

MHS Newsletter

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<https://www.facebook.com/mudgeehighschool/>



Monday
21 October
Week 2 Term 4
2019

Principal's Message

Addiction

Remember when a breakdown on the highway required a long trek or maybe a flagged hitch to the nearest payphone so as to summon the cavalry... which often came in a navy blue and white van that featured the letters NRMA?

Remember when you told your parents when you expected to be home and worked hard to meet that deadline because there was no way of letting them know that circumstances had changed, and you could cheerfully live without the grief tardiness always attracted?

Remember when "like" was more often than not a transitive verb that demonstrated attraction to someone, or the pleasure to be had from something? Or when to engage in twitter was the sole preserve of birds? Or when Instagram wasn't a thing at all?

... and then came the mobile phone.

Smartphones – now there's an oxymoron – are great little tools, much like knives, axes and chainsaws. In trained hands, all of these things are brilliant devices for accomplishing very specific tasks.

But like knives, axes and chainsaws, smartphones can be dangerous in the wrong hands.

In 2018, Chamath Palihapitiya, former Vice President of *User Growth* at Facebook, admitted to an audience of Stanford University students that he felt "tremendous guilt." This was in a response to a question about his involvement in exploiting consumer behaviour.

He said, "The short-term, dopamine-driven feedback loops that we have created are destroying how society works."

His admission in simple terms was this: smartphones turn people into genuine addicts.

Scoff at this claim and you may be in some serious peril.

Smartphones access social media* platforms and influence the very same neural circuitry used by poker machines and cocaine to keep users using... and using as much as possible. Seriously, you should really consider the science.

If you've ever misplaced your smartphone, you may have experienced a mild state of panic until you have found the thing. In surveys, three quarters of smartphone owners claim to have experienced this special kind of anxiety. When you consider that on average people spend between two and four hours per day tapping and swiping on their devices, touching them devotedly approximately 2,600 times in any twenty-four hour period, you begin to realise that we are talking about some serious digital addiction. And like the amputee who reports feeling an itch in a no longer existent foot, some feel their phone's siren-call vibration from deep within a pocket... where there is no phone.

At Mudgee High, we have toyed with a number of device policies since the popularity of smartphones went exponential some 10+ years ago. We began with a blanket ban that became a bane to administer. In more recent times, we have moved to a policy

*A Member of the
Cudgegong Learning
Community*

PLEASE SEE OUR WEBSITE
FOR THE COMPLETE
CALENDAR OF EVENTS



COMING EVENTS

- 28 October P&C meeting
- 11-14 November Stables HSC Exhibition
- 5 December MAD Concert

THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- Writing Friday
- School calculator price change
- MAD Concert 2019
- Year 8 Tennis Program
- Petrie's Mitre 10 School Trade Awards 2019
- Bawamarra
- Positive Behaviour for Learning
- Anti-bullying Alliance update
- MHS is an aerosol free school
- The Learning Curve
- Cyber Safety
- MHS HSC Exhibition at the Stables
- Advertisements
- Sponsorship

where devices can be used in breaks but are not to be seen in class time. Many have complied. Sadly, many have not. The addictive allure is often just too great; students slip it out to check the time in rooms where there is a clock... to check a profile... to buy into an argument... to get another hit.

Dopamine, that chemical produced by our brains that plays an Academy Award winning role in motivating behaviour, is a mighty tempter. The neuroscience that explains addiction suggests that moderation is all but useless. Abstinence is what is needed. But with abstinence in a school setting, enforcement becomes the issue.

At next Monday night's P&C meeting, a system that enforces abstinence will be on display.

That system is called Yondr.

Yondr is a magnetic pouch system. It requires students place their phone in a pouch upon entering school, sealing it away for the day. The pouches can be reopened again when leaving school. That means 6 hours and twenty-five minutes without smartphone access. Seems reasonable... like giving up cigarettes or for some, cutting off your right arm for others.

If you want to know what Yondr looks like in practice, you could do worse than view the short video accessed through the following link:



<https://www.abc.net.au/news/2019-06-22/mobile-phone-lock-and-learn-trial-in-wauchope/11209716>

... or you could join us on Monday night in the library, kicking off at 7pm.

We adults survived a world without twenty-four hour connection. I'm sure our kids could use a break too... they just don't know it yet.

EFTPOS arrives in the Canteen

Electronic funds transfer at point of sale became a thing at the school canteen this week. Well done DP Mr Rosolen, Mr Halbisch (P&C Treasurer) and of course Mrs Wakely and her canteen team in making this effective and efficient change to the way in which the canteen does business a real thing. Canteen sales via EFTPOS hit 31% on day one and 33% on day two.

EFTPOS will allow the P&C to better identify product trends and where efficiencies can be made so that the canteen remains viable well into the future.

And of course, there is the cashless ease of purchase that EFTPOS provides.

