

MHS Newsletter

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<https://www.facebook.com/mudgeehighschool/>



Monday
8 August
Week 4 Term 3
2022

Principal's message

Choice

On Thursday evening, beginning at 6 pm in the Performance Centre, we will host an information session for the parents and carers of Year 7 students. The focus of the information session will be choice.

It is just seven weeks since winter solstice passed, just six weeks since we moved into the second half of the year. Despite the feeling that the New Year is still an age away, planning for 2023 is well under way. It has to be in a complex operation like a secondary school; one that must cater for the needs of 800 young individuals.

Thursday's information session will focus on the move to electives in Year 8. Year 7 is a transition year. Students in Year 7 are no longer taught by largely one teacher each year as occurs in primary school. In high school they can have nine or more teachers and be required to change classrooms no fewer than five times a day. The crossover is that they have no choice over the classes they attend.

That changes in Year 8.

In Year 8, and in addition to all the regular subjects like English, Mathematics and Science, each student will undertake two elective classes per semester. In the second semester, they will undertake two new electives. By the end of Year 8, each student will have sampled four electives and be in a much better position to make informed choices about the electives they undertake in Years 9 and 10.

If you are the parent of a student in Year 7, you should consider attending the session on Thursday evening, especially if this is your first time with a Year 7 student in the family home. The information session should not go for more than an hour and that hour will include time for questions.

For our students, choosing electives for 2023 is so much better than not choosing electives – not engaging with the process – because courses will still operate, but others will have determined what will run.

COVID

Various we hear statements like, "COVID is over" or worse, "the community has COVID fatigue" as though looking after oneself is a huge chore best ignored.

The collective response to COVID has certainly changed over the last

*Mudgee High School
is a member of the
Cudgegong Learning
Community*



Next P&C meeting
Monday 22 August
7 pm in the Learning
Centre
Entry via Douro Street

This issue

- Principal's message
- House Championship tally
- Events calendar
- Weekly P&C awards
- Link news
- Library news
- Commerce 01 Market Day
- Year 12 Society and Culture PIP submissions
- Year 10 Dubbo Zoo excursion
- NAIDOC Day
- Paid advertisement
- Canteen volunteers needed
- Advertisements
- Sponsorship



Education

12 months, probably the result of increased vaccinations and booster rates, or at least improvements to access to such preventative measures. Based on what we see daily at school, however, COVID is very much **not** over in the Mudgee community. These past five days alone we have had students test positive in our support unit and in Years 8, 9, 10, 11 and 12. There are also two teachers isolating at the moment, the result of COVID infection.

At school, we continue to supply hand sanitiser in classroom settings, masks to those who request them and Rapid Antigen Test (RAT) kits through the front office. If you or your children have any symptoms, you are encouraged to make use of a RAT kit. Students who are unwell for whatever reason should remain at home until well.

COVID promises to be around for some time yet and the long-term effects of infection are still being determined. Given the circumstances in which we find ourselves, taking personal steps to avoid it would seem a sensible response.

Until next week...

Wayne Eade
Principal



House Championship Tally 2022



Cunningham

103328



Blaxland

106351



Lawson

102803



Wentworth



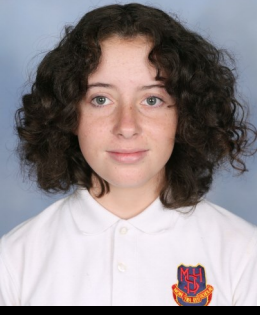



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Events calendar

- Thursday 11 August - **Year 8 subject selection information evening**, outlining the subject selection process for elective subjects in 2023 - 6 pm in the performance centre.
- 11 to 19 August - **Year 12 Trial HSC examinations**
- 15 to 19 August - **Year 10 ski trip excursion**
- 20 to 26 August - **Book Week** - keep an eye on daily notices for activities
- Wednesday 24 August - **Max Potential celebration function**
- Thursday 25 August - **Parent/teacher evening for Years 7, 11 and 12** - 4 pm to 7 pm in the gymnasium area.
- Thursday 8 September - **Parent/teacher evening for Years 8, 9 and 10** - 4 pm to 7 pm in the gymnasium area
- 12 to 16 September - **Year 11 examinations**
- 23 September - end of Term 3



