

# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850  
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Monday  
26 July  
Week 3 Term 3  
2021

## Principal's Message

### Knowing stuff and critical thinking

Welcome to Education Week 2021!

What a perfect week in which to consider the power of critical thinking.

While aware that self-praise is often no-praise, I will begin with this: I am confident that if I were drafted into a trivia team, I would almost certainly give a reasonable account of myself... unless the questions were all sport related (my Achilles' heel).

I know when the great depression began; when the last US forces left Vietnam; the names of all of Australia's Prime Ministers since the end of the Second World War, including the recycled ones; the names of the five capital cities that start with 'M' that have hosted the Olympic Games since 1945; the simple fact that the blue whale is the largest vertebrate to have ever existed, and; the fact that the tomato is technically a fruit and not a vegetable.

I know that I know stuff.

I also know that these days, if I do not know something, finding out that something has never been easier.

Thanks, internet!

The acquisition of information has never been easier. It's everywhere.

What is in short supply is critical thinking.

Critical thinking – the intellectually disciplined process of actively and skilfully conceptualising, applying, analysing, synthesising, and evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, then using what has been gleaned as a guide to belief and action – is some seriously intellectual stuff and not nearly common enough.

In its ideal form, critical thinking is based on universal intellectual values that transcend subject matter divisions. A well-versed critical thinker can see the connections between mathematics and the humanities, the sciences and the arts.

A critical thinker possesses to some degree clarity of thought, precision in expression, a sense of relevance, an ability to be pragmatic - the ability to change direction when change is needed – and a well-developed sense of what is reasonable and fair.

*A member of the  
Cudgegong Learning  
Community*

**Next P&C meeting**  
Monday 23 August  
7pm in the Learning Centre.  
Entry via Douro Street.  
All welcome.

#### COMING EVENTS

- Thursday 5 August Australian Mathematics Competition (entries closed Friday 18 June)
- 5-13 August HSC Trial examinations
- 21 - 27 August Book Week
- 16 September Rainbow Day

#### THIS ISSUE

- Principal's Message
- House Championship tally
- Office update
- P&C Awards
- Canteen volunteers needed
- School excursion update
- Library News
- English News
- HSIE Junior Assessment Schedule
- High Potential and Gifted News
- Year 12 sign-out procedures
- Advertisements
- Sponsorship

It is a great time to be a critical thinker. The flood of information that has come as the result of the connectedness we now have also comes with a great deal of misinformation flotsam.

I read an article recently in *The New Daily* that put forward the idea that the more an individual believes in conspiracy theories – the earth is flat, man never went to the moon, COVID isn't real... that sort of thing – the worse they perform in critical thinking tests. This observation is based on clinical studies – the work of scientists.

These researchers went to great pains to make it clear that conspiracy theorists do not necessarily lack intelligence. What conspiracy theorists lack is the skill set to objectively analyse and evaluate a given situation.

Conspiracy theories are nothing new. The problem these days is that information has been fully democratised with the advent of social media. That sounds good; democracy is a good thing, right? What it means, however, is that any idiot with a keyboard can self-publish.

The piece quoted Anthony Lantian, an associate professor of psychology and a co-author of the new study, who went on to say:

“Conspiracy theories refer to attempts to explain the ultimate cause of an important event by accusing a hidden coalition of perceived malicious and powerful people or organisations of having secretly planned and implemented these events.”

An example of this kind of uncritical thinking is the continuing conspiracy theory that shady figures in the US government were behind the events of 9/11. They were the ones who orchestrated the flying of passenger jets into the World Trade Centre towers and the Pentagon, rather than the events that unfolded being simply the work of Islamic terrorists.

Another example is the one that holds that the COVID-19 pandemic was created **on purpose** by Chinese scientists, and then released. This idea should not be confused with the theory that the coronavirus accidentally escaped a lab in Wuhan where Chinese scientists **do** legitimately study pathogens to better understand them, just as scientists and researchers working for the Commonwealth Scientific and Industrial Research Organisation (CSIRO) do right here in Australia.

Can the maddening nuttiness of conspiracy theorists be curbed?

It transpires that curbing nuttiness relies a great deal on personality.

Ego and personality can predispose a person to resist changing the way they think. A series of experiments in 2016 established what has been described as a “robust association” between a need for uniqueness – an individual's need to feel special, to feed their ego – and a conspiracy mentality.

In other words, the desire to be seen as unique and special serves as a motivation for conspiracy theorising... and social media provides an outlet for the least informed.

It may be a case that, for some people, ego trumps everything else.

Consider the recently expelled Katie Hopkins, a lesser known “celebrity”, flown in especially for a braincell-destroying spectacle called *Celebrity Big Brother*.

Hopkins rose to fame, in the UK at least, kicked off with an appearance on *The Apprentice*. She then became a columnist for the conservative British publications *The Sun* and *The Daily Mail*. In her home country, she is probably best known for her Islamophobic and classist views, her anti-feminism, her Holocaust-denying and her anti-immigration views. Here she is best known for her nuttiness and an absence of wardrobe.

