

MHS Newsletter

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Monday
18 May
Week 4 Term 2
2020

Principal's Message

Year 7 Returns

Year 7 – our youngest and newest Mudgee High student cohort – returned last Friday. What a remarkable beginning this year group has had to high school study, not least because the students in our Year 7 have proven to be some of the most well-settled and compliant young people we have ever had, but finding themselves in the midst of an international emergency.

On Friday, Year 7 experienced their first high school practice lockdown. It was followed by an evacuation.

Schools are obliged to conduct two practice lockdowns and two practice evacuations per year. Normally these occur in Terms 1 and 3; Term 1 to catch all of the new people and Term 3 any late enrolments. This year it had been slated for Week 9... and then along came COVID-19. Anyway, it happened at the end of last week. Our Year 7 students may not have herd immunity but they do now have enough herd corporate knowledge to do what is needed in a lockdown or evacuation situation.



Welcome back Amy Ioane (Year 7) and Ella Werth (Year 12)

Media Speculation

I may need to slip into my fuddy-duddy pants for this week's observation.

I'm old enough to remember cars without seatbelts, steam engines pulling regular trains and a time when posting a letter – an all but dead practice these days – required licking then fixing a stamp bearing the image of a much younger Queen Elizabeth II to the top right corner. I remember when the stamp cost just 5 cents.

I remember when the distance to home was measured in miles, when height was measured in feet and inches, when meat came by the pound and body weight was measured in stones.

*A Member of the
Cudgegong Learning
Community*

PLEASE SEE OUR WEBSITE
FOR THE COMPLETE
CALENDAR OF EVENTS



COMING EVENTS

Phase 1 continues 18-22 May:

- Year 12 back full time
- Year 11 - Monday
- Year 10 - Tuesday
- Year 9 - Wednesday
- Year 8 - Thursday
- Year 7 - Friday

Monday 25 May all students
return to school full time.

THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C and SRR Awards
- Writing Friday
- Year 8 History - Mummification Game
- Advertisements
- Sponsorship

I remember when Sydney boasted two newspapers in the morning; *The Telegraph* and *The Sydney Morning Herald*, and another two in the afternoon; *The Sun* and *The Mirror*.

I remember when James Dibble presented the news at 7pm each evening on our ABC.

I remember a time before the 24/7 news cycle, a time when journalists had time to digest what they were seeing and hearing before turning it into a story for the rest of us. There was a time when politicians and other public figures were afforded time to provide what were considered responses to situations of public interest.

I remember when news was news. When journalism was a reporting of the facts, not speculation, sound-bites and "Gotcha!" moments.

A great many news stories include 'could' in their opening lines.

"Mortgage repayment deferrals could cost thousands extra."

"Australia's overcrowded prisons could struggle to control coronavirus..."

"Trump could "cut off" China ties..."

"Eating more bacon could save the threatened Cudgegong River Blue Dolphin."

All real story lines – except the last one which was only thrown in to ensure you're still reading – and all chock-full of speculation.

Media reports over the weekend were wild with speculation about when schools will return to normal. While many used that firm favourite 'could,' allowing a lot of scope for 'could not,' several were more brazen and stated simply that schools will return on Monday 25 May.

I can confirm that this school will continue to implement a phased return to 'normal,' whatever that is in a world where there is still no vaccine for COVID-19, guided by the advice received from the NSW Department of Education, which in turn is guided by the NSW Department of Health. We are currently in Phase 1 which means:

- Year 12 – back every day
- Year 11 – back on Mondays – amended timetable
- Year 10 – back on Tuesdays – amended timetable
- Year 9 – back on Wednesdays – amended timetable
- Year 8 – back on Thursdays – amended timetable
- Year 7 – back on Fridays – amended timetable
- Children of essential service workers back when necessary, following the online work established by all of our teachers.

You can expect this model to remain in place until advice from the NSW Departments of Education and Health changes.

POST SCRIPT:

Following a press briefing, the ABC posted on Tuesday morning that Premier Berejiklian confirmed public schools will resume full time face-to-face teaching from Monday 25 May. For more information on the press briefing release, visit:

<https://mudgee-h.schools.nsw.gov.au/news/2020/5/nsw-students-return-to-the-classroom-full-time.html>

For information for families regarding students' full time return to school, visit:

<https://education.nsw.gov.au/covid-19/advice-for-families>

Until next week...

Wayne Eade
Principal

MUDGE HIGH SCHOOL P&C

Next meeting to be advised.