Week 3 Term 3 P&C awards

	<p>Jayden Cooke</p> <p>Year 7</p> <p>For his consistently hard work in class and his continuing demonstration of what it is to be a safe and respectful learner.</p>
	<p>Hugh Rohr</p> <p>Year 8</p> <p>For his improved focus and application.</p>
	<p>Jorja Miller</p> <p>Year 9</p> <p>For being a consistently safe, respectful and responsible member of her year group.</p>
	<p>Sarah Hawtin</p> <p>Year 10</p> <p>For the great effort she is putting into her Food Technology course.</p>
	<p>Safara Niven</p> <p>Year 11</p> <p>For the great work she is putting into Biology.</p>
	<p>Aidan Hargraves</p> <p>Year 12</p> <p>For the continuing effort he puts into all that he does at Mudgee High.</p>



PRACTICE GENEROSITY

- ✦ Volunteer your time.
- ✦ Compliment someone.
- ✦ Write a warm fuzzy for a friend.
- ✦ Leave a great review for your favourite Youtuber/Viner.
- ✦ Call upon your ability to be attentive and courteous.
- ✦ Do something nice for your parents.
- ✦ Be generous in your encouragement and recognition of others.

Greatness is not what you have, it's what you give.

Link news

This semester, Link news will be focusing on the amazing local businesses supporting our students by providing the opportunities to try different potential career paths.

This week's business is TimberTwo on Lue Road, Mudgee. Owner, Jake Gilbert.

Jake moved from Sydney to pursue his dream. That dream was to move to the country and create beautiful, unique furniture and joinery. Jake uses recycled Australian hardwood to craft bespoke furniture and his reputation for creating outstanding pieces is growing.

Jake currently has Natalie Knowles with him for work experience and is giving her the opportunity to make her own piece of furniture. We can't wait to see the finished item.

Thank you for your support, Jake!

Sonia Hayton

Link Community Liaison Officer



timber

two

It takes a craftsman with passion to reveal the beauty and individuality of recycled timber in every piece of custom joinery and furniture.

Timber Two | Custom furniture and joinery from recycled timber

Natalie Knowles, Year 10, work experience at TimberTwo.

Library News

What would be considered critical life skills? The skills for surviving in the wild would obviously be things like the ability to hunt, find water and build shelter. The topic of what this skills list would look like has probably been debated by nearly everyone at some point.

In relation to today's modern society, the list may include, among other things, the need to obtain money to feed, clothe and provide shelter for oneself in some form. It might be phrased differently, and the list might include other essential needs and wants of the individual being asked. Regardless, it is an interesting question.

One critical life skill that is probably not considered but underpins much of what we comprehend and experience in life, that can impact on the quality of life we live and indeed the ability to survive in the world, is the ability to read.

Cooking instructions to prepare food, directions to give children medicine, understanding processes to apply for work, applying for financial incentives/benefits, securing a family home, paying bills, ordering a takeaway meal... The list that makes reading an essential is endless.

There is scarcely a task in life to 'survive' in Australian society that does not necessitate some degree of reading. Yes, people for centuries survived without the ability to read, some still do in many countries. Generally, this is a tough existence.

Reading has been phrased by educators as 'a skill for life' for many years. Never has this been more relevant and should be considered in literal terms today.

Reading is a gift teachers and parents give children to survive, and the lessons can be simple, unstructured ones. Reading a book is what we first think of but reading anything works to develop reading skills. Following instructions on a packet cake, unboxing and building toys, asking a child to read headlines from the television, reading street signs... Everyday incidentals foster reading skills and for children obsessed with social media and devices this can be an easier row to hoe than trying to develop the old gold standard of a love of reading for life. Mind you, social media, websites and news feeds online can all yield legitimate reading experiences for people.

