

# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850  
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Monday  
September 24  
Term 3, Week 10

## PRINCIPAL'S MESSAGE

### Farewell Year 12

Rainbow Day is THIS THURSDAY!

Our Year 12s will be running their roadside collection stations in Church and Market Streets. NALAG (the National Association for Loss and Grief) and Life Skills will be the recipients of the fundraising efforts of our kids. Worthy causes indeed!

So keep a couple of coins ready in the centre console!

Year 12 will later that day entertain students from Year 6 before throwing a fete for our own Years 7-11. They will then run what has become a tradition: The Rainbow Assembly.

On Friday, they graduate!

\*\*\*\*\*

### Not the Enemy

The world is a dangerous place.

I know this for a fact.

I have what some may call an unhealthy fascination for the news and my daily news intake reinforces this world view of mine... daily.

I am also a parent. I have been so for more than twenty-five years. I want my kids to be safe in this dangerous world. Not satisfied with that alone, I want them to be successful too. They do not have to be world-beaters, corporate bankers or Rhodes scholars.

My kids safe, happy and financially secure will do me any day of the week.

I think it is that way with all parents. I have yet to meet the parent who brought children into this world hoping they would be in daily peril, failures or both. Given the planet's population is seven billion, there may be one or two with that kind of warped hope but as stated, I have not met them.

As parents, we feel the need to be in our kid's corner, to stand by them when all others have ended their association.

That's a good thing. Who does not need someone in their corner when they find themselves in a difficult or even perilous situation?

But that does not mean defending the indefensible. Nor does it mean casting civility to the wind. I am no fan of the private school system but I can only agree with Dr John Collier, the Principal of St Andrew's Cathedral School on this point. In July, the good doctor lamented that as parents, some of us, "tend to react when we perceive our child is threatened" and this seems to "bring forth a reptilian kind of defensive response".

*A Member of the  
Cudgegong Learning  
Community*

PLEASE SEE OUR WEBSITE  
FOR THE COMPLETE  
CALENDAR OF EVENTS



#### COMING EVENTS

- Sept 27- Rainbow Day
- Sep 28 - Yr 12 Presentation Assembly in the Gym 9.15am-10.30pm
- Sep 28 - Yr 12 Formal at AREC 7pm-10pm

#### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C Award & SRR Award
- Writing Friday
- Yr 12 Important HSC information and EOY dates
- Maths News
- Bawamarra
- 2018 Mathematical Minds Challenge
- RYPEN
- Advertisements
- Sponsorship

Teachers are the other important adults in the lives of young people – the ones that are not necessarily family. Like you, we want them to be safe. We want them to be successful and like you, we have expectations of them. Our expectations are founded on what it is to be safe, respectful and responsible in a communal setting.

The style may vary from teacher to teacher but that's it. The whole game in a nutshell.

We do not have time to set them up. There are not the hours in the day in a teaching job to orchestrate elaborate schemes to bring down children.

In short, we are not the enemy.

On occasion, we will have concerns. On some occasions, we will make contact with parents to share a concern. It may be about performance; a failure to submit an assignment or engage in a meaningful way with class work. It may be about conduct; the use of language that has no place in a school or the treatment of a peer or member of staff.

We do so because, like you, we want the kids in our collective care to be better; to be better at mathematics, or science, or just to be better at making and keeping friends. To be better at conducting themselves in a way most of us would consider acceptable.

Until next term...

Wayne Eade  
Principal



### MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday September 24th at 7pm in the school library. Entry via Horatio Street.

All welcome.