Hopkins came to Australia (whose idea was that?). Once here, she openly defied COVID-inspired Health Order restrictions and made a point of self-incrimination by posting her stupid to social media, earning herself a flight straight back to the UK. Expelled from the *Big Brother* house before she had made it through the door!

This kind of self-destructive behaviour speaks volumes about the power of ego and a dogged determination to resist reality and indeed social responsibility.

“What was she thinking?” Maybe she wasn’t thinking at all.

Critical thinking – the ability and willingness to consider a variety of sources, their relative reliability, to see things from other perspectives, to be open to the new but not blindly accepting of that same new – is a powerful thing. Something to be embraced.

Knowing a tomato is a fruit is knowledge. Knowing to *not* put it in a fruit salad based on observation, experience, and communication with others knowledgeable in the crafting of edible fruit salads... that’s critical thinking manifest.

This week is indeed officially Education Week, but then every week should be an educational one. If you are not learning new things every day, you may be comatose... or worse.

Until next week...

Wayne Eade  
Principal



# House Championship Tally



**Cunningham**

**128 433**



**Blaxland**

**126 557**



**Lawson**

**122 397**



**Wentworth**

**119 974**

## From the Office...

Just a gentle reminder to visitors to the school, signing in using the QR code and the wearing of a face mask is compulsory.

...and a big shout out of "Thanks!" to the very, very many who have done both when they have had to visit the school.



## Year 12 Parent/Teacher interview changes

Dear parents and carers of Year 12,

Current COVID restrictions do not permit face-to-face parent/teacher interviews. As this parent/teacher evening would have been the last of its kind for the cohort, we have a solution:

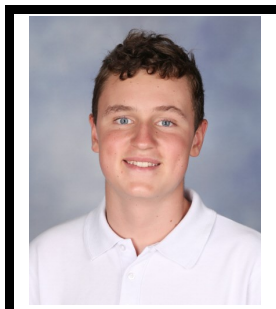
You can use this form to request a teacher of your child contact you, should you have any concerns, queries or questions.

Thanks for your understanding.

<https://forms.gle/1fhcwhNRuthCaFRY8>



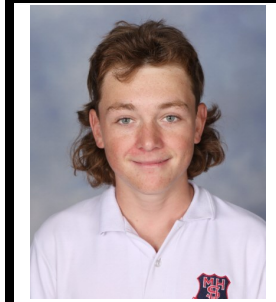
## Week 2 Term 3 P&C awards



**Riley Hargraves**

**Year 7**

For his positive attitude and application.



**Andy Box**

**Year 8**

For making a positive start to Term 3.



**Patrick Quilty**

**Year 9**

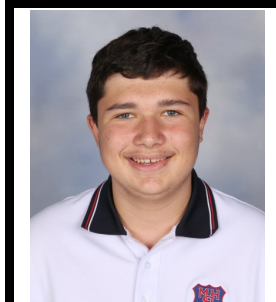
For always being a positive, safe respectful and responsible student.



**Ryder Dray**

**Year 10**

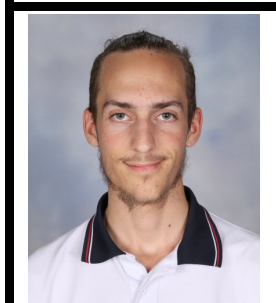
For producing an excellent Macbeth analysis.



**Darcy Robertson**

**Year 11**

For being safe, respectful and responsible in all situations and possessing a positive attitude .



**Daniel Kubowicz**

**Year 12**

For demonstrating great application and perfect attendance.

*There are two ways of spreading light... to be the candle or the mirror that reflects it.*

ANONYMOUS



### **PATIENT**

*Acknowledging and accepting someone else's lack of punctuality without becoming frustrated or anxious.*

### **TAKE ACTION:**

- ✧ Be mindful of what is making you feel rushed
- ✧ Just take a few deep breaths if you start to feel upset or annoyed
- ✧ Try be understanding of another's behaviour

### **DON'T UNDERVALUE THE IMPORTANCE OF THE PROCESS**

The process is where you learn, where you grow. Achieving your goal is just a small highlight to summarise your process.

## Canteen volunteers needed

Mudgee High School canteen provides healthy food for students and staff.

The canteen is managed by the P&C and all profits are used to fund school improvements and initiatives.

The canteen relies on assistance from volunteers to help with food preparation.

If you would like to volunteer some of your time, please contact the Canteen Manager, Michelle, on 0407 131 950 or Mr Holleman at [carl.holleman@det.nsw.edu.au](mailto:carl.holleman@det.nsw.edu.au).

Any amount of time you can spare to be available would be greatly appreciated.



## School excursions update

As a result of the current COVID-19 outbreak, excursions have had to be cancelled or postponed.

Payments already made for excursions which have been cancelled will be credited back to individual student accounts.

Parents or carers who would like a refund will need to complete a refund application form and return it to the school via mail or email. The form has been included in this newsletter. A form can be emailed from the front office on request.



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## Excursion refund application form

Funds must be credited to a nominated bank account.  
 Please print and return form to school via mail or email.