An odd message from an institution in the game of loaning books? Not at all. We know there are some students who will never read a book, especially through choice. It is a message to not give up, keep finding ways to encourage children to read, no matter how small the task (We will not mention 'the war' that was home learning during COVID lockdowns for some parents). The reward can have a profound impact, not only on learning but also on post school opportunities and life outcomes in general.

Let's keep fighting the good fight!



Commerce 01 Market Day

Students studying Commerce 01 spent Term 2 learning about the topic *Running Your Own Business*. This topic covered entrepreneurship, business structures, marketing, finance and operations within a business.

As a culminating activity, students created their own small business. This involved creating a product and designing marketing posters. Year 6 from Mudgee Public School came across to the Performance Centre to be the customers for the Commerce market stalls. Each Year 6 student was given \$20 of Monopoly money to spend at the stalls.

There was a cupcake and cookie stall, a mixed lollies stall and a stall which sold lava lamps and lollies. There were also a couple of game stalls. One game required the customer to bounce a ping pong ball on the table to hopefully have it land in the cup with the most chocolates. If this occurred, they won the cup of chocolates. Another game stall was a 'hang-man' game. Customers could suspend themselves by their hands on a purpose built set of stands. The player who could hang the longest was the winner and earned a prize.

All stalls were well on the day and had a good customer base.

In the end, the lava lamp and lollies stall finished trading with the highest rate of return on investment.

Congratulations to all students for their efforts developing and running their own business.





Year 12 Society and Culture PIP submissions

After nine long months, the students in Year 12 Society and Culture finally submitted their major works, Personal Interest Project (PIP), on Monday 1 August.

The class has shown tremendous perseverance, dedication and resilience through a project that required all of those qualities. Each topic was embraced with passion and enthusiasm, and each submission is a credit to the hard work they have demonstrated in what is a fabulous subject; Society and Culture.

The PIP allows students to select a topic of their choice and conduct primary and secondary research in order to answer a self-designed question about a social issue. This research takes place from the commencement of the HSC course and culminates in a written project that will be submitted to NESA for marking.

The final two weeks, to get the class across the finish line, were made bearable by endless cups of tea, the occasional piece of confectionery and many long hours. The class celebrated their last afternoon with a gorgeous cake, thanks to Mudjee Bakery and Café.

I could not be prouder of these incredible young people .

Miss Kimberley Lang
HSIE Teacher



Year 10 Dubbo Zoo excursion

On Thursday 16 June, students in Year 10 took part in an excursion to Dubbo Zoo. This excursion provided them the opportunity to participate in a range of activities that apply to the topic 'Environmental Change and Management'. Students completed workshops that specifically focused on the impact of environmental change to the island of Sumatra and how this has impacted the survival of the Sumatran tiger. These workshops were accompanied by an enthusiastic wander through the zoo, giving Year 10 an enriching experience to support their studies in Geography.

Scientific name: *Panthera tigris sumatrae*
Common name: Sumatran Tiger
IUCN status: CR - Critically Endangered



Year 10 geographers discovering more about the impact of climate change on specific environments.



NAIDOC Day

On Wednesday 29 June, Mudgee High School celebrated NAIDOC Day. The celebrations began with a whole school assembly. The Aboriginal Flag was raised inside the gym, followed by an Acknowledgement of Country. Lachlan Philpott delivered a presentation to the school about NAIDOC and this year's theme, "Get Up, Stand Up, Show Up."

During Periods 5 and 6, a bus full of excited students travelled out to Munna Reserve for a walking visit. They looked at various kind of bush tucker and resources growing on the Reserve. Students learnt about different stone tools and spears, as well as the significance of possum furs for making cloaks. Students discovered that from infancy, a person's possum fur cloak will be made and enlarged as the person grows into adulthood.

