

# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850  
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Monday  
September 17  
Term 3, Week 9

## PRINCIPAL'S MESSAGE

### Green Day

Last Thursday's Green Day environmental awareness day was well covered in the local press, and it was pleasing to see *The Guardian* include a picture of our SRC team of assistants, complete with an acknowledgement of the work they do.

As in previous years, our Mudgee High kids worked with primary aged students from a great many schools as guides and mentors. From reports, there were more than 800 young people in attendance. This bodes well for all of us, as environmental awareness and the role each of us can play in reducing our respective "carbon footprints" and moving to a more sustainable future is a message that *must* be embraced by the young.

After the event, the following unsolicited message was received from the organisers:

"(The organisers) met and briefed your SRC group yesterday. What a wonderful bunch! They were terrific guides for the primary school groups – they brought a warm and willing attitude, and we had no mishaps, and no-one got lost! The job they did certainly helped the day run smoothly. They are a credit to themselves and the school. Everyone involved was most impressed with your students."

It is all too easy to find fault in the things we see around us. It is so refreshing when people take time out to throw bouquets where they are deserved.

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*A Member of the  
Cudgegong Learning  
Community*

PLEASE SEE OUR WEBSITE  
FOR THE COMPLETE  
CALENDAR OF EVENTS



### COMING EVENTS

- Sept 24th - P&C Meeting in the Library 7pm
- Sept 27- Rainbow Day
- Sep 28 - Yr 12 Presentation Assembly in the Gym 9.15am-10.30pm
- Sep 28 - Yr 12 Formal at AREC 7pm-10pm

### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C Award & SRR Award
- Writing Friday
- Yr 12 Important HSC information and EOY dates
- How to make a Quilt
- Advertisements
- RYPEN
- Sponsorship
- Kick Start Your teaching career today.

## **Gold**

Brag time.

I had an excellent Friday last week.

Together with Mrs Thommeny, I interviewed those Year 12 students who made application for Principal's Gold. It is always a pleasure to speak with enthusiastic, sometime driven young people who have achieved or are achieving great things in a so many different fields.

There were a total of twelve individuals who made the cut. They will be recognised at Year 12's Graduation Assembly on Friday 28/9.

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## **Junior Electives**

One of the things that we pride ourselves on at Mudgee High is the range of subjects we offer to our students. In junior high school, many schools do not offer electives to students until they reach Year 9. A great many schools then lock in their students to a two-year pattern of study, meaning the electives they choose at the end of Year 8 they are obliged to keep until the end of Year 10.

A review of our curriculum offerings revealed that our fifty hour/ semester model had within it a not insignificant period of "dead time" for some students. This "dead time" was the time between the end of formal assessment (to allow time to complete all marking and course reports) and the end of each semester. By way of contrast, "dead time" was greatly reduced in our few 100 hour (whole year) courses.

The easy way to remedy the situation was to make all courses year long, perhaps even two years in duration. If this change were effected, the next issue we would face would be ensuring that that Year 8 students experienced enough elective choice in their year to make informed choices for Years 9 and 10.

### **The solution**

In 2019, Year 8 students will be required to select four 50 hour electives, none of which can be repeated, to be studied in two elective lines over the two semesters of the year. In a nutshell, they will study to electives for the first half of the year, and two completely different electives in the second half of the year.

Students in Years 9 and 10 will have a range of vertically integrated (VI) courses to choose from, as well as some Year-specific courses that will each run for 100 hours (whole year). They will choose these courses from two elective lines, meaning that any one student can study as many as four 100 hour courses before the end of Year 10, or as few as two, which will allow those courses to be recorded as 200 hours on the Record of Student Achievement (RoSA).

If you are wondering what happened to the third elective line in Stage 5, the answer is easy. PDHPE has always been a core subject – like English, HSIE, Mathematics and Science – for junior high school students. To ensure that all students get the hours mandated by the state in this core, something had to give... and it was Line 3 that gave.

Until next week...

Wayne Eade  
Principal

# 255 tonne steam behemoth visits Rylstone – Saturday 29/9.

The official opening of the Kandos-Rylstone Heritage Railway will be held the Saturday of the coming long weekend, on the 29th September 2018.

Kandos Museum and Lithgow State Mine Railway successfully lobbied for the section to be reopened as part of their plan to bring heritage rail tours to the Kandos-Rylstone district to boost the local economy. And now, after 11 months of work and organizing, it's time for the official opening.