Week 3 Term 2 Awards

P&C Awards: Year 7 - Rachel Marshall; Year 8 - Cooper Hinton; Year 9 - Heidi Kenny;
Year 10 - Quaide Elvy; Year 11 - Jayden Mallinson; Year 12 - Callum Tyrrell

Writing Friday



Whilst many of us long to travel, sometimes the places we visit can be damaged by our love. Write an opinion piece which persuades people to stay at home and travel virtually instead. You should:

- Write in first person
- Use emotive language
- Use rhetorical questions
- Use evidence and facts to support your points



Year 8 History – Mummification Game

It was very refreshing to see Year 8 back at school for a day in Week 3. Year 8 has been studying Ancient Egypt in their History course and one of the topics covered by their online learning was death and funerary customs, specifically mummification.

To put their knowledge to the test, Year 8 had one period of History where they had to work in teams to play a game of 'rob the tomb', a modified version of the popular 'rob the nest' game.

In the game, students had to 'rob' 16 items needed for mummification and put the steps in the correct order to be determined the winners.

Their teamwork skills were highly impressive and it was a great way for their History teachers to spend time with their classes out in the glorious sunshine!



Advertisements

Mudgee High School Canteen – Price List 2020

Hot Food

| | |
|-----------------------------------|------|
| Chicken and corn roll | 2.00 |
| Pizza rounds | 3.00 |
| Beef traveller pie | 4.00 |
| Curry chicken pie | 4.50 |
| Potato pie | 4.50 |
| Beef and gravy roll | 5.00 |
| Hot dog | 3.50 |
| Hot dog with cheese | 4.00 |
| Beef pie (gluten free) order only | 4.50 |
| Mayonnaise/sauce portions | 0.30 |

Rolls and Sandwiches

Can be made on gluten free rolls by request – order only.

| | |
|----------------------------------|------|
| Ham and salad | 5.00 |
| Egg and salad | 5.00 |
| Cheese and salad | 5.00 |
| Chicken, mayo and shallots | 5.00 |
| Chicken Caesar | 5.00 |
| Sweet chilli chicken and avocado | 5.00 |
| Salami, cheese and tomato | 5.00 |

Snack Food

| | |
|--------------------------|------|
| Red Rock Deli chips | 1.50 |
| Grain Waves | 1.50 |
| Chip Roll | 2.70 |
| Choc Chip Muffin | 1.50 |
| Pear and raspberry bread | 2.00 |
| Blueberry Muffin | 1.50 |
| Watermelon tubs | 2.50 |
| Trail mix pots | 2.50 |
| Seasonal fruit | 1.00 |

Milk and Dairy

| | |
|---|------|
| 300ml Big M flavoured milk | 2.50 |
| 500ml Dairy Farmer's Classic flavoured milk | 4.00 |
| 600ml plain milk | 2.00 |
| 500ml Dare flavoured milk | 4.00 |
| 375ml Nippy's flavoured milk | 3.50 |
| Yoghurt – thick and creamy | 2.50 |

Cold Drinks

| | |
|--|------|
| 750ml Cool Ridge Spring Water | 4.00 |
| 600ml Spring water | 2.00 |
| Assorted juice | 3.50 |
| 600ml G2Gatorade (Citrus Blast or Raspberry) | 4.00 |
| 600ml Pepsi Max | 4.00 |
| 375ml Coke No Sugar | 2.50 |
| 375ml Sprite No Sugar | 2.50 |
| 500ml Chilli Aqua flavoured mineral water (no sugar) | 4.00 |

Ice Creams

| | |
|--|------|
| Paddle Pop (chocolate, banana, rainbow) | 1.60 |
| Bulla frozen yoghurt (mango, strawberry) | 2.50 |
| Twisted frozen yoghurt (choc/van, Straw/van, mango/watermelon) | 2.50 |
| Lemonade Twist | 1.20 |
| Quelch Icy Tubes | 0.60 |
| Mini Callipos | 2.00 |

Salad of the Day

Availability varies day-to-day

| | |
|-------------------------------------|------|
| Curried chicken potato salad | 7.50 |
| Mexican chicken and guacamole salad | 7.50 |
| Greek salad | 6.00 |
| Pasta salad | 6.00 |
| Sushi | 5.00 |
| Fresh fruit salad | 5.00 |
| Garden salad | 6.00 |
| Chicken Caesar salad | 6.00 |
| Buddha bowl | 7.50 |

Nuts may be used in salads. If you have an allergy, check with canteen staff before ordering.

Everyday Daily Specials

Monday

| | |
|--------------------------------|------|
| Sweet chilli wrap (order only) | 5.00 |
| Garlic bread | 2.00 |

Tuesday

| | |
|-----------|------|
| Pizza sub | 2.50 |
|-----------|------|

Wednesday

| | |
|---------------------------------|------|
| Oven baked spiced potato wedges | 2.50 |
| Sour cream/Sweet chilli sauce | 0.50 |

Thursday

| | |
|---|------|
| Chicken burger (gluten free available – order only) | 4.00 |
|---|------|

Friday

| | |
|-------------------------------------|------|
| Thai chicken roll/bowl (order only) | 6.00 |
|-------------------------------------|------|

Nuts may be used in some specials. If you have an allergy, check with canteen staff before ordering.

