL SKILLS Fasy to Join, fun to play Inclusive program for all abilities Outdoors non-contact

JUNIOR BLASTERS AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



MASTER BLASTERS KIT

MASTER BLASTERS AGES 7-10 | 90 MINS | 6+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- · For girls with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!

HOW TO PLAY FOR FREE!

Every NSW school student (K-12) is entitled to 2x \$100 Active Kids vouchers each year. Learn more at service.nsw.gov.au/campaign/active-kids

JOIN YOUR NEAREST CLUB

Mudgee DJCA

Junior Blasters

Stage 2

Register today for: Master Blasters (Stage 1) Stage 3















YOUR NEW IGA MUDGEE OPENING SOON NOW HIRING

We are looking for friendly, reliable, motivated, and hardworking staff for all positions within this exciting new store.

Some evening and weekend work will be required.

Previous retail experience isn't required, however would be an advantage

Please email your resume to mudgeeiga@gmail.com



Participate in our Water Photography Competition

Photo subjects should relate to the theme of WATER, but contain no recognisable human faces (this is to do with publishing permissions).

Email your entry (not exceeding 10MB) by 4pm 29 September 2022 with the title of your entry, your full name, age, and postal address to: youth.services@midwestern.nsw.gov.au

FIRST PRIZE	SECOND PRIZE	THIRD PRIZE	PEOPLE'S CHOICE AWARD (Voling closes 6 October 2022)
\$50	\$40	\$30	\$50
Mudgee Money Gift Card			

Terms and Conditions: 1) All entries must be original work by the entrant. 2) Entrants must be aged 12 – 25, and live, study, or work in the Mid-Western Regional Council area. 3) Persons under the age of 18 should ask permission from their guardian before entering the competition. 4) Entrants can submit a maximum of two entries. 5) All entries must have titles. 6) Employees of Mid-Western Regional Council are not eligible to enter this competition. 7) All entries must be original work by the person submitting the image and not displayed or entered into other competitions previously. 8) Entries may be displayed publicly and/or used for publicity purposes. 9) Entrants' likeness may be used for publicity purposes. 10) Entries must be submitted via email and be suitable for display on Mid-Western Regional Youth Council and/or Mid-Western Regional Council's social media pages. 11) Suitability of entries for publication on social media will be at the discretion of Mid-Western Regional Council. 13) The judging panel reserves the right not to award a prize if the entries are not deemed of a suitable standard. 14) The winner of the People's Choice Award will be by members of the public via a voting system on Facebook. 15) Winners of the People's Choice Award will be determined by the most 'likes' received per image/entry by 4:00pm on the date advertised. 16) Determination / awarding of prizes is final and no correspondence will be entered into. 17) Prize winners will be announced via Mid-Western Regional Youth Council's social media channels, and winners contacted privately via email – prize distribution may be delayed due to social distancing requirements. 18) Mid-Western Regional Youth Council will take all reasonable care with entries, but will not accept responsibility for any entries not received due to technological failure, damage, distortion, or similar that may occur to entries. 19) Council will endeavour to display all entries, but may not be able to do so due to display are a restrictions. 20) Prizes not clai

Proudly funded by





VOLUNTEERS NEEDED!

RSPCA NSW Central West Supporter Group



What this volunteer role looks like:

- Assisting with fundraising events
- Promoting RSPCA NSW and local community programs
- Assisting with the organising and coordinating of events

Scan our QR code to find out more









CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook Joss Cleaning

or visit our webpage www.jossgroup.com.au

Sponsorship

Mudgee High School - Link Program Proudly supported by GLENCORE

Ulan Coal Mine