Until next week...

Wayne Eade
Principal

**social media* is one of the more ironic phrases coined in the Twenty-first Century. It is often the source of much antisocial behaviour... a not too dissimilar irony to putting the word "Community" in a Facebook page devoted to attacking the people and institutions within that same community; a place devoid of dignity, maturity and veracity.



Thomas Wheeler serving a customer with the new EFTPOS system

MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday 28 October 2019 at 7pm in the school library.

Entry via Horatio Street.

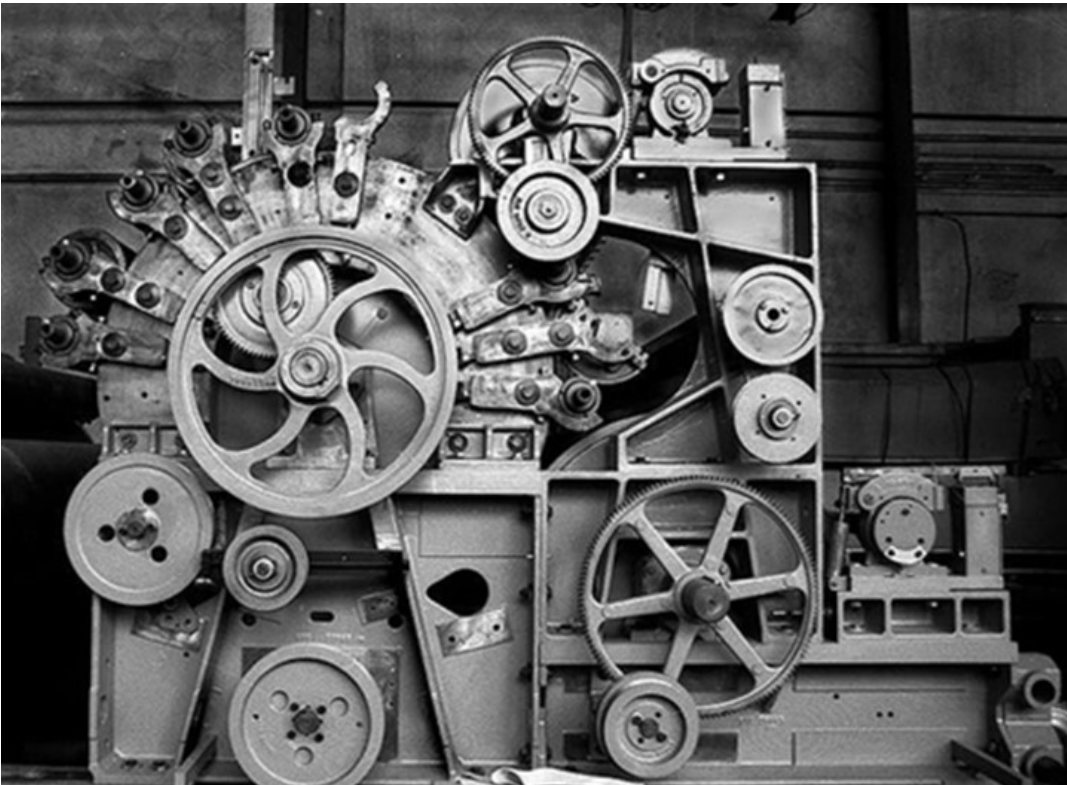
All welcome.

Week 1 Term 4 Awards

P&C Awards: Year 7 - Caliarne Clifford; Year 8 - Caiden Horten; Year 9 - John Wiseman;
Year 10 - Abigail Hamilton; Year 11 - Celine Gironda

SRR Award: Alexander Brennan

Writing Friday



What might this machine make?

Write a description of how it works and what it makes.

In your writing include:

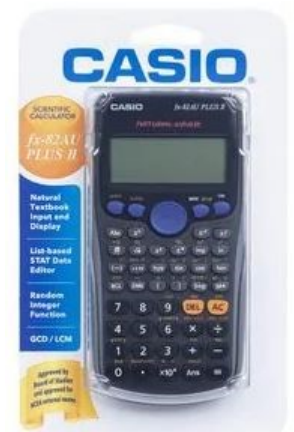
- A simile
- The word 'whirl' – it's a verb that means 'spin very fast'
- 2 interesting adjectives
- 2 onomatopoeic words

Your goal:

200 words
20 minutes

School calculator price change

Please be advised that the cost of calculators purchased from the school office has risen to \$23.60



MAD Concert 2019

This year's second and always biggest MAD concert will be held on **Thursday 5 December at 7pm** in the school gymnasium.

MAD Poster Competition

The poster competition is an opportunity for students to express their creative flair by designing a poster to advertise the upcoming MAD concert.

Poster designs should be submitted to the Creative Arts staffroom by **Thursday 14 November**.

