

# MHS Newsletter

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<https://www.facebook.com/mudgeehighschool/>



Monday  
11 November  
Week 5 Term 4  
2019

## Principal's Message

```
01 cout << "Hello Mudgee High School" << endl;  
02 System.out.println("Hello Mudgee High School");  
03 print("Hello Mudgee High School")
```

As I sit to write this week's editorial, I have completed a term (10 weeks) working at Mudgee High School. A little daunting when you are still in the process of trying to remember more names than you keep forgetting, and getting a feel for how this school operates, to then be thrown into the hot seat. Whilst all NSW government schools operate under the same rules and regulations, every school has a slightly different approach to doing things and a unique culture. So far I have been impressed with what I have seen. I have found the students and staff very welcoming and focused on the task of getting to class in order to get on with learning. Those who normally read this editorial armed with a dictionary need not reach to the bookshelf, I cannot claim to possess the vast vocabulary of the usual author. However, if you are wondering what the lines above are all about, then I can provide this small lesson on language.

Being a mathematics and computing teacher, the languages I teach are programming languages. The very first program you learn to write when learning a language is to print the words "Hello World" out to the screen. Line 1's language is C++, Line 2's is Java, and Line 3's is Python. Whilst all programming languages are bound by the same rules and regulations of logic, there are small differences that you need to get used to changing from one to the other.

## Pens Down Yr 12 & Stables Exhibition

Monday saw the conclusion of the 2019 HSC for Mudgee High students. I had the pleasure of opening the HSC Art Major Works exhibition on Monday evening. As always, the Visual Arts, Textile & Design and Industrial Technology works produced by our students continue to impress. Well done to those students who put tremendous effort into their major works.

## Year 8, 9 & 10 2020 Elective Subject Selection

This year's subject selection process is well underway, with current Year 7's already making selections for next year's elective offerings. Year 8 and Year 9 will start making their selections this week.

Dayne Rosolen

Relieving Principal

*A Member of the  
Cudgegong Learning  
Community*

PLEASE SEE OUR WEBSITE  
FOR THE COMPLETE  
CALENDAR OF EVENTS



### COMING EVENTS

- 11-14 November Stables HSC Exhibition
- 25 November P&C meeting
- 27 November Year 6 into 7 orientation day
- 5 December MAD Concert
- 12 December - Presentation Evening 7.00pm

### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C and SRR Awards
- Writing Friday
- School calculator price change
- EOY Presentation Assembly
- Positive Behaviour for Learning
- HSIE News
- Bawamarra - Relate news, communicate
- Anti-bullying Alliance update
- The Learning Curve
- Cyber Safety
- Advertisements
- Sponsorship

## MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday 25 November 2019 at 7pm in the school library.

Entry via Horatio Street.

All welcome.

## Week 4 Term 4 Awards

**P&C Awards:** Yr 7 Jaxson Turnbull, Yr 8 Jack New, Yr 9 Brandon Smith, Yr 10 Lachlan Date, Yr 11 Campbell Wall

**SRR Award:** Beau Rohr Yr 7

## Writing Friday

### At the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month the guns fell silent...

Remembrance Day is a time for reflecting on the role that soldiers play in making the world a more peaceful place. Write about how you feel about remembering the soldiers who fought for their countries.

In your writing use:

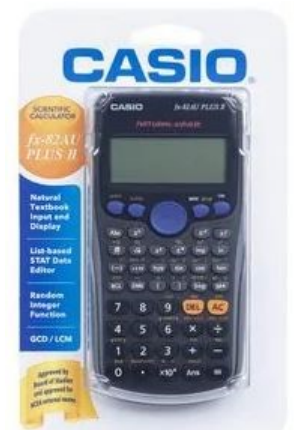
- \* A simile
- \* First person
- \* The word 'sacrifice' it can be a verb meaning 'to give something up' or a noun meaning 'something that is given up'

Your goal:  
200 words  
20 minutes



## School calculator price change

Please be advised that the cost of calculators purchased from the school office has risen to \$23.60



## The End of Year Presentation Assembly 2019

As the end of year approaches, we are preparing for **The End of Year Presentation Assembly** where students will be presented with Academic Achievement Awards for Semester 2.