On the Railway Green at Kandos Station you will find delicious lamb BBQ, coffee cart, CWA cake stall, market stalls showcasing our region, and Bushrock, our favourite local band.

Don't like lamb? Based upon a recipe from the archives of Transport Heritage, painstaking research and many a sample tasting, the railway pie will make a triumphant return 29/9. Celebrate the official opening with a KR Railway Pie.

And let's not forget the train. "The Rylstone Rambler is still undergoing restoration and is not quite ready, so we have had to borrow a train for the official opening." said Buzz Sanderson, President of Kandos Museum. "Together with our partners, Lithgow State Mine Railway, we have been very fortunate in having Transport Heritage NSW join us for this event with the Beyer Garratt 6029 operating for the first time on the Wallerawang-Gwabegar line."

The Garratt locomotive 6029, weighing in at 255 tons, is the largest operational steam locomotive in the Southern Hemisphere. It is also one of four survivors of a class of forty-two locomotives used for heavy freight haulage between 1952 and 1973 by the NSW Railways.

For further information on the event and stall holder enquires please visit the Kandos Museum's website [kandos-museum.org.au](http://kandos-museum.org.au)

## Timetable:

### Lithgow - Kandos

Forward: depart Lithgow 9.05am // arrive Kandos 10.45am

Return: depart Kandos 2.35pm // arrive Lithgow 4.50pm

Adult \$65 | Concession \$60 | Child (2-16) \$50 | Member \$60

### Kandos - Rylstone Shuttles

Your choice of two shuttles departing Kandos Station:

11.45am or 1.15pm

Total journey time

45-minutes

Adult \$25 | Concession \$20 | Child (2-16) \$15 | Member \$20





### MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday September 24th at 7pm in the school library. Entry via Horatio Street.

All welcome.

#### Newsletter article

**Changes to Year 12 Book Deposit refunds:** Students who are eligible for a Book Deposit refund are required to complete an 'Application for Year 12 Book Deposit Refund' form and return it to the office prior to or on sign out day, Tuesday November 13 2018. These application forms will be issued to students prior to the end of term and are required to be signed by a Parent/Carer.

#### TERM 3 WEEK 8 AWARDS

**P & C AWARDS:** Oliver Manners Yr. 7, Zac Ristov Yr. 8, Joshua Carter Yr. 9, Laurel Chamberlain Yr. 10, Molly Fraser Yr.11, Emma Fay Yr.12

**SRR AWARD:** Cooper Treeve - Yr. 9

## WRITING FRIDAY



The graphic features two hands, one on the left and one on the right, with the text 'The future is in our hands' centered between them. The hands are shown from the wrist down, with the fingers slightly curled. The background is a light gray. The text is in a clean, sans-serif font. The overall theme is about writing and the future.

Write something which is set in the future.

Use this image as a significant part of your story.

*Consumed\**

The future is in our hands

...

- First person
- A neologism
- The five senses
- An extended metaphor
- Accumulative adjectives

\*1) Eat, drink, or ingest.  
2) (Of a fire) completely destroy.  
3) Use up (a resource).  
4) (Of a feeling) completely fill the mind of someone.

