

# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850  
ABN: 25 074 408 459 Telephone: (02) 6372 1533 Facsimile: 6372 6321  
Website: [www.mudgee-h.schools.nsw.edu.au](http://www.mudgee-h.schools.nsw.edu.au)  
Email: [mudgee-h.school@det.nsw.edu.au](mailto:mudgee-h.school@det.nsw.edu.au)



Wednesday  
August 15  
Term 3, Week 4

## PRINCIPAL'S MESSAGE

お別れ

Last week saw the 16<sup>th</sup> inbound Japanese visit conclude in teary farewells, as has become custom.

What a great thing these inbound trips are. The best way to create awareness and indeed empathy for people from different parts of the world is to visit those different parts of the world and interact with the locals.

The second best way to develop that understanding is to have them visit you!

Well done, Mrs Date and Mr Saunders on pulling off another well-received inbound trip. Few of the students involved in this most recent inbound trip had been born when the first one took place. After so many successful years of this cultural exchange, the bonds between Mudgee High and its sister schools in Osaka run quite deep.

Indeed, what a great thing these inbound trips are.

Until next week...

Wayne Eade  
Principal



*A Member of the  
Cudgegong Learning  
Community*

PLEASE SEE OUR WEBSITE  
FOR THE COMPLETE  
CALENDAR OF EVENTS



### COMING EVENTS

- Aug 27 - P&C Meeting in the Library 7pm
- Sep 6 - Yrs 8, 9 & 10 Parent teacher evening in the Gym 4pm - 7pm
- Sep 28 - Yr 12 Presentation Assembly in the Gym 9.15am-10.30pm
- Sep 28 - Yr 12 Formal at AREC 7pm-10pm

### THIS ISSUE

- Principal's Message
- MHS P&C Meeting
- P&C Award & SRR Award
- Writing Friday
- 2018 Formal Ticket Sales
- Yr 12 Important HSC information and EOY dates
- Family & Community Studies
- Finesse Leadership Academy
- Wellbeing Resource of the Week - Recharge App
- Advertisements
- Sponsorship
- Kick Start Your teaching career today.





### MUDGEES HIGH SCHOOL P&C

The next meeting of the Mudgee High School P&C will be held on Monday August 27th at 7pm in the school library. Entry via Horatio Street. All welcome.

### TERM 3 WEEK 3 AWARDS

**P & C AWARDS:** Abbie Condren - Yr 7, Darcy Cavanagh - Yr 8, Joshua Clay - Yr 9, Tara Sandry - Yr 10, Mackenzie Callaghan - Yr 11, April Smith - Yr 12

**SRR AWARD:** Tayla Large Green - Yr 9

### WRITING FRIDAY

## *What gets your goat?*

There are some things in life that just make us want to scream with frustration.

What makes you annoyed?  
Now's your chance to really have a rant!

Goal:  
200 words  
20 minutes

- An idiom
- Alliteration
- Colloquial language
- An extended metaphor

**Vehement\***

**Vehement:** Showing strong feeling; forceful, passionate, or intense.

# YEAR 12

## FORMAL TICKETS 2018

### \$80.00

**Round 1** - Maximum of 6 tickets

(1 student ticket and 5 guest tickets)

May be purchased from **Mon 30<sup>th</sup> July – Fri 10<sup>th</sup> August 3.30pm**

**Round 2** – Maximum of 1 ticket

May be purchased from **Mon 13th August – Friday 17<sup>th</sup> August 3.30pm**

**Round 3** – Any remaining tickets are for sale. May be purchased from **Mon 20<sup>th</sup> – Fri 24<sup>th</sup> August 3.30pm**

