

MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850
ABN: 18 246 198 266 Telephone: (02) 6372 1533 Facsimile: 6372 6321
Website: www.mudgee-h.schools.nsw.edu.au
Email: mudgee-h.school@det.nsw.edu.au



Monday
25 February
Week 5 Term 1
2019

Principal's Message

New to You

Last week we welcomed Mr Rhys Kable to the Mudgee teaching staff fold.

Mr Kable has joined our HSIE team after teaching at Coonamble High for the past three years. He has replaced Mr Fitzgerald, who retired at the end of last year.

Compliments, Complaints and Suggestions

I recently attended a whole day's training with a large group of secondary principals from western NSW schools. The training focused on complaints handling and their effective resolution. The training was conducted by the NSW Ombudsman's Office; literally the last word in complaints resolution.

"Every complaint is an opportunity."

The trainer made this observation early on the day. Initially it seemed counterintuitive but on further reflection, it made increasing sense.

We don't know what we don't know, and until someone raises what is for them an issue, it may never be an issue we would have considered.

The Department of Education provides means by which to move us from this position of potential ignorance when we are working with our parents, carers and the wider community. Schools are required to make known to their children's carers that there are such means at their disposal

I have included those means with this newsletter.

We work hard to create a school community that is safe and respectful, and which supports effective teaching and learning. We try to resolve issues as well as we can, so that our students can learn in an environment where families and teachers work together to achieve the best outcomes.

If you have a compliment, complaint or suggestion about any aspect of our school, please contact us. We value your feedback and are committed to dealing with issues thoroughly and fairly. If you think we can do something better or you think we are doing something well, we would like to know about it.

With regard to complaints, you can make a complaint about:

- Any aspect of the services we provide.
- Any decision, including those about enrolment.
- Any practice, policy or procedure.
- Staff behaviour or conduct.

Raising an Issue

Most issues can be resolved by talking about them, so start by contacting your child's teacher, or by talking to school office staff, the Head Teacher of the faculty, or the Year Advisor. You can raise your complaint directly in person, by email, over the telephone or by letter if you prefer. Make an appointment to meet with the appropriate member of staff or phone the school and ask for an appointment. Resolution of issues is best facilitated when the person raising the issue is able to provide clear information related to the issue and what you would done. It is a

*A Member of the
Cudgegong Learning
Community*

PLEASE SEE OUR WEBSITE
FOR THE COMPLETE
CALENDAR OF EVENTS



COMING EVENTS

- 5 March school photos
- 5 March school photos
- 12 March Year 7 vaccinations
- 14 March Parent/teacher night for years 8, 9 and 10
- 25 March P&C meeting
- 26 March Year 10 vaccinations plus Year 7 catchup

THIS ISSUE

- Principal's Message
- Complaints and compliments form
- MHS P&C Meeting
- P&C Award and SRR Award
- Writing Friday
- Vaccination clinic dates
- School photo days
- Days for girls
- Library news
- Health care plans 2019
- Cultural diversity at MHS
- Harmony Day poster competition
- Bawamarra news
- Advertisements
- Sponsorship

natural expectation that the person raising the issue remain both respectful and reasonable in the way that they do so.

When contacting the school, our front office staff have a “cheat sheet” that allows them to direct your call to the most appropriate person. For example, if a carer has an issue with the degree of difficulty experienced by their child in Mathematics, demanding to see the Principal is not going to resolve the issue any time soon. The obvious place to raise the issue is with the child’s teacher or the Head Teacher Mathematics.

For some matters, it may be appropriate to talk to a more senior person, such as a Deputy Principal or even the Principal. If you are not sure with whom it is you should raise your concerns, the school administration staff can provide you with the correct contact details.

To help us to resolve your complaint, we may ask you to put it in writing. You can also use our online form, which is on the website <https://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions>. This departmental widget is easy to use – by clicking on the sad face, smiley face or light bulb you can provide details of your complaint, compliment or suggestion, and your feedback will be sent to the right place for action.

You can also use our complaints and compliments form (https://education.nsw.gov.au/media/c-and-e/complaints_and_compliments_form.pdf). You will need to print out this form, fill it in and submit it to the school.