**The End of Year Presentation Assembly will be held on Thursday 12th December at 7pm in the Gymnasium.**

After the awards have been finalised, lists of all **students receiving awards will be advertised on each Year Adviser's Noticeboard, as well as through the MHS website and the MHS Facebook site.**

Students will only receive a letter home if they are receiving a Special Award.

## Positive Behaviour for Learning

### PB4L News

This week our PB4L focus is Mobile Phones.

Whilst in class students are to have their phones off and in their bags. If any phone calls need to be made between students and home, please go through the office. We can arrange for messages when necessary.

We have been working hard to teach students our expectations in regards to mobile phone usage. This is to help foster good communication between student's teachers and peers and to allow uninterrupted teaching and learning in every classroom.

PB4L Team



# HSIE News

## Sydney Excursion Year 12 Geography

During Week 2 Year 12 Geography went to Sydney for three days to complete the first part of the compulsory field work for the HSC course. The students travelled to Sydney on public transport and stayed at the YHA Central.

On Wednesday afternoon, after depositing luggage, the group went out to La Perouse to sketch Port Botany and get a general feel for the wave movements in the bay. This information was a useful background for the Friday, when the students studied the impact of the port and airport on the RAMSAR listed wetlands at Towra Point.

Thursday saw the students travel the Green Square development to complete fieldwork on Urban Consolidation in a large city. Topic two of the HSC course is Urban Areas, and the students complete a case study on Sydney. This tour gave them lots of useful insight into the planning process for continuing to develop a world city and creating livable spaces within that city.

Friday morning came, and another train ride to Cronulla and taxis to the study site at Kurnell. This field work was hot (temperature of 36 degrees in Sydney) and very wet. We walked a total of 8 kms, much through wetlands. A second pair of shoes was a luxury. At the end of the day, wet and very hot, we got on the train back to Central to collect luggage, and then return to Mudgee via public transport, arriving back at about 9.30pm.

It was a pleasure to take such a committed, responsible group of students away, and they once, again displayed the great manners and enthusiasm that we have come to expect from Mudgee High students.

*S Spinner*



Towra Point Nature Reserve



Green Square Sydney

## Calendar

### Week 5

12-13 November

- Year 10 Love Bites

### Week 7

27 November

- Year 6 orientation day

### Week 8

3 December

- Year 12 Legal Studies Crime assignment due (in class component)

- Year 12 Ancient History assignment due (in class component)

5 December

- Akano Amuda - motivational speaker in the gym

### Week 9

9 December

- Year 12 Business Studies assignment due (in class component)

10 December

- Year 11 Crossroads (Life Ready)

### Week 10

16 - 18 December

- Year 11 Bonding Camp

**Human Society in all its complexities is, at its heart, deceptively simple. All of us wants to do our best, to leave a mark in the short time we are here. The HSIE faculty aims to equip young people with the skills and knowledge to determine in what way (s) they leave their mark, and how to make their legacies positive.**

## Year 9 Geography – Water Security Talk

On Friday 18<sup>th</sup> October, Year 9 Geography students had the opportunity to hear a guest speaker talk about the topic of water security in our region. Chris Devitt is a consultant to Dubbo City Council water management and he spoke to our students about the challenges before us regarding the need to share our most precious resource – water.

Year 9 Geography students are currently studying Sustainable Biomes, with a specific focus on Food Security. From the talk with Mr Devitt, students learnt how much holding capacity is in Windamere Dam and how much water the township of Mudgee uses in a year. He discussed the current application of water restrictions in the both Mudgee and other major towns in the Western NSW, discussing the need for water sharing to occur between those areas which have adequate water to those areas in serious need.

