MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850 ABN: 18 246 198 266 Telephone: (02) 6372 1533 Facsimile: 6372 6321

Website: www.mudgee-h.schools.nsw.edu.au
Email: mudgee-h.school@det.nsw.edu.au
https://www.facebook.com/mudgeehighschool/



Monday 24 February Week 5 Term 1 2020

Principal's Message

Communication

If you are reading this newsletter, thank you. You have tapped into just one of the platforms through which Mudgee High gets out at least some of our message. That message, of course, is the many good things that happen in this place.

I read recently a piece that examined the ways in which government-sponsored exclusive schools – private schools – market themselves. The focus of their work is centred on cultivating ties with new families, drawing them into their school communities, encouraging them to enrol. That makes sense. Those federal dollars rolling in are determined by enrolments. A missing communication element identified in the piece was what those same schools do for their existing families.

We live in a world populated by people who increasingly expect that news and information will be at their fingertips twenty-four hours a day. Savvy types in the media industry argue that millennials, that generation whose children are now entering school, not only expect but demand almost instant communication. As both individuals and as parents, they are more connected than before, and place high expectations on businesses – and schools have become just one more enterprise with whom they transact business – to keep them well informed.

In that same piece, Altitude Business Group, a business that services other businesses to make them more effective, found this:

- 80% of customers expect a response to their social media post within 24 hours.
- 31% of customers expect a reply to an email within one hour.
- 3 in every 5 customers will contact businesses through their mobile phone.

At this end, we know it too.

If we have cause to call an ambulance because your child has grown ill, it is reasonable to expect that we will notify you if not immediately then as soon as practicable.

If you wish to raise an issue with us, it is fair to expect to be either put through to someone best placed to help or given a reasonable timeframe as to when you can expect your call to be returned.

We have had a social media presence for several years now, via Facebook. We also respond to requests for information left on this page, often within twenty-four hours but many times in a much shorter time period, even outside business hours.

We have a website that is constantly monitored so as to ensure it is up to date in the information it provides.

We acknowledge and celebrate the special events and regular activities that occur at school in our weekly newsletter. The newsletter is pushed out via email, published on our website and linked through our Facebook page.

We expect the relationships your children build with the school to be positive, fruitful ones. We want the relationships we build with you, our parents and carers, as well as the wider Mudgee community, to be as equally positive and fruitful.

A Member of the Cudgegong Learning Community

PLEASE SEE OUR WEBSITE FOR THE COMPLETE CALENDAR OF EVENTS



COMING EVENTS

- 11 March Aboriginal Welcome Barbecue - 5pm start
- 23 March 2020 P&C meeting

THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C and SRR Awards
- Writing Friday
- Mathematics News
- Mudgee High is an aerosolfree school
- OnSTAGE
- Anti-Bullying Alliance Update
- Compulsory School Attendance
- NSW school vaccination program
- Advertisements
- Sponsorship

If you do have feedback on how your communication experience with the school could be improved, please feel free to contact us. You should also feel free to contact us when you have had a positive experience. On this last point, a particular enrolment from interstate stood out for me. The carer involved said that the people with whom she had spoken regarding to what school she should send her child in Mudgee had, "sung the praises of the high school." Word of mouth can be a powerful ally and certainly was in this case. So too our media presence. It is good to know that what we as educators think is a pretty good place translates too in the same way into much of the wider community.

Until next week...

Wayne Eade Principal



Year 11's Annabel Staples tapping on - Yondr is here.



MUDGEE HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday 23 March 2020 at 7pm in the school library.

Entry via Horatio Street.

All welcome.