**FORMAL TO BE HELD FRIDAY 28<sup>th</sup> September 2018, 7pm**  
**Australian Rural Education Centre AREC**

# YEAR 12 - 2018

## IMPORTANT HSC INFORMATION AND END OF YEAR DATES

Aug 6	Society & Culture due
Aug 16	Industrial Technology projects including portfolio due for lockup by 3pm
Aug 20	Textiles & Design Major Projects and portfolios due for lockup today. Project needs to be packed in a box and handed in during class time.
Aug 27	Drama Projects due
Aug 30	Design & technology Major Projects due
Sep 3	Visual Arts Body of Works due for lockup at 3pm
Sep 10	Music submitted works
Sep 26	Assembly Rehearsal Periods 5 & 6 (12.08 – 1.34pm) Soccer Match - Teachers vs Students - Year 12 Farewell Social
Sep 27	Rainbow Day – all Year 12 students will participate in fundraising activities throughout the day for their designated charity, NALAG and Lifeskills to finish the term on a positive note.
Sep 28	Presentation Assembly 9am Student seating 9.15am Guest seating <b>9.15am – 10.30pm</b> Assembly (Full uniform required)
Sep 28	Year 12 Formal – Australian Recreational Education Centre (AREC) 7-10pm Additional information relating to this event as attached. Students: Please meet at AREC at 6pm for photos.
Sep 28 - Oct 15	Study Vacation
Oct 18 - Nov 9	<b>Higher School Certificate Examinations</b> Examinations up until and including Friday 9 <sup>th</sup> November will be held at Baptist Church Hall, 70 Bruce Road, Mudgee. Students must be in full school uniform and bring their student ID cards to every exam. The Music 1 Aural Skills Exam will be held at Mudgee High School on Monday October 19 at 1.55 – 3pm. <b>Further information will be available to students before the end of Term 3.</b> Any student or parent who has concerns about transport to the location on any day should contact the Principal as soon as possible.
Nov 10	HSC Assessment Ranks available from <a href="http://www.educationstandards.nsw.edu.au">www.educationstandards.nsw.edu.au</a> (Nesa) student number and PIN required.
Nov 12 - Nov 16	HSC Exhibition at The Stables. Opening on Monday 12 at 6.00pm. <b>Art Students displaying their major work must meet at school at 9.30am (student cars may be needed to help transport artworks) on Monday 12 November</b> and ALL exhibited works must be collected from The Stables on Friday 16 November between 2.00pm and 3.00pm. All welcome to attend
Nov 13	Sign out morning in the Library. Sign out will occur between 10am and 12 noon. This will include the return of book deposits for all eligible students.
Dec 13	HSC results available on-line from NSW Education Standards Australia (Nesa) Website and telephone service (Nesa PIN number required). HSC results will be available via Students Online, and sent by email and SMS from 6.00am on Thursday 13th December. <a href="https://studentsonline.nesa.nsw.edu.au/">https://studentsonline.nesa.nsw.edu.au/</a>
Dec 14	ATARs available on-line from UAC website and 'Infoline' (UAC PIN number required). Year 12 Celebration BBQ. Senior Lawn from 12-2pm Collect your FREE copy of the Mirri



## COMMUNITY AND FAMILY STUDIES

Over the past few weeks Year 11 Community and Family Studies (CAFS) students have had a couple of guest speakers to provide them with some understanding of local people's roles within the community.

Our first guest was our general assist, Mr John Howe. Mr. Howe came to speak about his role in the Rural Fire Service an organisation he has been a part of for many years. The students learnt about the role the RFS and volunteers like Mr Howe undertake to ensure the safety and wellbeing of our communities. He was able to provide an insight to some of the major fire incidents he has attended around Australia and what it was like to assist people in their local communities. A big thank you to Mr Howe.

Our other guest speaker was Councillor Sam Paine, a former Mudgee HS student and well known in the arts community of Mudgee. Sam provided insights as to how decisions are made in our local community, such as the latest happenings around the historic building The Regent Theatre. The students learnt how our local council works to meet the needs of the Mid-Western Region, such as providing pre-schools, disability access and drought assistance. We would like to thank Sam for finding time in his busy schedule.