Date: \_\_\_\_\_

Reason for refund: \_\_\_\_\_

Excursion name: \_\_\_\_\_ No: \_\_\_\_\_

Amount paid: \_\_\_\_\_

Student name: \_\_\_\_\_

Residential address: \_\_\_\_\_  
 \_\_\_\_\_

### Please provide bank details:

Account name: \_\_\_\_\_

Bank: \_\_\_\_\_ Branch: \_\_\_\_\_

BSB: \_\_\_\_\_ - \_\_\_\_\_ Account Number: \_\_\_\_\_

**Mail to:** Front office  
 Mudgee High School  
 Locked Bag 2004, Mudgee, NSW, 2850

**Email:** mudgee-h.school@det.nsw.edu.au

### Office use only

Front office approval: \_\_\_\_\_ Date: \_\_\_\_\_

Teacher in charge: \_\_\_\_\_ Date: \_\_\_\_\_

Principal: \_\_\_\_\_ Date: \_\_\_\_\_

# Library News

Term 3 is the start of a very busy season within the Library. Senior assessment in our Distance Education cohort is at full pace with both Trial and HSC examinations in 'Speaking' scheduled in Week 3 and Week 9 of term. Written Trial HSC examinations through our various distance education schools will also occur during Weeks 5 and 6. In Weeks 9 and 10, Year 11 will undertake their Preliminary course final examinations before 2022 HSC courses commence in Term 4. Please be mindful that Distance Education timeframes for senior examinations do not necessarily correspond with those set by Mudgee High for its students.

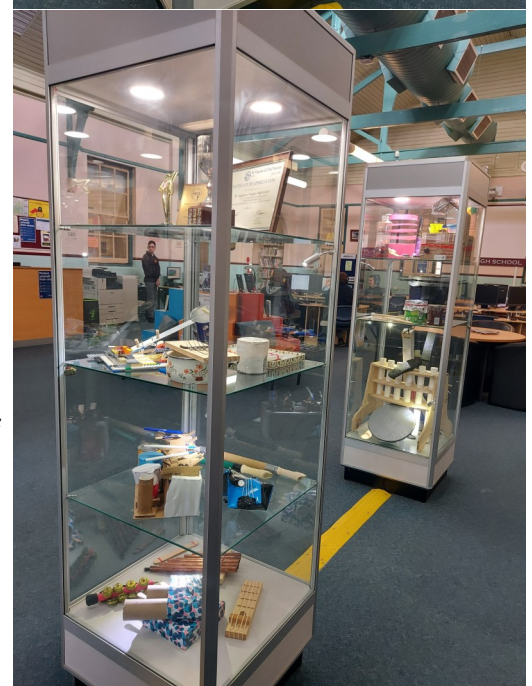
Our three Aurora students are 'deep' into their assessment period across all subjects and are making excellent progress via remote learning. Ironically, in our 'Aurora Bunker' within the Library, remote learning was always a 'thing' prior to 'Covid times'. Online lessons, virtual classrooms of talking heads and interactive programs where Mathematics problems and brain storming ideas are jotted down and shared in real time, are everyday occurrences.

Max Potential students in Year 10 continue to meet with their mentors this term. Weekly meetings between students enrolled in the program and community leaders across industries carry over from last term. Working towards personal projects that develop student skills and focus on community outcomes is a 'win, win' for all involved and the Library has been more than happy to accommodate the Max Potential initiative for several years.

The six senior students enrolled in the UVAIR drone course are still progressing towards achieving their commercial drone pilot licences. Utilising a combination of both online and face to face tuition, the course will continue in the Library. Practical drone flying days have also been underway during the year to date and these have occurred regularly on our school oval.

At present, the Library is also hosting a display of 'Homemade Musical Instruments' made by Mr Holleman's Year 7 Music class. Some are highly imaginative and effective as 'music makers'. Others stretch the humble Milo tin to the limit of its musical potential!

Week 7 this term also marks Book Week 2021. The theme of Book Week this year is 'Old Worlds, New Worlds, Other Worlds'. The Library will be running a display amongst other things to celebrate this event, showcasing both 'iconic' and new literature that explores this year's theme.



**Year 7 homemade instruments**



# English News

Welcome back everyone.

Many junior students are towards the end of their present units of work and may be completing assessment tasks or receiving them from their teachers with feedback. For juniors, if the task is late without an extension, they lose 20% per day. Many are given time during class to complete their tasks and should be able to submit them on time.

Year 12 has recently completed their final assessment tasks and it was wonderful to see the improvement and high quality of their submissions. Their next hurdle will be the Trial examinations. We wish them the very best of luck for all these examinations and hope that they continue to improve their skills and knowledge of their courses.

Year 11 has just had the first assessment task returned. Many students did a wonderful job, but others needed to follow processes for being absent. We still have students who have not submitted the first task. This is very disappointing to note. If your child/ward is absent from school for an assessment task, then it is beneficial for you to contact the school (email or phone) to let the school know that they will be absent. When your child returns to school, they should then seek out Ms Date and request a pink special consideration form. They need to complete the form, so that they are not penalised for submitting their task late. The policy states they will receive 0 marks if late, so it is worthwhile to complete a request for special consideration when unforeseen events arise.

