# **MHS Newsletter**



Monday December 17 Week 10, Term 4

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### Principal's Message

#### Results

When speaking of diversity, most people seemingly think of racial or cultural differences. It could be argued that diversity has a far broader meaning. Nation of origin, language spoken at home or religious belief certainly contribute to diversity, but so too does family custom, level of income, degree of educational attainment and indeed life experience.

Last week, diversity was very much on display in and around Mudgee High.

On Tuesday evening, the second and by far the largest of the year's two MAD concerts was held. Mudgee high singers sang, musicians played and thespians acted, performing to a large and appreciate audience for more than two hours. Around the northern end of the hall were arranged the artworks of a great many students from both the junior and senior school.

Last Wednesday evening, the graduating Link class of 2018 had their celebratory dinner at the Golf Club. In a break from what has become a tradition since Mudgee High's unique Link program was established in 2012, a final motivational talk from a guest speaker was not sought. Instead, individuals from this fine group were enlisted as guest speakers on the night.

Those who spoke offered quite distinct insights into what they had gained from the program.

It is indeed a special evening when a young man of sixteen can talk about the lifeaffirming changes a school program has wrought for him. When that same young man adds how much appreciation he has for the dad who has always been there for him, that is an extraordinarily touching moment; the kind of moment that does not leave too many eyes dry.

Thursday evening allowed us to celebrate the academic, sporting and cultural achievements of so many of the young people who call Mudgee High their school. All Year cohorts were well represented, and there were again some fine musical pieces performed between the presentations.

Core business in any school is quite naturally academic achievement, but in a rural comprehensive school that is open to all, the business of school will always go beyond academia, as these three nights made so wonderfully clear.

Thursday also saw the release of HSC results

Mudgee High's Class of 2018 netted 10 Band 6 results and a further 48 Band 5 results.

Quite a haul.

On local radio it was reported that there were seven Band 6 results. Let it be known that 1 unit courses do not attract Band results in the same way that 2 unit courses do. Extension 1 and 2 unit Mathematics – the hardest high school mathematics there is and only offered face-to-face in one Mudgee school of which I am aware – are two such 1 Unit courses. When a student who has undertaken both Extension 1 and Extension 2 Mathematics does very well, that student earns what the NSW

### A Member of the Cudgegong Learning Community

PLEASE SEE OUR WEBSITE FOR THE COMPLETE CALENDAR OF EVENTS



#### COMING EVENTS

- Dec 19 Final day for students
- Dec 21 Final day for staff
- Jan 30 Yrs 7,11 and 12 students return to school
- Jan 31 Years 8, 9 and 10 students return to school
- Feb 25 2019 P&C meeting

#### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C Award and SRR Award
- Writing Friday
- Spirit of the Planet
- Library News
- Peer Support
- Advertisements
- Sponsorship

Educational Standards Authority (NESA) calls a "notional Band 6". Three of our four Extension 1 and 2 Mathematics students earned such Band 6 results, taking the total number earned by MHS students to 10.

ATAR results were released on Friday and were similarly strong. Well done Tom Loughnan, who earned a 96.85. Tom was not alone in achieving an ATAR result in the 90s. Sam McFarlane and Adam O'Connell were also in that pantheon. There were a great many personal bests achieved this year, some across the range of their subjects and some in individual courses. The latter group underscored the very real importance for students moving into the senior school of choosing subjects at which they are good and in which they have some enduring interest.

Mudgee High has a proud history of assisting young people to achieve personal bests in the things they attempt, including the HSC.

Private schools need schools like Mudgee High. They need us to catch all of the kids they are not prepared to take. We do just that and we do well with them.

A school that is there for a diversity of people is more than its NAPLAN, HSC, Valid or any other external testing regime results.

Your school – Mudgee High – is one such school.

Farewell

As this is the last newsletter of 2018, it is only fitting that a few farewells be posted.

A big thank you to Miss Bachu for her work this year in HSIE. Miss Bachu will take up a position at Kellyville High next year, a school much closer to her mum's cooking, so it is rumoured.

Mr Finter is off to Lightning Ridge Central School for all of 2019, where he will relieve as Principal.