### TERM 3 WEEK 9 AWARDS

**P & C AWARDS:** Alyssa Boland Yr.7, Ebonie Wright Yr.8, Claire Finter Yr.9, Reece Pooley Yr.10, Ethan Reinhard Yr.11, Bethany Clayton Yr.12

**SRR AWARD:** Jasmine Russell Yr.12

### WRITING FRIDAY



Write a creative or imaginative or critical piece on the topic of Spring

Include:  
A simile  
Descriptive language

Time 20 minutes  
Goal 200 words

# YEAR 12 - 2018

## IMPORTANT HSC INFORMATION AND END OF YEAR DATES

- Sep 26** Assembly Rehearsal Periods 5 & 6 (12.08 – 1.34pm)  
Soccer Match - Teachers vs Students - Year 12 Farewell Social
- Sep 27** Rainbow Day – all Year 12 students will participate in fundraising activities throughout the day for their designated charity, NALAG and Lifeskills to finish the term on a positive note.
- Sep 28** Presentation Assembly  
9am Student seating 9.15am Guest seating  
**9.15am – 10.30pm** Assembly (Full uniform required)
- Sep 28** Year 12 Formal – Australian Recreational Education Centre (AREC) 7-10pm  
Additional information relating to this event as attached.  
Students: Please meet at AREC at 6pm for photos.
- Sep 28 - Oct 15** Study Vacation
- Oct 18 - Nov 9** **Higher School Certificate Examinations**  
Examinations up until and including Friday 9<sup>th</sup> November will be held at Baptist Church Hall, 70 Bruce Road, Mudgee. Students must be in full school uniform and bring their student ID cards to every exam. The Music 1 Aural Skills Exam will be held at Mudgee High School on Monday October 19 at 1.55 – 3pm. **Further information will be available to students before the end of Term 3.** Any student or parent who has concerns about transport to the location on any day should contact the Principal as soon as possible.
- Nov 10** HSC Assessment Ranks available from [www.educationstandards.nsw.edu.au](http://www.educationstandards.nsw.edu.au)  
(Nesa) student number and PIN required.
- Nov 12 - Nov 16** HSC Exhibition at The Stables. Opening on Monday 12 at 6.00pm. **Art Students displaying their major work must meet at school at 9.30am (student cars may be needed to help transport artworks) on Monday 12 November** and ALL exhibited works must be collected from The Stables on Friday 16 November between 2.00pm and 3.00pm. All welcome to attend
- Nov 13** Sign out morning in the Library. Sign out will occur between 10am and 12 noon. This will include the return of book deposits for all eligible students.
- Dec 13** HSC results available on-line from NSW Education Standards Australia (Nesa) Website and telephone service (Nesa PIN number required). HSC results will be available via Students Online, and sent by email and SMS from 6.00am on Thursday 13th December.  
<https://studentsonline.nesa.nsw.edu.au/>
- Dec 14** ATARs available on-line from UAC website and 'Infoline' (UAC PIN number required).  
Year 12 Celebration BBQ. Senior Lawn from 12-2pm  
Collect your FREE copy of the Mirri





**GOOD LUCK YEAR 12  
WITH THE HSC EXAMS**

# Mudjee High School



**MUDJEE  
HIGH SCHOOL**



**WAYNE EADE**, Principal | [mudjee-h.school@det.nsw.edu.au](mailto:mudjee-h.school@det.nsw.edu.au) or ring the school on 6372 1533 for more information.

**THE STAFF OF MUDJEE HIGH  
SCHOOL WOULD LIKE TO WISH  
OUR YEAR 12 STUDENTS GOOD  
LUCK IN THEIR HSC EXAMS!**

You owe it to your children  
to discover just what  
Mudjee High has to offer  
them



## **Fair Trading and Mathematics**

On Thursday 30<sup>th</sup> August, a representative from Fair Trading Australia visited with Year 12. The students were presented two slideshows, one concerned with Buying a Car and another on Moving out of Home. The presentations outlined the processes and legal obligations that all young people need to be aware of when they purchase their first car or take out a lease on a rental property. Issues discussed included how to avoid buying a 'lemon', where to get the best car financing, initial expenses when you rent your first property, and your rights and responsibilities as a leaseholder, particularly if sharing a lease with other people. As students finish their secondary schooling and move to employment or further education, these issues are very relevant. The Year 12 students were very attentive throughout the presentations and were grateful for the information presented and we thank Fair Trading Australia for sharing their knowledge and experience in these matters.

