

MHS Newsletter

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Monday
27 April
Week 1 Term 2
2020

Principal's Message

Welcome back!

Perhaps not physically, but welcome back nonetheless.

During the school break, the NSW Department of Education asked all of its school leadership teams to plan a phased return to fulltime, normal schooling. This request was the outcome of state-wide success in flattening the COVID-19 infection curve. This phased return will only be possible while infection rates continue to decline, a situation made possible by a community recognition of the real need to social distance and practice good personal hygiene.

Since March 24, we have been in Phase 0.

In Phase 0, online teaching and learning with provision for the supply of learning packages for those students for whom online learning is not an option has been the way education has been delivered by your school.

The school has also remained open for the children of essential service workers. These students have undertaken their work online just as home isolated students have, so as to ensure equity of delivery.

Phase 0 will continue until Friday 8 May.

From 11 May, the plan at this stage is to move to the next phase. This state-wide movement will only be possible if COVID-19 infection rates show no increase.

Phase 1

In Phase 1, students will continue to learn online but will be permitted to come to school one day each week. The thinking behind this staggered return is that it puts schools in a better position to provide social distancing. It also recognises that schools are not fully staffed at present as a significant proportion of teachers and other staff members meet the Australian Health Protection Principal Committee (AHPPC) vulnerable people criteria. This criteria identifies those people at greater risk of more serious illness if they are infected with COVID-19.

An alphabetical return of students was considered so as to keep family groups together where possible, but ultimately the model that made the most student wellbeing sense for the greatest number of students was to have Year groups come back as one. The recurring message from so many of our students has been their desire to see their peers again; to be back with their friends. That wish is what this model best delivers.

In Phase 1, school attendance will look like this:

- Year 11 is invited to attend on Mondays (beginning 11 May)
- Year 10 is invited to attend on Tuesdays
- Year 9 is invited to attend on Wednesdays
- Year 8 is invited to attend on Thursdays
- Year 7 is invited to attend on Fridays.

When making the decision to accept this invitation on behalf of your children, be aware of the following advice from AHPPC:

Parents and carers of children and young people with complex medical

*A Member of the
Cudgegong Learning
Community*

PLEASE SEE OUR WEBSITE
FOR THE COMPLETE
CALENDAR OF EVENTS



COMING EVENTS

- Phase 1 students return 1 day a week beginning Monday 11 May

THIS ISSUE

- Principal's Message
- Writing Friday
- Australian Share Market News
- PDHPE News
- Advertisements
- Sponsorship

needs are encouraged to seek medical advice from their health practitioner to support informed risk assessment and decision-making regarding the suitability of on-site education for their child.

The attendance model for Years 7-11 outlined above will continue until the state progresses to Phase 2 when more face-to-face learning opportunities will be rolled out. Of course, if there is an outbreak of COVID-19 we may be compelled to retreat to Phase 0.

Year 12 is our smallest cohort, numbering just 99 students. Our Year 12 students also have fewer than twenty school weeks left before the HSC Examinations begin. For these reasons, Year 12 will return to Mudgee High full time from 11 May.

Students in the Support Unit will be returned by class groups. Given that our Support Unit students are among some of our most vulnerable students, class-based returns of what are vertically-streamed groups makes the greatest well-being sense. The students involved will come back with the people with whom they are the most familiar, reducing the potential for individual anxiety.

It was the Prussian Field Marshal Graf von Moltke who said: "No battle plan ever survives contact with the enemy." The plans outlined in this message should not be seen as set in stone. It is only reasonable to expect that in these dynamic and unpredictable times that new and changed demands will be made of the school's staff. Changing circumstances and changed directives from above impact all of us at school, students included. The new normal is anything but normal, however, we will push on together.

We will be guided by and continue to do what is in the best interests of the young people in our care.

Until next week...

Wayne Eade
Principal

ANZAC Day

How surreal to have an ANZAC Day pass without the collective dawn service, the march and the whole town coming to a standstill. Although not without precedence. ANZAC Day commemorations were severely curtailed in 1942 after the government prohibited large scale public gatherings in case of a Japanese attack... but then how many of us remember 1942?

This week just passed marked the 105th anniversary of the Gallipoli landings. Our school captains, mindful of the bans on large gatherings as well as the need for social distancing, decided not to let the day pass without some modest level of ceremony.

On that day when traditionally the nation honours the efforts of all men and women who have served or who currently serve in our armed forces, Ned Dickson and Ella Werth, representing all of Mudgee High, waited for a quiet moment to lay their wreath at the Fallen Soldiers' Memorial in Robertson Park.

On that day that is set aside to respect and honour service and sacrifice, they were attentive and respectful, and we are as always proud to call them ours.