Finally Mrs Davies, Mrs Fitzgerald and Ms Thompson are all heading off to retirement after the best part of a combined eighty years of service to the people of NSW in a number of schools. They are all wished many happy and without doubt more relaxed days.

Have a great Christmas and summer break.

Wayne Eade Principal



### **MUDGEE HIGH SCHOOL P&C**

The next meeting of the Mudgee High School P&C will be held on Monday 25 February 2019 at 7pm in the school library. Entry via Horatio Street.

All welcome.

### Week 9 Term 4 Awards

**P&C Awards:** Harrison Cole Yr.7, Maddison King Yr.8, Tristan Van Reason Yr.9, Jada Le Brocq Yr.10, Nicholas Price Yr.11

SRR Award: Abigail Hamilton Yr.9

Mid-Western Youth Council Youth Summer S	chool Holiday Activities
	Pool Party   Date: Mon 7 January 2019   Time: 16:00 - 17:30   Ages: 12 - 20   Cost: \$3 (16 and under), \$5 (17 and over)   Location: Kandos Pool, 3 Saville Row Kandos   Bookings: Recommended via mwrcyouth.eventbrite.com   Cool down with some water fun. We'll be playing a variety of pool games, while we escape the summer heat.
	Zombie Apocalypse Escape Room   Date: Tue 8, and Wed 9 January 2019   Time: 10:30-11:40, 13:00-14:10, 14:20-15:30, and 15:40-16:50   Ages: 12 - 25   Cost: FREE!   Location: Town Hall Theatre, 64 Market St Mudgee   Bookings: Essential via mwrcyouth.eventbrite.com   Can you survive the perils of a zombie outbreak? Escape the room with your team in an hour, or learn to enjoy the taste of brains mmm.
	Bike Workshop   Date: Thursday 17 January 2019   Time: 10:00-13:00   Ages: 10 – 18   Cost: FREE!   Location: Mudgee Skatepark, Horratio St Mudgee   Bookings: Not required. Enquiries call Birrang: 6361 9511   Experts from Birrang Enterprise will help you set up your bike, so you can get the most out of it. Learn how to perform basic repairs, and the best way to stay safe on and off the road while obeying road rules.
	Dungeons & Dragons Encounter   Date: Wed 23 January 2019   Time: 14:00-17:00   Ages: 12 – 25   Cost: FREE!   Location: Memorial Hall, 112 Herbert St Gulgong   Bookings: Essential via mwrcyouth.eventbrite.com   Adventurers wanted! Everyone from total noobs to experienced campaigners are welcome to fight battles, and attempt to earn priceless treasures. Both 4 <sup>th</sup> and 5 <sup>th</sup> edition Jungeons & Dragons encounters will be on the tables.

## **Spirit of the Planet**

On Thursday 29 November, students from Mudgee High School travelled to Dubbo to be involved in the Spirit of the Planet Festival. This group of students are those from Year 10 who have chosen to study Society and Culture in 2019.

This Festival is for all people who are not only curious but who might never get the opportunity to travel to the places where the international guests they met have lived for thousands of years. By showcasing the differences and similarities between Indigenous Cultures from around the world, we have a better chance of breaking down the barriers that may exist between all of us.

This Festival gave a firsthand account of Traditional People of the world. People who live their culture daily and share it with others to erase the stereotypes that often do not reflect the reality. This was demonstrated through the movement of their dances, ceremonies and spirituality of each of these Tribal groups.













### Library News

Even with the last weeks of the school year upon us, big things continue to take place within our Library.

Our reading, games and private study main areas within the Central Library have recently undergone a transformation with the addition of new 'executive tub chairs' for our existing tables. These chairs were purchased to encourage students to utilise these designated spaces to complete classwork and undertake study during study periods as well as sit and read, and play board games during breaks. They have been well received by staff and students and are getting plenty of use.

In Week 7, final assessment tasks for Distance Education 2019 HSC Language students were undertaken and submitted for marking. Major portfolio assessment work was also submitted in Week 9 by our D.E. Multimedia student. Student performance across all Distance Education subjects this year has been sound with some outstanding individual results obtained.