## **Australian Mathematics Competition 2018**

This year, MHS again had a small but high quality group of students accept the challenge that this competition offers. Despite the number of students being down on than last year, our results were exceptional. Students from Mudgee High School achieved 3 Distinctions, 11 Credits, and 9 Proficient awards, with the remaining 5 students receiving a Participation Certificate.

As the certificates are yet to arrive, individual honours have not been announced but these students will be rewarded early in Term 4. Congratulations to all students who attempted the competition. Mr Lynn looks forward to stronger numbers in 2019.

## **HSC Holiday workshops**

Teachers are finalising workshop times during the October school holidays for Mathematics students preparing for the 2018 HSC at Mudgee High. These workshops provide the students with opportunities to strengthen their examination technique and to clarify areas of concern that may have arisen during their study and preparation time.

## **Mathematics workshops Term 4**

A reminder that any student studying Mathematics courses at Mudgee High in Year 7 – 11, that the Mathematics homework group will continue in term 4. A one hour work session is available on Monday afternoons from 3.30pm to 4.30 pm. Teachers run these popular workshops in order to help students strengthen their mathematical skills. The workshops also provide students with assistance to complete unfinished set tasks as well as attempt more difficult work. It is hoped that students from all courses will take advantage of this extra tuition provided gratis by the Mathematics staff.



## State Athletics

Congratulations to the following students who represented MHS and Western Area at State Athletics on the 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> of September in Homebush. Lorinda McEwan, Alex Brennan, Sarah Marshall, Campbell Wall, Aaron Drent, Emily Cowden, Ethan Blamire, Dominic Lynn, Tayla Riley, Cooper Rowe, Lewis Roth, Jayson Bailey. It was pleasing to hear many athletes achieved personal bests in their events, improving from the Western Area carnival in early August. A special mention to Lorinda McEwan who placed 6<sup>th</sup> in the 14 years Shot Put and Dominic Lynn who placed 10<sup>th</sup> in the 14 years Discus.

Thanks also to Mr Lynn who has assisted many students in the last few months in training for the throwing events.



### Bawamarra

(Relate news, Communicate)



## Indigenous Australian Engineering School

13-19 January 2019

The Indigenous Australian Engineering Summer School (IAESS), is an annual event established by Engineering Aid Australia. It provides Aboriginal and Torres Strait Islander students from around Australia with the opportunity to experience engineering studies and careers.

In January 2019, the University of Sydney will host the IAESS. Open to 20 Aboriginal and Torres Strait Islander students entering Years 10, 11 and 12, the six-day live-in summer school gives these students a taste of engineering as a university course and career. It involves hands-on and challenging activities within the Faculty of Engineering and Information Technologies as well as site visits to engineering companies.

Studying engineering helps you develop excellent problem-solving, design and research skills that will allow you to drive and lead innovation that will help shape our future.

If you are good at maths and science, like working with machinery or practical tools and enjoy tackling challenging problems, then engineering may be just what you're looking for.

Applications close Applications close 5 October 2018.

For more information go to: <https://sydney.edu.au/engineering/study-engineering-and-it/why-study-here/high-school-students/years-11-and-12.html> or see Miss Windeyer in the HSIE faculty.



An initiative of



EngineeringAid Australia  
*Building futures*

# 2018 Mudgee Mathematical Minds Challenge

23rd October 2018

## About the M<sup>3</sup> Challenge

The M<sup>3</sup> Challenge is presented and organised by teachers, businesses and other community members to promote numeracy skills among the young people in our region's schools.

In the last 20 years, the interest in mathematics among students in schools across Australia has been declining.

Three local businesses in our region (Mudgee), YANCOAL, PEABODY ENERGY and KEPCO understand the importance of mathematics and engineering in their operations and broader society. They are showing their support by donating funds towards this fun and educational initiative.

The Rotary Club of Mudgee has also donated funds towards the challenge. St Matthews Catholic School (SMCS) Mudgee has offered their premises for hosting the event.

Contact the M<sup>3</sup> Coordinators: **Sof Lee** (Rotary Club of Mudgee) Ph: 0431 9423 67

**Ross Hearne** (Rotary Club of Mudgee) Ph: 0438 607 315

Email: [mudgee.rotary@outlook.com](mailto:mudgee.rotary@outlook.com)

## M<sup>3</sup> Challenge Entry Form

Participants must register and submit an entry form, by email or online.

