

MHS Newsletter

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<https://www.facebook.com/mudgeehighschool/>



Monday
7 November
Week 5 Term 4
2022

Principal's message

Artisans at work

After being on display at Petrie's Mitre 10 since Monday 31 October, this year's Industrial Technology major works were the subject of that business's Trade Awards presentation on Wednesday evening, 9 November.

The award night is the culmination of the public display that Mitre 10 allows us to set up within their premises each year. There is a popular vote for the major work that most captured the attention of the public. There is also a trade vote, an assessment of the works on show by a number of tradespeople who possess the requisite skills and judgement to appreciate the work that goes into the Industrial Technology pieces produced.

The judges were thoroughly impressed by the work of Mudgee High's Class of 2022, and the work of students from Kandos High. In the end, the respective votes for the most popular and most technically well delivered pieces from the two schools' budding artisans were close.

The trade judges pick for 2022 was Mudgee High's Caleb Begg for his impeccable timber cabinet.

The people's choice award for 2022 went to Kandos High's Jessica Reynolds for her beautiful sideboard that had more than its fair share of rustic charm.

A huge thanks to the good people at Mitre 10 who have hosted this celebration of student work for many years now.

If you missed the Mitre 10 display, do not stress! From Monday 14 November, this year's major works from Visual Arts and Industrial Technology will be on display at the Mudgee Arts Precinct.

Find some time, come on down and be impressed by some of the brilliant things being



Caleb Begg - Judge's Choice winner

*Mudgee High School
is a member of the
Cudgegong Learning
Community*



Next P&C meeting
Monday 28 November
**7 pm in the Learning
Centre**
Entry via Douro Street

This issue

- Principal's message
- House Championship tally
- Events calendar
- Weekly P&C awards
- Science news
- WW1/WW2 Living History incursion
- New Parent Portal feature
- ASX Sharemarket Game 2 results
- Link news
- MAD concert
- HSC Major Projects Exhibition
- Year 12 Farewell
- Canteen volunteers needed
- Advertisements
- Sponsorship



Education

achieved at your local, public, comprehensive high school. And if you miss the Arts Precinct display, I encourage you to avoid making the same mistake next year.

Yet another reminder of changed term dates for the end of year

The last day for students is now Friday 16 December.

Until next week...

Wayne Eade
Principal



Petries Mitre 10 School Trade Awards
Mr P. Smith, Joshua Healey, Brad Riley, Will Drakeford and Caleb Begg



House Championship Tally 2022



Cunningham

212243



Blaxland

211849



Lawson

209010








Wentworth

194346

Events calendar

- Wednesday 9 and 16 November - **Year 12 sign-out days**
- 14 to 18 November - **HSC exhibition, Mudgee Arts Precinct**
- Friday 18 November - **Year 12 Farewell at Parklands**
- Tuesday 22 November - **Gunguddy student leadership day**
- Wednesday 30 November - **Year 7 2023 orientation day**
- Wednesday 30 November - **Year 7 2023 parent information evening**
- Thursday 8 December - **Link Dinner**
- Friday 9 December - **Link Program Dubbo TAFE excursion**
- Tuesday 13 December - **MAD concert**
- 13 to 14 December - **Year 12 Society and Culture Belief Systems excursion**
- Thursday 15 December - **Annual presentation assembly**
- Friday 16 December - **Year 12 barbecue**

Week 4 Term 4 P&C awards

	<p>Nicole Kundiona</p> <p>Year 7</p> <p>For settling well into Mudgee High School with a positive attitude.</p>
	<p>Madison Casley</p> <p>Year 8</p> <p>For her excellent improvement and focus on her studies.</p>
	<p>Thomas Simpson</p> <p>Year 9</p> <p>For improved diligence and application in Commerce.</p>
	<p>Mia Cross</p> <p>Year 10</p> <p>For being proactive in seeking opportunities.</p>
	<p>Jake Brakel</p> <p>Year 11</p> <p>For the well-deserved report he has earned; a pleasant read.</p>



HEALTH

MOVEMENT

Engaging in exercise can reduce anxiety and depression, improve mood, boost self-esteem, minimise stress, and enhance cognitive functioning.