In Week 8, the Library hosted two days of finance meetings for Principals and School Finance Managers from our local school network.

With 2018 quickly 'coming to a close' and Christmas being on everyone's minds, thoughts turn to what to buy for Christmas for friends and family. In this day of 'technical wizardry', devices big and small dominate Christmas wish lists and buying ideas. The notion of a book as a gift idea is probably furthest from the minds of many young people and those buying for them. The 'numbers' in terms of literacy and educational gains for adolescents that 'read', particularly as pre-teens and early teens, can be staggering to believe. Much of this is tied to young people having access to reading material at home.

Books make a great 'stocking filler'. They are generally inexpensive and easy to purchase here in town. You might be thinking your child would not be impressed with a book under the tree but if your child is passionate about anything - sport, health, technology, beauty, computer games, lifestyle, science fiction - there will be a book written on it. Many of our young people still have 'heroes' they admire. They would not begrudge a glossy book all about that hero through which they could 'flick through' at their leisure. It comes down to availability. If books are 'not' in the home, they will 'never' be read. A book is the ultimate 'feel good' present to give. It can inspire, motivate, educate and help give clarity in people's lives.



## Peer Support Leaders Training

On Thursday 22 and Friday 23 November, 27 students from Year 9 participated in the Peer Support Leaders Training sessions run by Mrs Lang and Miss Heckendorf. Across the two days, leaders were immersed in some of the activities they will be conducting with the new cohort of Year 7 students in 2019. Students also discussed strategies to help Year 7 students cope with a range of issues that might arise when starting high school, including managing homework and making friends.

The Peer Support Program provides a fun and engaging environment for young people to address social issues. Modules are delivered by older students, in this case students from Year 10 2019, and are designed to help equip young people with skills to deal proactively with life experiences.

The Peer Support Program has not run at Mudgee High school for quite a few years now but will implemented again in Term 1 2019. Students from Year 9 were given the opportunity early in Term 4 to apply to be a leader. Having now completed their training, the students are eager to work with their 2019 Year 7 buddies!

Check out some of the photos from this awesome bunch of students!







<u>Bawamarra</u>

(Relate news, Communicate)



#### 2019 Arts Initiatives

**NSW Public Schools** 

# **Secondary Aboriginal Dance Workshops**

# Presented by the Arts Unit in partnership with Bangarra Dance Theatre's Youth Program



Aboriginal students from NSW Public Schools are invited to participate in these one day workshops run by the Department of Education in collaboration with the internationally renowned Bangarra Dance Theatre. These workshops cater for both experienced and inexperienced Aboriginal and Torres Strait Islander dancers. Aboriginal and Torres Strait Islander boys and girls from Years 7-12 are invited to attend. Students with exceptional talent and potential will be identified from these workshops and shortlisted to be invited to join the 2019 NSW Public Schools Aboriginal Dance Company. In 2018, the Aboriginal Dance Company and Schools Spectacular Aboriginal Dance Ensemble performed to great acclaim at a range of high profile and televised events.

The cost for each full day workshop is \$33.00 per student including GST

All workshops will run from 9.15am - 2.30pm

Applications are now open for the following 2019 workshops:

Byron Bay HS Nambucca HS Taree HS Newcastle HS Batemans Bay HS Nowra Sydney - Robyn Webster Sports Centre Brewarrina CS Wellington HS Duval HS Deniliquin HS Leeton HS Tuesday 19 February 2019 Wednesday 20 February 2019 Thursday 21 February 2019 Friday 22 February 2019 Tuesday 12 March 2019 Wednesday 13 March 2019 Friday 15 March 2019 Tuesday 19 March 2019 Wednesday 20 March 2019 Friday 22 March 2019 Tuesday 26 March 2019 Wednesday 27 March 2019

# Download the information package and apply for workshops here:

https://www.artsunit.nsw.edu.au/events-initiatives/ secondary-aboriginal-dance-workshops





Bawamarra

(Relate news, Communicate)



## National Indigenous Business Summer School

#### What is the National Indigenous Business Summer School?

The National Indigenous Business Summer School is an exciting new program for Years 11 and 12 Indigenous high school students. The program is an initiative of the Australian Business Deans Council, and in 2019 will be hosted by UNSW Business School at UNSW Sydney.