MAD concert auditions

Audition forms for the MAD concert are available from the Creative Arts staff room.

Forms must be submitted back to the Creative Arts staffroom no later than **Thursday 14 November**.

There will be auditions and opportunities to work with teaching staff to sharpen those acts.



Year 8 Tennis Program

This year, Mudgee High School was fortunate to receive funding to provide all Year 8 students with the opportunity to participate in a tennis program run through Mudgee Tennis Club and NSW Tennis. This initiative is a NSW funded School Sports Program which provides a program for all primary schools and a targeted program for Year 7 and 8 students in secondary schools which aims to:

- Improve children's fundamental movement skills to encourage lifelong participation in physical activity.
- Increase the awareness of the value of sport in schools.
- Engage children in high quality sporting programs.
- Connect children with sport in their local communities.
- Develop the capability and capacity of sport to drive nationwide participation growth.

During Terms 2 and 3, every student was provided three coaching lessons by Mudgee Tennis Club. They were taught basic tennis skills which developed into playing some small games by the end of the 3 weeks. NSW Tennis provided 30 new racquets and 6 portable tennis nets which can now be used at school for minor games.

Many thanks to Angus McDonald for liaising with Mudgee High School and giving up his own time to help promote tennis at the school.

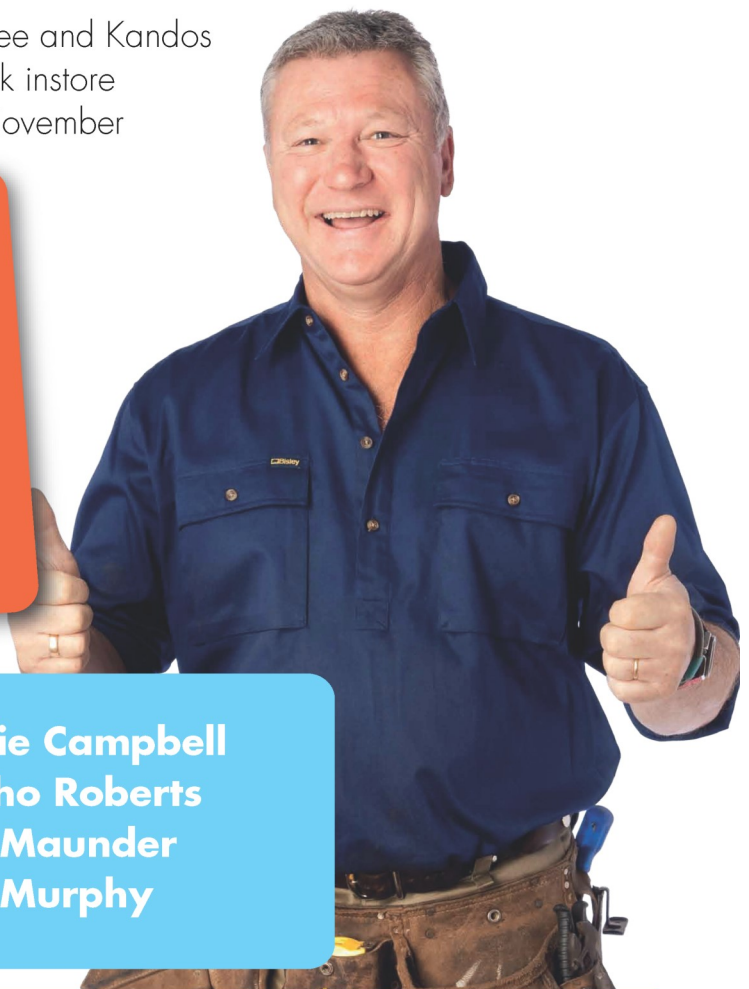


VOTE & WIN!

PETRIES MITRE 10 SCHOOL TRADE AWARDS 2019

Year 12 Technology Students from Mudgee and Kandos High Schools will be displaying their work instore Wednesday 23 October to Tuesday 5 November

**YOUR CHANCE TO WIN
A \$50 MITRE 10
GIFT VOUCHER**
Vote for your
favourite piece to
go in the draw!



Tim Rava
Tyler Flick
Mitchell Winsper
Daniel Frost

Shellie Campbell
Nickho Roberts
Niki Maunder
Alec Murphy

**AWARDS NIGHT WILL BE HELD AT PETRIES MITRE 10
TUESDAY 5 NOVEMBER 2019 FROM 6 – 7PM**

MIGHTY HELPFUL™ MITRE 10

PETRIES MITRE 10, 144 CHURCH ST, MUDGEE. PH 6372 1111



Bawamarra

(Relate news, communicate)



Applications for CSU 2019 programs are now open

The Indigenous Access Program is a 5 day testing and assessment program offered to Indigenous participants wanting to study at Charles Sturt University.

Successful completion of this program will gain you entry into a range of CSU Bachelor courses.