What are the possible results of my complaint?

When responding to a complaint, we may do one or more of the following:

- Take action to fix the matter or improve the situation.
- Provide an explanation.
- Acknowledge that the situation could have been handled better or differently.
- Undertake to review the department’s policies in light of the complaint.
- Apologise.

Sometimes, we may not be able to change what has happened or the complaint manager will decide that the original decision was appropriate in the circumstances. Whatever the outcome, the complaint manager will give you clear reasons for their decision. This may be in a meeting, by telephone or by email.



More information?

- For more information about compliments, complaints and suggestions about schools, visit our [Schools - guide for parents, carers and students](#) or our [Complaints Handling Policy](#) and procedures.
- To make a complaint about a school principal or about a broader function of the department, you can use our online form on the [Department of Education](#) website, or email the Department of Education at decinfo@det.nsw.edu.au.
- Department of Education employees can make a complaint about fellow employees through [Employee performance and conduct \(staff only\)](#).

Raising concerns with us or making suggestions to us is so much more effective in having a matter addressed than keeping it to yourself or worse, delivering a blast on social media.

Until next week...

Wayne Eade
Principal

Complaints and compliments form

06/04/12_27242

If you have a complaint, compliment or suggestion about any aspect of our school services we're keen to hear from you.

Please complete this form **In English**, and send it to either the school principal or the Director of School Education in your area.

To find out the name of the person, and their mail, fax or email details:

- ask the administrative officer at the school, or
- call the Department's switchboard on 02 9561 8000.

General information

Please select from the following. This is a:

☐ complaint ☐ compliment ☐ suggestion

Please select from the following. I am a/an:

☐ parent ☐ student ☐ supplier ☐ contractor ☐ member of the public ☐ employee

Your details (*you must provide these details)

*First name	<input type="text"/>		
*Family name	<input type="text"/>		
*Street Address	<input type="text"/>		
*Suburb	<input type="text"/>	*Postcode	<input type="text"/>
		*Phone	<input type="text"/>
Email address	<input type="text"/>		

Compliment or suggestion

Complaint details

- Please set out your information as clearly and as briefly as possible.
- Focus on facts.
- Mention the steps you have taken to resolve the problem.
- Have you raised this complaint with anyone before? If so, who did you speak to and what was the result?
- What is the result you are seeking?

Note: You can provide details of your complaint on a separate piece of paper if you need more space. Please attach it to this form when you send it to us.

Do you require an interpreter?

☐ Yes

☒ No

If so which language?

Please provide details of any disability or special need that we should consider when communicating with you.

Date

*Please note

If you require an interpreter to help you to get more information please call the interpreter service on 131 450. Tell the operator which language you need and the phone number of the person you want to contact. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

Confidentiality

Your personal information and details of your complaint will remain confidential. However, the information you provide may be provided to the NSW Ombudsman, the Independent Commission against Corruption or the NSW Police if required.

For more information visit:

<http://www.dec.nsw.gov.au/about-us/how-we-operate/how-we-handle-complaints/>

MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday 25 March 2019 at 7pm in the school library. Entry via Horatio Street.