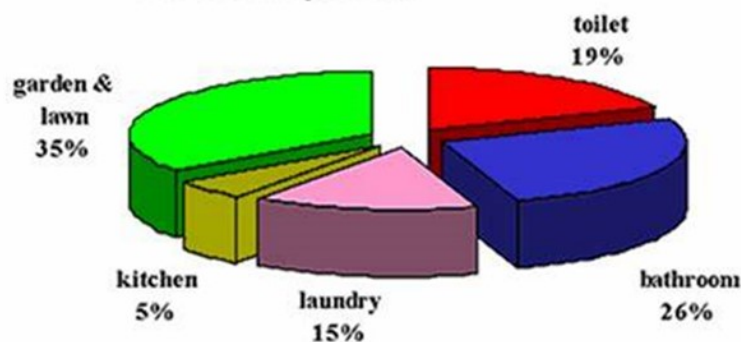
Students learnt that everyone has a role to play to ensure we all have adequate access to clean, safe water. The United Nations defines water security as:

*The capacity of a population to safeguard sustainable access to adequate quantities of acceptable quality water for sustaining livelihoods, human well-being, and socio-economic development, for ensuring protection against water-borne pollution and water-related disasters, and for preserving ecosystems in a climate of peace and political stability.*

Source: <https://www.unwater.org/publications/water-security-infographic/>



### Average family home consumption



With knowledge comes capacity to make credible changes. The following pie graph was used in the presentation to show students the average family home consumption of water:

Knowing this sort of information allows each of us to think about what we are doing in each of those sectors of our own homes. We can then take steps to manage our own individual water consumption.





## Bawamarra

(Relate news, communicate)



### Applications for CSU 2019 programs are now open

The Indigenous Access Program is a 5 day testing and assessment program offered to Indigenous participants wanting to study at Charles Sturt University.

Successful completion of this program will gain you entry into a range of CSU Bachelor courses.

(<https://study.csu.edu.au/get-support/indigenous>)

All travel, meals and accommodation are covered for eligible participants.

Places are filling fast! Visit our website today: [csu.edu.au/iap](https://csu.edu.au/iap)

Alternatively if you have any questions please feel free to contact the team on (02) 6933 4020 or email [afb@csu.edu.au](mailto:afb@csu.edu.au)



### Walanga Muru's Aboriginal and Torres Strait Islander Entry Pathway (ATSIEP)

An opportunity for Aboriginal and/or Torres Strait Islander students to gain entry to study an undergraduate level course at Macquarie University.

In 2019 they are hosting interviews in the 2nd week of each month from NOW to January 2020.

Walanga Muru's ATSIEP is a 2-stage process, comprising of an online application and an interview. Interviews will be held on campus to give students the opportunity to elaborate on their application in a casual setting and hopefully gain entry into any undergraduate degree here at Macquarie University in 2020 prior to the main round offers.

The on-campus interview days also gives students the chance to meet with other Aboriginal and Torres Strait Islander students currently studying at Macquarie University, learn more about our centre and the University campus, the events they run, and find out about any scholarships and accommodation options, and sporting opportunities etc. that you may be eligible for.

Each student that completes an online application (check out the link below for more info on the application) will be notified within 3 days of submitting an application whether their application is ready for an interview.

From the students interview date they will know within 2 weeks from the day they attend their interview whether they have been successful.

There are no prerequisites and students can apply if they:

- Would just like the peace of mind of an early offer.
- Are not going to receive an ATAR.
- Think that they may receive an ATAR score lower than is required for admission to their chosen degree.

**APPLY NOW as applications are NOW OPEN**

[https://it-mqu.formstack.com/forms/aboriginal\\_and\\_torres\\_strait\\_islander\\_entry\\_pathway](https://it-mqu.formstack.com/forms/aboriginal_and_torres_strait_islander_entry_pathway)