TAKE ACTION:

Review your indirect activity over the week. This refers to all incidental exercise such as walking to school.

Think of 3 ways you could extend your movements slightly to get in more exercise. For example: riding a bike to school or work, always taking the stairs opposed to the escalator or elevator.

WARNING: Exercise has been known to cause health & happiness.

Science news

Halloween is usually associated with glowing spooky lights. In nature this is called bioluminescence, the light emitted by a bioluminescent organism is produced by energy released from chemical reactions occurring inside (or ejected by) the organism. This amazing phenomenon is exhibited by sea creatures, fungi and some insects. You may have seen phytoplankton under a night sky or glow worms in a cave producing amazing shows of natural light to attract a mate or get a feed!



Our students have been glowing in their own special ways. Congratulations to Year 12 2022 for finishing their HSC courses and welcome to the new Year 12 for 2023. We wish you the best of luck for the busy, yet rewarding, year ahead. It will go very quickly!

All our junior Year groups have just completed a very busy examination schedule. The students performed admirably, completing media articles, presentations and doing their end of year examinations.

Year 9 wrote articles about the impact of climate change on the distribution of disease carrying mosquitoes.

Year 8 addressed the impact of medical advances on our health.

Year 7 assessed how our use of natural resources is impacting our environments.

The purpose of these assessments was to build each student's capacity to understand that Science moves beyond causal relationship and needs to be communicated in an effective manner to many different audiences. This includes understanding logical flow to arguments and using images to enhance written message. Overall, the students did a fantastic job.

Finally, we would like to welcome Ms Ella Doyle, who will undertake her final practicum with us. She will be with us for 4 weeks and will teach Mr Tomesek's Year 7 Science class and Ms Harries Year 10 class.

Yours in Science,
Mudgee High School Science Faculty.

WW1/WW2 Living History incursion

As per the table below, students have the opportunity to participate in a learning opportunity to support their history studies. It is expected that all Year 9 will be attending this opportunity, while Year 10 have the choice to be involved.

The cost of this incursion is \$4 per session per child, however, HSIE is partially subsidising this opportunity and we ask that you provide a gold coin contribution.

Please send your child to school with this payment prior to the date of the incursion. If you are a parent of Year 10 student, please encourage them to participate in the opportunity. They need to register their interest with their history teacher.

If you have any questions about the opportunity, please call me on the school number - 6372 1533.

Ms C Windeyer
Head Teacher HSIE

	Thursday 1 December	Friday 2 December
Period	WW1	WW2
Periods 1 and 2 (9:16-10:32 am)	11MHIS51 and Support	9HISTB, 9HISTD, 9HISTG
Periods 3 and 4	9HISTB, 9HISTD, 9HISTG	Year 10 History (60 students)
Periods 5 and 6	Year 10 History (60 students)	9HISTM, 9HISTN, 9HISTP
Period 7 and 8	9HISTM, 9HISTN, 9HISTP	11MHIS51 and Support



New Parent Portal feature

A new notification alert has been added to the Sentral Parent Portal.

When your child has been admitted to Sick Bay, a notification will be sent via the portal informing you of the reason and requesting that you to contact the school to arrange the collection of your child.

ASX Sharemarket Game 2

Twenty-seven Mudgee High students registered to participate in Round 1 of the ASX Sharemarket Game. This game allows students to learn about investing and the Share market. Students receive a virtual \$50,000 which they can invest over a 10 week period, in over 200 companies listed on the ASX. The prices students buy and sell at are the same prices as they would get in the live market so this is as close to real life share trading as you can get.



Trading for this round has now closed for this semester.