## **Years 9/10 Premier's Debating Challenge update**

At the end of Term 2, the second round of the prestigious Premier's Debating Challenge saw Mudgee High debate a formidable team from Dubbo South College. With controversial topics about sport to choose from, Mudgee High won the coin toss and were affirmative on "That we should ban all sports involving animals." The winning combination of Daniel Pegg, Miriam Halbisch and Emilie Martin, assisted by their quick-thinking team adviser, Darcy Endacott, was victorious on the day. The team now faces Delroy College in the third round of the competition. These students have been excellent ambassadors for Mudgee High and are commended on their commitment to debating.

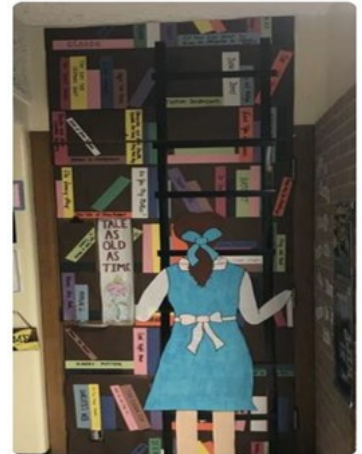


## **Book Week 21 – 27 August**

Book Week is fast approaching and the English staff are busily organising a series of activities in which students may participate. The theme for this year is 'Old Worlds, New Worlds and Other Worlds'. Some activities will be conducted during roll call, others during class time.

Some of the activities include:

- **Book cover design competition** - Miss Heckendorf will be holding a design competition for the best re-imagined book cover. Students can draw, paint, digitally edit or use any creative compilation to produce a new cover for their favourite book. Prizes will be in the offering. More details to come closer to the date.
- **Teacher recommendations** - Miss Heckendorf will also be interviewing staff at MHS to put together a list of teachers' recommendations. Teachers will be encouraged to share their favourite books and what makes these stories special to them. Who knows what fabulous new books we may discover?
- **Door design competition for roll call groups** – Miss Eslick will be organising this competition. More details on this will be released over the coming weeks.
- **Trivia during roll call** – As part of Book Week, Mrs Daniels will be running a trivia challenge in roll call. There will be five questions each day on literature pertaining to Old Worlds, New Worlds and Other Worlds. The winning roll call will win a prize donated by the English staff. In the event of a tiebreaker, these roll calls will have an additional question to decide the winner.
- **Poetry competition** – Ms May will be hosting this event. There is more than \$5000 in prizes to be won. The competition requires a twenty-line nature poem. The competition closes on 17 September. More details to follow closer to the date.
- **Mystery game** – Mrs Willetts will be hosting this event. She has many exciting ideas about how this will run over a couple of weeks. Details to be released closer to the event.
- **War of the words** – Ms Tetley will be curating this event. It will occur during class time, with winners have a 'word off' during Assembly. More details to follow.
- **Vox pop** – Miss Hooper and Mr Golden are organising this section. It will feature students/staff and some community members, and their reading suggestions. Stay tuned!
- **Blind date with a book** – Ms Tetley and the English faculty will provide students with an opportunity to 'date' a book. Can't wait to see which books students 'date' and what they think of them.



There will also be activities for junior classes during Book Week.



## HSIE Junior Assessment Schedule Semester 2 2021

Students in Year 7 are studying Stage 4 Geography for the whole year. Students in Year 8 are studying Stage 4 History for the whole year. Year 9 are studying History in Semester Two. Year 10 are studying History in Semester Two. Some students in Years 8, 9 and 10 have elected to study either Commerce 08, Commerce 11, Commerce 12, and/or Aboriginal Studies.

The following assessment schedule is a guideline. There may be some minor variations, however, students will be adequately notified of any changes to due dates as they arise.

<b>Year and Subject</b>	<b>Assessment Task</b>	<b>Task Weighting</b>	<b>Due Date</b> <i>Please note that the due date for the task falls within the listed week. The exact due date for each task will vary within that week depending on which day the student has that class.</i>
Year 7 Geography	Assignment – Water in the World	40%	Week 8 Term 3
	Examination – Interconnections	30%	Week 4 Term 4
	Progressive Bookmark	20%	Ongoing
	Class Participation	10%	Ongoing
Year 8 History	Assignment – Medieval Europe	40%	Week 8 Term 3
	Examination – Polynesian Expansion	30%	Week 3 Term 4
	Progressive Bookmark	20%	Ongoing
	Class Participation	10%	Ongoing
Year 9 History	Assignment – World Wars	40%	Week 9 Term 3
	Examination – Movement of People	30%	Week 3 Term 4
	Progressive Bookmark	20%	Ongoing
	Class Participation	10%	Ongoing
Year 10 History	Assignment – Aboriginal Rights & Freedoms	40%	Week 6 Term 3
	Examination – Cold War & Decade Study	30%	Week 3 Term 4
	Progressive Bookmark	20%	Ongoing
	Class Participation	10%	Ongoing
Commerce 12	Assignment – Law, Society & Political Involvement	45%	Week 8 Term 3
	Examination - Crime	30%	Week 3 Term 4
	Progressive Bookmark	15%	Ongoing
	Class Participation	10%	Ongoing
Commerce 11	Assignment – Economic & Business Environment	45%	Week 9 Term 3
	Examination – Our Economy	30%	Week 3 Term 4
	Progressive Bookmark	15%	Ongoing
	Class Participation	10%	Ongoing
Commerce 08	Assignment – Promoting and Selling	45%	Week 8 Term 3
	Examination – Investing	30%	Week 4 Term 4
	Progressive Bookmark	15%	Ongoing
	Class Participation	10%	Ongoing
Aboriginal Studies	Assignment – Self Determination and Autonomy	40%	Week 8 Term 3
	Test – Aboriginal Peoples and the Visual Arts	30%	Week 3 Term 4
		30%	Ongoing
	Class Participation		