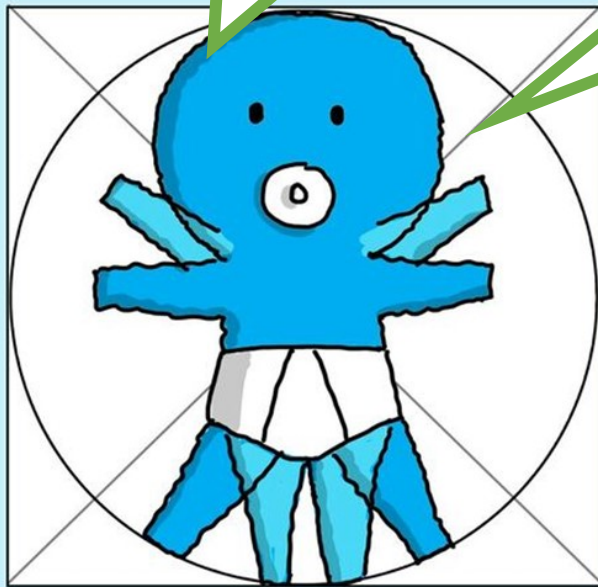
# Anti Bullying Alliance update

## POWERFUL CONVERSATIONS ON BULLYING Week 5: Prevention: Early Intervention



What responses or behaviours alert you that your child is stressed?

How do you support your child when you notice these signs?



Early Intervention

LeLIEVRE

### Identifying and supporting people who may feel vulnerable

Bullying should be taken seriously. Children and young people need to know that they are being heard, that their feelings matter, and that their issue will be investigated respectfully.





## Anti-Bullying Alliance Update

### If your child is being bullied



- ◆ **Listen calmly and get the full story.** Encourage your child to talk about what happened. Tell your child that reporting the bullying is okay. Listen carefully. Ask questions to get more details if you need to: who, what, where, when.
- ◆ **Reassure your child.** Many children blame themselves and this may make them feel even worse. Say things like, “That sounds really hard to deal with” or “I’m so glad you told me. You should feel safe at school.”
- ◆ **Ask your child what they want to do and what they want you to do.** It is important that you help your child find their own solution as this will help them feel that they have some control over the situation. Your child may be reluctant to speak to school staff. Discuss the idea and reassure them that the school would want to know and is able to help. Contact the school immediately if you have a concern about your child’s safety. If your child want to talk to someone other than the school, or you think added support would help, you may refer them to Kids Helpline 1800 55 1800.
- ◆ **If you need something done about an issue, your first point of contact is the Bullying and Harassment form. This can be completed online, via this link, or through a paper copy available from the office. <https://mudgee-h.schools.nsw.gov.au/supporting-our-students/student-health-and-safety/anti-bullying.html>. You can also contact a member of the ABA via email at [antibullying@mudgeehighschool.net](mailto:antibullying@mudgeehighschool.net) or phone and we will fill out a form on your behalf.** This form gives us the necessary information to follow up the incident in a sensitive and effective manner. Ask the school for a copy of the anti-bullying policy and any information they have on bullying. If the bullying continues or decreases, contact the school. Working together with the school is the best way to help resolve bullying issues.
- ◆ Children may try to deal with the bullying themselves. Some strategies that may help your child: ignore the person doing the bullying, tell them to stop and then walk away, pretend you don’t care, move to somewhere safe.

Source: <https://antibullying.nsw.gov.au/parents-and-carers/My-child-is-being-bullied>

A NSW Government initiative: [antibullying.nsw.gov.au](http://antibullying.nsw.gov.au).

An Anti-Bullying Alliance information and resource strategy in conjunction with Mudgee High School’s Anti-Bullying Plan.



**Wellbeing Builder:**

Middle – POSITIVE SELF-TALK

Senior – SELF-TALK

Wellbeing Element:

STRENGTHS AND EMOTIONS

Character Strength:

BRAVERY

Strengths Booster:

CLASSROOM STRENGTHS

Wellbeing Reflection Activities:

Middle – POSITIVE SELF-TALK,  
Senior – SELF-TALK (see website)

Parent Wellbeing:

To learn about how gritty you are, do Angela Duckworth's free Grit Scale Score at <http://bit.ly/gritscale>. Describe three things you have done where you believed you showed grit.*(Acknowledgement: Angela Duckworth)*

Often some of the most negative messages students receive come from their own self-talk in their heads. This tends to happen when they are under pressure and have a fixed mindset that there is nothing they can do about their issues and beyond their control. Combine this with the turbulence of the adolescent brain and the recipe is there for frequent stress and anxiety attacks.