At the end of Game 2, the portfolios closed with the following totals:

- 1 Jack Kirby with a portfolio value of \$52,175.88
- 2 Lachlan Reardon with a portfolio value of \$50,604.65
- 3 Connor Storey with a portfolio value of \$50,073.13
- 4 Grant Walsh with a portfolio value of \$49,951.30
- 5 Lydia Brown with a portfolio value of \$49,941.90
- 6 Xinjie Xu with a portfolio value of \$49,865.17
- 7 Nate Atkinson with a portfolio value of \$49,710.66
- 8 Alex Robeson with a portfolio value of \$49,693.22
- 9 Sammi Atkinson with a portfolio value of \$49,668.98
- 10 Max Roberts with a portfolio value of \$49,525.81
- 11 Blake Irwin with a portfolio value of \$48,092.98
- 12 Max Wolfson with a portfolio value of \$46,926.53

To be in the running for the competition, students need to make at least one investment transaction. Congratulations to all these students for having a go and for getting involved.

This competition is open to all students from Years 7 to 12. Round 1 registration for 2023 will open in Term 1, 9 February 2023. Keep an eye out for the announcement and then see Ms Windeyer in the HSIE staffroom for a Consent Form.



Link news

2022 has been a great year with lots of exciting outcomes for the students and their futures. Some have gained apprenticeships and others have decided to return to school or move to TAFE.

Thank you to Glencore, TAFE and local employers for their ongoing support.



Natalie Knowles at Timber Two constructing a bedside table



Toby Burnard accepted an apprenticeship with Mudgee Lamb

Link 2023

A parent information evening being will be held in the library at 6 pm on Thursday 17 November. Invitations have been emailed to students and parents/caregivers.

It would be great to meet you all and give you a brief overview of what opportunities are available for students participating in the program next year.



Mudgee High School

HSC Major Projects Exhibition 2022

A culmination of the high level of skills students have attained through extensive practice, research, experimentation and consideration.

Dates: 14 - 20 November

Venue: Mudgee Arts Precinct

Opening: Monday 14, 4 - 5 pm



Music, Art and Drama (MAD) concert

Preparations are underway for the 2022 end-of-year MAD concert.

The date is **Tuesday 13 December**. The venue is the gymnasium. Doors open at 5:30 pm for the art exhibition. The first performance will begin at 6:00 pm.

If students would like to perform, they need to prepare an act to be auditioned. The act can be a musical performance or drama item. All styles will be considered. Students are encouraged to obtain an audition form from the creative arts staffroom.

As part of this concert, there was a poster competition to advertise the event. The winner of the competition and \$50 voucher is... Lotte Morrison Potts. Congratulations!

Mr Holleman



Year 12 Farewell

Year 12 Farewell will be held Friday 18 November at Parklands Resort, Mudgee.

Year 12 Farewell is one of the most significant occasions on our school calendar, celebrating the end of school education for Year 12 students. It is one to be shared by staff, students and their parents and loved ones.

The organisation of the evening and ticket purchasing is outlined below:

- Meet at Parklands for photos with a photographer at 4.15 pm. Photo packages sent home prior are to be returned, filled out and with money, on the day.
- The Farewell commences at 7.00 pm and concludes at approximately 10.00 pm. Please note that the doors will close at 7.15 pm and reopen after the formal introduction of students at 7.45 pm.
- Dress is ladies “after 5” and gents “tie”.
- The Year 12 Farewell is an **ALCOHOL-FREE EVENT**. Anyone bringing alcohol onto the premises will be asked to leave the function.
- **Changes to seating arrangements between ticket bearers CANNOT be accommodated without prior arrangement (at least 4 weeks notice) with the Year Adviser.**

Tickets may be purchased from:

<https://www.123tix.com.au/events/35379/mudgee-high-school-year-12-formal>

Each student is initially allocated four (4) tickets, 1 student ticket and 3 guest tickets.

Part payments (deposits) for tickets will not be accepted. However, students may purchase one ticket at a time.

Sales for **allocated** tickets will commence on 12 September and **must** be purchased by 3.30 pm on 28 October. **Please note that Farewell tickets are non-refundable.**

Any remaining tickets will be available for purchase from 31 October.

Ticket sales close at 2.08 pm on Thursday 10 November to allow time for catering and seating arrangements.

