

# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850  
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<https://www.facebook.com/mudgeehighschool/>



Monday  
13 May  
Week 3 Term 3  
2019

## Principal's Message

### Performance

Last week, *EdcationHQ Australia* published an article titled:

"Public schools are outperforming private schools with less funds, expert says"

A title like that was always going to get me in.

Southern Cross University's Adjunct Associate Professor David Zyngier is the source of the claim, made after his analysis of MySchool data and Victorian Certificate of Education results between 2014 and 2018.

His finding boiled down to this one, simple statement: "public schools had similar or even better VCE results than private schools with similar rankings of socioeconomic status."

He added, "... and these public schools achieve the results with far less funding per student.

The study compared 229 private with 278 public schools but excluded select-entry schools and those with less than 20 Year 12 students. It was careful to take into account schools' socio-economic status so that there was a greater chance that apples were being compared with apples.

I should point out that Zyngier is a former public school teacher, principal and later Monash University academic in education.

His findings, published on *The Conversation* website in late April, attracted a flurry of comments there and on social media.

Associate Professor Zyngier also spoke of NAPLAN data which showed private school students across Australia were, in his words, "plodding along" in academic achievement because of the small gradient in their improvement over years 3, 5, 7 and 9. By way of comparison, Mudgee High Year 9 students in 2018 were ahead in growth on all measures except writing, which was at state average, and well ahead in numeracy.

Students in private schools may have started at a higher level, but the "distance travelled – their improvement over time – was less than impressive", he said.

All of this analysis rides on the back Western concerns about declining Programme for International Student Assessment (PISA) results. PISA seeks to compare educational standards across the globe. Countries like Finland and Singapore, as well as several of Canada's provinces, feature regularly as PISA top performers. For a nation that directs so very much public money and private privilege, Australia still manages to rank reasonably well, but each year all Western countries appear to be slipping compared to the rest of the world.

And for good reason.

PISA is all about averages.

Does PISA show education improving globally?

The reason why so many first world countries are declining in the rankings may well be the product of second and third world countries are increasing.

*A Member of the  
Cudgegong Learning  
Community*

PLEASE SEE OUR WEBSITE  
FOR THE COMPLETE  
CALENDAR OF EVENTS



### COMING EVENTS

- 14, 15 and 16 May - NAPLAN testing
- 21 May Try-a-Trade
- 22 May Cross Country
- 27 May Bell Shakespeare
- 27 May P&C meeting
- 31 May Athletics Carnival
- 13, 14, 15 June - Seussical the Musical

### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- Writing Friday
- Cultural Diversity at Mudgee High School
- 'Try-a-Trade'
- Marshmallow pyramids
- Visual Arts news
- Cross Country
- Athletics Carnival
- Bell Shakespeare
- Positive Behaviour for Learning
- Anti-bullying Alliance update
- The Learning Curve
- NAPLAN
- Advertisements
- Sponsorship

A decline in rank does not necessarily mean the quality of education in the West – in Australia and other first world countries – is decreasing. It may just be indicative of increasing average world education levels.

The *Our World in Data* website, shows that IQ scores have jumped three points each decade since 1910, and developing countries have accounted for most of this increase. The average world IQ today is 130.

Comparing apples with oranges.

The most disadvantaged education systems in Australia are those in the Northern Territory, Northern Queensland and Tasmania. The most advantaged education system in China is in Shanghai. PISA results, when comparing Australia with China actually compare ALL of Australia with Shanghai.

A fairer comparison would be between the ACT education system and Shanghai.

ACT government schools are the best funded in the nation. Act government schools are populated by the children of middle class parents sending their kids to these middle class schools. The results achieved should be no surprise.

By the way, the second best performing and largest state education system in Australia is ours – the NSW Department of Education. Given the wide range of students for which it caters, the results achieved are impressive.

What's the point?

So what is my point in all of my musing?

Sending your kids to Mudgee High or indeed any state school in NSW is a wise move both educationally and fiscally – and you've already paid for most of it through your taxes.

With regard to PISA results, while they are interesting, they need to be appreciated with regard to how they are determined if they are to be truly understood.

When Associate Professor Zyngier says:

“The best-performing education systems worldwide are those that combine equity with quality. They give all children opportunities for quality education.”

He's talking about us.

Until next week...

Wayne Eade  
Principal



### MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday 27 May 2019 at 7pm in the school library.

Entry via Horatio Street.

All welcome.