**Goal:**  
**200 words**  
**20 minutes**

# YEAR 12 - 2018

## IMPORTANT HSC INFORMATION AND END OF YEAR DATES

Aug 6	Society & Culture due
Aug 16	Industrial Technology projects including portfolio due for lockup by 3pm
Aug 20	Textiles & Design Major Projects and portfolios due for lockup today. Project needs to be packed in a box and handed in during class time.
Aug 27	Drama Projects due
Aug 30	Design & technology Major Projects due
Sep 3	Visual Arts Body of Works due for lockup at 3pm
Sep 10	Music submitted works
Sep 26	Assembly Rehearsal Periods 5 & 6 (12.08 – 1.34pm) Soccer Match - Teachers vs Students - Year 12 Farewell Social
Sep 27	Rainbow Day – all Year 12 students will participate in fundraising activities throughout the day for their designated charity, NALAG and Lifeskills to finish the term on a positive note.
Sep 28	Presentation Assembly 9am Student seating 9.15am Guest seating <b>9.15am – 10.30pm</b> Assembly (Full uniform required)
Sep 28	Year 12 Formal – Australian Recreational Education Centre (AREC) 7-10pm Additional information relating to this event as attached. Students: Please meet at AREC at 6pm for photos.
Sep 28 - Oct 15	Study Vacation
Oct 18 - Nov 9	<b>Higher School Certificate Examinations</b> Examinations up until and including Friday 9 <sup>th</sup> November will be held at Baptist Church Hall, 70 Bruce Road, Mudgee. Students must be in full school uniform and bring their student ID cards to every exam. The Music 1 Aural Skills Exam will be held at Mudgee High School on Monday October 19 at 1.55 – 3pm. <b>Further information will be available to students before the end of Term 3.</b> Any student or parent who has concerns about transport to the location on any day should contact the Principal as soon as possible.
Nov 10	HSC Assessment Ranks available from <a href="http://www.educationstandards.nsw.edu.au">www.educationstandards.nsw.edu.au</a> (Nesa) student number and PIN required.
Nov 12 - Nov 16	HSC Exhibition at The Stables. Opening on Monday 12 at 6.00pm. <b>Art Students displaying their major work must meet at school at 9.30am (student cars may be needed to help transport artworks) on Monday 12 November</b> and ALL exhibited works must be collected from The Stables on Friday 16 November between 2.00pm and 3.00pm. All welcome to attend
Nov 13	Sign out morning in the Library. Sign out will occur between 10am and 12 noon. This will include the return of book deposits for all eligible students.
Dec 13	HSC results available on-line from NSW Education Standards Australia (Nesa) Website and telephone service (Nesa PIN number required). HSC results will be available via Students Online, and sent by email and SMS from 6.00am on Thursday 13th December. <a href="https://studentsonline.nesa.nsw.edu.au/">https://studentsonline.nesa.nsw.edu.au/</a>
Dec 14	ATARs available on-line from UAC website and 'Infoline' (UAC PIN number required). Year 12 Celebration BBQ. Senior Lawn from 12-2pm Collect your FREE copy of the Mirri





**GOOD LUCK YEAR 12  
WITH THE HSC EXAMS**

# Mudjee High School



**MUDJEE  
HIGH SCHOOL**



**THE STAFF OF MUDJEE HIGH  
SCHOOL WOULD LIKE TO WISH  
OUR YEAR 12 STUDENTS GOOD  
LUCK IN THEIR HSC EXAMS!**

You owe it to your children  
to discover just what  
Mudjee High has to offer  
them

**WAYNE EADE, Principal** | [mudjee-h.school@det.nsw.edu.au](mailto:mudjee-h.school@det.nsw.edu.au) or ring the school on 6372 1533 for more information.



**A SHORT STORY  
HOW TO MAKE A QUILT WITH MISS  
DESTINY  
AUGUST 2018**

'Happiness' is when 'your life fulfils your needs' and you have 'a feeling of contentment and that life is just as it should be'.

This is exactly the philosophy one needs to adopt when spending time with Miss Destiny. Destiny has applied this approach to her work throughout this recent assignment. Destiny has spent a lot of time and effort on her superb quilt.

Although there were moments of slight frustration, Destiny knew the results were going to be worth it. Destiny told me how lucky we are to have Ms Kay Bailey to guide and teach her. Kay has been ever patient, encouraging, and an absolute wealth of knowledge.

In a world filled with a 'throw away' attitude, it is a pleasure to see innocence come in the shape of a wild animal quilt. The quilt is a lively, colourful expression of Destiny herself.

Throughout the making, Destiny said that she intends for the quilt to help look after her little cousin. He will be able to play on it when he comes to visit.

As with all good quilts there comes a story..

Destiny explained the animals on the quilt have taken on real life characters, which has caused a friendly 'competition' with staff.

Barry is the cheeky monkey in the corner.

Akira is the ever so orange Toucan.

Mrs Whittington is the lovely butterfly.

Dave is the snake.



Ms Chambers is the pink bird. This could have something to do with the shade of her hair on the day.

Ms Smith let out a cry, 'Can't I be on the quilt too?' So, Destiny allowed her to be the giraffe.

Mr Laidlaw is the Hippo. 'Oh?' I asked.

'No reason' was the response with a cackle!

Mr Golden is the bunch of red flowers, because he is always bright and making someone's day.

Mrs Gallen is the dragonfly hitching a ride over to see Barry.

Mr Howes is the crocodile as he is a bit snappy (more cackling)

Tommy is the fish, as the fish has no eyes and Tommy is color blind (bigger bout of cackling).