Please store tickets safely as entry is by ticket only.





YEAR 12

WHEN YOU LEAVE SCHOOL YOU HAVE
180 DAYS

... before you **lose access** to:

- ⊘ Your school **email** account
- ⊘ Your **Google Drive** contents
- ⊘ Your Microsoft **OneDrive** contents
- ⊘ Your **Adobe Creative Cloud** subscription
- ⊘ Any **Google Classrooms** you were joined to
- ⊘ Any Microsoft **Teams** you were a member of

Check your stuff in these school-provided services.
Download anything you want to keep.

(There's no need to delete anything: it'll disappear in 180 days.)

Canteen volunteers needed

Mudgee High School canteen provides healthy food for students and staff.

The canteen is managed by the P&C and all profits are used to fund school improvements and initiatives.

The canteen relies on assistance from volunteers to help with food preparation.

If you would like to volunteer some of your time, please contact the Canteen Manager, Michelle, on 0407 131 950 or Mr Holleman at carl.holleman@det.nsw.edu.au.

Any amount of time you can spare to be available would be greatly appreciated.



Second-hand school uniform

Mudgee High would be very grateful for the donation of any second-hand school uniform.

If you have any superfluous school clothing that is still in usable condition, please drop it off to the school office. It will be gratefully received and used to assist students and families who may be struggling to supply their own.

Advertisements

Canteen price list as of April 2022

Hot Food

Chicken and corn roll	2.50
Pizza rounds	3.50
Beef traveller pie	5.00
Potato pie	5.00
Beef and gravy roll	6.50
Hot dog	4.00
Hot dog with cheese	4.50
Beef pie (gluten free) order only	5.00
Mayonnaise/sauce portions	0.40

Wraps and Sandwiches

6.00

Rolls

6.50

Can be made on gluten free rolls by request – order only.

Ham and salad
Chicken and salad
Egg and lettuce
Cheese and salad
Chicken, mayo and shallots
Chicken Caesar
Sweet chilli chicken and avocado

Snack Food

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Blueberry Muffin	1.50
Watermelon tubs	3.00
Trail mix pots	3.00
Fruit salad	5.00
Jelly cups	3.00
Seasonal fruit	1.00

Milk

300ml flavoured milk	3.00
500ml flavoured milk	4.50
600ml plain milk	2.50
1 litre plain milk	3.50
375ml Nippy's flavoured milk	3.50

Cold Drinks

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.00
Juice Bombs	2.50
Berri Pop Tops	2.00
Lipton's Peach iced tea	4.50
375ml Coke No Sugar	2.50
375ml Sprite No Sugar	2.50

Ice Creams

Paddle Pop	
(chocolate, banana, rainbow)	2.00
Twisted frozen yoghurt	
(choc/van, straw/van, mango/watermelon)	2.50
Quelch Icy Tubes	0.60

Salad of the Day

Availability varies day-to-day

Curried chicken potato salad	7.50
Mexican chicken and guacamole salad	7.50
Greek salad	6.00
Pasta salad	6.00
Sushi	5.00
Garden salad	6.00
Chicken Caesar salad	6.00
Buddha bowl	7.50

Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.

Everyday Daily Specials

Monday

Sweet chilli wrap (order only)	6.00
Garlic bread	2.00

Wednesday

Oven baked spiced potato wedges	4.00
Sour cream/Sweet chilli sauce	0.50

Thursday

Chicken burger	5.50
(gluten-free available – order only)	

Friday

Garlic bread	2.00
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Terms 2 and 3

Hot Milo	2.50
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Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Curries – Sliders

**Please note the new
'Weekly Specials' menu**

Term 4 weekly specials

Week 1 - \$6.00

Butter chicken and rice.



Week 2 - \$6.50

Beef stir fry with Hokkien noodles.

Week 3 - \$7.50

Roast chicken dinner.

Chicken, potato, sweet potato, pumpkin, peas and gravy.