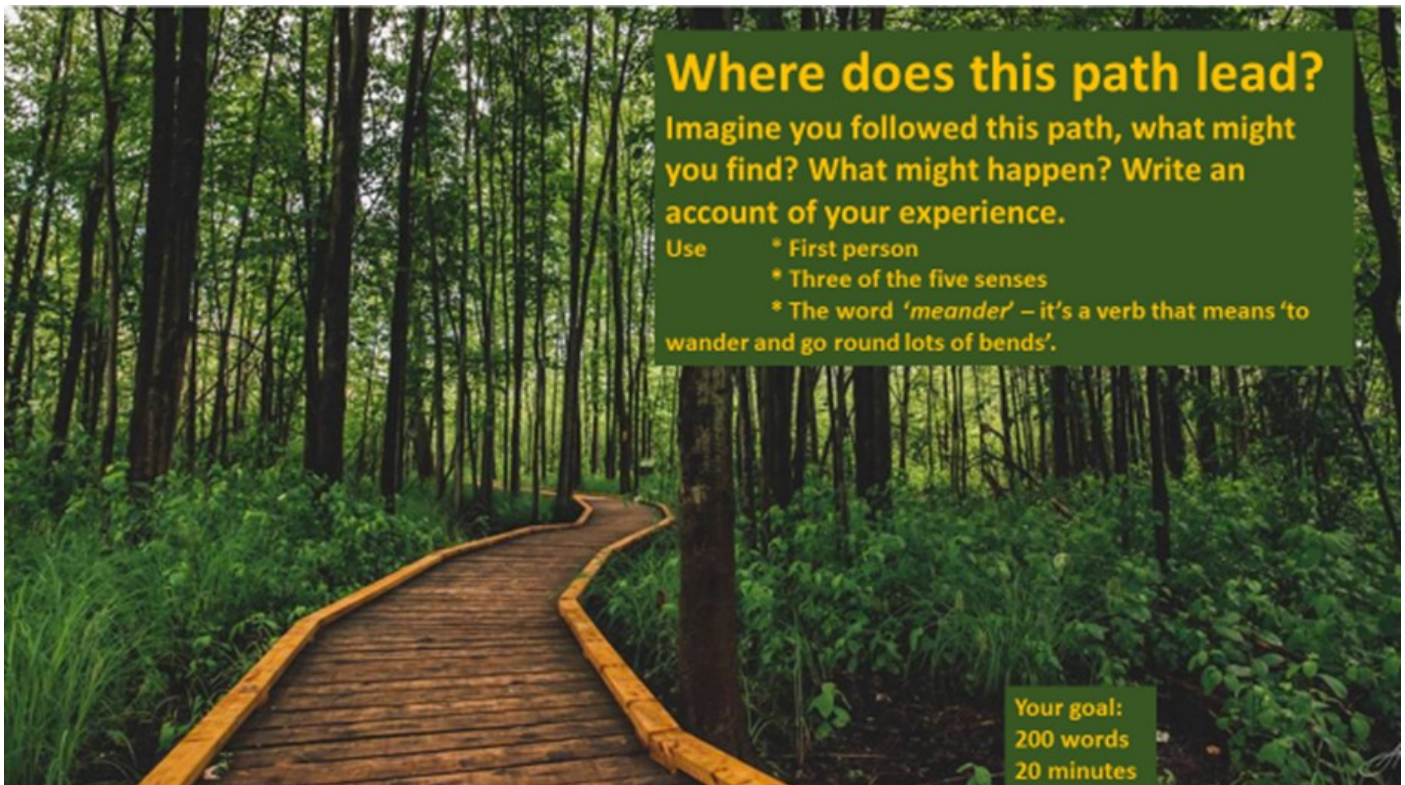
All welcome.

Week 3 Term 1 Awards

P&C Awards: Year 7: Nate Atkinson, Year 8: Harriet Etherington, Year 9: Lilliana Jones, Year 10: Alex Treay, Year 11: Grace Quinn, Year 12: Timothy Rava

SRR Award: Natalie Carrier Yr.7

Writing Friday



Vaccinations

The first vaccination clinic is Tuesday 12 March for Year 7 only.

The second clinic is Tuesday 26 March for Year 10 and catch-up for Year 7.

School Photos: 5 March

On Tuesday 5 March, Mudgee High School students and staff will have their school photos taken. Apart from an attractive keepsake, this process also involves generating important ID cards for new students. All students must have their photo taken **in full school uniform** in the designated periods on Tuesday. If any student is absent on Tuesday, they may be able to get their photo taken on Wednesday 6 March, as the photographers will have a catch up day.

Students have now received their order forms and envelopes. These are vital as they are individually barcoded for each student. New students may not have their own barcode and will be given further information closer to the event. Payment can be made on the day with the correct cash/cheque/money order. There is also an ONLINE payment option which is increasing in popularity. Instructions for this method of payment will come with the envelopes when they arrive.