One of the best positive coping strategies we can teach students is the power of positive self-talk. In fact, it will benefit our state of wellbeing to use it often too. Positive self-talk are *I can* and *I will* statements, which students say over and over to themselves. Doing this, contests the negatives and focuses them to start looking for what is right in what they are doing. See the Positive Education section for examples of positive self-talk that we can encourage students to use often.

The key to making positive self-talk most effective in maintaining growth mindsets, is to use it immediately negative thoughts enter their minds. When used well, these statements act as excellent *off ramps* for negative thinking and fixed mindsets. Positive self-talk is using their strengths to believe in their internal control of themselves.

*"If it is to be it is up to me."* Saying



# Cyberbullying



This factsheet explains cyberbullying and includes tips for parents and carers to manage this issue.



Cyberbullying is the use of technology to bully a person or group with the intention to hurt them psychologically, socially or physically.

— Office of the eSafety Commissioner



**Parents and carers need to take immediate action if their child is involved with cyberbullying.**



### WHAT DOES CYBERBULLYING LOOK LIKE?

Cyberbullying can include using instant messaging, social networking sites, blogs, online games, phone calls, video calls and SMS or MMS to;

- > post or share embarrassing videos or images of others
- > exclude or intimidate others online
- > repeatedly send threatening messages or harassing others online
- > send or share hurtful or abusive messages or emails
- > participate in nasty online gossip or chat



### WHY DO PEOPLE CYBERBULLY?

People might cyberbully others because they:

- > think it's amusing
- > don't like the person
- > think "it's just words"
- > don't believe there are any consequences
- > think they can remain anonymous
- > are doing it in retaliation

**None of these reasons, or any others, can justify cyberbullying.**





### WHAT ARE THE EFFECTS OF CYBERBULLYING?

Things that happen on the internet or mobile phones can have offline consequences. The emotional and psychological impact of cyberbullying can be devastating for victims. Some of the effects of cyberbullying may be:

- > changes in personality, becoming withdrawn, angry, anxious or sad
- > embarrassment
- > decline in performance at school
- > loss of self esteem
- > retaliating or revenge bullying
- > in extreme cases, may make people feel like they don't want to go on

**Cyberbullying hurts people. It can ruin lives. There are laws which apply to serious online harassment and online bullying.**



### HOW CAN YOU HELP YOUR CHILD IF THEY ARE BEING BULLIED?

- > Collect the evidence, keep text messages, print emails, take screen shots for submitting a report
- > Block and report cyberbullying to the website, app or social media platform
- > **The Office of the eSafety Commissioner** can help you remove serious cyberbullying material if it is not removed by the social networking site within 48 hours of making a report
- > Change your privacy settings
- > Encourage your child to take some time out from online activities and manage screen time
- > Most schools have a cyberbullying policy in place and should be able to provide support where there is a connection to the school or students
- > Seek advice from professional support services

**While each cyberbullying case is different, taking away the technology may make young people feel like they are being punished and can prevent them from coming to you with issues in the future. Social connectedness is an important factor in coping.**



### WHAT IF YOUR CHILD IS CYBERBULLYING?

It's important that as a parent or carer, you consider that there are circumstances in which your child may be online bullying, even if it's in retaliation.

- > Young people may not always be aware that their actions are cyberbullying
- > Talk to your child about their behaviour and the importance of being respectful to others online and offline
- > Encourage your child to read comments out loud before posting