MUDGEES HIGH SCHOOL P&C

Next meeting to be advised.

Writing Friday



Lest we forget

Our lives have changed a great deal recently, but some things are still important.

Write an informative article about how people can still come together mentally and emotionally, whilst remaining physically apart. You should:

- Write using inclusive first person (i.e. we, us, our)
- Use facts or real-life evidence
- Write in the style of an article or news report
- include the words *routine*, *collaborate* and *essence*

An article by Adella Beaini from the Daily Telegraph can be used as an example. You can read the original at

<https://www.dailytelegraph.com.au/coronavirus/anzac-day-2020-schoolboy-benjamin-su-to-sound-the-last-post-from-the-end-of-his-street/news-story/1b80817f44d266c3864f553960c5d787>



Australian Share Market Game

Top 10 results this week at Mudgee High School

Students need to activate their enrolment in the game by making at least four transactions if they wish to qualify for the potential prize pool.

As at 7 April 2020, 2:38pm, our school's top ten were:

School Rank	Student name	Portfolio Value	Profit/Loss
1	Jed Hayes	58321.01	8321.01
2	John Wiseman	55700.77	5700.77
3	Mitchell Bartlett	55307.46	5307.46
4	Tristan Van Reason	51468.47	1468.47
5	Henry Boxsell	50949.18	949.18
6	Benjamin Jeeves	50785.86	785.86
7	Maggie Virgona	50189.14	189.14
8	Ethan Blamire	50176.76	176.76
9	Tina Luo	49941.85	-58.15
10	Daniel Kubowicz	49852.2	-147.8

As at 9 April 2020, 12:00pm, our school's top ten were:

School Rank	Student name	Portfolio Value	Profit/Loss
1	Jed Hayes	65113.045	15113.045
2	John Wiseman	55234.47	5234.47
3	Mitchell Bartlett	54740.96	4740.96
4	Henry Boxsell	50962.86	962.86
5	Benjamin Jeeves	50351.46	351.46
6	Tristan Van Reason	50279.56	279.56
7	Reuben Mills	50124	124
8	Maggie Virgona	50076.64	76.64
9	Lachlan Burke	49906.36	-93.64
10	Charli Marshall	49880.94	-119.06



PDHPE News

Welcome to Term 2. It might be a very different looking term ahead, without the usual big events of the athletics carnival, cross country and our usual classes. However, like all teachers across the state and school, the PDHPE teachers have been working hard to deliver continuity of education for our students.

We know that students' health and wellbeing are vital and we strongly encourage all students to establish a routine that has physical activity and movement opportunities every day, while observing appropriate social distancing guidelines.

This term, students will be able to access ideas for movement through our site's page or an alternative booklet with a choice of ideas and activities. These will be discussed by classroom teachers.

Included in the newsletter is a summary table of all students' class codes for Term 2 and the topics they will be studying via Google Classroom. It is important to note that Years 7 to 10 will be moving into **individual Google Classrooms** and that the whole Year groups that were used at the end of Term 1 will be discontinued. Teachers have invited their students to their respective classes. Students should ensure that they accept the invite and engage with the set work. This should allow the class teacher to follow up questions and check in with their students much more easily. Students are encouraged to ask their teachers if they have any questions about their work. Likewise, for those students who have required hardcopies of work at the end of last term, this will continue and the first few weeks is ready for collection. Please make arrangements for collection via the front office and allow sufficient time for this request to be processed.

PDHPE classes Term 2

Year 7

Year /Class	Teacher	Theory Topic	PE and sport activities	Classroom Code
7B	Mr Dal Forno	Nutrition	Selection of activities from Google sites page or booklet	yylknlf
7C	Mrs Kurtz			5nfei3n
7G	Miss Smith			cqesfqw
7M	Miss Shearman			sqr6zpx
7T	Mrs Gallen			r3mo55o
7W	Miss Shearman			rqd3dtz

Year 8

Year /Class	Teacher	Theory Topic	PE and sport activities	Classroom Code
08PDH1	Mrs Kurtz/Miss Shearman	Fitness	Selection of activities from Google sites page or booklet	pt57ycv
08PDH2	Miss McCann			bb5amuz
08PDH3	Mrs Gallen			ocih25c
08PDH4	Mr Dal Forno			heiu5lc
08PDH5	Miss Smith			45luxyr
08PDH6	Mr Dal Forno			kihsqie
08PDH7	Mrs Gallen			hdbgx5u