Team Name : - - - - - Stage: - - - - - (3,4 or 5)

School Name: - - - - -

Contact Name: - - - - -

Contact Email: - - - - -

Contact Phone: - - - - - Team Members:

1. - - - - -

2. - - - - -

3. - - - - -

4. - - - - -

Registration due date: 2 October 2018 Scan this form and email to:

[mudgee.rotary@outlook.com](mailto:mudgee.rotary@outlook.com)

Or

Submit online:

<https://goo.gl/forms/WEPkiczr8xBFOOnOB2>







RYPEN (Rotary Youth Program of Enrichment)

16th, 17th & 18th November 2018,

**Myuna Bay Sport and Recreation Centre**

Wangi Rd, Myuna Bay NSW 2264

**Applications Close November 9th 2018**

**Cost – Free. Your Local Rotary Club sponsors students**

Dear Parent, Guardian and Teachers

Now in our 30th year The Rotary District 9670 RYPEN Committee is pleased to announce that nominations are now being accepted for the RYPEN camp to be held on the weekend of November 16th, 17th & 18th 2018.

Supporting the development of youth is a key focus of Rotary and here in District 9670, RYPEN, is one of our flagship youth programs delivered twice a year to around 70 students.

**RYPEN** is aimed for that large group of, boys and girls, aged between **14 and 17 years**, school **years 8 to 10**, who show some qualities of decency, courage, persistence, sincerity and application in every-day life, which deserve further development (in which case is everyone & anyone).

The principal and student outcomes of the program are:

- ☐ Increased motivation,
- ☐ Improved life skills,
- ☐ Improved self-image and pride,
- ☐ An understanding of setting and achieving goals,
- ☐ Increased confidence to overcome problems and take control of their future,
- ☐ Form their own values and moral standards.

We advise that the student does not go with friends. If the students do not know anyone at the start of the program, they will leave with 30+ new friends and contacts when it finishes on Sunday afternoon. RYPEN is an intensive program, consisting of plenary sessions, workshops and sport and entertainment activities.

Participants are accommodated in dormitory style rooms, and meals are provided in our self catering lodge. Special dietary requirements can be catered for by the camp chef. The RYPEN committee and facilitators live-in for the duration of the camp and provide the organisation and planning of the weekend. Rypenians receive suitable instruction, and play an active part in introducing and presenting group reports; assisting in camp chores as well as being involved in various group sessions.

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224**  
**Email: rypen9670@gmail.com RYPEN COMMITTEE - PO BOX 542 East Maitland, NSW 2323**

***"Teenagers grow when they have opportunity to develop life skills".***

**Here's what some past participants have had to say...**

*"There has never been a camp that has wowed me this much, an experience I would love to relive and share with everyone."*

*"Every activity was absolutely amazing! I would do this over and over again especially if it was with the same people, the best group of people I have ever met."*

Here's what parents have had to say...

*"Holy cow, did we have one excited teenager on our hands on Sunday afternoon after the RYPEN camp!"*

*"Please pass on our thanks to all those involved in providing our precious daughter with a wonderful and life-affirming weekend."*

*"We have our son back, thank you."*

RYPEN is a unique opportunity for young people that can be a truly life changing experience.

For the student, RYPEN is also a gateway to the many other youth programs Rotary runs to support and develop young people such as; as Driver Training, National Youth Science Forum, Youth Exchange, Try a Trade, RYLA and many more.

Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.

Should you require further information about the program contact either the Rotarian who has contacted you or myself directly.

We look forward to hearing from you.