## Week 2 Term 2 Awards

P&C AWARDS: Year 7: Brock Roe, Year 8: Brendan Price, Year 9: Chelsea Burnard,  
Year 10: Bella Shearman, Year 11: Connor Rae, Year 12: Nicholas Price

SRR AWARD: Nicholas Ghanem

## Writing Friday



Use this picture as the basis of a narrative.

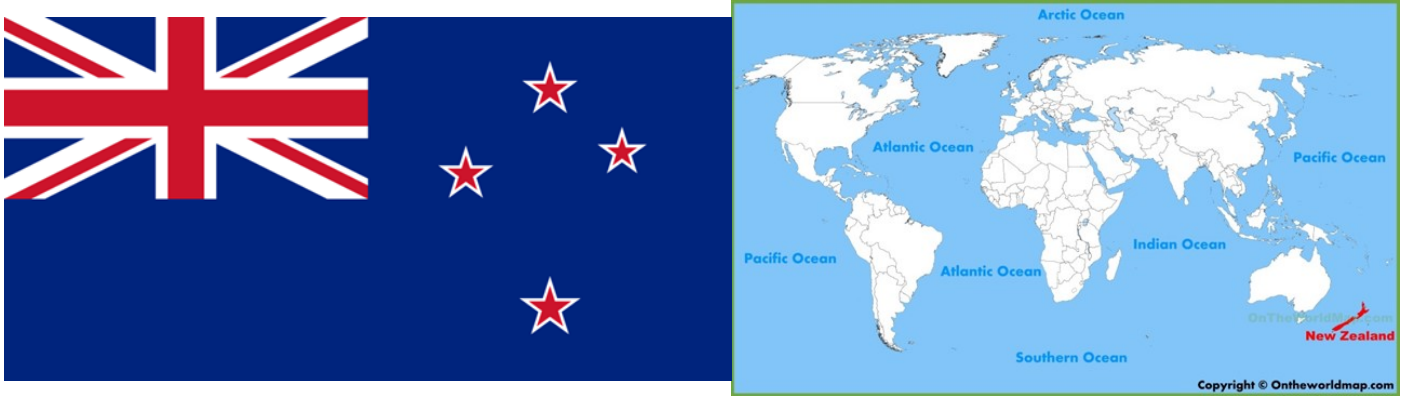
Your goal:  
200 words  
20 minutes

Use:  
\* 2 similes  
\* 3<sup>rd</sup> person  
\* The word 'deceptive' - it's an adjective that means 'likely to make people believe something that is not true'

# Cultural Diversity at Mudgee High School

*Last term, the HSIE faculty profiled one of the many countries or cultures represented by a student or student group at Mudgee High School weekly ... and then the flags ran out.*

*Good news! An embassy has met our request; our brothers from across the ditch.*



*This week's culture is **New Zealand**.*

The New Zealand flag was first used in 1869 but was only used on Government ships until 1902 when it was made the official flag. The need for a flag arose because ships sailing without a flag were violating British navigation laws. The flag has the Union Jack in the top left corner, like the Australian flag. On the right side of the flag, there are four red stars with white borders which represent the constellation of Crux, the Southern Cross as seen from New Zealand.

- New Zealand was once governed as part of the territory of New South Wales and later as part of Australia.
- It is one of the three countries in the world that has two official national anthems of equal standing. The first is God Save the Queen and the other is God Defend New Zealand.
- It was the first major nation to have universal suffrage. Since 1893 all male and female citizens of voting age have legally been allowed to vote.
- The official languages are English, Te Reo Māori and New Zealand Sign Language.
- The Maori name for New Zealand is Aotearoa, which means 'land of the long white cloud'.
- The largest city in New Zealand is Auckland, although its capital city is Wellington.
- There are no snakes in New Zealand!
- People often say that they have all the seasons in one day since the weather is so unpredictable. It might be warm and sunny one moment and cold and raining the next.



## Try-a-Trade

On Tuesday 21 May, a "Try-a-Trade" event will occur at Mudgee High School. Students will be sampling a range of trades to find out, in a practical way, what trade occupations involve. Being a 'hands-on' activity, this should enable students to obtain first hand experience of a variety of these trades.

Some of the apprenticeships and traineeships available on the day will include: horticulture; mechanics; floristry; carpentry; beauty therapy; health and more. Students will need to wear covered shoes and all safety precautions will be implemented during the sessions. Upon completion, students should be in a better position to assess whether a trade career may be an option for them when transitioning school. Students will also be able to discuss career opportunities with representatives ("tradies" and apprentices) from the various trades.