Year 9

Year /Class	Teacher	Theory Topic	PE and sport activities	Classroom Code
09PDH1	Mrs Gallen	Risky Business	Selection of activities from Google sites page or booklet	2edx3aw
09PDH2	Miss McCann			typcgv5
09PDH3	Miss Smith			ua6jgj4
09PDH4	Mr Dal Forno			p523mpc
09PDH5	Mrs Kurtz/ Mrs Burke			3mmeff
09PDH6	Mrs Lang			jbnduqb

Year 10

Year /Class	Teacher	Theory Topic	PE and sport activities	Classroom Code
10PDH1	Miss Smith	RESPECT (W1-2)	Selection of activities from Google sites page or booklet	54jvesf
10PDH2	Miss Shearman	Health care access(W3-6)		sekzp30
10PDH3	Mrs Kurtz	Lifelong Physical Activity (W7-10)		ssv543y
10PDH4	Mrs Gallen			r6zdpur
10PDH5	Mr Dal Forno			jnrhzy6
10PDH6				
PASS	Mr Dal Forno	Body Systems (W1 - 6)	As per 10PDHPE	bbd75t2

Years 11 and 12

Year /class	Teacher	Topic	Assessment tasks due	Classroom Code
Year 11 PDHPE	Miss Smith			3kp6pul
Year 11 SLR	Miss Shearman	Fitness	The Health of Young People	piy5k5a
Year 12 PDHPE	Miss McCann	Core 1 Health Priorities in Australia Option: Improving Performance	Core 1:Week 5	q63jfhd

Advertisements

Mudgee High School Canteen – Price List 2020

Hot Food

Chicken and corn roll	2.00
Pizza rounds	3.00
Beef traveller pie	4.00
Curry chicken pie	4.50
Potato pie	4.50
Beef and gravy roll	5.00
Hot dog	3.50
Hot dog with cheese	4.00
Beef pie (gluten free) order only	4.50
Mayonnaise/sauce portions	0.30

Rolls and Sandwiches

Can be made on gluten free rolls by request – order only.

Ham and salad	5.00
Egg and salad	5.00
Cheese and salad	5.00
Chicken, mayo and shallots	5.00
Chicken Caesar	5.00
Sweet chilli chicken and avocado	5.00
Salami, cheese and tomato	5.00

Snack Food

Red Rock Deli chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Choc Chip Muffin	1.50
Pear and raspberry bread	2.00
Blueberry Muffin	1.50
Watermelon tubs	2.50
Trail mix pots	2.50
Seasonal fruit	1.00

Milk and Dairy

300ml Big M flavoured milk	2.50
500ml Dairy Farmer's Classic flavoured milk	4.00
600ml plain milk	2.00
500ml Dare flavoured milk	4.00
375ml Nippy's flavoured milk	3.50
Yoghurt – thick and creamy	2.50

Cold Drinks

750ml Cool Ridge Spring Water	4.00
600ml Spring water	2.00
Assorted juice	3.50
600ml G2Gatorade (Citrus Blast or Raspberry)	4.00
600ml Pepsi Max	4.00
375ml Coke No Sugar	2.50
375ml Sprite No Sugar	2.50
500ml Chilli Aqua flavoured mineral water (no sugar)	4.00

Ice Creams

Paddle Pop (chocolate, banana, rainbow)	1.60
Bulla frozen yoghurt (mango, strawberry)	2.50
Twisted frozen yoghurt (choc/van, Straw/van, mango/watermelon)	2.50
Lemonade Twist	1.20
Quelch Icy Tubes	0.60
Mini Callipos	2.00

Salad of the Day

Availability varies day-to-day

Curried chicken potato salad	7.50
Mexican chicken and guacamole salad	7.50
Greek salad	6.00
Pasta salad	6.00
Sushi	5.00
Fresh fruit salad	5.00
Garden salad	6.00
Chicken Caesar salad	6.00
Buddha bowl	7.50

Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.

Everyday Daily Specials

Monday

Sweet chilli wrap (order only)	5.00
Garlic bread	2.00

Tuesday

Pizza sub	2.50
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Wednesday

Oven baked spiced potato wedges	2.50
Sour cream/Sweet chilli sauce	0.50

Thursday

Chicken burger (gluten free available – order only)	4.00
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Friday

Thai chicken roll/bowl (order only)	6.00
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Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Turkish melts – Curries – Sliders

FOR
12-25 YEAR OLDS

Youth Week

Hot Topic

Writing Competition

SHARE YOUR OPINION

Get writing for Youth Week(s) 2020 and share your opinion on a 'hot topic' affecting youth.

Young people aged 12-25 are invited to write a 300-700 word opinion piece on one of the following topics: Mental Health; Employment; Social Media; or The Environment.