Mrs Sibley is the owl, as she is always busy and keeping an eye out.

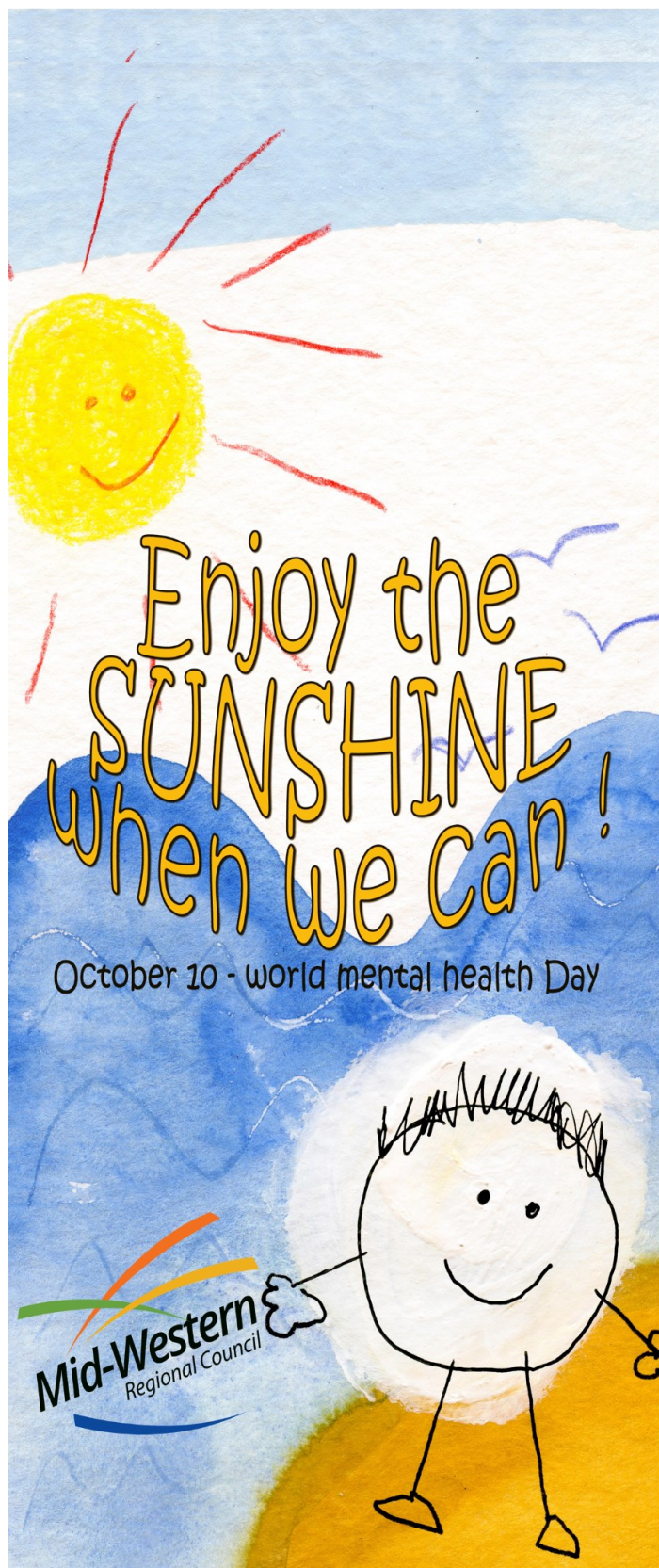
I, Victoria, am (apparently) the elephant.

I asked, 'is that because I am the size of an elephant?' and Destiny giggled and said, 'no it's because you are strong and fearless'.

(Destiny's words)

Getting to know Destiny, one has to admire her determination, individuality, openness and complete honesty.

# RYLSTONE KANDOS FAMILY FUN DAY - OCT 10



RYLSTONE SHOWGROUND  
Wednesday October 10

10am to 2.00pm

Activities FOR all abilities and ages

HOLIDAY fun FOR the whole family

food

prizes

rides

THIS IS A FREE EVENT  
provided by the RYLSTONE & KANDOS  
interagency and Mid Western  
regional Council

**register your community organisation  
for a free stall to promote your service  
or club OR provide a FUN activity  
For information Call 63782716**

SCHOOL HOLIDAY FUN  
FOR  
all  
the Family



# Escape Room Challenge

**Find some friends to escape the room, and maybe win a prize!**

The laboratory is 'locked', and a vial containing a deadly virus has shattered. You have 60 minutes until the effects are fatal. Use your wits, the clues, and teamwork to find the antidote, and escape.