Students are encouraged to be revising and completing practice questions at home for their final exam in Week 9 this term.

Ms McCann



## Wellbeing Resource of the Week

**Contact the School Counselling Service for more details, if required.**

### **RECHARGE: 'App' by Reach Out**

Recharge is a personalised six-week program that helps improve your general health and wellbeing by focusing on four key areas:

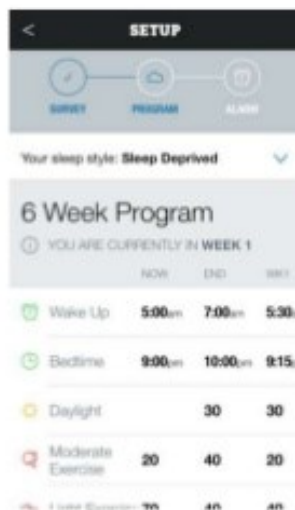
- a regular wake and sleep time each day, achieved gradually over six weeks
- an alarm clock that triggers fun activities designed to get you up and out of bed
- increasing your exposure to daylight early in the day, to help reset your body clock
- encouraging you to increase physical activity, especially within two hours of waking up.



Establishing a good sleep/wake routine that includes regular exercise and early daylight exposure will help improve your mood, energy and general health and wellbeing as well as helping you sleep better at night.

Key features include practical tips to improve your sleep/wake routine and wellbeing, daily reports to track your mood, energy, exercise and sleep and graphs to help monitor your progress.

## **Recharge – Sleep Well, Move Well, Be Well**





## ADVERTISEMENTS



**Mudgee Running Festival**

**2018**

**SUNDAY 19 AUGUST**  
LAWSON PARK, MUDGEE

**BYO MEDAL FOR EVERY ENTRANT**

 Moolarben Coal	Marathon	<b>7AM</b>
 Lowe Peter van Gent Winery & Vineyard	Half-Marathon	<b>7AM</b>
 Newcastle Permanent	10km Fun Run	<b>8AM</b>
 Wilpinjong Coal Mine	5km Fun Run/Walk	<b>11AM</b>

**REGISTER NOW**  
[mudgeerunningfestival.com.au](http://mudgeerunningfestival.com.au)



Supported by the  
 @mudgeerunningfestival  
 @mudgeerunningfestival




**\$35 ENTRY**

Strictly over 18  
BYO alcohol  
Not for the easily offended

**Bogan Bingo**  
EST. 2005  
WE ROCK. WE KNOW.

Prizes for Bogan King & Queen, Air Guitar Comp and MORE!

Saturday 18 August, 7.30pm, Mudgee Public School Hall

Tickets \$35pp @ school canteen or  
[www.stickytickets.com.au/70812](http://www.stickytickets.com.au/70812)

**BYO ONLY**  
Food available




**PARENT INFORMATION EVENING**

Date and time: 16 August, 5:30pm - 7:30pm

Venue: Bathurst Memorial Entertainment Centre, 105 William Street, Bathurst





#### HOST FAMILY NEEDED!

*Student Exchange Australia New Zealand* is looking for a volunteer host family for a 16 year old Japanese boy who is currently attending Mudgee High School. He is very well settled at the school, so we are hoping that someone from the school community may be interested in hosting him.

He is easygoing and friendly, and loves sport and outdoor activities. Together with his host family he would love to experience new activities, share the Japanese culture and simply be part of his host family's daily life. We are looking for a family who are able to host him from September to November.

If you are interested, please phone Masako or Tempel at the Student Exchange Office: 1300 135 331 or send an

#### Head lice

Parents are asked to monitor their child for head lice. We have recently had a number of cases and request that should your child present with a case of head lice at home that you treat it immediately.