(<https://study.csu.edu.au/get-support/indigenous>)

All travel, meals and accommodation are covered for eligible participants.

Places are filling fast! Visit our website today: csu.edu.au/iap

Alternatively if you have any questions please feel free to contact the team on (02) 6933 4020 or email afb@csu.edu.au



Walanga Muru's Aboriginal and Torres Strait Islander Entry Pathway (ATSIEP)

An opportunity for Aboriginal and/or Torres Strait Islander students to gain entry to study an undergraduate level course at Macquarie University.

In 2019 they are hosting interviews in the 2nd week of each month from NOW to January 2020.

Walanga Muru's ATSIEP is a 2-stage process, comprising of an online application and an interview. Interviews will be held on campus to give students the opportunity to elaborate on their application in a casual setting and hopefully gain entry into any undergraduate degree here at Macquarie University in 2020 prior to the main round offers.

The on-campus interview days also gives students the chance to meet with other Aboriginal and Torres Strait Islander students currently studying at Macquarie University, learn more about our centre and the University campus, the events they run, and find out about any scholarships and accommodation options, and sporting opportunities etc. that you may be eligible for.

Each student that completes an online application (check out the link below for more info on the application) will be notified within 3 days of submitting an application whether their application is ready for an interview.

From the students interview date they will know within 2 weeks from the day they attend their interview whether they have been successful.

There are no prerequisites and students can apply if they:

- Would just like the peace of mind of an early offer.
- Are not going to receive an ATAR.
- Think that they may receive an ATAR score lower than is required for admission to their chosen degree.

APPLY NOW as applications are NOW OPEN

https://it-mqu.formstack.com/forms/aboriginal_and_torres_strait_islander_entry_pathway



Sydney University Indigenous Australian Engineering School

From **12-18 January 2020**, the Faculty of Engineering and Information Technologies at the University of Sydney will host the Indigenous Australian Engineering School (IAES), funded by Engineering Aid Australia.

The IAES Program gives 25 Indigenous high school students from across Australia, who are entering years 10, 11 and 12 in 2020, the opportunity to come to Sydney and explore the possibilities of studying and working within various fields of engineering.

The IAES Program is fully sponsored with all activities, accommodation, flights and meals covered by Engineering Aid Australia and the University of Sydney.

The week-long program will involve site visits to key Sydney locations, curriculum exercises and participation in cultural activities. Further highlights include networking opportunities with engineering industry representatives and recreational activities on Sydney Harbour.

If you are an Indigenous student with a high aptitude for mathematics and science and are interested in engineering, you are strongly encouraged to apply.

Application closing date: **18 October 2019**.

See **Miss Windeyer in HSIE** for application forms and details.



Applications are now open for the UNSW Science & Engineering Pre-Program

Coordinated by Nura Gili, UNSW's Indigenous Programs Unit, the program is designed to provide support and training for Indigenous school leavers to better prepare them for study in the fields of Science and Engineering through an immersive experience at UNSW.

This program is for current year 12 students. Travel and accommodation costs are covered by Nura Gili. Successful completion of the Pre-Program may lead to entry into an undergraduate degree with UNSW Science or Engineering.

Apply here: <https://www.nuragili.unsw.edu.au/study/indigenous-preparatory-programs> or email any questions to Science.EDI@unsw.edu.au