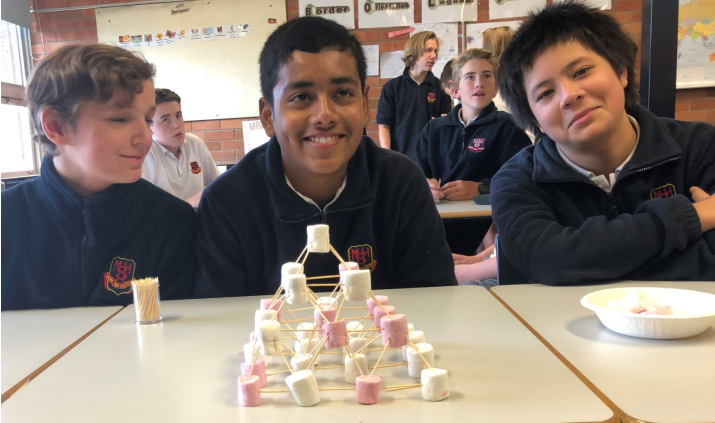
Interested students in Years 9, 10 and 11 have been invited to attend this event which will be held in the school's gymnasium. Mudgee High students are scheduled to attend during periods 1 and 2 (9.00 to 10.30am) on the day. It is anticipated that approximately 80 students will attend. Registration will be on a 'first in first served' basis. Students from surrounding schools will also attend at designated times of the day. There is no cost to students.

If you have any enquiries regarding your child's involvement in this worthwhile event, please contact the Careers Adviser, Mr Kempton.



## Marshmallow Pyramids

Over the course of this semester, Year 8 have been studying Ancient Egypt. As part of this study, students researched and developed an understanding of the importance of pyramids. As a culminating exercise, the students were divided into groups and were required to construct a pyramid using marshmallows and toothpicks. They had to base the structure of their pyramid on one of three types of structures that they have learnt about in History. Once the pyramids were built, students had the joy of dismantling the pyramids by eating the building supplies!

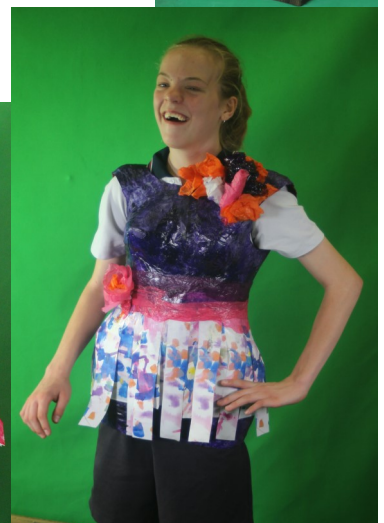
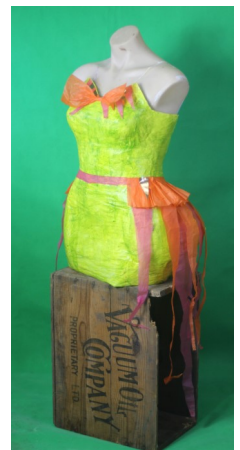


## Visual Arts news – Dressed for Success!

Last term, students in the S6 Visual Arts class worked very hard to create these amazing Papier Mache dresses. Brianna Willoughby, Ava Sheridan and Madison Ellis designed and made their dresses by using newspaper and glue and then tissue paper and coloured ink to produce beautiful wearable sculptures. They had a great deal of fun making the dresses and even more fun wearing them for their fashion photo shoot in our photography studio.

They are now working on beautiful Venetian style masks.

Stay tuned for photos of these!



## Mudgee High Cross Country 2019

The Cross Country will take place on **Wednesday 22 May**. It is compulsory for students in years 7, 8, 9 and 10. Students in years 11 and 12 may nominate if they wish to participate and are encouraged to do so. Students must participate in the school event to be eligible for Western Area Trials selection.

The course will start and finish at Walkers Oval and run along the walking track to Lawson Park.

Students will walk under teacher supervision to Walkers Oval at the beginning of Period 3 and will be brought back to school by lunch time.

Students will need to listen to the announcements in roll call and on assembly for further information.



## Athletics Carnival 2019

The athletics carnival is on **Friday 31 May** at Walkers Field.