Assignments may be submitted in either hand-written or typed form. If students wish to submit their work digitally, this should be done through Google Classroom's "Turn In" function. This is the preference for digital submissions.

Work may be handed in on paper. Please do not assume that everything has to be digital.

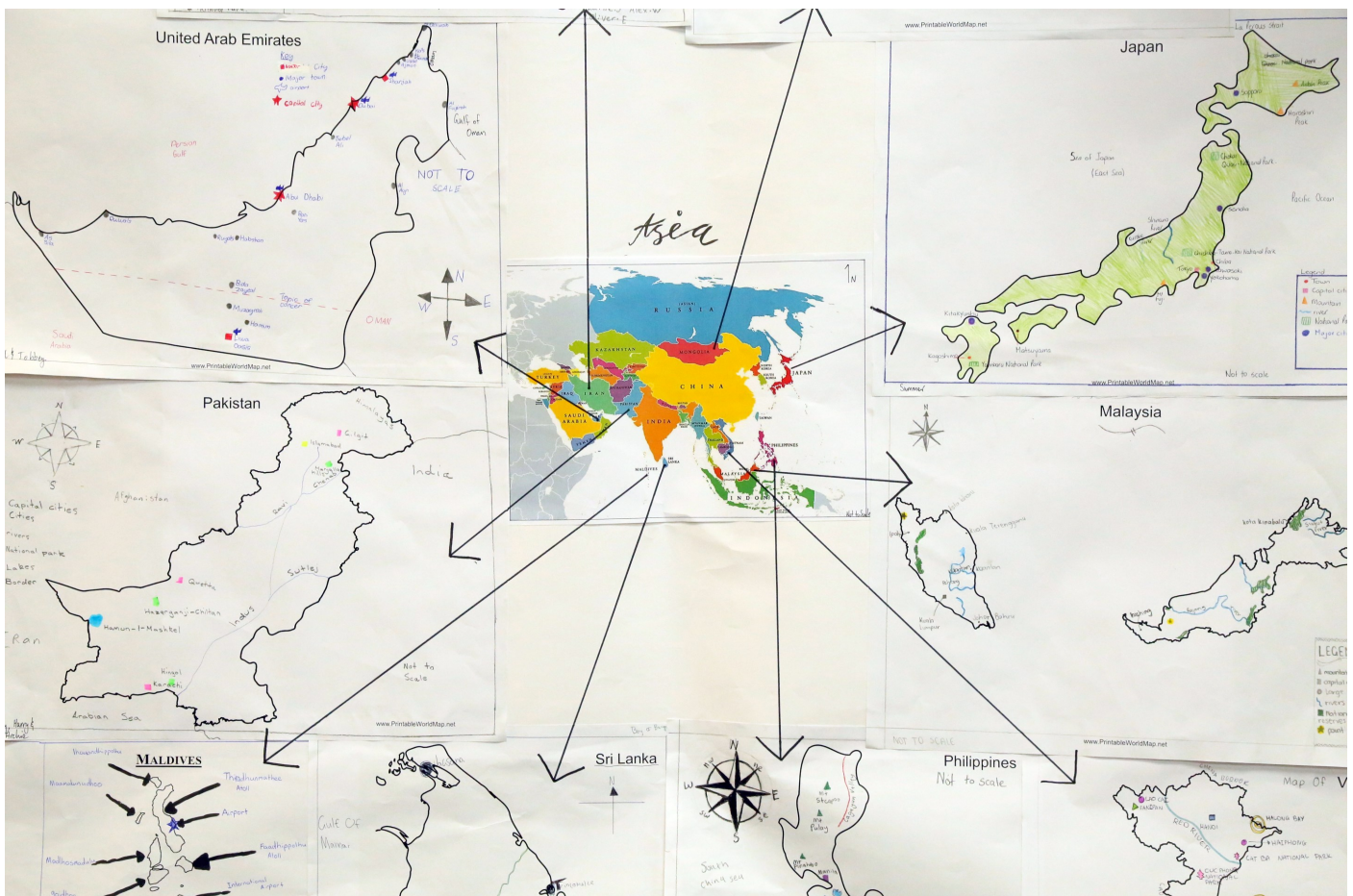
If your child is unable to meet the due date for an assessment task, they will need to complete an application for Special Consideration. These forms can be collected from the HSIE staffroom. It is the responsibility of the student to collect this form, complete it and return it to the head teacher of HSIE or their classroom teacher. In the event of a sudden absence, perhaps the result of illness or misadventure, the form can be completed after the due date. In all other circumstances, application for Special Consideration must be completed in advance of the due date.