Anti Bullying Alliance update

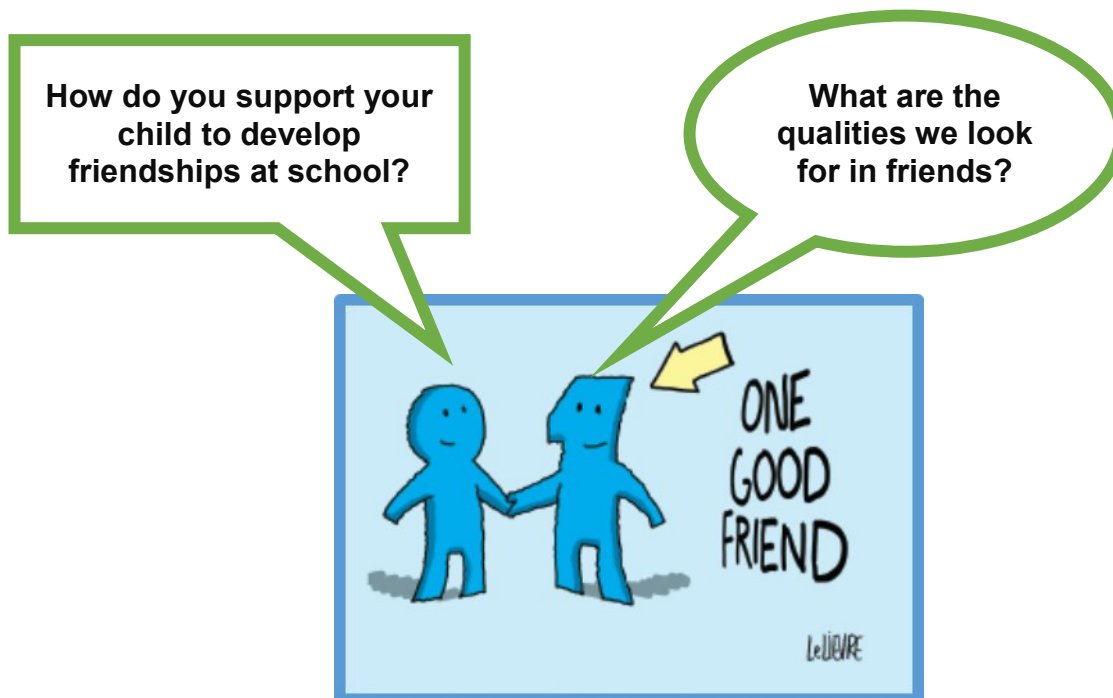
Powerful conversations on bullying

In Term 4, Mudgee High School's Anti-Bullying Alliance will provide information and resources developed specifically to trigger opportunities for casual and structured conversations on positive behaviours and actions. These resources will be presented in 4 sections: Prevention, Action, Resilience and Staying Safe Online. This week's newsletter begins with **Prevention: One Good Friend**.



The resource sections of the weekly conversations have been matched with thought-provoking questions to generate powerful conversations with students, staff and families to prevent, where possible, and address, where necessary, student bullying behaviours and building personal resilience – so as to support a whole school approach. There are also links to further resources and information on the NSW Anti-bullying website.

Week 1: Prevention - One good friend



Healthy friendships are important. A few solid friendships help your child feel connected to their world and have a positive impact on health and well-being. Friendships are crucial when it comes to bullying prevention. Here are the top seven characteristics to look for in a strong, connected and respectful friendship:

- Treat each other as equals.
- Be honest and trustworthy.
- Celebrate one another's success.
- Stand up for each other.
- Support other friendships.
- Be real and authentic.
- Do not engage in peer pressure.

Resource Link: 7 Characteristics of a Bully-proof friendship.

www.verywellfamily.com/7-characteristics-of-a-bullyproof-friendship-460644

Here is a list of helpful readings and viewings that may assist in establishing positive and strong friendships between our children:

Wendy Craig – Promoting healthy students through healthy relationships in the classroom:

Antibullying.nsw.gov.au/media/documents/presentations/Promoting-healthy-students-through-healthy-relationships-in-the-classroom.pdf

Upstanders:

[Antibullying.nsw.gov.au/for-students/upstanding-videos](https://antibullying.nsw.gov.au/for-students/upstanding-videos)

If you need something done about an issue, your first point of contact is the Bullying and Harassment form. This can be completed online, via the link below, or through a paper copy available from the office.

<https://mudgee-h.schools.nsw.gov.au/supporting-our-students/student-health-and-safety/anti-bullying.html>

You can also contact a member of the ABA via email at antibullying@mudgeehighschool.net or phone and we will fill out a form on your behalf. This form gives us the necessary information to follow up the incident in a sensitive and effective manner.

A NSW Government initiative: antibullying.nsw.gov.au.

An Anti-Bullying Alliance information and resource strategy in conjunction with Mudgee High School's Anti-Bullying Plan.



Mudgee High is an aerosol-free zone

Due to the risk of severe allergic reaction, serious asthma attack or migraine in sensitive individuals, the use of aerosol deodorants or perfumes is banned at Mudgee High.

Students are requested not to bring aerosols to school, excursions or sporting events. Aerosol deodorant should be applied at home. Roll-on or pump spray deodorant may be brought to school for "top-up" applications if necessary.

Aerosol sprays brought to school will be confiscated and may be collected by parents/carers.





Fact sheet

KIK MESSENGER (For parents)

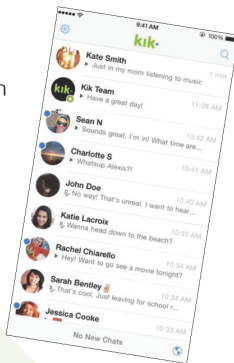


Follow us: @ThinkUKnow_Aus

facebook.com/ThinkUKnowAustralia

What is Kik Messenger?

Kik Messenger (Kik) is a free smartphone messenger application that allows users to send texts, pictures, videos and sketches. Kik uses a wireless connection or mobile data to send and receive messages.



What is the age restriction for Kik?

The age classification for Kik is 13-years-old, however young people between 13-17 years need to obtain parental permission before using Kik. If your child is using Kik and they are under 13, you can submit a deactivation request to have the account closed through the Kik website. This should occur in conjunction with an open discussion with your child about why this action is being taken. It is important to know that these age classifications are set by the apps creator and are not overseen by an independent body.