Any questions relating to school photos should be directed to the Maths staff.

Days for girls

Harriet and Sienna are two of the substantial number of volunteers Mrs Bailey and Mrs Chambers have joining them at lunchtimes Thursdays and Fridays to make a difference for girls living in the third world.

Watch out for a feature story on their work in a future edition of the newsletter.



Year 8s Sienna Boyton (left) and Harriet Etherington.

Library News

Our Library is in 'full swing' for the 2019 school year with both teachers and students utilising and embracing our resources and spaces.

New Year 7 students have been 'checking out' the Library during breaks and started to borrow books and novels. They are reminded that the Library is open to them at all breaks to use computers, play board games, read and borrow resources. No Library card is needed and it is a simple process of approaching the loans desk with what they wish to borrow and providing staff with their name. Year 7 can borrow 3 items at a time and student loans are for two weeks. After this period, they can renew the items or simply return them to our 'loans basket'. Overdue loan notices are done regularly and students receive these in Roll Call classes requesting returns.

Our senior Distance Education students have started lessons in a range of diverse subjects with their respective DE schools. We are coordinating students studying a range of language, multimedia and more 'traditional' HSC subjects not otherwise available. Coordination of teachers, study periods and lessons has been ongoing since the start of term.



Our dedicated teaching staff have been utilising our 3 computer labs from 'day one'. Most students by now would have had several computer lessons researching, doing mandatory online safety tests for Industrial Art based subjects or undertaking assessment task work within the Library.



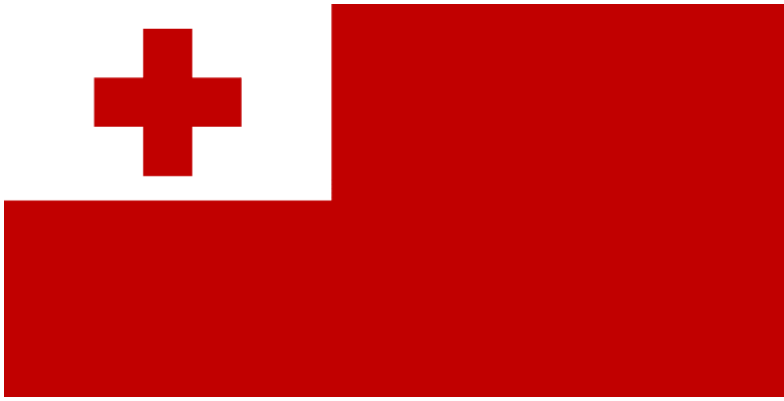
Year 12 students have been 'embracing the opportunity' to use the Library for study periods where they have access to their own private study room as well as research and printing resources.

Year 11 and Year 12 students have also been taking the opportunity early to use the Library during lunchtimes to pursue a range of card and board games. It has been great to witness young people getting along, broadening their friendship groups and embracing younger students into their 'free time' at school and interests.

We are looking forward to the rest of the year ahead in supporting students learning and welfare needs and continuing to bring about innovation and change to our Library spaces and resources for everyone at MHS.

Health Care Plans 2019

Mudgee High School works closely with students and parents to ensure that all health concerns are managed well at school. Late last year, students with health care plans were sent documents for signing and revising. If you are still to return those documents, please do so at your earliest convenience. This will allow us to make sure records are as up to date as they can be. If your child has developed a health concern or has had changes to their health concerns/ medications, please inform the school in writing at your earliest convenience.



Cultural Diversity at Mudgee High School

Each week we will be profiling one of the many cultures represented at Mudgee High School.

Tonga provides this week's cultural profile.

The flag of Tonga was officially adopted on November 4, 1875.

One of the oldest flags of the island countries in the South Pacific Ocean, the flag's widely recognised red cross is symbolic of Christianity coming to the islands; white symbolises purity, and red represents the blood of Christ.