**Most importantly, know where you can go for help!**

#### SUPPORT SERVICES INCLUDE:



**Kids Helpline**  
1800 55 1800



**Lifeline**  
13 11 14



**ReachOut**  
[www.au.reachout.com](http://www.au.reachout.com)



**Youth Beyond Blue**  
[www.youthbeyondblue.com](http://www.youthbeyondblue.com)



**Office of the eSafety Commissioner**  
[www.esafety.gov.au](http://www.esafety.gov.au)



The website or application that you were using at the time

MUDGEE HIGH SCHOOL  
HSC EXHIBITION 2019

ART TEXTILES WOODWORK



ART TEXTILES WOODWORK

**STABLES GALLERY**  
OPENING NIGHT - 11 NOVEMBER 2019  
HOURS: 12 - 14 NOVEMBER 10AM - 4PM  
15 NOVEMBER 10AM - 2PM

## Advertisements

### MUDGE HIGH SCHOOL CANTEEN MENU 2019

#### HOT FOOD AVAILABLE EVERY DAY

CHICKEN & CORN ROLL	\$ 1.70
PIZZA ROUNDA	\$ 3.00
BEEF TRAVELLER PIE	\$ 4.00
CURRY CHICKEN PIE	\$ 4.50
POTATO PIE	\$ 4.50
CHILLI BEEF SAUSAGE ROLL	\$ 3.50
SAUSAGE ROLL	\$ 3.00
BEEF & GRAVY ROLL	\$ 5.00
HOT DOG WITH CHEESE	\$ 4.00
HOT DOG	\$ 3.50
GLUTEN FREE BEEF PIE	\$ 4.50

MAYO/SAUCE PORTIONS	\$ 0.30
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#### ROLLS & SANDWICHES

HAM SALAD	\$ 5.00
EGG SALAD	\$ 5.00
CHEESE SALAD	\$ 5.00
CHICKEN MAYO & SHALLOTS	\$ 5.00
CHICKEN CAESAR	\$ 5.00
SWEET CHILLI CHICK/AVOCADO	\$ 5.00

#### **ALL ROLLS CAN BE MADE ON GLUTEN FREE ROLLS**

PLAIN BREAD ROLL	\$ 1.20
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#### SALADS

GARDEN SALAD GF	\$ 6.00
CHICKEN CAESAR SALAD	\$ 6.00
FRESH FRUIT SALAD	\$ 4.00
SEASONAL FRUIT	\$ 1.00

#### CHECK AVAILABILITY OF THESE SALADS

BUDDHA BOWLS	\$ 7.50
POTATO SALAD WITH CURRIED CHICKEN	\$ 7.50
MEXICAN CHICKEN WITH GUACAMOLE	

BROWN RICE & JALAPENO SALAD	\$ 7.50
GREEK SALAD	\$ 6.00
COUS COUS SALAD	\$ 5.00
PASTA SALAD	\$ 6.00

SUSHI	\$ 5.00
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#### SNACKFOOD

RED ROCK DELI CHIPS	\$ 1.00
JJ SNACKS	\$ 1.50
GRAIN WAVES	\$ 1.00

**CHECK OUR DAILY MENU BOARD FOR OTHER SPECIALS INCLUDING HOMEMADE SOUPS, PASTAS, FOCCACIAS, TURKISH MELTS, CURRIES, BURGERS AND SALADS**

**PLEASE NOTE: PINENUTS ARE USED IN PESTO, CASHEWS, ALMONDS & WALNUTS MAY BE USED IN SOME SPECIALS. IF YOU HAVE NUT ALLERGIES PLEASE CHECK WITH CANTEEN LADIES**

Please note these prices are subject to change throughout the year due to the increase in wholesale prices

**\* GLUTEN FREE LUNCHES...ALL DAILY SPECIALS CAN BE ADAPTED TO GLUTEN FREE PLEASE ENQUIRE AND THESE WOULD NEED TO BE PRE ORDERED**

#### MILK AND DAIRY

MOOVE 300ML	\$ 2.50
MOOVE 500ML	\$ 4.00
PLAIN MILK	\$ 2.00
THICK& CREAMY YOGHURT	\$ 2.50
DARE 500ML	\$ 4.00
NIPPY'S MILK 375ML	\$ 3.50
CUSTARD 600ML	\$ 3.50

#### BEVERAGES

COOLRIDGE WATER 750ML	\$ 4.00
WATER 600ML	\$ 2.00
GATORADE G2	\$ 4.00
HOT MILO (Winter only)	\$ 2.00
PEPSI MAX 600ML	\$ 4.00
COKE ZERO	\$ 2.50
SPRITE ZERO	\$ 2.50
KYNETON MINERAL WATER	\$ 3.00
BERRI FRUIT JUICE 350ML	\$ 3.00