Yours in Rotary,

Zoey Kirwan

Chairperson,

Rotary District 9670 – RYPEN Committee

0410 664 224

[rypen9670@gmail.com](mailto:rypen9670@gmail.com)

[www.facebook.com/RYPEN9670](https://www.facebook.com/RYPEN9670)

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, NSW 2323**



### **RYPEN (Rotary Youth Program of Enrichment)**

**16th, 17th & 18th November 2018**

**Myuna Bay Sport & Recreation Centre**

**Applications Close November 9th 2018**

**Cost to Club - \$230 per student**

The Rotary District 9670 RYPEN Committee is pleased to announce that nominations are now being accepted for the RYPEN camp to be held on the weekend of November 16th, 17th & 18th 2018.

We can only accept 32 students (**16 girls and 16 boys**); you need to get in early to ensure your students get a spot in this great youth program; when talking to your schools/networks can you ask them to try to select one girl and one boy to even out the camp. This will help us for accommodation as we have 8 rooms that sleep 4 people this will give us even numbers for the accommodation.

It is the Parents responsibility to ensure their children are transported to and from the venue, and arrive **no later** than **3.30pm on Friday 16th November 2018** for Registration ready for a 4pm start, but if needed, help should be Pre-arranged with the Rotary Club. It is not satisfactory for the student to miss any of the sessions; if they cannot attend all of the camp please select someone else.

#### **Which Students**

- ☐ Full time students aged between 14 – 17
- ☐ Young adults who show potential but need an opportunity to develop it further.
- ☐ This program is open to students across the entire district (transport provided to those students from the western region).

#### **Students Outcomes**

- ☐ Increased motivation
- ☐ Improved life skills.
- ☐ Improved self-image and pride
- ☐ An understanding of setting and achieving goals.
- ☐ Increase confidence to overcome problems and take control of their future.

#### **RYPEN program and team**

- ☐ An intensive program of workshops, sports and entertainment activities
- ☐ Experienced team of Rotarians and past participant who deliver the program in a sharing and supportive environment.

#### **Rotary Club's Outcome**

- ☐ Connects you with young people and their families in your community.
- ☐ Supports Rotary's commitment to youth.
- ☐ Good "bridge" to NYSF, RYLA, Youth Exchange and other youth programs
- ☐ Great opportunity to build relationships with local schools and youth support service providers.
- ☐ Today's RYPEN participants are our future Rotarian and community leaders.

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, 2323**





## **Rotary Club Check List**

**16th, 17th & 18th November 2018**

**Myuna Bay Sport & Recreation Centre**

**Wangi Rd, Myuna Bay NSW 2264**

### **LODGE: Fernholme**

**1:** Find applicants for RYPEN. Both male & female

**2:** Send completed Application Form to:

**RYPEN Committee**

**PO Box 542 East Maitland 2323 or**

**Email to: [rypen9670@gmail.com](mailto:rypen9670@gmail.com)**

**3:** Invite applicants and parents to a Rotary Meeting to introduce to the club and so the family know who are sponsoring their child

**4:** Send payment to district once club has received invoice

**5:** Check in with families to see if Acceptance information has been received via email

**6:** Check with families on transport (a bus will be organised for the western region)

- ☐ Parents to drive students to the camp
- ☐ Parents to pick up students from the camp
- ☐ If required arrange a Rotarian to drive student to and from the camp

**7:** RYPEN Students invited back after the camp to the Rotary Club to tell of their experiences

**8:** Provide feedback to [rypen9670@gmail.com](mailto:rypen9670@gmail.com) on both participant and clubs experience.

*Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.*

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, 2323**



## APPLICATION FORM

RYPEN (Rotary Youth Program of Enrichment)

**16<sup>th</sup>, 17<sup>th</sup> & 18<sup>th</sup> November 2018**

**Myuna Bay Sport & Recreation Centre**

Wangi Rd, Myuna Bay NSW 2264

This form is to be completed by the applicant, their parent or guardian and sponsoring Rotary Club and returned to the RYPEN committee by mail or email before the application close off date **9<sup>th</sup> November 2018**