Upon return to school at lunch, the whole school was treated to a special BBQ. Students could choose from three sausages kinds of sausage; emu, kangaroo and crocodile. They also enjoyed a piece of wattle seed damper.

During Periods 7 and 8, students could choose to join in the art workshop where they painted themes onto wooden animal cut-outs. These will be displayed on the wall around the Aboriginal noticeboard.

A big thank you to all students and teachers who were involved in this year's NAIDOC Day celebrations, and to our local AECG representative, Aleshia Lonsdale, for her engaging presentation at Munna Reserve.





NAIDOC Day 2022

Canteen volunteers needed

Mudgee High School canteen provides healthy food for students and staff.

The canteen is managed by the P&C and all profits are used to fund school improvements and initiatives.

The canteen relies on assistance from volunteers to help with food preparation.

If you would like to volunteer some of your time, please contact the Canteen Manager, Michelle, on 0407 131 950 or Mr Holleman at carl.holleman@det.nsw.edu.au.

Any amount of time you can spare to be available would be greatly appreciated.



Second-hand school uniform

Mudgee High would be very grateful for the donation of any second-hand school uniform.

If you have any superfluous school clothing that is still in usable condition, please drop it off to the school office. It will be gratefully received and used to assist students and families who may be struggling to supply their own.

Paid advertisements

(Paid advertisements do not carry the endorsement of Mudgee High)

Miss May's English Tutoring Years 7-12

All levels
Essay Help
Study Skills Courses
Creative and Critical Writing Courses



One on One tutoring \$60 per hour

Bring-a-Friend tutoring \$30 each per hour After School Homework Club Coming Soon

With Qualified English Teacher Johanna May (First Aid and WWCC).

0407 455 330



DRESS? SHOES?
ACCESSORIES?

FORMAL EVENT

AUGUST 27

84 HERBERT STREET GULGONG
5pm - 8pm

Made with PosterMyWall.com



WEAR IT OUTT

WANT IT BUY IT LOVE IT

Wear It Outt boutique, Gulgong, Gown Event Night

Advertisements

Canteen price list as of April 2022

Hot Food

Chicken and corn roll	2.50
Pizza rounds	3.50
Beef traveller pie	5.00
Potato pie	5.00
Beef and gravy roll	6.50
Hot dog	4.00
Hot dog with cheese	4.50
Beef pie (gluten free) order only	5.00
Mayonnaise/sauce portions	0.40

Wraps and Sandwiches

6.00

Rolls

6.50

Can be made on gluten free rolls by request – order only.

Ham and salad
Chicken and salad
Egg and lettuce
Cheese and salad
Chicken, mayo and shallots
Chicken Caesar
Sweet chilli chicken and avocado

Snack Food

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Blueberry Muffin	1.50
Watermelon tubs	3.00
Trail mix pots	3.00
Fruit salad	5.00
Jelly cups	3.00
Seasonal fruit	1.00

Milk

300ml flavoured milk	3.00
500ml flavoured milk	4.50
600ml plain milk	2.50
1 litre plain milk	3.50
375ml Nippy's flavoured milk	3.50

Cold Drinks

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.00
Juice Bombs	2.50
Berri Pop Tops	2.00
Lipton's Peach iced tea	4.50
375ml Coke No Sugar	2.50
375ml Sprite No Sugar	2.50

Ice Creams

Paddle Pop	
(chocolate, banana, rainbow)	2.00
Twisted frozen yoghurt	
(choc/van, straw/van, mango/watermelon)	2.50
Quelch Icy Tubes	0.60

Salad of the Day

Availability varies day-to-day

Curried chicken potato salad	7.50
Mexican chicken and guacamole salad	7.50
Greek salad	6.00
Pasta salad	6.00
Sushi	5.00
Garden salad	6.00
Chicken Caesar salad	6.00
Buddha bowl	7.50

Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.