#### ICECREAMS

SHAKY SHAKE	\$2.00
PADDLEPOPS	\$ 1.60
Bulla FROZEN YOGHURT	\$ 2.50
Twisted FROZEN YOGHURT	\$ 2.50
MILO SCOOP	\$ 3.50
CYCLONE	\$ 2.00
RASPBERRY ICY POLE	\$ 1.30
LEMONADE TWIST	\$ 1.00

#### DAILY SPECIALS

##### MONDAY

SWEET CHILLI CHICKEN WRAP (ORDER ONLY)	\$ 5.00
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##### TUESDAY

PIZZA SUB	\$ 2.50
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##### WEDNESDAY

WEDGES	\$ 2.50
sour cream/sweet chilli sauce	\$ 0.50

##### THURSDAY

CHICKEN BURGERS	\$ 4.00
GF CHICKEN BURGER	\$ 4.00
GF Order only	

##### FRIDAY

THAI CHICKEN ROLL OR BOWL ORDER ONLY	\$ 6.00
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# SHOOSH FOR KIDS

11 - 17 November 2019  
[sport.nsw.gov.au/shooshforkids](http://sport.nsw.gov.au/shooshforkids)

Join the Office of Sport, Sport NSW, State Sporting Organisations and grassroots clubs across the state for Shoosh for Kids, the initiative promoting positive spectator behaviour at junior sport. Visit our website to sign up, gain access to posters, social media posts and more and let your members know where you stand on poor spectator behaviour.



Let's keep kids coming back to junior sport!

Shoosh for Kids is proudly supported by:

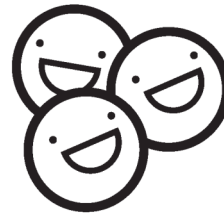


# What is SHOOSH FOR KIDS all about?



Shoosh for Kids isn't about staying **completely silent** as a spectator.

In fact, **positive** spectator behaviour is encouraged. Cheering on both sides of the competition is encouraged.



Shoosh for Kids is about trying to make sure the environment at junior sport remains positive - so that kids keep coming back to sport and stay happy and healthy.

Find out more at or join the initiative  
[sport.nsw.gov.au/shooshforkids](http://sport.nsw.gov.au/shooshforkids)

JOIN NOW



*Australian*  
**Air League**

NSW Group

## Mudgee Boys Squadron

### is now enrolling.





Since 1934, the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills such as leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls the age of 8 years from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Childrens Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.



**Mudgee Boy Squadron**  
**Meeting Night:** Friday  
**Meeting Times:** 7.30pm till 9.30pm  
**Meeting Place:** Aero Club clubhouse, George Campbell Dr,  
Mudgee Airport, Mudgee



**FOR MORE INFORMATION PLEASE CONTACT**  
Mark Woodhead 0411 435 756 or  
Thomas McAdam 0421 794 065  
Email: [mandiwoodhead@optusnet.com.au](mailto:mandiwoodhead@optusnet.com.au) or [oc.georgecampbell@airleague.com.au](mailto:oc.georgecampbell@airleague.com.au)  
[www.airleague.com.au](http://www.airleague.com.au) Email: [info@airleague.com.au](mailto:info@airleague.com.au)  
Free Call: 1800 502 175



## YOUTH FOR UNDERSTANDING Student Exchange Programs

YFU Student Exchange is a not for profit, volunteer supported organisation that operates in more than 50 countries worldwide. We have students arriving in Australia in 2020 and they need host families!

Phone: +61 2 9659 2420

Free Call: 1800 654 947 (Australia) Free Call: 0800 833 624 (New Zealand)

Websites: [www.yfu.com.au](http://www.yfu.com.au) [www.yfu.co.nz](http://www.yfu.co.nz)

**YOUTH FOR UNDERSTANDING**  
Student Exchange Programs

### BECOME A HOST FAMILY

Give your family a global perspective without leaving home.