The team who completes the challenge fastest (or gets the closest to escaping) will not only win bragging rights, but a gift bag full of goodies – so keep the tips to yourself people.

### **Gulgong**

Tuesday 2 October  
@ Gulgong Memorial Hall

#### **Session times:**

10:30 am – 11:45 am  
13:00 pm – 14:15 pm  
14:20 pm – 15:35 pm  
15:40 pm – 16:55 pm

### **Mudgee**

Wednesday 3 October  
@ Mudgee Library

#### **Session times:**

10:30 am – 11:45 am  
13:00 pm – 14:15 pm  
14:20 pm – 15:35 pm  
15:40 pm – 16:55 pm

### **Rylstone**

Wednesday 10 October  
@ Rylstone Family Fun Day;  
Rylstone Showground

#### **Session times:**

10:00 am – 11:15 am  
11:20 am – 12:35 pm  
12:40 pm – 13:55 pm



**Book your team of 3-5 people into a session now at:**

**[mwrcyouth.eventbrite.com.au](http://mwrcyouth.eventbrite.com.au)**

**Proudly Presented by Mid-Western Regional Youth Council Escape  
Room Challenge is for those aged 12-20 only**

**For activities for 3-12 year olds visit [mwrclibrary.eventbrite.com.au](http://mwrclibrary.eventbrite.com.au)**

# 2018 Mudgee Mathematical Minds Challenge

23rd October 2018

## About the M<sup>3</sup> Challenge

The M<sup>3</sup> Challenge is presented and organised by teachers, businesses and other community members to promote numeracy skills among the young people in our region's schools.

In the last 20 years, the interest in mathematics among students in schools across Australia has been declining.

Three local businesses in our region (Mudgee), YANCOAL, PEABODY ENERGY and KEPCO understand the importance of mathematics and engineering in their operations and broader society. They are showing their support by donating funds towards this fun and educational initiative.

The Rotary Club of Mudgee has also donated funds towards the challenge. St Matthews Catholic School (SMCS) Mudgee has offered their premises for hosting the event.

Contact the M<sup>3</sup> Coordinators: **Sof Lee** (Rotary Club of Mudgee) Ph: 0431 9423 67

**Ross Hearne** (Rotary Club of Mudgee) Ph: 0438 607 315

Email: [mudgee.rotary@outlook.com](mailto:mudgee.rotary@outlook.com)

## M<sup>3</sup> Challenge Entry Form

Participants must register and submit an entry form, by email or online.

Team Name : - - - - - Stage: - - - - - (3,4 or 5)

School Name: - - - - -

Contact Name: - - - - -

Contact Email: - - - - -

Contact Phone: - - - - - Team Members:

1. - - - - -

2. - - - - -

3. - - - - -

4. - - - - -

Registration due date: 2 October 2018 Scan this form and email to:

[mudgee.rotary@outlook.com](mailto:mudgee.rotary@outlook.com)

Or

Submit online:

<https://goo.gl/forms/WEPkiczr8xBFOOnOB2>







RYPEN (Rotary Youth Program of Enrichment)

16th, 17th & 18th November 2018,

**Myuna Bay Sport and Recreation Centre**

Wangi Rd, Myuna Bay NSW 2264

**Applications Close November 9th 2018**

**Cost – Free. Your Local Rotary Club sponsors students**

Dear Parent, Guardian and Teachers

Now in our 30th year The Rotary District 9670 RYPEN Committee is pleased to announce that nominations are now being accepted for the RYPEN camp to be held on the weekend of November 16th, 17th & 18th 2018.

Supporting the development of youth is a key focus of Rotary and here in District 9670, RYPEN, is one of our flagship youth programs delivered twice a year to around 70 students.

**RYPEN** is aimed for that large group of, boys and girls, aged between **14 and 17 years**, school **years 8 to 10**, who show some qualities of decency, courage, persistence, sincerity and application in every-day life, which deserve further development (in which case is everyone & anyone).

The principal and student outcomes of the program are:

- ☐ Increased motivation,
- ☐ Improved life skills,
- ☐ Improved self-image and pride,
- ☐ An understanding of setting and achieving goals,
- ☐ Increased confidence to overcome problems and take control of their future,
- ☐ Form their own values and moral standards.