Everyday Daily Specials

Monday

Sweet chilli wrap (order only)	6.00
Garlic bread	2.00

Wednesday

Oven baked spiced potato wedges	4.00
Sour cream/Sweet chilli sauce	0.50

Thursday

Chicken burger	5.50
(gluten-free available – order only)	

Friday

Garlic bread	2.00
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Terms 2 and 3

Hot Milo	2.50
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Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Curries – Sliders

**Please note the new
'Weekly Specials' menu**



WHERE THE *locals* MATTER

YOUR NEW IGA MUDGEES
OPENING SOON
NOW HIRING

We are looking for friendly, reliable, motivated, and hard-working staff for all positions within this exciting new store.

Some evening and weekend work will be required.

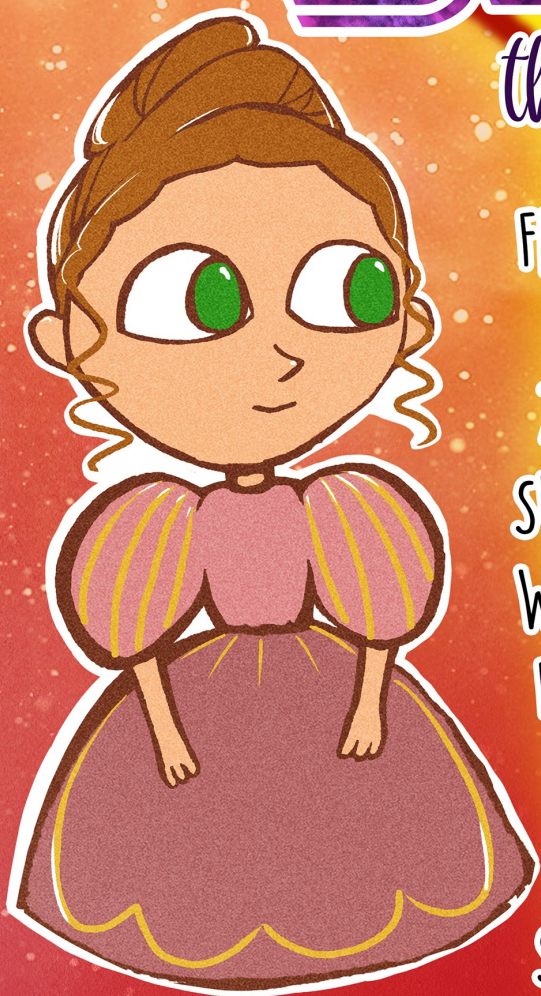
Previous retail experience isn't required, however would be an advantage