What are the potential problems with Kik?

Kik is a popular application amongst young people of all ages. Issues arise when this app is used to transmit messages that are menacing, harassing or offensive. In some cases this can see young people in breach of State and Commonwealth legislation. Ethically, young people need to be aware that the messages they send can have a significant impact on other people.

As Kik also has the capability for users to share images, it is important that your child is aware of the legal and ethical ramifications of sharing sexualised, provocative and nude images.

It is extremely important that parents and carers are aware of the issues associated with various apps and websites so they can openly communicate with their child about their safe and responsible usage of Kik.

How can I limit who can contact my child on Kik?

There is a feature on Kik called 'New Chats' which separates messages sent to your child by random users, from people in their contacts list.

It's a good idea for your child to disable notifications from this feature before they start using Kik to prevent them from communicating with people they don't know. To do so, select **Settings > Notifications** and turn off **Notify for New People**. This will hide any messages sent to your child from people who aren't on their contact list.

How can I block someone on my child's Kik account?

It is really important that children know how to block and report on every social networking site or app that they might use. To block a user in Kik select **Settings > Privacy > Block List**, click the + to select the username of the person you want to block and select **Yes** or **Block** to confirm. This will make sure that all messages from this user will be hidden.

Note: A user will not be notified when they have been blocked.

How can my child delete a user on Kik?

We recommend that you monitor your child's use of Kik and be aware of who they are communicating with. This might mean going through your child's contact list together to identify who they are talking to. It is important to ensure that their contacts are people whom your child has met in real life, trust and are safe to communicate with on a regular basis.

To delete a contact on Kik, select the **Talk** icon to see their contacts. Select the person you wish to delete, swipe or press and hold and select **Delete** or **Remove From List**.

How do I delete my child's Kik account?

After talking with your child about the ethical use of Kik and your family's rules around technology, you may think it's appropriate to delete the Kik account.

To delete a Kik account you require your child's username and password. To delete the account select **Settings > Your Account > Reset Kik Messenger**. You then need to delete the Kik application from your child's device. Ask a friend with Kik to send a message to your child's old account and within a few days your child will receive an email (sent to the email address used to sign up for the account) from Kik saying you have



Fact sheet

KIK MESSENGER (For parents)



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unread messages. At the bottom of this email will be a deactivation link – click on this and shortly after your account will be deleted.

Note: If your child logs into their Kik account before you have clicked on the deactivation link the request will be cancelled and the account will remain active.

Open and supportive discussions around technology usage are vital in ensuring your child understands their responsibilities when using technology. Simply removing the technology is not the best response as your child may then hide their use, making it more difficult for you to support them.



thinkuknow.org.au



MUDGEE HIGH SCHOOL
HSC EXHIBITION 2019

ART TEXTILES WOODWORK



ART TEXTILES WOODWORK

STABLES GALLERY
OPENING NIGHT - 11 NOVEMBER 2019
HOURS: 12 - 14 NOVEMBER 10AM - 4PM
15 NOVEMBER 10AM - 2PM

School Travel Applications



Applications for student travel in 2020 opened on Friday, 11 October 2019.

Students progressing to year 3 and year 7 no longer need to re-apply *if* they:

- Are continuing at the same school.
- Are residing at the same address.
- Have *not* been sent an expiry notification from Transport for NSW.

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

If students need to update their information or re-apply, they should go online to:

<https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before 31 December 2019 to ensure student entitlements are updated and their current entitlement/card is not cancelled. If their application is submitted after 31 December 2019, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2020.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address.

Note: Some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.



Advertisements

MUDGEE HIGH SCHOOL CANTEEN MENU 2019

HOT FOOD AVAILABLE EVERY DAY

CHICKEN & CORN ROLL	\$ 1.70
PIZZA ROUND	\$ 3.00
BEEF TRAVELLER PIE	\$ 4.00
CURRY CHICKEN PIE	\$ 4.50
POTATO PIE	\$ 4.50
CHILLI BEEF SAUSAGE ROLL	\$ 3.50
SAUSAGE ROLL	\$ 3.00
BEEF & GRAVY ROLL	\$ 5.00
HOT DOG WITH CHEESE	\$ 4.00
HOT DOG	\$ 3.50
GLUTEN FREE BEEF PIE	\$ 4.50

MAYO/SAUCE PORTIONS	\$ 0.30
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ROLLS & SANDWICHES

HAM SALAD	\$ 5.00
EGG SALAD	\$ 5.00
CHEESE SALAD	\$ 5.00
CHICKEN MAYO & SHALLOTS	\$ 5.00
CHICKEN CAESAR	\$ 5.00
SWEET CHILLI CHICK/AVOCADO	\$ 5.00