We advise that the student does not go with friends. If the students do not know anyone at the start of the program, they will leave with 30+ new friends and contacts when it finishes on Sunday afternoon. RYPEN is an intensive program, consisting of plenary sessions, workshops and sport and entertainment activities.

Participants are accommodated in dormitory style rooms, and meals are provided in our self catering lodge. Special dietary requirements can be catered for by the camp chef. The RYPEN committee and facilitators live-in for the duration of the camp and provide the organisation and planning of the weekend. Rypenians receive suitable instruction, and play an active part in introducing and presenting group reports; assisting in camp chores as well as being involved in various group sessions.

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224  
Email: rypen9670@gmail.com RYPEN COMMITTEE - PO BOX 542 East Maitland, NSW 2323**

***"Teenagers grow when they have opportunity to develop life skills".***

**Here's what some past participants have had to say...**

*"There has never been a camp that has wowed me this much, an experience I would love to relive and share with everyone."*

*"Every activity was absolutely amazing! I would do this over and over again especially if it was with the same people, the best group of people I have ever met."*

Here's what parents have had to say...

*"Holy cow, did we have one excited teenager on our hands on Sunday afternoon after the RYPEN camp!"*

*"Please pass on our thanks to all those involved in providing our precious daughter with a wonderful and life-affirming weekend."*

*"We have our son back, thank you."*

RYPEN is a unique opportunity for young people that can be a truly life changing experience.

For the student, RYPEN is also a gateway to the many other youth programs Rotary runs to support and develop young people such as; as Driver Training, National Youth Science Forum, Youth Exchange, Try a Trade, RYLA and many more.

Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.

Should you require further information about the program contact either the Rotarian who has contacted you or myself directly.

We look forward to hearing from you.

Yours in Rotary,

Zoey Kirwan

Chairperson,

Rotary District 9670 – RYPEN Committee

0410 664 224

[rypen9670@gmail.com](mailto:rypen9670@gmail.com)

[www.facebook.com/RYPEN9670](https://www.facebook.com/RYPEN9670)

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, NSW 2323**





### **RYPEN (Rotary Youth Program of Enrichment)**

**16th, 17th & 18th November 2018**

**Myuna Bay Sport & Recreation Centre**

**Applications Close November 9th 2018**

**Cost to Club - \$230 per student**

The Rotary District 9670 RYPEN Committee is pleased to announce that nominations are now being accepted for the RYPEN camp to be held on the weekend of November 16th, 17th & 18th 2018.

We can only accept 32 students (**16 girls and 16 boys**); you need to get in early to ensure your students get a spot in this great youth program; when talking to your schools/networks can you ask them to try to select one girl and one boy to even out the camp. This will help us for accommodation as we have 8 rooms that sleep 4 people this will give us even numbers for the accommodation.

It is the Parents responsibility to ensure their children are transported to and from the venue, and arrive **no later** than **3.30pm on Friday 16th November 2018** for Registration ready for a 4pm start, but if needed, help should be Pre-arranged with the Rotary Club. It is not satisfactory for the student to miss any of the sessions; if they cannot attend all of the camp please select someone else.

#### **Which Students**

- ☐ Full time students aged between 14 – 17
- ☐ Young adults who show potential but need an opportunity to develop it further.
- ☐ This program is open to students across the entire district (transport provided to those students from the western region).

#### **Students Outcomes**

- ☐ Increased motivation
- ☐ Improved life skills.
- ☐ Improved self-image and pride
- ☐ An understanding of setting and achieving goals.
- ☐ Increase confidence to overcome problems and take control of their future.

#### **RYPEN program and team**

- ☐ An intensive program of workshops, sports and entertainment activities
- ☐ Experienced team of Rotarians and past participant who deliver the program in a sharing and supportive environment.

#### **Rotary Club's Outcome**

- ☐ Connects you with young people and their families in your community.
- ☐ Supports Rotary's commitment to youth.
- ☐ Good "bridge" to NYSF, RYLA, Youth Exchange and other youth programs
- ☐ Great opportunity to build relationships with local schools and youth support service providers.
- ☐ Today's RYPEN participants are our future Rotarian and community leaders.