(Source: <https://www.worldatlas.com/webimage/countrys/oceania/tonga/toflags.htm>)

Tonga, officially known as the Kingdom of Tonga, is a group of islands located in the South Pacific Ocean. With Samoa and Hawai'i to the north and New Zealand to the south, Tonga is part of the countries and cultures that make up Polynesia. For centuries during the early modern period, Tonga was politically and culturally influential throughout Polynesia. Its people were particularly known for their warrior abilities and navigation skills. The Tongan empire had collapsed by the time the first Europeans made contact with the islands in the late 1700s and early 1800s. Although Tonga was influenced by European contact, especially Christian missionary activity, the country remained sovereign. In 1970, Tonga was granted full independence from voluntary protectorate status under Britain.

Although aspects of the traditional culture have changed due to interactions with the English-speaking West, Tongans continually find ways to uphold the Tongan way of life. For example, many Tongans place a high value on their families, paying respect to those of seniority and maintaining oral traditions of storytelling. Modern-day Tongans are often friendly, warm and hospitable people who prioritise positive social interactions over worrying about the future.

Gender is the primary determinant of one's position in the social and familial hierarchy in Tonga. Women are highly respected. After gender, the second determinant of hierarchy is age. For example, a 15-year-old girl may have a higher social position than her 20 year old brother. Therefore, Tonga can be thought of as a matriarchal society.

Population 103,252 [2011 est.]

Languages English and Tongan (84.0%); Tongan language only (10.6%); English language only (0.05%); Other (0.04%); [2011 est.]

Religion Free Wesleyan Church [Christianity] (35.5%); The Church of Jesus Christ of Latter-day Saints [Christianity] (18.0%); Roman Catholic [Christianity] (15.0%); Free Church of Tonga [Christianity] (11.5%); Church of Tonga [Christianity] (6.7%); Tokaikolo Christian Church [Christianity] (2.5%); Assembly of God [Christianity] (2.5%); Seventh day Adventist [Christianity] (2.3%); Other Pentecostal Denomination (1.0%); Other (0.8%); None (0.03%); Unspecified (0.02%); [2011 est.]

Ethnicities Tongan (97.7%); Part-Tongan (1.0%); Chinese (0.08%); European (0.05%); Fijian (0.03%); Fijian Indian (0.01%); Other Pacific Island (0.02%); Other Asian (0.02%); Other (0.3%); [est. 2011]

Australians with Tongan Ancestry 32,691 [2016 census]

Tongans born in Tonga now living in Australia 9,963 [2016 est.]

Population of Tongan students at Mudgee High School 0.1%

Source: <https://culturalatlas.sbs.com.au/tongan-culture/core-concepts-8ab387f7-b9b4-4be7-850e-3999fc1d63f5#core-concepts-8ab387f7-b9b4-4be7-850e-3999fc1d63f5>

Harmony Day Poster Competition

2019 Competition

Each year, the Harmony Day Poster Competition attracts thousands of entries and brings out the creativity and passion of school students motivated by a desire for a peaceful and inclusive society.

The competition is open to all primary and secondary students across NSW and the ACT.

Theme

Students are encouraged to visually articulate their interpretation of the 2019 theme:

‘Harmony – it’s up to us’.

Closing date

The closing date for entries is Friday 12 April 2019.

Prizes

Prizes are awarded in two categories – Senior (Year 7 – Year 12) and Junior (K -Year 6).

In each category the following prizes are awarded:

State Winner \$500

Regional Winner \$150

State Winner’s School \$500

Winners will be decided in May 2019 and a prize giving function is scheduled to be held at the

NSW Parliament in June 2019



For more information and to download the entry form and the entry rules, go to <http://movingforwardtogether.org.au/harmony-day-poster-competition/>



There is also a **Song Writing Competition** for those of you with a lyrical prowess!! Go to <http://movingforwardtogether.org.au/harmony-day-song-writing-competition/> for more details on this one.

For more information about any of this, see Miss Windeyer in the HSIE staffroom.