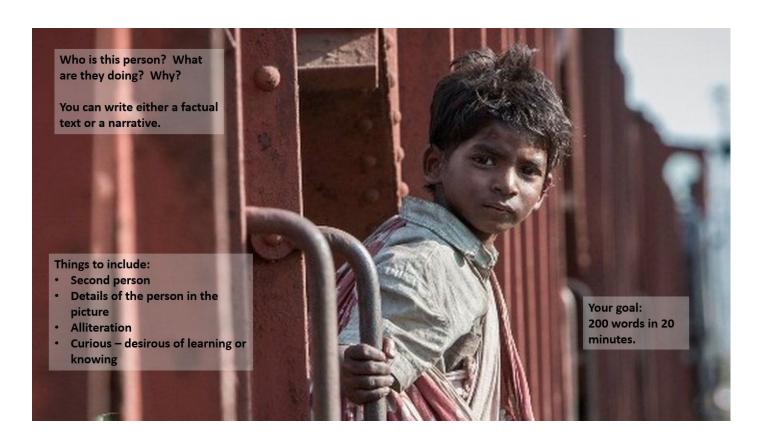
Week 4 Term 1 Awards

P&C Awards: Year 7 - Chelsea Mottershead; Year 8 - Max Dowdy; Year 9 - Samuel Evans;

Year 10 - Brodie Sargeant; Year 11 - Zac Halliday; Year 12 - Rocco Carbone

SRR Award: Blake Dwyer

Writing Friday





Mathematics Faculty News

The Mathematics faculty would like to welcome all students back to school.

A reminder that students are required to bring the correct equipment to each and every Mathematics lesson. Workbooks, textbooks, calculator, geometric set (when required) and writing equipment, including a 30cm rule are all essential items when taking part in a Mathematics lesson. Without the required equipment, students may find it difficult to fully participate in the learning opportunities available. HSC approved calculators which have been chosen to best meet the needs of students for their high school years are available for purchase at the front office at a competitive price of \$23.60

It is a busy time for our senior students. Year 12 students studying Standard 1 and Standard 2 Mathematics commenced study on the new syllabuses last year and will continue with this new course to complete HSC requirements this year. All Year 11 students, including those at the Advanced and Extension levels, are studying courses based on the new syllabuses.

Monday afternoon tutoring will again run this year. This additional support, provided by teachers in the Mathematics faculty for all students Years 7 to 12, starts straight after school and students can work until 4.30pm. If students wish to attend, they are encouraged to come up to the classrooms near the Mathematics Staffroom with some work and/or questions to work on with the teachers.

2020 sees more challenging classroom activities in Year 7 with the introduction of a Gifted and Talented program made available to all classes. The program will involve enrichment tasks for those students capable of achieving at a higher level, improving their problem solving skills and extending their higher order thinking. Their teachers are very excited about implementing this program.

Mudgee High is an aerosol-free school

The use of aerosol deodorant or perfume sprays is banned at Mudgee High. Some members of the school community suffer severe reactions to the drift from aerosols resulting in potentially life threatening asthma or anaphylactic shock. This is a serious matter and staff will confiscate any aerosol products being used at school.

Please note the following:

- Aerosols are banned from school premises, excursions, sporting events and all events where students are in confined spaces.
- Students are encouraged to apply deodorant at home.
- Roll-on and stick deodorants are permitted at school.



OnSTAGE

Theatre, theatre and more theatre!

5.30am early on a summer morning, 23 students and two teachers embarked on a theatre journey to Sydney. With the train lines under repair following fires and floods, buses become the only option to get the group to the rail head at Springwood. Once the group arrived in Sydney, they were struck by the humidity and warm weather. This was not what they were expecting after the days of heavy rainfall. With sweat dripping down their backs, they set off to find their accommodation. After getting slightly lost (thanks to their teacher) and climbing "thousands" of stairs, they discovered their place for the night. Unfortunately, to get to their rooms they had to climb yet more stairs. Groans echoed the halls with this news. After a quick lunch break they headed off to the Sydney Museum.

With cheerful sighs students walked into the cool, air-conditioned building. Fascinated by the Aboriginal history of Sydney, many of the students wanted to stay and explore the museum more. With the teachers ushering the students along, the group were next off to NIDA. Yet the bus they needed to get on was tardy. Bus after bus, students grew restless and the teachers grew worried. The bus that they had intended to catch doesn't run on Mondays! With groans, the students boarded an alternate bus that would get them to their next destination. With excitement in their eyes, the group walked into the halls of NIDA. After several hours of waterfalls, body constructions and music, students had finished their first workshop of the trip.