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, 2323**



## **Rotary Club Check List**

**16th, 17th & 18th November 2018**

**Myuna Bay Sport & Recreation Centre**

**Wangi Rd, Myuna Bay NSW 2264**

### **LODGE: Fernholme**

**1:** Find applicants for RYPEN. Both male & female

**2:** Send completed Application Form to:

**RYPEN Committee**

**PO Box 542 East Maitland 2323 or**

**Email to: [rypen9670@gmail.com](mailto:rypen9670@gmail.com)**

**3:** Invite applicants and parents to a Rotary Meeting to introduce to the club and so the family know who are sponsoring their child

**4:** Send payment to district once club has received invoice

**5:** Check in with families to see if Acceptance information has been received via email

**6:** Check with families on transport (a bus will be organised for the western region)

- ☐ Parents to drive students to the camp
- ☐ Parents to pick up students from the camp
- ☐ If required arrange a Rotarian to drive student to and from the camp

**7:** RYPEN Students invited back after the camp to the Rotary Club to tell of their experiences

**8:** Provide feedback to [rypen9670@gmail.com](mailto:rypen9670@gmail.com) on both participant and clubs experience.

*Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.*

**Contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson for more information. Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com) RYPEN COMMITTEE - PO BOX 542 East Maitland, 2323**





## APPLICATION FORM

RYPEN (Rotary Youth Program of Enrichment)

**16<sup>th</sup>, 17<sup>th</sup> & 18<sup>th</sup> November 2018**

**Myuna Bay Sport & Recreation Centre**

Wangi Rd, Myuna Bay NSW 2264

This form is to be completed by the applicant, their parent or guardian and sponsoring Rotary Club and returned to the RYPEN committee by mail or email before the application close off date **9<sup>th</sup> November 2018**

**If you have any questions please do not hesitate to contact Zoey Kirwan, Rotary District 9670, RYPEN Chairperson.**

**Mobile: 0410 664 224 Email: [rypen9670@gmail.com](mailto:rypen9670@gmail.com)  
RYPEN COMMITTEE - PO BOX 542 East Maitland,  
2323**

APPLICANT INFORMATION			
<b>Applicant Full Name:</b> (This will go on your certificate)			
<b>Preferred Name or Nick Name for your name badge:</b>		<b>School &amp; Year:</b>	
<b>Date of Birth:</b>		<b>Gender:</b>	
<b>Home Address:</b>			
	<b>Postcode:</b>		
<b>Contact details:</b>	<b>Phone:</b>	<b>Mobile:</b>	
	<b>*Applicants Email:</b>  <i>*We only send out your acceptance information via email, so please monitor you emails &amp; contact us if you do not receive anything by late October*</i>		
<b>List Hobbies and Recreational Activities:</b>			
<b>Organisations you are involved in:</b>			

PARENT/GUARDIAN INFORMATION			
Parent / Guardian:	<div>Given Names</div> <div>Family Name</div>		
Contact details:	Phone:		
	Mobile:		
	* Parent/Guardian Email:  *We only send out your acceptance information via email, so please monitor you emails & contact us if you do not receive anything by late October*		
Emergency Contact	Same as above	Students Medicare No:	
Other / secondary contact :	Name:		
	Phone No's:		

MEDICAL INFORMATION	
PARENT / GUARDIAN TO COMPLETE	
Does the applicant have any special dietary requirements?	
Does the applicant have any health issues/concerns?	
Include information regarding any pre-scribed medicines.	
Are there any concerns that the applicant will not be able to participate in any physical activity due to health concerns? Please specify.	
Is there anything the RYPEN team can do to assist/help your child with throughout the weekend?	
Do you give permission for your child to be given Paracetamol and/or Ibuprofen if required?	<div> <div>NONE</div> <div> </div> <div>Paracetamol ONLY</div> <div> </div> <div>Ibuprofen ONLY</div> <div> </div> <div>Both Paracetamol and/or Ibuprofen</div> </div>

## RYPEN CONDITIONS APPLICANT TO TICK AND SIGN

If you are selected to attend a RYPEN experience, you must be willing to abide by the basic Rotary code of behaviour.