The purpose of the program is to provide a fully immersive experience for students thinking of entering the world of business or becoming an entrepreneur.

Students will have the opportunity to see business in action and learn about the available pathways into business studies.

#### Who can attend?

The Summer School is open to all Indigenous students who will be commencing Year 11 or 12 in 2019 and undertaking a Maths subject. (Year 10 students may be considered on merit).

#### What will the Summer School involve?

The program will include:

- Living on campus at New College, UNSW Sydney.
- Industry site visits to companies across Sydney to experience business in action.
- Meeting and interacting with Indigenous people working in the industry, Indigenous entrepreneurs, business owners and current business students.
- Taking part in a business boot camp where students will be given an opportunity to use what they learn during the week to test business case-solving skills, receive mentoring from Indigenous business owners and entrepreneurs, and get hands-on experience as a business professional.

#### When is it?

The Summer School will run from Sunday 13 to Friday 18 January 2019

#### What does it cost?

For all successful applicants there is no cost to attend the National Indigenous Business Summer School. All expenses are covered including travel to and from Sydney, meals and accommodation.

#### For more information, either see Miss Windeyer in the HSIE staffroom or go to:

https://www.business.unsw.edu.au/students/indigenous/nibss? \_cldee=bXVkZ2VILWguc2Nob29sQGRldC5uc3cuZWR1LmF1&recipientid=account-8d6f739ddd4fe711811de0071b68f781-3a70ef5f26dd4de289b68064276a8dac&utm\_source=ClickDimensions&utm\_medium=email&utm\_campaign=Future %20Student%20Event%20Support&esid=f5c6d2ac-1dd7-e811-a966-000d3ae12152







# Macquarie University - Walanga Muru Camp Aspire INDIGENOUS YEAR 11 AND 12 CAMP 22 to 24 January 2019

#### WHEN: 22 to 24 January 2019

COST: No cost, all accommodation, transport, food etc. are included for the 3 days.

APPS CLOSE: Sunday 19 December, 2018

OPEN TO: Indigenous students who are in years 11 and 12 (in 2019).

Walanga Muru means follow your path in the language of the local Darug People.

At Walanga Muru, we seek to engage and guide students to choose the right path to take, to navigate the obstacles and tangles of life, and to emerge as strong, resilient leaders. The vision of Walanga Muru is to grow our future Aboriginal and Torres Strait Islander leaders in their chosen fields and to build the educational aspirations of our youth.

This camp will enable you to experience an area of our university, an area that you choose based on your interests. By attending this camp you will gain the knowledge and experiences that will allow you to make a decision on what your tertiary study options are once you finish high school.

The first 2 days of the camp will involved in engaging activities run by our faculties to allow you a taster of the degree areas they have to offer.

Day 3 will be activities led by our office, Walanga Muru, and will focus on available opportunities at our university, our pathway into university, scholarships, accommodation options and Cultural activities.

This camp enables you to choose which faculty you are interested in, you will find all the information required to make your decision within the booklet.

#### For more information and to get a copy of the information booklet, see Miss Windeyer in the HSIE staffroom.

For the application form, go to: <u>https://it-mqu.formstack.com/forms/2019\_faculty\_camp</u>





# Club Mudgee Max Potential Mudgee-Kandos-Gulgong 2019 Are You Passionate About Empowering Local Young Adults?

Max Potential is seeking community minded people to support young adults on a transformational leadership development program from February 2019.

This is your opportunity to empower local young adults whilst develop yourself professionally and personally. Be part of a well respected program as it moves into its thirteenth year in the Mudgee region in 2019.

Applications are now open for community members to coach young adults 16-17 (in years 10 and 11) to lead themselves, lead others and leave a legacy in their local community.

You can apply now at Maxpotential.com.au

The commitment to the program over six months includes:

2 Coach training days - develop an empowering communication framework and transferable coaching and personal development skills

3 half day group workshops

8 one hour coaching sessions with a young adult helping them develop personal leadership while reaching their goals and serving the community

4 individual coaching sessions with an executive coach based on your personal development goal

1 day concluding workshop and celebration showcase.