This is a normal school day and attendance is expected. Students will need to bring their ID card to swipe in at the beginning of the day and events will start at 9am. Bus companies will be diverted to Walkers Oval and students will need to be at the carnival by 8.55am.

The events held on the day will include 100m, 200m, long jump, high jump, discus, shotput, javelin and novelties. The 400m and 3000m will be held at 8:30am before the main carnival.

The athletics carnival is about participation, having fun and supporting your house. As well as competitive events there will be a number of non-competitive, fun events involving year groups and staff. Students are encouraged to participate in all events and be dressed up in sporting house colours.

The school canteen will be running on the day and Year 12 will, once again, be providing goodies for their fundraising.

The longer events will be held prior to the carnival and students will be informed of this date in the daily messages during roll call. This includes the 800m, 1500m, 3000m and triple jump. Students must nominate to attend. They can do this by coming to the PE staffroom.

Any parent helpers are greatly appreciated and if you would like to help, please contact the school on 63721533.



**Bell Shakespeare Company  
Presents...**

**BELL  
SHAKESPEARE.**

### ***The Human Experience***

**What is it all about?**

Shakespeare understands humans and reflects upon this in many of his plays. He displays our flaws and areas of expertise, as well as discussing the concepts of humanism and existentialism. They will be using key speeches from *The Merchant of Venice*, *The Tempest*, *Hamlet*, *Richard III*, *Othello*, *Henry IV Part One* and the Refugee speech from *Sir Thomas More*. This will assist you with your senior studies, especially for Advanced and Extension English.

**Who:** Year 10, 11 and 12

**When:** Week 5, Monday 27 May 2019

**Where:** Mudgee High School

**Cost:** \$5 to the Front Office

If you have any other questions, please ask one of the English staff or Ms Tetley.



### ***Words, Words, Words***

**What is it all about?**

This is a humorous, entertaining and informative journey celebrating language and words. Students will explore, interrogate and celebrate the literary techniques, language as well as words and help them demystify scripts and stage performances. This will assist with their English studies.

**Who:** Years 9 and 10

**When:** Week 5, Monday 27 May 2019

**Where:** Mudgee High School

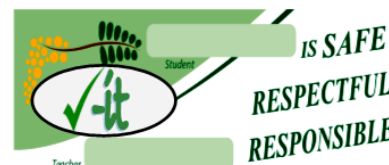
**Cost:** \$5 to the Front Office

If you have any other questions, please ask one of the English staff or Ms Tetley.

## Positive Behaviour for Learning

Welcome to PB4L for Week 3. This week we would love for you to understand the rationale behind the Positive Behaviour for Learning approach and how it functions in our school. PB4L is a “process that supports school leadership teams to create positive learning environments” that support student learning and wellbeing. The Positive Behaviour for Learning website states that, when PB4L “is implemented well, teachers and students have more time to focus on relationships and classroom instruction.” Problem behaviour is reduced and, through a common language, teachers support each other so that they can achieve the best learning outcomes for the students.

Research has shown that as a means of encouraging behaviour change, punitive measures are limited in their effect. It is more productive to teach students the correct behaviours appropriate to the learning setting. A great example is students are asked to walk to the left of stairs and walkways to allow for safe and smooth transitions to classes. To support this learning, we have visible signage, lessons, reminders on announcements and ‘tick-its’ that are a tangible feedback when a student is doing the right thing. These ‘tick-its’ are collected with year groups and at the end of term, the year group with the most ‘tick-its’ earns a barbecue or other celebration to acknowledge their contribution to a safe, respectful and responsible school culture.



Mudgee High School has a proactive dedicated team of executive and teachers that comprises of a chairperson, an internal coach (our information resource on the processes of PB4L), a data specialist, and a representative from each faculty who take on roles of facilitating various tasks and projects. One such example is the team organised the signage for the school. Our Principal, Mr Eade, and our Deputy, Ms Date, attend each meeting. The team meets fortnightly to ensure that PB4L is working smoothly. We analyse data on where our successes are and what requires more instruction. This focus of the week becomes the subject of lessons and ‘tick-its’, and verbal acknowledgement is used to reinforce the behaviour. This week, our focus is on our “Get Ready!” initiative to ensure a smooth and swift start to the lesson. *See page 9 of the School Planner to see the expectations around “Get Ready!”.*

This educative focus creates a culture where we are not focusing on the negative, but instead consistently providing feedback on the positives within the school. We are finding PB4L is a valuable framework for maintaining a focus on the positive within the school and it allows us to celebrate the safe, respectful and responsible learning culture of Mudgee High School.