To find out more about hosting an international exchange student visit [yfu.com.au/about-hosting](http://yfu.com.au/about-hosting)

NEW STUDENTS ARRIVING SOON

**open minds and hearts**

Find us on Facebook

**NSW GOVERNMENT**

**SCHOOLS SPECTACULAR 2019**

**SCHOOLS SPECTACULAR 2019**

**TICKETEK** **QUDOS BANK ARENA FRI 22 & SAT 23 NOVEMBER**

The Schools Spectacular is an iconic cultural event, unequalled in the world.

With a 2700 voice choir, 2300 diverse dancers, an 80-piece symphony orchestra, a world-class stage band and a vast number of outstanding solo performers, the Schools Spectacular is unparalleled in the world in terms of sheer size, scale and scope.

In fact, this world-class performance is a Guinness World Record holder! Showcasing incredible talent of all ages from public schools in all regions of NSW, this is a not-to-be-missed event.

Tickets are selling fast and time is running out so grab your tickets today.

# INDIGENOUS ACCESS PROGRAM

MAKE TRACKS AND GET STARTED ON YOUR PATHWAY TODAY...



Are you curious about university, but not sure if you'd get in?

You're not alone. Which is why Charles Sturt University has developed the Indigenous Access Program.

It's a five-day alternative entry program for Australian Aboriginal and Torres Strait Islander people, of all ages, wanting to study at Charles Sturt.

How does it work?

You will undertake a range of testing and assessments which will determine your suitability for study. It's a chance to work out what you want to do and see if your chosen course is a good fit. Together we'll create a personalised plan for your academic future. You'll also get to try out uni life and discover all the different services available at Charles Sturt.

If you're successful, you'll be guaranteed a place in a host of Charles Sturt undergraduate courses.

## Where and when?

### Dubbo Campus

8-12 July 2019

### Wagga Wagga Campus

18-22 November 2019

### Port Macquarie Campus

2-6 December 2019

### Bathurst Campus

3-7 February 2020

For eligible participants we'll even provide your travel, accommodation and meals for the week.

Hurry – places are limited.

**Apply today at [csu.edu.au/iap](https://csu.edu.au/iap)**

## For more information, contact:

**Email:** [afb@csu.edu.au](mailto:afb@csu.edu.au)

**Website:** [csu.edu.au/iap](https://csu.edu.au/iap)

**Phone:** (02) 6933 4020



**Charles Sturt  
University**







# GULGONG FOLK FESTIVAL

After some re-planning and juggling of Committee roles, Gulgong Folk Club Inc. now has a new Festival Director, and it is FULL STEAM AHEAD for the 34th annual Gulgong Folk Festival:

**29-31 December 2019.**

Sponsors still have time to jump on board.

Accommodation choices are varied, and will be eagerly sought.

The **Bushwackers Bush Band** has top billing.

On offer will be concerts, jam sessions and 'blackboard concerts (walk-ups), relaxed /informative workshops for instruments and voice.

Poets' Breakfasts, too. And, Buskers' Corner for morning music on Mayne Street.

\*Special news for songwriters ... **two (2) song writing competitions.**

- a) A new comp for any freshly penned folk song, with age categories up to 21 years/ over 21.
- b) The established and respected John Dengate political parody songwriting competition.

\* It is obvious that there is plenty of material around for folk songs and, especially, parodies!!

The main Festival venues have efficient air-con.

A Gulgong Treat:

Pianists are welcome to display their talents on the Steinway in the Prince of Wales Opera House in the Open Recital.

Do check out some details at [www.gulgongfolkfestival.net.au](http://www.gulgongfolkfestival.net.au) and like us on Facebook.

TryBooking is our online ticket sales contact of choice, with an impressive 'early bird' offer.

Children under 12 years of age gain FREE entry for the Festival.

Volunteers devoting 8-9 hours of Festival duty will earn a free 3-day Season Ticket.

Queries:

Please contact Di Clifford:- 0458 032 150 e:- [di.clifford15@gmail.com](mailto:di.clifford15@gmail.com)

## Sponsorship

**Mudgee High School - LINK Program**

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