The group was lead around NIDA to experience its superior design. Both teachers and students were hot, tired and hungry and yet they had much to do before the night was over. Making their way to Circular Quay, the group only had 45 minutes to purchase and eat dinner before they headed off to Redfern. With heavy feet, students walked from Redfern station to the Seymour Centre were they watched the best of the best of HSC Drama. In awe of the front row seats they had, students settled down for the show. Experiencing performances that explored the full range of emotions, causing everything from laughter to sadness, the students grew excited for their chance to complete their Group Performance. At 11:40 pm students made their way back to their beds, tired but excited for the next day.

With a 7.30 am start, students ate their breakfast and packed ready for the day. Off they went back to Redfern for their second and longest workshop of the trip with Australian Theatre for Young People (ATYP). "Miss this was better than NIDA", was heard from many. Yet they couldn't stop, they had to keep moving to their next stop, the park, for lunch. With only an hour, students ran to stores to collect additional/alternate rations to the sandwiches provided. Inhaling their food, the group went off again to their final workshop of the trip at Belvoir. With heavy breaths the group made it up the steep hill only to discover more stairs!

Exhausted, hot and hungry, the group completed their last workshop. Full of group work and games, the students become more aware of each other and the space. With heavy hearts the group left the Belvoir theatre to head home back to Mudgee. Even though the tracks where still down, the group had arrived in Mudgee by 9:50pm.

Miss Potts





Anti-Bullying Alliance Update

Defining Bullying and Anti-Bullying Procedures

Here is a brief recap of the official definition of bullying and our procedures for reporting bullying at MHS.

We have an open door policy in regards to bullying. You are more than welcome to come and talk to a member of the Anti-Bullying Alliance. As team members of the ABA, we are aware of the cases that come through the reporting system, even if we do not deal with them directly. We will also be able to update you on our latest anti-bullying strategies. If you would like an appointment, please email us at: antibullying@mudgeehighschool.net

What is bullying?

The national definition of bullying for Australian schools is:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

What bullying is not:

Behaviours that do not constitute bullying include:

- Mutual arguments and disagreements (where there is no power imbalance).
- Not liking someone or a single act of social rejection.
- One-off acts of meanness or spite.
- Isolated incidents of aggression, intimidation or violence.

Anti-Bullying Reporting and Procedures at MHS

If a student, parent, teacher or friend wishes to make a report there are a couple of options. The preferred option is to go to our school website at the following URL:

https://mudgee-h.schools.nsw.gov.au/supporting-our-students/student-health-and-safety/anti-bullying.html

There is a link at the top of the website page that says *Report Bullying Here*. This takes you to a google form that, once submitted, goes to the members of the Anti-Bullying Alliance for processing. The teacher nominated on the form then uses the Method of Shared Concern to discuss the issue with the people reported as doing the bullying and those reported as being bullied. The teacher may also discuss what is happening with bystanders and friends. After the individual mediation, if the matter settles, there is a group meeting. The aim of this approach is facilitating empathy and caring among all parties.

This process has been successful in the majority of the cases. It is a non-punitive approach, there is no punishment for any of the parties. However, we may ask anyone found to have acted in a bullying fashion to make amends if this is appropriate. This is in the form of a sincere apology and a resolution for a change in behaviour. We acknowledge that not everyone can or should be friends. We do however believe that everyone can be treated with kindness and respect. Being respectful is one of our PB4L universals and a foundation of the positive and productive atmosphere the majority of students experience at Mudgee High School.

A NSW Government initiative: antibullying.nsw.gov.au.

An Anti-Bullying Alliance information and resource strategy in conjunction with Mudgee High School's Anti-Bullying Plan.





Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities? What if my child has to be away from

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on

Arriving at school and class on time

- ensures that students do not miss out on important learning activities scheduled early in the day
- helps students learn the importance of punctuality and routine
- gives students time to greet their friends before class
- reduces classroom disruption.

Lateness is recorded as a partial absence and must be explained by parents.

school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance e.g. attending a funeral.