ALL ROLLS CAN BE MADE ON GLUTEN FREE ROLLS

PLAIN BREAD ROLL	\$ 1.20
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SALADS

GARDEN SALAD GF	\$ 6.00
CHICKEN CAESAR SALAD	\$ 6.00
FRESH FRUIT SALAD	\$ 4.00
SEASONAL FRUIT	\$ 1.00

CHECK AVAILABILITY OF THESE SALADS

BUDDHA BOWLS	\$ 7.50
POTATO SALAD WITH CURRIED CHICKEN	\$ 7.50
MEXICAN CHICKEN WITH GUACAMOLE	

BROWN RICE & JALAPENO SALAD	\$ 7.50
GREEK SALAD	\$ 6.00
COUS COUS SALAD	\$ 5.00
PASTA SALAD	\$ 6.00

SUSHI	\$ 5.00
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SNACKFOOD

RED ROCK DELI CHIPS	\$ 1.00
JJ SNACKS	\$ 1.50
GRAIN WAVES	\$ 1.00

CHECK OUR DAILY MENU BOARD FOR OTHER SPECIALS INCLUDING HOMEMADE SOUPS, PASTAS, FOCCACIAS, TURKISH MELTS, CURRIES, BURGERS AND SALADS

PLEASE NOTE: PINENUTS ARE USED IN PESTO, CASHEWS, ALMONDS & WALNUTS MAY BE USED IN SOME SPECIALS. IF YOU HAVE NUT ALLERGIES PLEASE CHECK WITH CANTEEN LADIES

Please note these prices are subject to change throughout the year due to the increase in wholesale prices

*** GLUTEN FREE LUNCHES...ALL DAILY SPECIALS CAN BE ADAPTED TO GLUTEN FREE PLEASE ENQUIRE AND THESE WOULD NEED TO BE PRE ORDERED**

MILK AND DAIRY

MOOVE 300ML	\$ 2.50
MOOVE 500ML	\$ 4.00
PLAIN MILK	\$ 2.00
THICK & CREAMY YOGHURT	\$ 2.50
DARE 500ML	\$ 4.00
NIPPY'S MILK 375ML	\$ 3.50
CUSTARD 600ML	\$ 3.50

BEVERAGES

COOLRIDGE WATER 750ML	\$ 4.00
WATER 600ML	\$ 2.00
GATORADE G2	\$ 4.00
HOT MILO (Winter only)	\$ 2.00
PEPSI MAX 600ML	\$ 4.00
COKE ZERO	\$ 2.50
SPRITE ZERO	\$ 2.50
KYNETON MINERAL WATER	\$ 3.00
BERRI FRUIT JUICE 350ML	\$ 3.00

ICECREAMS

SHAKY SHAKE	\$2.00
PADDLEPOPS	\$ 1.60
Bulla FROZEN YOGHURT	\$ 2.50
Twisted FROZEN YOGHURT	\$ 2.50
MILO SCOOP	\$ 3.50
CYCLONE	\$ 2.00
RASPBERRY ICY POLE	\$ 1.30
LEMONADE TWIST	\$ 1.00

DAILY SPECIALS

MONDAY

SWEET CHILLI CHICKEN WRAP (ORDER ONLY)	\$ 5.00
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TUESDAY

PIZZA SUB	\$ 2.50
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WEDNESDAY

WEDGES	\$ 2.50
sour cream/sweet chilli sauce	\$ 0.50

THURSDAY

CHICKEN BURGERS	\$ 4.00
GF CHICKEN BURGER	\$ 4.00
GF Order only	

FRIDAY

THAI CHICKEN ROLL OR BOWL ORDER ONLY	\$ 6.00
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MAJOR EVENT PARTNER

GLENCORE



HUNTERSCHOOLSMTB.COM

HUNTER
CHRISTIAN
SCHOOL

TEAMS CHALLENGE



Primary - 90 minute Race

Secondary - 3 hour Race

FRIDAY 18 OCTOBER 2019

entries @ www.hunterschoolsmtb.com

8AM - 3PM

MAISON DIEU ROAD, SINGLETON

Free M2O "Just Send It" socks for the first 200 entrants (Valued at \$25 each)

\$25

PER RIDER

Entries close at 9:00am

TUESDAY 10 OCTOBER

Event Partners

Energy and Management SERVICES



GLENCORE



www.hunterschoolsmtb.com



HUNTER
CHRISTIAN
SCHOOL

TOWN HALL CINEMA

Showing November 1st, 2nd & 3rd

Tickets available online from Monday 21st of October

Visit trybooking.com and search 'Mudgee Town Hall Cinema'.



Downton Abbey

Sat 2 nd Nov	7:30pm
Sun 3 rd Nov	4:30pm



Ride Like a Girl

Fri 1 st Nov	7:00pm
Sat 2 nd Nov	4:30pm



Abominable

Sat 2 nd Nov	11:00am
Sat 2 nd Nov	2:00pm
Sun 3 rd Nov	11:00am
Sun 3 rd Nov	2:00pm

* Tickets also available at the door (if not sold out prior).