## Anti Bullying Alliance update

### Report it, don't support it! - The Importance of Reporting.

Welcome to week 3. The anti-bullying process that we have at Mudgee High School is research backed and highly effective. However, it relies on one important factor...

**The student MUST report the incident to either the Anti Bullying Alliance, a trusted teacher or teacher's aide.**

If the student does not feel comfortable and you wish to help, please contact the members of the Anti-Bullying Alliance. The Alliance consists of Mrs Willetts, Mr Saunders and Ms May. They are available to discuss the matter by phone, email or in person via an appointment. Next week you will have the ability to book appointments with these teachers online via Sentral.

After a report is made, we can begin the process, which includes talking to the students involved and monitoring the situation until a resolution is reached. Once those students involved report that all is well, the case is considered closed. If an incident recurs, we require the student to let us know as soon as possible. Without this reporting, we may not know the incident is occurring. Without reporting, we will not know the extent of the difficulty. Without reporting, a timely response may be delayed.

Please, if your child feels bullied, encourage him or her to talk to us as soon as possible.

Reporting is important!





## SECONDARY

### Parent Newsletter

The Learning Curve™

#### Wellbeing Builder:

Middle – HEALTHY FOODS

Senior – FRESH IS BEST

Wellbeing Element:

EXERCISE AND VITALITY

Character Strength:

PERSPECTIVE

Strengths Booster:

HERO STRENGTHS

Wellbeing Reflection Activities:

Middle – HEALTHY FOODS,  
Senior – FRESH IS BEST (see website)

Parent Wellbeing:

Choose a strength you would like to develop in yourself, describe your reason for choosing it and ways to develop it.

Our students' generation is the most bombarded one of all time with questionable advertising about the merits of and social benefits associated with eating processed fast foods. Unfortunately, many adults are also mesmerised by the lure of junk food and seldom do we see an empty carpark at these establishments.

Processed and refined foods are more difficult for our bodies to digest and the nutritional value of them lower than that of fresh whole foods. Add the trans-fats, extra salt and sugar and subtract vitamins, minerals and good fats and you have the precise value of these types of foods. And this is occurring as people are exercising less, becoming more obese and the early onset of diabetes becoming more prevalent.

Our young people are our future and should they continue to devour large quantities of refined foods, as opposed to nutritious fresh whole foods, then the patterns of deteriorating physical health will continue escalate as is occurring with their mental health.

Eating healthy is easy, tasty and very good for us. Our bodies are machines which require quality materials to fuel our efforts; it's little wonder many of our students lack the energy to stay focused in class.

*"We are what we eat." Saying*



## Naplan

During May 2019, students at our school in Years 7 and 9 will sit the NAPLAN paper assessments. The schedule for tests is as follows:

Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Language Conventions test (spelling, grammar and punctuation) Writing Test	Reading Test	Numeracy Test

**On Friday 17 May**, a 'catch-up' day is scheduled for students who missed a test.

Students may be exempt from the NAPLAN tests if they:

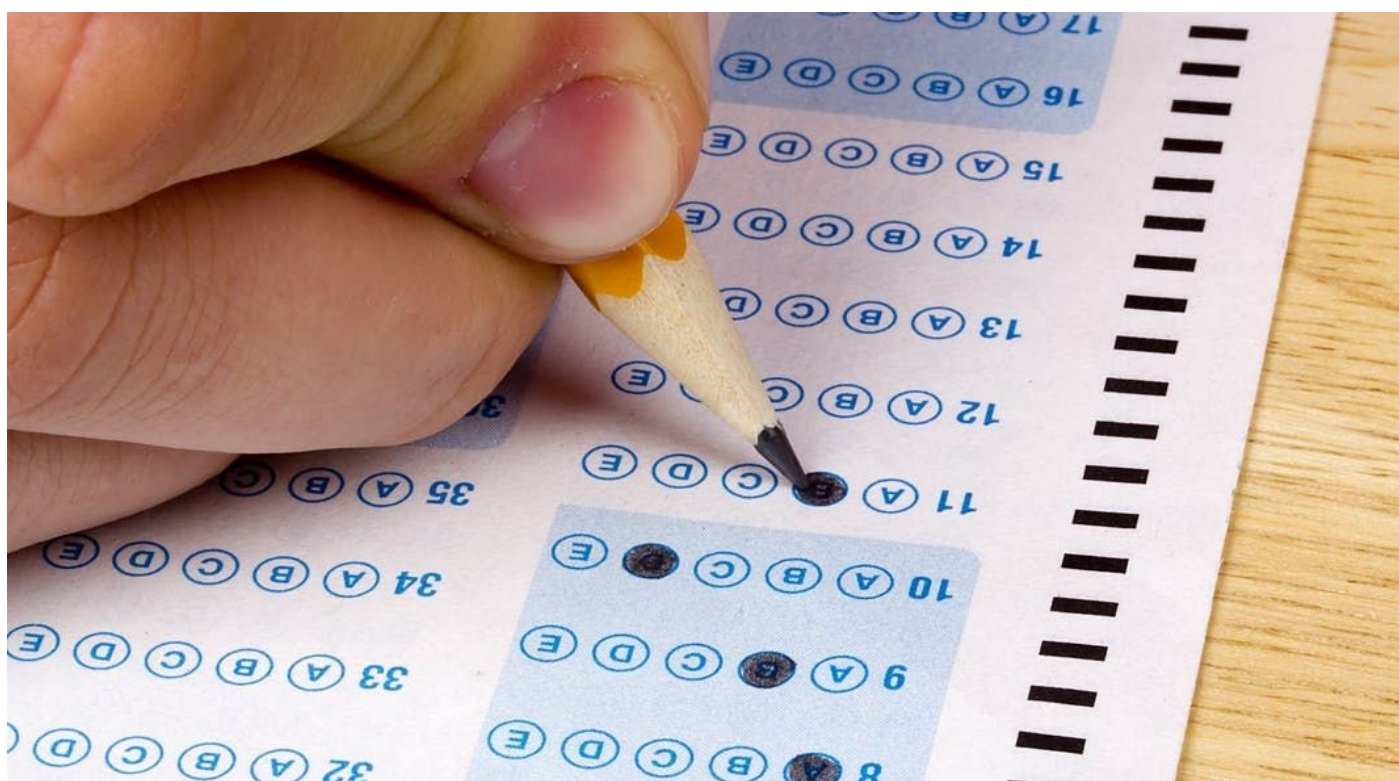
- Are newly arrived in Australia (less than one year before the test) and with a language background other than English.
- Have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests.

Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, braille, coloured paper versions and electronic tests are also available to meet the needs of individual students. Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer after consultation with the school principal. To withdraw your child from NAPLAN, a parent or carer consent form must be signed. Please contact the school if you need to discuss your child's participation in NAPLAN.

Any questions? Contact the NAPLAN team on 1300 119 556 or [naplan.nsw@nesa.nsw.edu.au](mailto:naplan.nsw@nesa.nsw.edu.au). For further information about NAPLAN, visit the [NESA website](#).



# Advertisements

## MUDGEE HIGH SCHOOL CANTEEN MENU 2019

### HOT FOOD AVAILABLE EVERY DAY

CHICKEN & CORN ROLL	\$ 1.70
PIZZA ROUNDA	\$ 3.00
BEEF TRAVELLER PIE	\$ 4.00
CURRY CHICKEN PIE	\$ 4.50
POTATO PIE	\$ 4.50
CHILLI BEEF SAUSAGE ROLL	\$ 3.50
SAUSAGE ROLL	\$ 3.00
BEEF & GRAVY ROLL	\$ 5.00
HOT DOG WITH CHEESE	\$ 4.00
HOT DOG	\$ 3.50
GLUTEN FREE BEEF PIE	\$ 4.50

MAYO/SAUCE PORTIONS	\$ 0.30
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### ROLLS & SANDWICHES

HAM SALAD	\$ 5.00
EGG SALAD	\$ 5.00
CHEESE SALAD	\$ 5.00
CHICKEN MAYO & SHALLOTS	\$ 5.00
CHICKEN CAESAR	\$ 5.00
SWEET CHILLI CHICK/AVOCADO	\$ 5.00

### ALL ROLLS CAN BE MADE ON GLUTEN FREE ROLLS

PLAIN BREAD ROLL	\$ 1.20
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### SALADS