Please email your resume to mudgeeiga@gmail.com

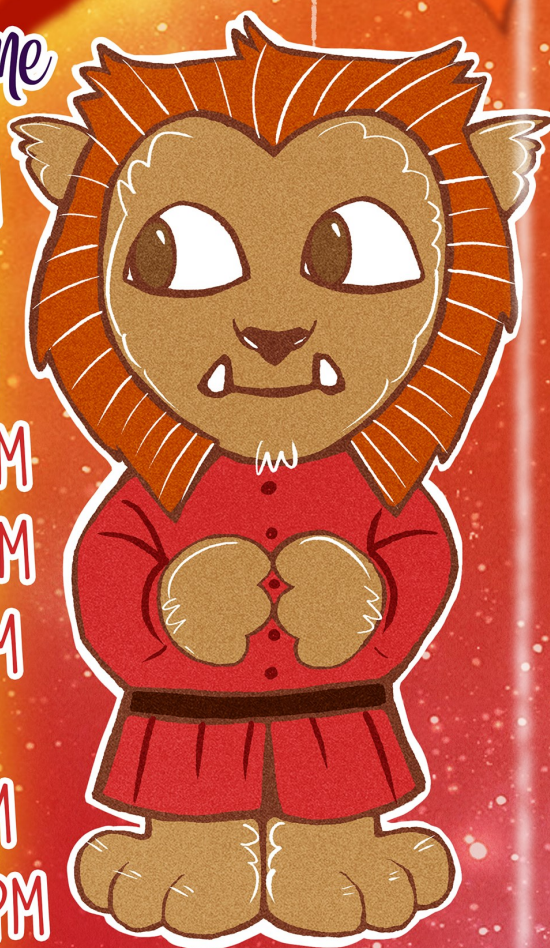
MUDGEES PERFORMING ARTS SOCIETY

Beauty and the BEAST

the pantomime



FRI AUG 12 7PM
SAT AUG 13
2PM AND 7PM
SUN AUG 14 2PM
WED AUG 17 7PM
FRI AUG 19 7PM
SAT AUG 20
2PM AND 7PM
SUN AUG 21 2PM



ADULTS \$25 CHILDREN \$10 (UNDER 12)

SENIORS/HIGH SCHOOL \$15

FAMILY \$60 (2 ADULTS, 2 CHILDREN)

TICKETS AT WWW.MPAS.ORG.AU



SUNDAY 21st AUGUST
Lawson Park, Mudgee



MOOLARBEN MARATHON

7AM



LOWE/PVG HALF MARATHON

7AM



WILPINJONG 10KM FUN RUN

8AM



F45 5KM FUN RUN

11AM

Registrations

- In person rego avail. Sat 13th Aug 12 pm - 3 pm
 at the Tri Club shed, Lawson St (south east corner of the Mudgee pool)

- Online Registrations close 18th Aug @ 5pm

mudgeerunningfestival.com.au



Supported by





Club Mudgee Max Potential Celebration 2022

Be inspired by the vision of our future community leaders as they end a transformative six month personal leadership journey with Max Potential. Celebrate the growth in their confidence and discover their ideas for how to make a difference through their Community Service Pitch.



Wednesday 24 August
5pm-7pm
Club Mudgee

**99 Mortimer Street,
Mudgee NSW 2850**

RSVP: Wednesday 17 August
to damian@maxpotential.com.au
Please include: program location and
names of those attending

Bring your phone and headphones
to watch films created by our young adults!



**CLUB
MUDGEE**
THE MUDGEE SOLDIERS CLUB LIMITED





Applications for Glencore Coal's NSW General Grants are now open.

Are you a community group that has a positive local impact in the Singleton, Muswellbrook or Mid-Western LGA? If so, we'd love to hear from you.

Our grants offer funding of up to **\$2,500** to support not-for-profit groups.



To apply, visit:
<https://glencore.smartygrants.com.au/2022GeneralRd2> or scan the QR code.

Applications run from:
1 August to 31 August 2022



Applications for Glencore Coal's New South Wales Junior Sports Development Grants are open.

Are you a junior not-for-profit sporting club in the Singleton, Muswellbrook or Mid-Western LGA?

If so, we'd love to hear from you.

Our grants offer funding of up to **\$7,500** to support (under 18) junior sports participants.



To apply, visit:

<https://glencore.smartygrants.com.au/2022nswjsdp2> or scan the QR code.

Applications run from:

1 August to 31 August 2022

Positions vacant: Casual Pool Attendants - Mudgee and Gulgong

Mid-Western Regional Council is currently advertising for Casual Pool Attendants in Mudgee and Gulgong.

Please find below a link to the vacancies and how to apply.

<https://midwestern.lgsoftwaresolutions.com.au/Pulse/job/MVFTVZ/Pool-Attendants>

VOLUNTEERS NEEDED!

RSPCA NSW Central West Supporter Group

RSPCA NSW's Central West Supporter Group are a group of active and enthusiastic volunteers who fundraise and support local animal owners with responsible pet ownership and animal health programs.

What this volunteer role looks like:

- Assisting with fundraising events
- Promoting RSPCA NSW and local community programs
- Assisting with the organising and coordinating of events

Scan our QR code to find out more





CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage
www.jossgroup.com.au



Sponsorship

Mudgee High School - Link Program

Proudly supported by

GLENCORE

Ulan Coal Mine