This is also a great way to network in and support your local community.

In the meantime, you can see some results of coaching through Max Potential at: https://www.youtube.com/user/ MaxPotentialAus/videos

where young adults have expressed their personal growth through Max Potential.

For more information contact: Damian Walsh Max Potential Program Manager damian@maxpotential.com.au 0421 618 912

Proudly supported by



## Harmony Day Poster Competition



2019 Competition

Each year the Harmony Day Poster Competition attracts thousands of entries and brings out the creativity and passion of school students motivated by a desire for a peaceful and inclusive society.

The competition is open to all primary and secondary students across NSW and the ACT.

## Theme

Students are encouraged to visually articulate their interpretation of the 2019 theme:

## 'Harmony – it's up to us'

# Closing date

The closing date for entries is Friday 12 April 2019.

# Prizes

Prizes are awarded in two categories – Senior (Year 7 to Year 12) and Junior (K to Year 6).

In each category the following prizes are awarded:

\$500

Regional Winner \$150

State Winner's School \$500



Winners will be decided in May 2019 and a prize giving function is scheduled to be held at the

NSW Parliament in June 2019

For more information and to download the entry form and the entry rules, go to:

http://movingforwardtogether.org.au/harmony-day-poster-competition/



There is also a **<u>Song Writing Competition</u>** for those of you with a lyrical prowess!!

For more details on this one go to:

http://movingforwardtogether.org.au/harmony-day-song-writing-competition/

For more information about any of this, see Miss Windeyer in the HSIE staffroom.



#### MUDGEE HIGH SCHOOL CANTEEN MENU 2019

#### HOT FOOD AVAILABLE EVERY DAY MILK AND DAIRY CHICKEN & CORN ROLL \$ 1.70 MOOVE 300ML \$ 2.50 PIZZA ROUNDA \$ MOOVE 500ML \$ 4.00 3.00 BEEF TRAVELLER PIE \$ PLAIN MILK \$ 4.00 2.00 THICK& CREAMY YOGHURT CURRY CHICKEN PIE \$ \$ 2.50 4.50 POTATO PIE \$ DARE 500ML 4.50 \$ 4.00 CHILLI BEEF SAUSAGE ROLL NIPPY'S MILK 375ML \$ 3.50 \$ 3.50 SAUSAGE ROLL \$ CUSTARD 600ML \$ 3.00 3.50 **BEEF & GRAVY ROLL** \$ 5.00 HOT DOG WITH CHEESE \$ 4.00 **BEVERAGES** HOT DOG \$ 3.50 GLUTEN FREE BEEF PIE \$ COOLRIDGE WATER 750ML \$ 4.00 4.50 \$ 2.00 WATER 600ML \$ 4.00 MAYO/SAUCE PORTIONS \$ 0.30 GATORADE G2 \$ 2.00 HOT MILO (Winter only) \$ 4.00 **ROLLS & SANDWICHES** PEPSI MAX 600ML \$ 2.50 HAM SALAD \$ COKE ZERO 5.00 \$ 2.50 EGG SALAD \$ 5.00 SPRITE ZERO \$ 3.00 \$ CHEESE SALAD 5.00 KYNETON MINERAL WATER \$ 3.00 CHICKEN MAYO & SHALLOTS \$ **BERRI FRUIT JUICE 350ML** 5.00 CHICKEN CAESAR \$ 5.00 **ICECREAMS** SWEET CHILLI CHICK/AVOCADO SHAKY SHAKE \$ 5.00 \$2.00 PADDLEPOPS \$ 1.60 ALL ROLLS CAN BE MADE ON GLUTEN FREE ROLLS **Bulla FROZEN YOGHURT** \$ 2.50 PLAIN BREAD ROLL \$ Twisted FROZEN YOGHURT \$ 1.20 2.50 SALADS MILO SCOOP \$ 3.50 \$ 6.00 CYCLONE GARDEN SALAD GF \$ 2.00 CHICKEN CAESAR SALAD \$ 6.00 RASPBERRY ICY POLE \$ 1.30 \$ FRESH FRUIT SALAD LEMONADE TWIST \$ 4.00 1.00 SEASONAL FRUIT \$ 1.00 DAILY SPECIALS **CHECK AVAILABILITY OF THESE SALADS** MONDAY **BUDDHA BOWLS** SWEET CHILLI CHICKEN \$ 7.50 \$ 5.00 WRAP (ORDER ONLY) POTATO SALAD WITH CURRIED CHICKEN \$ TUESDAY 7.50 MEXICAN CHICKEN WITH GUACAMOLE PIZZA SUB \$ 2.50 **BROWN RICE & JALAPENO SALAD** \$ 7.50 WEDNESDAY GREEK SALAD \$ 6.00 WEDGES \$ 2.50 COUS COUS SALAD \$ 5.00 sour cream/sweet chilli sauce \$ 0.50 PASTA SALAD \$ THURSDAY 6.00 CHICKEN BURGERS \$ 4.00 SUSHI GF CHICKEN BURGER \$ 5.00 \$ 4.00 **SNACKFOOD** GF Order only **RED ROCK DELI CHIPS** \$ 1.00 FRIDAY JJ SNACKS \$ THAI CHICKEN ROLL OR BOWL 6.00 \$ 1.50 GRAIN WAVES \$ 1.00 ORDER ONLY