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

• Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

Application to the Children's Court
 Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a *Compulsory Schooling Order*.

The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

· Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites

Policy, information and brochures

http://www.schools.nsw.edu. au/studentsupport/programs/ attendance.php

The school leaving age

http://www.schools.nsw.edu.au/leavingschool/index.php

For further advice contact

Educational services

T 131 536

Learning and Engagement

Student Engagement and Interagency Partnerships

T 9244 5356

www.dec.nsw.gov.ai

Do you need an interpreter?

If you need help with English and would like further information please call the Telephone Interpreter Service on **131 450** and ask for an interpreter in your language. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

©May 2015

NSW Department of Education

NSW school vaccination program

Each year, NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered:

Year	Vaccine	Number of doses
	Human papillomavirus (HPV)	2 doses at least 6 months apart
Year 7	Diphtheria/Tetanus/Pertussis (whooping cough)	Single dose
Year 10	Meningococcal ACWY	Single dose

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- Read all the information provided.
- Complete the consent form, including signing their name next to the vaccine/s they would like their child to receive.
- Return the completed consent form to their child's school.
- Ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that, to improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 or 11 (for Meningococcal ACWY vaccination).

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at: www.health.nsw.gov.au/immunisation/Pages/withdraw consent.aspx

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.



Advertisements



HOT FOOD

Chicken & Corn Roll	
Pizza Rounda	3.00
Beef Traveller Pie	
Curry Chicken Pie	4.50
Potato Pie	4.50
Chilli Beef Sausage Roll	
Beef & Gravy Roll	5.00
Hot Dog	3.50
Hot Dog with cheese	4.00
Beef Pie (Gluten Free - Order Only)	4.50
Mayonaise / Sauce Portions	0.30
ROLLS & SANDWICHES	

· Can be made on gluten free rolls on request · order only

Ham & Salad5.00	j
Egg & Salad5.00	j
Cheese & Salad	j
Chicken, Mayo & Shallots5.00)
Chicken Caeser)
Sweet Chilli Chicken & Avocado5.00	j
Salami, Cheese & Tomato5.00	j

Snack Food

J.144-012	
Red Rock Deli Chips	1.50
Grain Waves	1.50
Chip Roll	2.70
Choc Chip Muffin	1.50
Pear & Raspberry Bread	2.00
Blueberry Muffin	1.50
Watermelon Tubs	2.50
Trail Mix Pots	2.50
Seasonal Fruit	1.00

Milk and Dairy

BOOmL BIG M Flavoured Milk	2.50
500mL Dairy Farmer's Classic Flavoured Milk	4.00
600mL Plain Milk	2.00
500mL Dare Flavoured Milk	4.00
875mL Nippy's Flavoured Milk	3.50
/oghurt - Thick & Creamy	
0	

COLD DRINKS

750mL Cool Ridge Spring Water	4.00
600mL Spring Water	2.00
Assorted Juice	3.50
600mL G2 Gatorade (Citrus Blast, Raspberry)	4.00
600mL Pepsi Max	4.00
375mL Coke - No Sugar	2.50
375mL Sprite - No Sugar	2.50
375mL Coke · Diet	2.50
500mL Chill Aqua Flavoured Mineral Water (No Sugar)	4.00

ice creams

Paddle Pop (Chocolate, Banana, Rainbow)1.6	'n
Bulla Frozen Yoghurt (Mango, Strawberry)	
Twisted Frozen Yoghurt (Ghoc/Vanilla, Strawl Vanilla, Mango/Watermelon)2.5	
Lemonade Twist	
Quelch Icy Tubes0.6	0
Mini Callipo's2.0	0
·	

everyday daily specials

· Can be made on gluten free rolls on request · order only

monday
Sweet Chilli Chicken Wrap (Order Only)5.00
Garlic Bread2.00
TUESDAY
Pizza Sub2.50
wednesday
Oven Baked Spiced Potato Wedges250
Sour Cream / Sweet Chilli Sauce
THURSDAY
Chicken Burger4,00 (Gluten Free Available · Order Only)
FRIDAY
Thai Chicken Roll / Bowl (Order Only)6.00
Cashews & Walnuts may be used in some specials.