For more information visit midwestern.nsw.gov.au or Mudgee Town Hall Cinema on Facebook

Ticket prices

Adults	\$15
Children/Concession (Seniors card not accepted)	\$10
Children under 5 years	Free

Proudly supported by



Combined Rotary Clubs of Mudgee

JOIN NOW



Australian
Air League

NSW Group

Mudgee Boys Squadron is now enrolling.



Since 1934, the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills such as leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls the age of 8 years from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.



Mudgee Boy Squadron
Meeting Night: Friday
Meeting Times: 7.30pm till 9.30pm
**Meeting Place: Aero Club clubhouse, George Campbell Dr,
Mudgee Airport, Mudgee**



FOR MORE INFORMATION PLEASE CONTACT
Mark Woodhead 0411 435 756 or
Thomas McAdam 0421 794 065
Email: mandiwoodhead@optusnet.com.au or oc.georgecampbell@airleague.com.au
www.airleague.com.au Email: info@airleague.com.au
Free Call: 1800 502 175

family fun day

- Giant slide
- Photo booth
- Mechanical bull
- Fun food & drink
- Sausage sizzle
- Lawn games
- Giveaways

FREE COMMUNITY EVENT

11:00am - 2:00pm Saturday 2nd November 2019

Cook Park, Summer Street, Orange, NSW 2800

Be one of the first 120 visitors to check-in at the CanTeen desk to receive a free Krispy Kreme doughnut.

Let us know you are coming by registering at ffd-canteen.eventbrite.com.au

CanTeen provides free support for young people aged 12-25 and their families when they've been impacted by cancer - either their own diagnosis, or the diagnosis or death of a family member.

For more information:

Contact 02 8974 4853, sydneyoffice@canteen.org.au or visit www.canteen.org.au



INDIGENOUS ACCESS PROGRAM

MAKE TRACKS AND GET STARTED ON YOUR PATHWAY TODAY...



Are you curious about university, but not sure if you'd get in?

You're not alone. Which is why Charles Sturt University has developed the Indigenous Access Program.

It's a five-day alternative entry program for Australian Aboriginal and Torres Strait Islander people, of all ages, wanting to study at Charles Sturt.

How does it work?

You will undertake a range of testing and assessments which will determine your suitability for study. It's a chance to work out what you want to do and see if your chosen course is a good fit. Together we'll create a personalised plan for your academic future. You'll also get to try out uni life and discover all the different services available at Charles Sturt.

If you're successful, you'll be guaranteed a place in a host of Charles Sturt undergraduate courses.

Where and when?

Dubbo Campus

8-12 July 2019

Wagga Wagga Campus

18-22 November 2019

Port Macquarie Campus

2-6 December 2019

Bathurst Campus

3-7 February 2020

For eligible participants we'll even provide your travel, accommodation and meals for the week.

Hurry – places are limited.

Apply today at csu.edu.au/iap

For more information, contact:

Email: afb@csu.edu.au

Website: csu.edu.au/iap

Phone: (02) 6933 4020



**Charles Sturt
University**





GULGONG FOLK FESTIVAL

After some re-planning and juggling of Committee roles, Gulgong Folk Club Inc. now has a new Festival Director, and it is FULL STEAM AHEAD for the 34th annual Gulgong Folk Festival:

29-31 December 2019.

Sponsors still have time to jump on board.

Accommodation choices are varied, and will be eagerly sought.

The **Bushwackers Bush Band** has top billing.

On offer will be concerts, jam sessions and 'blackboard concerts (walk-ups), relaxed /informative workshops for instruments and voice.

Poets' Breakfasts, too. And, Buskers' Corner for morning music on Mayne Street.

*Special news for songwriters ... **two (2) song writing competitions.**

- a) A new comp for any freshly penned folk song, with age categories up to 21 years/ over 21.
- b) The established and respected John Dengate political parody songwriting competition.

* It is obvious that there is plenty of material around for folk songs and, especially, parodies!!

The main Festival venues have efficient air-con.

A Gulgong Treat:

Pianists are welcome to display their talents on the Steinway in the Prince of Wales Opera House in the Open Recital.

Do check out some details at www.gulgongfolkfestival.net.au and like us on Facebook.

TryBooking is our online ticket sales contact of choice, with an impressive 'early bird' offer.

Children under 12 years of age gain FREE entry for the Festival.

Volunteers devoting 8-9 hours of Festival duty will earn a free 3-day Season Ticket.

Queries:

Please contact Di Clifford:- 0458 032 150 e:- di.clifford15@gmail.com

Sponsorship

Mudgee High School - LINK Program

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