## Accessing Google Classrooms

Students should be making the most of the Google Classroom facility for their HSIE studies. To access these classrooms they will need the following entry codes:

Subject	Entry Code	Subject	Entry Code
Year 7 Geography	hwfmzkw	Aboriginal Studies	6ukp6z2
Year 8 History	6i2ugt4	Commerce 11	66t45cz
Year 9 History	4usvhpv	Commerce 12	ek6eogu
Year 10 History	5c5qkmw	Commerce 08	6scaun3

Students will need to sign into the Google Platform using their @education.nsw.gov.au login details.



# High Potential and Gifted News

Last term, the High Potential and Gifted Program students engaged in the Department of Education's Game Changer Challenge. This is a state-wide initiative that is entering its fourth year and is available to 2,200 plus public schools across New South Wales. The premise of this challenge is for students to engage in design thinking, which is a human-centred approach to solving complex problems. Empathy and collaboration are at the heart of design thinking.

Our students eagerly engaged in the challenges laid before them, tackling the question: *'Humans have unlimited needs but the planet has limited capacity to satisfy them'*. Our five teams presented innovative solutions.

One of our team has successfully made it through to the quarter finals and is one of the top eight teams from our region. This is particularly impressive because our Year 7 and 8 teams are competing with students from Year 7 through to Year 12!!!

Our successful team comprises Cameron Etherington, Olivia Martin, Rachel Channon, Macy Dowler and Amy Ioane. Read their 300 word submission below:

*"A gradual increase in the earth's temperatures has led to climate change. Humans see climate change as less rain, longer droughts and hotter summers. Carbon dioxide is a naturally occurring greenhouse gas.*

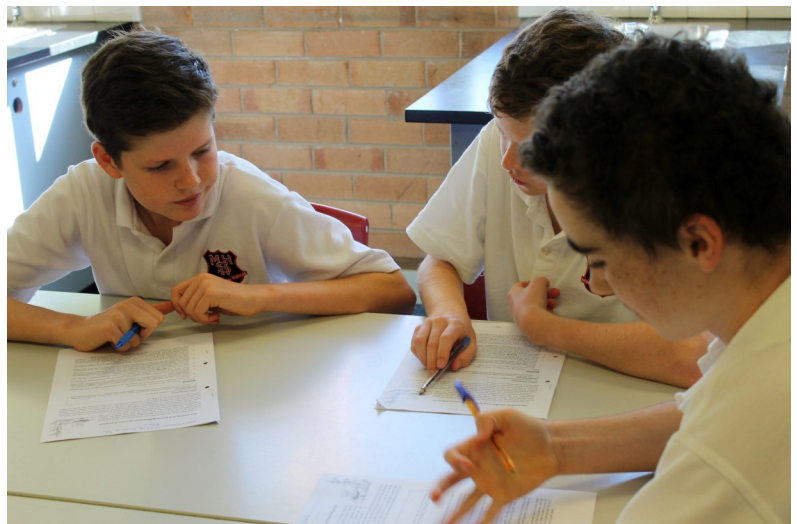
*One of the reasons for climate change is the increase of carbon dioxide in the atmosphere. CO2 is the earth's number 1 greenhouse gas and can be released through the process of burning coal for energy. Coal mines around Mudgee, our local area, are collecting immense amounts of coal, and Australia produces 554 763 963 tons of coal per year.*

*To decrease the amount of carbon dioxide in the atmosphere we have thought of a way to trap the carbon dioxide before it mixes in with our air.*

*If a filter is placed within a factory that burns coal, it will separate the carbon dioxide from the other gases before it gets released into the atmosphere. We will then combine the carbon from the carbon dioxide with organic waste. This mixture will then be compressed and heated with other chemicals and be pumped back into the earth.*

*By following these steps we are not only decreasing the amount of carbon dioxide in the atmosphere but also restoring carbon into the Earth to create more coal. We have created a renewable cycle that will improve the quality of the atmosphere and restore the necessary minerals in the soil to survive."*

Mudgee High wishes them luck in the next round of the competition!



# Year 12 sign-out procedures 2021

**Date:** 12 and 19 November

**Time:** 10.00am to 12 noon

Follow the steps below:

- Pay any school subject fees that remain outstanding at the front office. The sign-out cannot be completed if contributions remain unpaid. Student Assistance is available where students have difficulty meeting their financial obligations. **Please apply prior to this date.**
- Collect a personalised, pre-printed leaver's form from the front office.
- Return all textbooks, library books and other school property to faculties. Some textbooks and resources may have already been returned and the partially completed leavers form will be held by the office.
- Return the completed leavers form to the office.