**If you have any questions please do not hesitate to contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson.**

**Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com)  
RYPEN COMMITTEE - PO BOX 542 East Maitland,  
2323**

APPLICANT INFORMATION			
<b>Applicant Full Name:</b> (This will go on your certificate)			
<b>Preferred Name or Nick Name for your name badge:</b>		<b>School &amp; Year:</b>	
<b>Date of Birth:</b>		<b>Gender:</b>	
<b>Home Address:</b>			
	<b>Postcode:</b>		
<b>Contact details:</b>	<b>Phone:</b>	<b>Mobile:</b>	
	<b>*Applicants Email:</b>  <i>*We only send out your acceptance information via email, so please monitor you emails &amp; contact us if you do not receive anything by late October*</i>		
<b>List Hobbies and Recreational Activities:</b>			
<b>Organisations you are involved in:</b>			

PARENT/GUARDIAN INFORMATION			
Parent / Guardian:	<div>Given Names</div> <div>Family Name</div>		
Contact details:	Phone:		
	Mobile:		
	* Parent/Guardian Email:  *We only send out your acceptance information via email, so please monitor you emails & contact us if you do not receive anything by late October*		
Emergency Contact	Same as above	Students Medicare No:	
Other / secondary contact :	Name:		
	Phone No's:		

MEDICAL INFORMATION	
PARENT / GUARDIAN TO COMPLETE	
Does the applicant have any special dietary requirements?	
Does the applicant have any health issues/concerns?	
Include information regarding any prescribed medicines.	
Are there any concerns that the applicant will not be able to participate in any physical activity due to health concerns? Please specify.	
Is there anything the RYPEN team can do to assist/help your child with throughout the weekend?	
Do you give permission for your child to be given Paracetamol and/or Ibuprofen if required?	<div> <div>NONE</div> <div> </div> <div>Paracetamol ONLY</div> <div> </div> <div>Ibuprofen ONLY</div> <div> </div> <div>Both Paracetamol and/or Ibuprofen</div> </div>



## RYPEN CONDITIONS APPLICANT TO TICK AND SIGN

If you are selected to attend a RYPEN experience, you must be willing to abide by the basic Rotary code of behaviour.

**The following are the essential points of the basic code of behaviour expected by Rotary:**

- Female quarters are out of bounds to males at ALL times, and vice versa.
- No alcoholic drinks or drugs of any kind are to be taken to or be consumed.
- Smoking is not permitted at the camp.
- No participant may leave the allocated area at any time.
- Mobile phones MUST be handed in prior to session start for safekeeping, without exception.
- Participants must take responsibility for safe keeping of any valuables.
- Friends of participants who are not enrolled in the weekend may NOT visit during the weekend.
- Attendance at all sessions is compulsory.
- Breaking the above rules may result in the participant's parent/guardian being required to pick them up from the camp before the weekend is complete.

Applicant Signature acknowledging RYPEN Conditions

\_\_\_\_\_ Date:    /    /

## PARENTS / GUARDIANS CONSENT

I give consent for my son/daughter to attend this RYPEN experience under the terms outlined above  
I authorize RYPEN coordinators to arrange medical treatment and/or Ambulance transport for my child, if needed.  
I consent to images taken of my child participating in RYPEN, and their first name to be utilized by Rotary on official web sites and material as seen necessary by RYPEN coordinators and those working under their direction.

Parent / Guardian signature:

\_\_\_\_\_ Date:    /    /

## SPONSORING ROTARY CLUB TO COMPLETE

Nominating Rotary Club of  
District 9670:

**Club Contact:**

Phone:

Email:

**We nominate the person whose name appears on this application form for the RYPEN Camp November 2018**

Club President Name: \_\_\_\_\_

Club President Signature: \_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**NOTE: please DO NOT send payment until the application has been approved by the RYPEN Committee. You will then receive an invoice from the District Treasurer.**

Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.