If you have nut allergies, check with the canteen staff before ordering

ii god nave nao aliergies, check wich one canceen scarr before ordering
salad of the day
· Availability varies day-to-day
Curried Chicken Potato Salad7.50
Mexican Chicken & Guacamole Salad7.50
Greek Salad
Pasta Salad
Sushi (When Available)5.00
Fresh Fruit Salad5.00
Garden Salad
Chicken Caesar Salad
Buddha Bowl
Disa Note: Continue Absorbe Children to continue and the control of

Pine Nuts, Cashews, Almonds & Walnuts may be used in some salads. If you have nut allergies, check with the canteen staff before ordering.

CHANGING DAILY SPECIALS our daily menu board, or student notices for

Check our daily menu board, or student notices for other specials that include: Soup, Pasta, Foccacia, Turkish Melts, Curries, Sliders



Showing March 6th, 7th & 8th

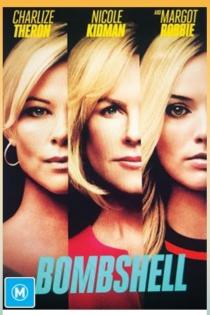
Tickets available online from Monday 24th of February

Visit trybooking.com and search 'Mudgee Town Hall Cinema'.



Little Women

Sat 7 th Mar	4:30pm
Sun 8 th Mar	4:30pm



Bombshell

Fri 6 th Mar	7:00pm
Sat 7 th Mar	7:30pm



Dolittle

Sat 7 th Mar	11:00am
Sat 7 th Mar	2:00pm
Sun 8 th Mar	11:00am
Sun 8 th Mar	2:00pm

* Tickets also available at the door (if not sold out prior).

For more information visit midwestern.nsw.gov.au or Mudgee Town Hall Cinema on Facebook

Ticket prices

Adults	\$15
Children/Concession Children under 5 vears	\$10 Free

Proudly supported by







Mudgee Relay For Life registrations are now open!

Please join us for the Mudgee Relay For Life in April 2020 as we come together to celebrate survivorship, remember loved ones lost and fight back against cancer.

Event details

Date: 4 – 5 April 2020

Place: Victoria Park, Mudgee

To register, please visit www.cancercouncil.org.au/mudgeerelay

For more information, please like our Facebook page 'Mudgee & District Relay For Life' for updates.

FREE COME & TRY JUNIOR HOCKEY

Thursday 26th March & Thursday 2nd April 2020 Time: 4-6pm @ Victoria Park Ages 4-18 Register at:

https://www.hockeynsw.com.au/get-involved/come-and-try-days/ For any further queries email mudgeejuniorhockey@gmail.com





All participants need to bring their own mouthguard Sticks available to borrow and a limited number of shin pads ©





St George Dragons

Charity Shield Game St George branch event.

Friday 28 February from 3.30pm

St George Bank, Shop 4, 32 Church Street

There will be St George Dragons players in branch with merchandise to give away, along with free tickets for the game, kids colouring in and other fun activities.

Last year was a huge success thanks to the community coming to visit and get behind the team and we would love to see the same again this year.





Mudgee Squadron is Now Enrolling



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

Mudgee Squadron welcomes boys and girls from the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

Mudgee Squadron
<u>Meeting Night:</u> Friday
<u>Meeting Times:</u> 7.30pm till 9.30pm
<u>Meeting Place:</u> Aero Club clubhouse, George Campbell Dr,
Mudgee Airport, Mudgee



FOR MORE INFORMATION PLEASE CONTACT Mark Woodhead 0411 435 756 or Thomas McAdam 0421 794 065 Email: mandiwoodhead@optusnet.com.au or oc.georgecampbell@airleague.com.au

www.airleague.com.au Email: info@airleague.com.au Free Call: 1800 502 175



Sponsorship

Mudgee High School - LINK Program
Proudly supported by
GLENCORE

Ulan Coal Mine