# CHECK OUR DAILY MENU BOARD FOR OTHER SPECIALS INCLUDING HOMEMADE SOUPS, PASTAS, FOCCACIAS, TURKISH MELTS, CURRIES, BURGERS AND SALADS

# PLEASE NOTE: PINENUTS ARE USED IN PESTO, CASHEWS, ALMONDS & WALNUTS MAY BE USED IN SOME SPECIALS. IF YOU HAVE NUT ALLERGIES PLEASE CHECK WITH CANTEEN LADIES

Please note these prices are subject to change throughout the year due to the increase in wholesale prices

\* GLUTEN FREE LUNCHES...ALL DAILY SPECIALS CAN BE ADAPTED TO GLUTEN FREE PLEASE ENQUIRE AND THESE WOULD NEED TO BE PRE ORDERED

# Summer School Holiday Activities

# Check out our school holiday activities for primary school students!

Get an interactive presentation on the new \$50 banknote and discover banknote security features.

Explore the Museum with a treasure map and learn about the history of Australia.

# **Summer Session Times**

Wednesday, 9 January, 11.00 am – 12.45 pm Friday, 11 January, 11.00 am – 12.45 pm Wednesday, 16 January, 11.00 am – 12.45 pm Friday, 18 January, 11.00 am – 12.45 pm Wednesday, 23 January, 11.00 am – 12.45 pm Friday, 25 January, 11.00 am – 12.45 pm



# Cost: FREE (bookings essential) Email: museum@rba.gov.au Phone: (02) 9551 9743

Reserve Bank of Australia Museum Ground Floor, 65 Martin Place Sydney NSW 2000

To find out more, visit: www.museum.rba.gov.au/events

RESERVE BANK OF AUSTRALIA





# How to Adult

# Helping you on the road to becoming an adult

Need help with your job seeking skills? Looking for tips on how to budget and manage your finances? Seeking information about mental health? Want help with scholarship applications? Then this free monthly program is for you.

# November's Topic: Budgeting and Christmas

#### Mudgee

First Thursday of the month Starts 4:30pm Mudgee Library 64 Market Street

#### Kandos

Third Monday of the month Starts 4:30pm Kandos Library 40 Angus Avenue

Gulgong Third Tuesday of the month Starts 5:00pm Gulgong Library 109 Herbert Street A financial counsellor from Lifeline will speak on budgeting, and various financial management techniques.

There will be a special focus on managing your finances around Christmas and avoiding debt.

This is a free program for those aged 15 – 25 only Bookings essential: mwrcyouth.eventbrite.com Enquiries: Youth Services Officer – 6378 2850 Kindly Supported by KEPCO Bylong

SPONSORSHIP

Mudgee High School - LINK Program Proudly supported by GLENCORE Ulan Coal Mine