HSC assessment ranks can be obtained by visiting the Students Online page of the NSW Education Standards (NESA) site [www.educationstandards.nsw.edu.au](http://www.educationstandards.nsw.edu.au) from 2 December. **You will need to use your student number and the PIN number issued to you in a letter sent from NESA.** If you have any questions about your rankings or if you believe any are incorrect, an appeal must be lodged with Mr Rosolen by **9 November**.

All students who have paid the \$50 textbook deposit, returned all texts, paid all subject fees and completed an "Application for Year 12 book deposit refund 2021" form by **12 November**, will receive a refund into their nominated bank account (form available on next page).

Note: These deposits are processed by DoE State Office.





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## Application for Year 12 book deposit refund 2021

Students who are eligible for a book deposit refund need to complete the form below and return it to the office on sign out day **Wednesday 12 and 19 November 2021**.

Eligible students must have paid their book deposit, returned all textbooks, resources including library books and a completed leaver's form.

Please ensure that bank details are **clearly written** to ensure that the money is refunded back into the correct bank account. This form **must** be signed by your Parent/Carer. Book deposits will be credited to the nominated bank account below after sign-out day.

**Student name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Account name:** \_\_\_\_\_

**Bank:** \_\_\_\_\_

**Branch:** \_\_\_\_\_

**BSB:** \_\_\_\_\_

**Account number:** \_\_\_\_\_

**Parent/Caregiver signature:** \_\_\_\_\_

**Office use only**

Checked off eligibility list:

Date processed: \_\_\_\_\_

Name of officer: \_\_\_\_\_

## Advertisements

### Canteen – Price List as at 13 July 2021

#### Hot Food

Chicken and corn roll	2.50
Pizza rounds	3.50
Beef traveller pie	4.50
Potato pie	5.00
Beef and gravy roll	5.50
Hot dog	4.00
Hot dog with cheese	4.50
Beef pie (gluten free) order only	5.00
Mayonnaise/sauce portions	0.40

#### Rolls and Sandwiches

**Can be made on gluten free rolls by request – order only.**

Ham and salad	6.00
Egg and salad	6.00
Cheese and salad	6.00
Chicken, mayo and shallots	6.00
Chicken Caesar	6.00
Sweet chilli chicken and avocado	6.00

#### Snack Food

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Blueberry Muffin	1.50
Watermelon tubs	3.00
Trail mix pots	3.00
Fruit salad	5.00
Seasonal fruit	1.00

#### Milk and Dairy

300ml Big M flavoured milk	3.00
500ml Dairy Farmer's Classic flavoured milk	4.50
600ml plain milk	2.50
500ml Dare flavoured milk	4.50
375ml Nippy's flavoured milk	3.50
Yoghurt – thick and creamy	3.00

#### Cold Drinks

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.00
Assorted juice	3.50
Berri Pop Tops	2.00
375ml Coke No Sugar	2.50
375ml Sprite No Sugar	2.50

#### Ice Creams

Paddle Pop (chocolate, banana, rainbow)	1.60
Twisted frozen yoghurt (choc/van, Straw/van, mango/watermelon)	2.50
Quelch Icy Tubes	0.60

#### Salad of the Day

**Availability varies day-to-day**

Curried chicken potato salad	7.50
Mexican chicken and guacamole salad	7.50
Greek salad	6.00
Pasta salad	6.00
Sushi	5.00
Fresh fruit salad	5.00
Garden salad	6.00
Chicken Caesar salad	6.00
Buddha bowl	7.50

**Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.**

#### Everyday Daily Specials

##### Monday

Sweet chilli wrap (order only)	5.00
Garlic bread	2.00

##### Tuesday

Pizza sub	2.50
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##### Wednesday

Oven baked spiced potato wedges	3.00
Sour cream/Sweet chilli sauce	0.50

##### Thursday

Chicken burger (gluten free available – order only)	4.50
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##### Friday

Pasta Carbonara (order only)	6.00
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**Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.**

#### Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Curries – Sliders





Put your hands up and  
**SHARE THE *Dignity***  
**THIS AUGUST**

**Access to sanitary items  
is a RIGHT, not a privilege.**

Your donations of sanitary products will provide women, girls and transgender people who are in crisis or homeless, with pads and tampons to allow them a sense of dignity at a time when they need it most.

**Donate**

at

**Woolworths**



SHARE THE *Dignity*

All enquiries to: Joy Shawe 0408 255 334

Ensuring that everyone is afforded the dignity  
in life that many of us take for granted.

[www.sharethedignity.com.au](http://www.sharethedignity.com.au)

[@sharingdignity](https://www.instagram.com/sharingdignity)

[/sharethedignity](https://www.facebook.com/sharethedignity)

[/sharethedignityaustralia](https://www.youtube.com/channel/UC...)

# Casual Pool Attendants required

Mid-Western Regional Council are currently advertising for Casual Pool Attendants in Mudgee and Gulgong.

Please find below a link to the vacancies and how to apply.

<http://www.midwestern.nsw.gov.au/council/employment>

Council have coordinated with Royal Life Saving to have a complete Lifeguard course held at the Mudgee Pool on 15, 16 and 17 October to assist those applicants interested in applying to obtain this essential qualification.