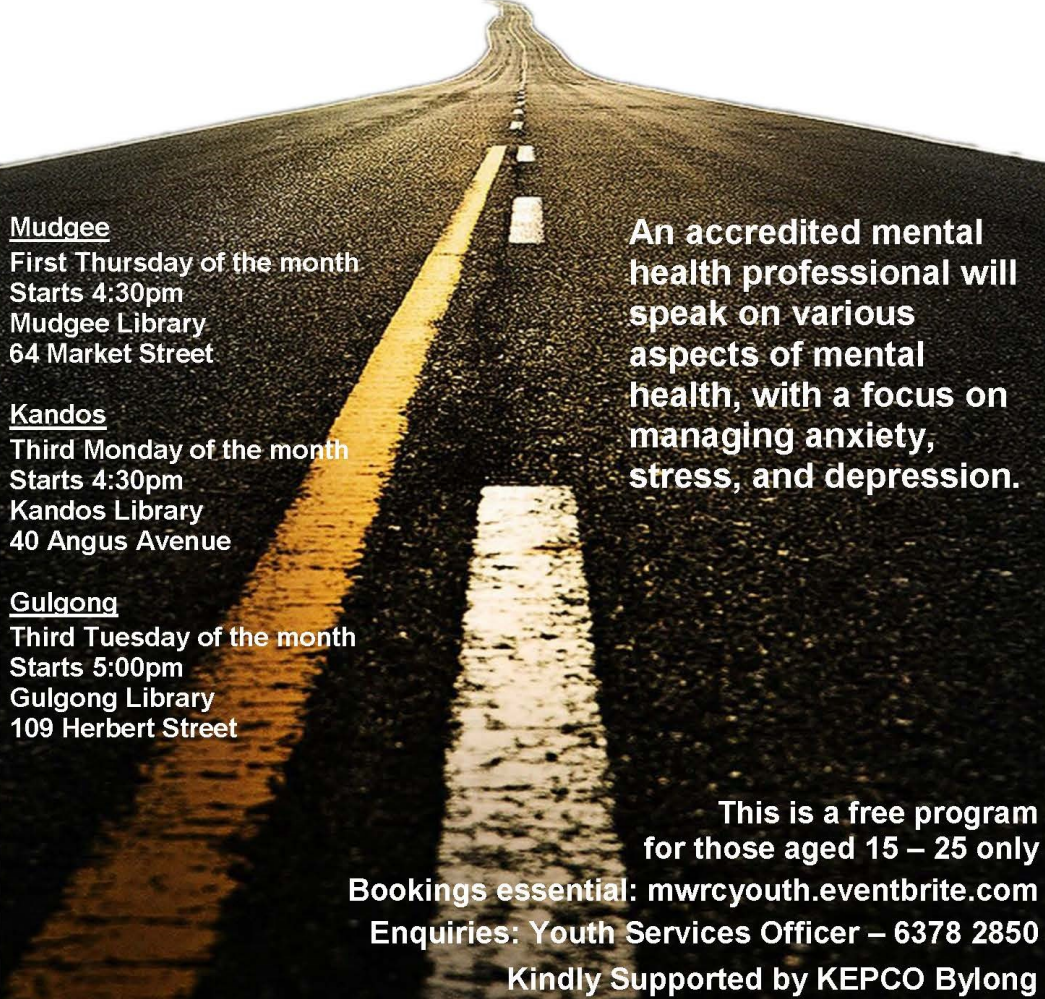
# How to Adult

## Helping you on the road to becoming an adult

Need help with your job seeking skills? Looking for tips on how to budget and manage your finances? Seeking information about mental health? Want help with scholarship applications? Then this free monthly program is for you.

October's Topic:

## Mental Health



**Mudgee**  
First Thursday of the month  
Starts 4:30pm  
Mudgee Library  
64 Market Street

**Kandos**  
Third Monday of the month  
Starts 4:30pm  
Kandos Library  
40 Angus Avenue

**Gulgong**  
Third Tuesday of the month  
Starts 5:00pm  
Gulgong Library  
109 Herbert Street

An accredited mental health professional will speak on various aspects of mental health, with a focus on managing anxiety, stress, and depression.

This is a free program for those aged 15 – 25 only  
Bookings essential: [mwrCYOUTH.eventbrite.com](http://mwrCYOUTH.eventbrite.com)  
Enquiries: Youth Services Officer – 6378 2850  
Kindly Supported by KEPCO Bylong

**Mudgee High School - LINK Program**

Proudly supported by

**GLENCORE**

*Ulan Coal Mine*