GARDEN SALAD GF	\$ 6.00
CHICKEN CAESAR SALAD	\$ 6.00
FRESH FRUIT SALAD	\$ 4.00
SEASONAL FRUIT	\$ 1.00

### CHECK AVAILABILITY OF THESE SALADS

BUDDHA BOWLS	\$ 7.50
POTATO SALAD WITH CURRIED CHICKEN	\$ 7.50
MEXICAN CHICKEN WITH GUACAMOLE	

BROWN RICE & JALAPENO SALAD	\$ 7.50
GREEK SALAD	\$ 6.00
COUS COUS SALAD	\$ 5.00
PASTA SALAD	\$ 6.00

SUSHI	\$ 5.00
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### SNACKFOOD

RED ROCK DELI CHIPS	\$ 1.00
JJ SNACKS	\$ 1.50
GRAIN WAVES	\$ 1.00

**CHECK OUR DAILY MENU BOARD FOR OTHER SPECIALS INCLUDING HOMEMADE SOUPS, PASTAS, FOCCACIAS, TURKISH MELTS, CURRIES, BURGERS AND SALADS**

**PLEASE NOTE: PINENUTS ARE USED IN PESTO, CASHEWS, ALMONDS & WALNUTS MAY BE USED IN SOME SPECIALS. IF YOU HAVE NUT ALLERGIES PLEASE CHECK WITH CANTEEN LADIES**

Please note these prices are subject to change throughout the year due to the increase in wholesale prices

**\* GLUTEN FREE LUNCHES...ALL DAILY SPECIALS CAN BE ADAPTED TO GLUTEN FREE PLEASE ENQUIRE AND THESE WOULD NEED TO BE PRE ORDERED**

### MILK AND DAIRY

MOOVE 300ML	\$ 2.50
MOOVE 500ML	\$ 4.00
PLAIN MILK	\$ 2.00
THICK& CREAMY YOGHURT	\$ 2.50
DARE 500ML	\$ 4.00
NIPPY'S MILK 375ML	\$ 3.50
CUSTARD 600ML	\$ 3.50

### BEVERAGES

COOLRIDGE WATER 750ML	\$ 4.00
WATER 600ML	\$ 2.00
GATORADE G2	\$ 4.00
HOT MILO (Winter only)	\$ 2.00
PEPSI MAX 600ML	\$ 4.00
COKE ZERO	\$ 2.50
SPRITE ZERO	\$ 2.50
KYNETON MINERAL WATER	\$ 3.00
BERRI FRUIT JUICE 350ML	\$ 3.00

### ICECREAMS

SHAKY SHAKE	\$2.00
PADDLEPOPS	\$ 1.60
Bulla FROZEN YOGHURT	\$ 2.50
Twisted FROZEN YOGHURT	\$ 2.50
MILO SCOOP	\$ 3.50
CYCLONE	\$ 2.00
RASPBERRY ICY POLE	\$ 1.30
LEMONADE TWIST	\$ 1.00

### DAILY SPECIALS

#### MONDAY

SWEET CHILLI CHICKEN	\$ 5.00
WRAP (ORDER ONLY)	

#### TUESDAY

PIZZA SUB	\$ 2.50
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#### WEDNESDAY

WEDGES	\$ 2.50
sour cream/sweet chilli sauce	\$ 0.50

#### THURSDAY

CHICKEN BURGERS	\$ 4.00
GF CHICKEN BURGER	\$ 4.00
GF Order only	

#### FRIDAY

THAI CHICKEN ROLL OR BOWL	\$ 6.00
ORDER ONLY	

# Expression of Interest

## Relieving General Assistant - Cudgegong Valley Public School

Expressions of interest are invited for a relieving General Assistant from 22 May 2019 to the 5 July 2019 (with the possibility of an extension). The position is full time Monday to Friday between the hours of 8:00am and 4:00pm each day.

The position will be located at:

Cudgegong Valley Public School  
Mudgee NSW 2850

Please note: All applicants will be required to submit a Working with Children number.

An expression of interest addressing the criteria, of no more than 1 page in length should be submitted, along with a CV briefly outlining qualifications, recent employment history and relevant skills to Michelle Neaverson-Smith, Principal at [michelle.neaverson@det.nsw.edu.au](mailto:michelle.neaverson@det.nsw.edu.au) by 5pm on Monday 20 May 2019.

Please ensure to include two referees who are familiar with you and able to discuss your professional abilities and suitability for this position.

### Statement of duties

- Maintaining garden beds, including trimming and pruning plants and treating and removing weeds in the gardens.
- Mowing of sporting fields and maintaining school and garden equipment in good working order.
- Minor maintenance of buildings and equipment.
- Unpacking and storing of school resources and deliveries.
- Ability to work with external contractors.
- Other duties as required by the Principal.