ORDER ONLY

Week 4 - \$6.50

Focaccias - chicken or ham, with avo, brie and cranberry.

Week 5 - \$6.50

Apricot chicken legs and potato salad or rice.

Week 6 - \$6.50

Thai chicken salad. **ORDER ONLY**



Week 7 - \$6.00

Deconstructed sushi bowls.

Chicken, salmon or vego.



Week 8 - \$5.50

Sweet chilli chicken wraps.

Week 9

TBA

Week 10

TBA





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PCYC IS AN ACCREDITED PROVIDER
OF THE TRANSPORT FOR NSW SAFER DRIVERS COURSE.**



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE
WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

\$140

**DATE: Module 1 - Thursday 10 November from 4 pm to 7 pm
Module 2 – Various times available**

Book online TODAY at pcycdrivereducation.org.au



The Safer Drivers Course logo is a trade mark of Transport for NSW of 18 Lee St Chippendale NSW Australia

Samaritans

Permanency Support Program

Respite Foster Carers NEEDED!

WE NEED YOU TO HELP US MAKE A DIFFERENCE.



Samaritans Permanency Support Program (PSP) is looking for more Respite Foster Carers.

Please turn over to find out more about respite foster care.

Contact our Support Team today!

Ph: 02 6370 9900

www.samaritans.org.au Samaritans

Permanency Support Program Fostering Relationships

What is respite care?

Respite carers provide short term stays for children in our foster care program. Respite carers aim to provide support and positive experiences for the child or young person, sometimes regularly or on an as-needed basis.

Respite carers often provide care that suits their lifestyle, but generally:

- On weekends
- During school holidays
- For short periods of time
- To toddlers, children or teenagers on their own or in a sibling group.

To become a respite carer for Samaritans, you will need to:

- Have space in your home for a child or young person
- Be in good health
- Be authorised through the training and assessment process
- Be over the age of 18.

Samaritans carers are supported by Case Managers, a carer support team, and wrap-around supports in place for the child or young person. We have a 24/7 on call service to support you and your family whilst you are undertaking respite care. Samaritans also provide ongoing training to all carers.

If this sounds like you, please contact our PSP team today!

For further information contact:

P: 02 6370 9900

E: oohcmudgee@samaritans.org.au

Samaritans

Permanency Support Program Fostering Relationships

Parent Line

Parent Line is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW. Call **1300 1300 52** to talk with a trained, professional counsellors available 9 am to 9 pm Monday to Friday and 4 pm to 9 pm on weekends.

Some of the top concerns parents and carers with school-age children call us about are:

- Transitioning to primary school
- Building resilience
- Technology use
- Coping with emotions
- Anxiety in kids
- Discipline and positive parenting.

Parent Line NSW



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A safe way to have fun and stay active for kids of all abilities.

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- ◆ Easy to join, fun to play
- ◆ Inclusive program for all abilities
- ◆ Outdoors non-contact



JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 6+ WEEKS

- Learn ball skills, including catching, throwing and teamwork, through fun game-based activities.
- Sign up now for your Junior Blasters Kit featuring a personalised shirt and bat, plus a ball and bucket hat!



JUNIOR BLASTERS KIT

MASTER BLASTERS

AGES 7-10 | 90 MINS | 6+ WEEKS

- Everyone gets a chance to bat, bowl and field in short, modified games of cricket.
- For girls with basic cricket skills.
- Sign up now for your Master Blasters Kit featuring a cap and sunglasses!



MASTER BLASTERS KIT

HOW TO PLAY FOR FREE!

Every NSW school student (K-12) is entitled to 2x \$100 Active Kids vouchers each year. Learn more at service.nsw.gov.au/campaign/active-kids

JOIN YOUR NEAREST CLUB

Mudgee DJCA

Junior Blasters

Stage 2

Register today for:

Master Blasters (Stage 1)

Stage 3



Q Play Cricket

**OFFICIAL KIDS
PROGRAM**



CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on careers@jossgroup.com.au



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage
www.jossgroup.com.au



Sponsorship

Mudgee High School - Link Program

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