**The following are the essential points of the basic code of behaviour expected by Rotary:**

- Female quarters are out of bounds to males at ALL times, and vice versa.
- No alcoholic drinks or drugs of any kind are to be taken to or be consumed.
- Smoking is not permitted at the camp.
- No participant may leave the allocated area at any time.
- Mobile phones MUST be handed in prior to session start for safekeeping, without exception.
- Participants must take responsibility for safe keeping of any valuables.
- Friends of participants who are not enrolled in the weekend may NOT visit during the weekend.
- Attendance at all sessions is compulsory.
- Breaking the above rules may result in the participant's parent/guardian being required to pick them up from the camp before the weekend is complete.

Applicant Signature acknowledging RYPEN Conditions

\_\_\_\_\_ Date:    /    /

## PARENTS / GUARDIANS CONSENT

I give consent for my son/daughter to attend this RYPEN experience under the terms outlined above  
I authorize RYPEN coordinators to arrange medical treatment and/or Ambulance transport for my child, if needed.  
I consent to images taken of my child participating in RYPEN, and their first name to be utilized by Rotary on official web sites and material as seen necessary by RYPEN coordinators and those working under their direction.

Parent / Guardian signature:

\_\_\_\_\_ Date:    /    /

## SPONSORING ROTARY CLUB TO COMPLETE

Nominating Rotary Club of  
District 9670:

**Club Contact:**

Phone:

Email:

**We nominate the person whose name appears on this application form for the RYPEN Camp November 2018**

Club President Name: \_\_\_\_\_

Club President Signature: \_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**NOTE: please DO NOT send payment until the application has been approved by the RYPEN Committee. You will then receive an invoice from the District Treasurer.**

Please note: due to costs associated with the RYPEN camp, should Participants drop out within seven (7) days and/or not attend the camp; and a suitable replacement for the Participant cannot be found; the sponsoring Rotary Club will not be credited or refunded the cost for the camp. It is important that the Participant and Parent/Guardian/Teacher understands the commitment made when nominating for the camp and ensure that any changes to their circumstances are communicated to the RYPEN Committee and sponsoring Rotary Club as soon as possible.





## Mudgee Triathlon Club

**INFO DAY: SUN 23 SEPT**  
**10am-12pm**

### New members welcome!

The Mudgee Triathlon Club is a welcoming club, open to everyone – from those interested in completing their first triathlon through to competitive triathletes.

The club provides training opportunities, monthly races, information for upcoming triathlon events and a strong community bond between fellow members and their families.

**Is it time you renewed your membership, or gave a tri a try?**

### 2018/19 Races & Distances

#### Little Devils

15m swim\*, 1km bike, 500m run

\* Non-swimmers wade across the toddler pool

#### Big Devils

50m swim, 3km bike, 1km run

**Super Sprint** (aka Short Course) 150m swim, 6km bike, 2km run

#### Long Course

400m swim, 18km bike, 4km run

### More information?

Visit our website, attend our info day: **Sun 23rd Sept from 10am-12pm at the Tri Club shed (Lawson St, at the back of the pool)** or send us an email: [president@mudgeetriclub.com.au](mailto:president@mudgeetriclub.com.au).

**[mudgeetriclub.hwy.com.au](http://mudgeetriclub.hwy.com.au)**



## Mudgee Triathlon Club

### 2018/19 Mudgee Club Races

**Club Race 1:** 14 October 2018

**Club Race 2:** 18 November 2018 \*

**Club Race 3:** 16 December 2018

**Club Race 4:** 20 January 2019

**Club Race 5:** 10 February 2019

**Club Race 6:** 10 March 2019

**Club Champs:** 7 April 2019

\* Interclub & club race combined

### Approx. Race Times ^:

**Long Course:** 8am

**Little Devils:** 9.30am

**Big Devils:** 9.45am

**Short Course:** 10am

^ Race times will differ for our Interclub race, 18/11

### 2018/19 Interclub Races

**Cowra:** 21 October 2018

**Mudgee:** 18 November 2018

**Bathurst:** 26 January 2019 (Australia Day)

**Orange:** 17 February 2019

**Dubbo:** 3 March 2019

Annual membership fees are from \$39 for juniors & \$152 for adults. Discounts apply for family memberships. There are no additional fees to compete in our club races.

For junior members, there will be optional training sessions each week. Visit our website for times & follow the Mudgee Junior Red Devils training page on Facebook for updates.

Adult running sessions will be held at Lawson Park on Tuesdays @ 6pm and swim sessions on Fridays @ 7am

**[mudgeetriclub.hwy.com.au](http://mudgeetriclub.hwy.com.au)**

### SPONSORSHIP

## Mudgee High School - LINK Program

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