### Selection criteria

- Effective communication skills and the ability to work as part of a team.
- Ability to undertake work with minimal supervision.
- Knowledge of safe work practices and Workplace Health and Safety Regulations.

**Applications close: Monday 20 May 2019**

For further information contact Michelle Neaverson-Smith on 02 6372 3466 or at [michelle.neaverson@det.nsw.edu.au](mailto:michelle.neaverson@det.nsw.edu.au)

HOW TO ADULT

HELPING YOU ON THE ROAD TO BECOMING AN ADULT



Need help  
with your job  
seeking skills?



Looking for tips  
on how to budget  
and manage  
your finances?



Seeking  
information  
about mental  
health?



Want help with  
scholarship  
applications?

Then this free monthly program is for you.

## MAY'S TOPIC

# Interview Skills

So you've submitted a fantastic resume for that job you're after, and landed an interview. Come to this informative session to find out all you need to know to ace the interview.

Experienced Human Resources professionals from Programmed Skilled Workforce and Mid-Western Regional Council, will discuss all the things to do, and not do in a job interview to improve your chances of being a successful applicant.

**FOR AGES:** 15 - 25

DATE	Thursday 9 May	Monday 20 May	Tuesday 21 May
TIME	4:30pm	4:30pm	5:00pm
VENUE	Mudgee Library 64 Market Street	Kandos Library 40 Angus Avenue	Gulgong Library 109 Herbert Street
CONTACT	Youth Services Officer  6378 2850		

**Bookings essential:** [www.mwrcyouth.eventbrite.com](http://www.mwrcyouth.eventbrite.com)

Kindly supported by





# SHOOSH FOR KIDS



Shoosh for Kids is a collaborative effort between the Office of Sport and State Sporting Organisations to promote positive behaviour to members, clubs and associations.

The general rule is if you haven't got anything nice to say, not to say anything at all.

Visit the Office of Sport website to find out more and show spectators and members where you stand on poor spectator behaviour during awareness week, **20 – 26 May**. Let's keep kids coming back to junior sport!



[f](#) [t](#) #shooshforkids | [sport.nsw.gov.au](http://sport.nsw.gov.au)

Shoosh for Kids is proudly supported by:



## Some tips for adults at kids sport:



Keep it fun - don't take it too seriously



Be enthusiastic - but don't scream and shout instructions from the sideline



Emphasise trying hard - not winning



Cheer and acknowledge good play from all sides and teams



Accept decisions from officials. They're human - they make mistakes.



Let coaches do the coaching.



Always remember - volunteers run kids sport.



Understand, uphold and support your club's code of conduct.



Allow your child to play for themselves. Let kids make decisions, on and off the field.



Think before you speak - your words may harm others.

**SHOOSH  
FOR KIDS**



#shooshforkids | [sport.nsw.gov.au](http://sport.nsw.gov.au)

### THE 39<sup>TH</sup> GULGONG



### PRINCE OF WALES EISTEDDFOD 2019

COMMENCES: (SUBJECT TO No. OF ENTRANTS)

DANCE: 5<sup>th</sup> – 11<sup>th</sup> MAY 2019

SPEECH: 23<sup>rd</sup> – 27<sup>th</sup> MAY 2019

MUSIC: 29<sup>th</sup> – 31<sup>st</sup> MAY 2019

Gala Concert Friday 31<sup>st</sup> May 7pm

The Eisteddfod is open to **ALL** and is a wonderful opportunity to participate in a range of arts alongside others of your same age or ability, **including beginners!**

ALL ENTRIES CLOSE

DANCE/SPEECH/MUSIC:

31<sup>st</sup> March 2019, 11:59pm

(NOTE: Late entries will not be accepted)

#### Further Information:

Copies of the 2019 Syllabus and the Entry Form are available on the website:

[www.gulgongeisteddfod.com](http://www.gulgongeisteddfod.com).

Preferred entry is via:

<http://www.stardom.com.au>

where the 2019 Syllabus can also be accessed.

## Sponsorship

**Mudgee High School - LINK Program**

**Proudly supported by**

**GLENCORE**

**Ulan Coal Mine**



**Mudgee High School Presents**  
**Seussical the Musical**

**Where?** Town Hall Theatre

**When?** 13, 14 and 15 June

**Time?** 7pm, 2pm matinee Saturday 15

**Cost?** \$20 per adult, \$15 concession

**Tickets available from the school office from 30 May**