Two entry Categories: 12-16 years; and 17-25 years

Not sure how to write an opinion piece? Visit our Youth Week webpage for some tips and hints on how to make your piece stand out to the judges: bit.ly/YouthWeeks2020

***Note: Submission deadline has been extended until Wednesday 20 May *.**

Email your entry with your full name, age, and postal address to:

sam.sbisa@midwestern.nsw.gov.au.

FIRST PRIZE (Category 1 and 2)	SECOND PRIZE (Category 1 and 2)	THIRD PRIZE (Category 1 and 2)
\$75 Mudgee Money Gift Card	\$50 Mudgee Money Gift Card	\$30 Mudgee Money Gift Card

Terms and Conditions: 1) All entries must be original work by the entrant. 2) Entrants must be aged 12 – 25, and live, study, or work in the Mid-Western Regional Council area. 3) Persons under the age of 18 should ask permission from their guardian before entering the competition. 4) Entries must be between 300-700 words in length. 5) Entrants can submit a maximum of one entry. 6) All entries must be submitted as a Word document. 7) Entries may be displayed publicly and/or used for publicity purposes. 8) Entrants likeness' may be used for publicity purposes. 9) Entries must be submitted via email and be suitable for display on Mid-Western Regional Youth Council and/or Mid-Western Regional Council's social media pages. 10) Suitability of entries for publication on social media will be at the discretion of Mid-Western Regional Council staff, and discussion will not be entered into. 11) Entries will be judged by a panel of at least three persons, comprising representatives from Mid-Western Regional Council. 12) The judging panel reserves the right not to award a prize if the entries are not deemed of a suitable standard. 13) Determination / awarding of prizes is final and no correspondence will be entered into. 14) Prize winners will be announced via Mid-Western Regional Youth Council's social media channels, and winners contacted privately via email – prize distribution may be delayed due to social distancing requirements. 15) Mid-Western Regional Youth Council will take all reasonable care with entries, but will not accept responsibility for any entries not received due to technological failure, damage, distortion, or similar that may occur to entries. 16) Council will endeavour to display all entries, but may not be able to do so due to display area restrictions. 17) Prizes not claimed by 31 December 2020 will be forfeited by the winner.
Privacy Policy: To read the privacy policy visit: midwestern.nsw.gov.au/Privacy-Statement

NYW
NSW YOUTH WEEK

Mid-Western
Youth Council



Show off your photography skills by creating a portrait of your family pet.

You can use a digital camera, a phone camera, or even a traditional film camera; but all entries need to be electronic. Please note, photos containing recognisable images of people will not be eligible for entry into the competition.

Email your entry (not exceeding 10MB) by 6 May 2020 with the title of the work, your full name, age, and postal address to: sam.sbisa@midwestern.nsw.gov.au.

FIRST PRIZE	SECOND PRIZE	THIRD PRIZE	PEOPLE'S CHOICE AWARD (voting closes 13 May 2020)
\$60 Mudgee Money Gift Card	\$50 Mudgee Money Gift Card	\$40 Mudgee Money Gift Card	\$60 Mudgee Money Gift Card

Terms and Conditions: 1) All entries must be original work by the entrant. 2) Entrants must be aged 12 – 25, and live, study, or work in the Mid-Western Regional Council area. 3) Persons under the age of 18 should ask permission from their guardian before entering the competition. 4) Entrants can submit a maximum of two entries. 5) All entries must have titles. 6) Entries may be displayed publicly and/or used for publicity purposes. 6) Entrants likeness' may be used for publicity purposes. 7) Entries must be submitted via email and be suitable for display on Mid-Western Regional Youth Council and/or Mid-Western Regional Council's social media pages. 8) Suitability of entries for publication on social media will be at the discretion of Mid-Western Regional Council staff, and discussion will not be entered into. 9) Entries will be judged by a panel of at least two persons, comprising at least one representative from Mid-Western Regional Council and an artist from the region. 10) The judging panel reserves the right not to award a prize if the entries are not deemed of a suitable standard. 11) The winner of the People's Choice Award will be by members of the public via a voting system on Facebook. 12) Winners of the People's Choice Award will be determined by the most 'likes' received per image/entry by 4:30pm on the date advertised. 13) Determination / awarding of prizes is final and no correspondence will be entered into. 14) Prize winners will be announced via Mid-Western Regional Youth Council's social media channels, and winners contacted privately via email – prize distribution may be delayed due to social distancing requirements. 15) Mid-Western Regional Youth Council will take all reasonable care with entries, but will not accept responsibility for any entries not received due to technological failure, damage, distortion, or similar that may occur to entries. 16) Council will endeavour to display all entries, but may not be able to do so due to display area restrictions. 17) Prizes not claimed by 31 December 2020 will be forfeited by the winner.

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Sponsorship

Mudgee High School - LINK Program

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