Bawamarra

(Relate news, Communicate)



2019 Arts Initiatives

NSW Public Schools

Secondary Aboriginal Dance Workshops

Presented by the Arts Unit in partnership with

Bangarra Dance Theatre's Youth Program



Aboriginal students from NSW Public Schools are invited to participate in these one day workshops run by the Department of Education in collaboration with the internationally renowned Bangarra Dance Theatre. These workshops cater for both experienced and inexperienced Aboriginal and Torres Strait Islander dancers. Aboriginal and Torres Strait Islander boys and girls from Years 7-12 are invited to attend. Students with exceptional talent and potential will be identified from these workshops and shortlisted to be invited to join the 2019 NSW Public Schools Aboriginal Dance Company. In 2018, the Aboriginal Dance Company and Schools Spectacular Aboriginal Dance Ensemble performed to great acclaim at a range of high profile and televised events.

The cost for each full day workshop is \$33.00 per student including GST
All workshops will run from 9.15am - 2.30pm

Applications are now open for the following 2019 workshops:

Workshop: Byron Bay HS	Date: Tuesday 19 February 2019
Workshop: Nambucca HS	Date: Wednesday 20 February 2019
Workshop: Taree HS	Date: Thursday 21 February 2019
Workshop: Newcastle HS	Date: Friday 22 February 2019
Workshop: Batemans Bay HS	Date: Tuesday 12 March 2019
Workshop: Nowra	Date: Wednesday 13 March 2019
Workshop: Sydney - Robyn Webster Sports Centre	Date: Friday 15 March 2019
Workshop: Brewarrina CS	Date: Tuesday 19 March 2019
Workshop: Wellington HS	Date: Wednesday 20 March 2019
Workshop: Duval HS	Date: Friday 22 March 2019
Workshop: Deniliquin HS	Date: Tuesday 26 March 2019
Workshop: Leeton HS	Date: Wednesday 27 March 2019

Download the information package and apply for workshops here: <https://www.artsunit.nsw.edu.au/events-initiatives/secondary-aboriginal-dance-workshops>



MUDGEE HIGH SCHOOL CANTEEN MENU 2019

HOT FOOD AVAILABLE EVERY DAY

CHICKEN & CORN ROLL	\$ 1.70
PIZZA ROUND	\$ 3.00
BEEF TRAVELLER PIE	\$ 4.00
CURRY CHICKEN PIE	\$ 4.50
POTATO PIE	\$ 4.50
CHILLI BEEF SAUSAGE ROLL	\$ 3.50
SAUSAGE ROLL	\$ 3.00
BEEF & GRAVY ROLL	\$ 5.00
HOT DOG WITH CHEESE	\$ 4.00
HOT DOG	\$ 3.50
GLUTEN FREE BEEF PIE	\$ 4.50
MAYO/SAUCE PORTIONS	\$ 0.30

ROLLS & SANDWICHES

HAM SALAD	\$ 5.00
EGG SALAD	\$ 5.00
CHEESE SALAD	\$ 5.00
CHICKEN MAYO & SHALLOTS	\$ 5.00
CHICKEN CAESAR	\$ 5.00
SWEET CHILLI CHICK/AVOCADO	\$ 5.00

ALL ROLLS CAN BE MADE ON GLUTEN FREE ROLLS

PLAIN BREAD ROLL	\$ 1.20
------------------	---------

SALADS

GARDEN SALAD GF	\$ 6.00
CHICKEN CAESAR SALAD	\$ 6.00
FRESH FRUIT SALAD	\$ 4.00
SEASONAL FRUIT	\$ 1.00

CHECK AVAILABILITY OF THESE SALADS

BUDDHA BOWLS	\$ 7.50
POTATO SALAD WITH CURRIED CHICKEN	\$ 7.50
MEXICAN CHICKEN WITH GUACAMOLE	

BROWN RICE & JALAPENO SALAD	\$ 7.50
GREEK SALAD	\$ 6.00
COUS COUS SALAD	\$ 5.00
PASTA SALAD	\$ 6.00

SUSHI	\$ 5.00
-------	---------

SNACKFOOD

RED ROCK DELI CHIPS	\$ 1.00
JJ SNACKS	\$ 1.50
GRAIN WAVES	\$ 1.00

CHECK OUR DAILY MENU BOARD FOR OTHER SPECIALS INCLUDING HOMEMADE SOUPS, PASTAS, FOCCACIAS, TURKISH MELTS, CURRIES, BURGERS AND SALADS