Changing Daily Specials

Check our daily menu board or student notices for other specials which may include:

Soup – Pasta – Focaccia – Turkish melts – Curries – Sliders



UNSWfromhome Conversation Series - Growing Up Digitally – A Guide for Parents

With approximately 85% of Australian children currently learning remotely, the impact of children's significant access to digital technologies is a key concern for both parents and educators. What does the research tell us, and how can we best educate our children from home?

Join [Dr Amy Graham](#), a Gonski Institute for Education Research Fellow, in an online conversation as she explains the findings of the [Growing Up Digital Australia](#) report and provides practical advice to establishing healthy digital habits for our children.

When: Thursday, 28 May 2020

Time: 12.00 pm - 1.00 pm

To find out more and register, click here



About Heywire

For 22 years ABC Heywire has given young people in regional Australia a platform to tell their story, their way. Each year participants of the ABC Heywire Regional Youth Summit discuss how to make life better for young people in regional Australia.

Heywire is supported by the Australian Government through the Department of Health; the Department for Infrastructure, Transport, Regional Development and Communications; the Department of Agriculture, Water and the Environment; the Department of Social Services and AgriFutures Australia.

The Foundation for Rural and Regional Renewal and their donor partners support the FRRR ABC Heywire Youth Innovation Grants.

How do we make life better for young people living in regional Australia?

In February, 37 young people from regional, rural and remote Australia gathered to discuss this question at the 2020 ABC Heywire Regional Youth Summit. Together, they developed six brilliant ideas from disability support to climate action – aimed at improving the lives of young Australians.

Check out the ideas here:

[2020 FRRR ABC Heywire Youth Innovation Grants Booklet](#)

ABC Heywire partners with the [Foundation for Rural and Regional Renewal](#) (FRRR) to offer \$100,000 in seed funding annually to help at least ten community organisations make these innovative ideas a reality.

How you can help!

We would appreciate you sharing this information with community organisations, NGOs and passionate young people in your networks. If you think one of the ideas could spark positive change in your community, apply for up to \$10,000 to make it happen. Access the online application portal and find out more at: abc.net.au/heywire/grants



Get writing for Youth Week(s) 2020 and share your opinion on a 'hot topic' affecting youth.

Young people aged 12-25 are invited to write a 300-700 word opinion piece on one of the following topics: Mental Health; Employment; Social Media; or The Environment.

Two entry Categories: 12-16 years; and 17-25 years

Not sure how to write an opinion piece? Visit our Youth Week webpage for some tips and hints on how to make your piece stand out to the judges: bit.ly/YouthWeeks2020

***Note: Submission deadline has been extended until Wednesday 20 May *.**

Email your entry with your full name, age, and postal address to:
sam.sbsia@midwestern.nsw.gov.au.

| FIRST PRIZE (Category 1 and 2) | SECOND PRIZE (Category 1 and 2) | THIRD PRIZE (Category 1 and 2) |
|---------------------------------------|---------------------------------------|---------------------------------------|
| \$75 Mudgee Money Gift Card | \$50 Mudgee Money Gift Card | \$30 Mudgee Money Gift Card |

Terms and Conditions: 1) All entries must be original work by the entrant. 2) Entrants must be aged 12 – 25, and live, study, or work in the Mid-Western Regional Council area. 3) Persons under the age of 18 should ask permission from their guardian before entering the competition. 4) Entries must be between 300-700 words in length. 5) Entrants can submit a maximum of one entry. 6) All entries must be submitted as a Word document. 7) Entries may be displayed publicly and/or used for publicity purposes. 8) Entrants likeness' may be used for publicity purposes. 9) Entries must be submitted via email and be suitable for display on Mid-Western Regional Youth Council and/or Mid-Western Regional Council's social media pages. 10) Suitability of entries for publication on social media will be at the discretion of Mid-Western Regional Council staff, and discussion will not be entered into. 11) Entries will be judged by a panel of at least three persons, comprising representatives from Mid-Western Regional Council. 12) The judging panel reserves the right not to award a prize if the entries are not deemed of a suitable standard. 13) Determination / awarding of prizes is final and no correspondence will be entered into. 14) Prize winners will be announced via Mid-Western Regional Youth Council's social media channels, and winners contacted privately via email – prize distribution may be delayed due to social distancing requirements. 15) Mid-Western Regional Youth Council will take all reasonable care with entries, but will not accept responsibility for any entries not received due to technological failure, damage, distortion, or similar that may occur to entries. 16) Council will endeavour to display all entries, but may not be able to do so due to display area restrictions. 17) Prizes not claimed by 31 December 2020 will be forfeited by the winner.
Privacy Policy: To read the privacy policy visit: midwestern.nsw.gov.au/Privacy-Statement



Sponsorship

Mudgee High School - LINK Program

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