A Compulsory Information Meeting (of approximately one hour) will take place after the closing date of this campaign.

Melanie Nelson  
Human Resources Officer

t 02 6378 2824 | m 0429 155 623 | f 02 6378 2815

e [melanie.nelson@midwestern.nsw.gov.au](mailto:melanie.nelson@midwestern.nsw.gov.au)

a 88 Market Street | PO Box 156 Mudgee NSW 2850

w [www.midwestern.nsw.gov.au](http://www.midwestern.nsw.gov.au)



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AUSTRALIAN VETERANS'  
CHILDREN ASSISTANCE TRUST

# AVCAT Scholarships

Tertiary scholarships for the children  
and grandchildren of Australian  
ex-serving veterans

Up to \$4000 per year, for three years

Check your eligibility at [avcat.org.au](http://avcat.org.au)

Apply online August 18 - October 31  
[avcat.org.au](http://avcat.org.au)



**REDUCE YOUR LOG BOOK BY 20 HOURS  
WITH PCYC NSW  
PCYC IS AN ACCREDITED PROVIDER  
OF THE TRANSPORT FOR NSW SAFER DRIVERS COURSE.**



**THE SAFER DRIVERS COURSE INVOLVES TWO MODULES**



#### **MODULE ONE:**

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



#### **MODULE TWO:**

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE  
WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

**\$140**

**NEXT COURSE DATE:** Module 1 – Saturday 31<sup>st</sup> July from 10am to 1:00pm  
Module 2 – Saturday 31<sup>st</sup> July from 1:30pm to 3:30pm or 3:30pm to 5:30pm  
Monday 2<sup>nd</sup> August from 4pm to 6pm

Book online TODAY at [pcycdrivereducation.org.au](http://pcycdrivereducation.org.au)



# creative KIDS

## Claim your \$100 voucher today.

Parents, guardians and carers can apply for a voucher with a value of up to \$100 per calendar year for each school-enrolled child and young person aged 4.5-18 years.

The voucher may be used with an approved Creative Kids provider for registration, participation and tuition costs for performing arts, visual arts, coding, languages, literature, music and other eligible creative and cultural activities.

Vouchers are valid from **January until December** each year.

## HOW TO CLAIM YOUR VOUCHER

1



Visit [service.nsw.gov.au](http://service.nsw.gov.au) and login to your MyServiceNSW Account

2



Click on the Creative Kids icon found in your **SERVICE** tab

3



Fill out the requested information (you will need your current Medicare card)

4



Print a copy of the voucher or email it to yourself\*

## HOW TO USE YOUR VOUCHER

1



Find a provider by visiting our website: [service.nsw.gov.au/creativekids](http://service.nsw.gov.au/creativekids)

2



Once you have chosen an activity give the voucher number to your activity provider when you book.

- Vouchers can always be found in your MyServiceNSW account by looking in the My Applications tab
- Visit [service.nsw.gov.au/creativekids](http://service.nsw.gov.au/creativekids) for terms and conditions and FAQs



# CLAIM TWO \$100 ACTIVE KIDS VOUCHERS



All NSW school-enrolled children are eligible for **two \$100 Active Kids vouchers** each year. The vouchers can be used with any approved Active Kids provider, to help cover costs towards registration or membership fees for sport and active recreation. **Voucher one is valid January to December** and **voucher two is valid July to December**. After 1 July, the second voucher can be claimed immediately after the first voucher.

## HOW TO CLAIM YOUR VOUCHERS



Active Kids

Mary Sm|



- 1 Visit [service.nsw.gov.au](http://service.nsw.gov.au) and login to your MyServiceNSW Account
- 2 Click on the Active Kids icon found in your SERVICE tab
- 3 Fill out the requested information (you will need your current Medicare card)
- 4 Print a copy of each voucher or email it to yourself

Visit [sport.nsw.gov.au/activekids](http://sport.nsw.gov.au/activekids) for terms & conditions and FAQs

## HOW TO USE YOUR VOUCHERS

- 1 Find a provider by visiting our website: [sport.nsw.gov.au/activekids](http://sport.nsw.gov.au/activekids)
- 2 Once you have chosen an activity give the voucher number to your activity provider, or log onto your provider's website and enter the voucher number

\*Vouchers can always be found in your MyServiceNSW account by looking in the My Applications tab



# CLEANERS REQUIRED

Joss Facility Management are looking for cleaning staff to work at local Government sites across regional NSW.

PPE, Training and Uniforms provided.

Applicants need to provide a valid Working With Children Check upon application and successful applicants will be required to undertake a pre-employment medical prior to commencement.

Please contact Joss Facility Management via email on [careers@jossgroup.com.au](mailto:careers@jossgroup.com.au)



Check us out on Facebook [Joss Cleaning](#)

or visit our webpage  
[www.jossgroup.com.au](http://www.jossgroup.com.au)



## Sponsorship

**Mudgee High School - LINK Program**

**Proudly supported by**

**GLENCORE**

**Ulan Coal Mine**