PLEASE NOTE: PINENUTS ARE USED IN PESTO, CASHEWS, ALMONDS & WALNUTS MAY BE USED IN SOME SPECIALS. IF YOU HAVE NUT ALLERGIES PLEASE CHECK WITH CANTEEN LADIES

Please note these prices are subject to change throughout the year due to the increase in wholesale prices

*** GLUTEN FREE LUNCHES...ALL DAILY SPECIALS CAN BE ADAPTED TO GLUTEN FREE PLEASE ENQUIRE AND THESE WOULD NEED TO BE PRE ORDERED**

MILK AND DAIRY

MOOVE 300ML	\$ 2.50
MOOVE 500ML	\$ 4.00
PLAIN MILK	\$ 2.00
THICK& CREAMY YOGHURT	\$ 2.50
DARE 500ML	\$ 4.00
NIPPY'S MILK 375ML	\$ 3.50
CUSTARD 600ML	\$ 3.50

BEVERAGES

COOLRIDGE WATER 750ML	\$ 4.00
WATER 600ML	\$ 2.00
GATORADE G2	\$ 4.00
HOT MILO (Winter only)	\$ 2.00
PEPSI MAX 600ML	\$ 4.00
COKE ZERO	\$ 2.50
SPRITE ZERO	\$ 2.50
KYNETON MINERAL WATER	\$ 3.00
BERRI FRUIT JUICE 350ML	\$ 3.00

ICECREAMS

SHAKY SHAKE	\$2.00
PADDLEPOPS	\$ 1.60
Bulla FROZEN YOGHURT	\$ 2.50
Twisted FROZEN YOGHURT	\$ 2.50
MILO SCOOP	\$ 3.50
CYCLONE	\$ 2.00
RASPBERRY ICY POLE	\$ 1.30
LEMONADE TWIST	\$ 1.00

DAILY SPECIALS

MONDAY

SWEET CHILLI CHICKEN WRAP (ORDER ONLY)	\$ 5.00
--	---------

TUESDAY

PIZZA SUB	\$ 2.50
-----------	---------

WEDNESDAY

WEDGES	\$ 2.50
sour cream/sweet chilli sauce	\$ 0.50

THURSDAY

CHICKEN BURGERS	\$ 4.00
GF CHICKEN BURGER	\$ 4.00
GF Order only	

FRIDAY

THAI CHICKEN ROLL OR BOWL ORDER ONLY	\$ 6.00
--------------------------------------	---------

Blue Healers is coming to Mudgee

a program to help people manage mild to moderate
Depression, Stress & Anxiety
and develop learning strategies for coping

***FREE**



Register today for the **Blue Healer Education Program**

Do you feel:

- Worthless
- Tired and Irritable
- Hopeless & Angry
- Suicidal

Finding it hard to:

- Sleep
- Eat Regularly
- Concentrate
- Enjoy things you used to

The NALAG Centre will be holding the Blue Healers
Depression, Stress and Anxiety in Mudgee

Friday 29 March 6-9pm

Saturday 30 March 9-4pm

For more information please contact

Phone: 6882 9222

email: shelleycarolan@nalag.org.au
to register today!

* Free to all suitable applicants

**NALAG Centre for
Loss & Grief**





**TEXT 'EXCHANGE' TO
0428 246 633
FOR A FREE INFO PACK!**

IF NOT NOW, WHEN?

AT A GLANCE!

- Choose from 27 countries
- Attend school overseas
- Live with a local host family
- Make memories to last a lifetime!

**"THIS HAS BEEN THE MOST
AMAZING ADVENTURE,
THERE ARE NO WORDS!"
CAITLIN, CANADA**

SCHOLARSHIPS AVAILABLE!

WEP.ORG.AU INFO@WEP.ORG.AU 1300 884 733

SPONSORSHIP

Mudgee High School - LINK Program

Proudly supported by

GLENCORE

Ulan Coal Mine



Coming soon to Mudjee High School

Mid June 2019

Stay tuned!