*Mudgee & Districts Vietnam Veterans  
Peacekeepers & Peacemakers  
Association Inc*  
PO Box 511  
Mudgee NSW 2850  
Phone: - 02 63727740



## Vietnam Veterans Day Memorial Service And Victory In the Pacific Service

**1300hrs**

**Saturday 18 August 2018**

**At the Cenotaph**

**Robertson Park, Mudgee.**

**All current serving, ex-service and the  
public are welcome to attend.**

Register Now  
For Free



## modern manners & life skills

FOR: Young Women 12 - 18 Years

WHEN: Thursday 11 - Saturday, 13 October 2018 (9-5:30PM)

WHERE: Rydges Function Centre @ Mt Panorama, Bathurst

COST: Opening Special! **50% Off** for October Only: \$300

INCLUDES: **1** Full Luxury Catering - Lunches, Snacks & Drinks  
**2** Personalised Finesse Workbook  
**3** Graduation Certificate  
**4** Finesse Club - Unlimited Free Returns (T&C Apply)



DON'T MISS OUT - RESERVE YOUR OCTOBER TICKETS NOW

Contact: [connect@finesseleadership.com.au](mailto:connect@finesseleadership.com.au) or 0435 494 006

## topics - modern manners & life skills

### SOCIAL SAVVY

Confident Communication  
Ideal Introductions  
Technology Taming  
Respectful Relationships

### DELUXE DEPARTMENT

Presence & Poise  
Dressed for Success  
Graceful Grooming  
Distinguished Dining

### PERSONAL POWER

Holistic Health  
Defending yourself in Danger  
Inspiring Integrity  
Managing Mistakes

### WORKPLACE READINESS

Career Choices  
Learning to Lead  
Disputes & Diplomacy  
Budgets for Beginners

## why finesse?

Builds Confidence, Resilience & Social Skills ★ Age Appropriate  
Pampering: Luxury Location with Gourmet Catering  
Expert Training ★ Warm & Friendly Atmosphere  
Unlimited Free Return Workshops (T&C Apply)

## coming soon - inquire now

Exclusive Workshops for Corporate Groups  
Young Gentlemen & Adult Professional Workshops  
Private High Tea Parties for Celebration & Fundraising  
BOOK A WORKSHOP OR EVENT AT YOUR HOME, SCHOOL OR WORKPLACE

# WANT TO WORK IN MINING?



**Skillset Workforce & Moolarben Coal Operations are holding an information session about a number of exciting 2019 Apprenticeship and Traineeship Opportunities.**

**Wednesday 22nd August 2018**

**6.00pm to 7.00pm**

**Club Mudjee**

**99 Mortimer Street, Mudjee**



**skillset.  
workforce**  
YOUR FUTURE OUR FOCUS

## SEE YOU THERE!

**[www.skillset.com.au](http://www.skillset.com.au)**



**NSW Department of Education**

**Kick-start  
your teaching  
career today!**



**#teachNSW**



## Places available

## Who can apply?

## Benefits

# 220

**Teacher Education Scholarships**

- ✓ HSC students
- ✓ University students
- ✓ Career changers

**\$5,000**  
per year of full-time study  
**\$3,000**  
appointment allowance  
**Permanent teaching job**

# 80

**Teacher Education Scholarships - Aboriginal**

- ✓ Aboriginal people and Torres Strait Islanders

**\$5,000**  
per year of full-time study  
**\$3,000**  
appointment allowance  
**Permanent teaching job**

# 60

**teach.Rural Scholarships**

- ✓ HSC students
- ✓ University students

**Up to \$50,000**  
equivalent upfront course contribution fee\*  
**\$7,500**  
per year of full-time study  
+ other great benefits!  
**Permanent teaching job**

# 30

**Great Teaching, Inspired Learning Cadetships**

- ✓ HSC students

**Part-time job**  
while studying  
**Experience**  
in a school  
**Permanent teaching job**

# 30

**Great Teaching, Inspired Learning Internships**

- ✓ Teacher education students approaching final year

**Part-time job**  
while studying  
**Experience**  
in a school  
**Permanent teaching job**

# 40

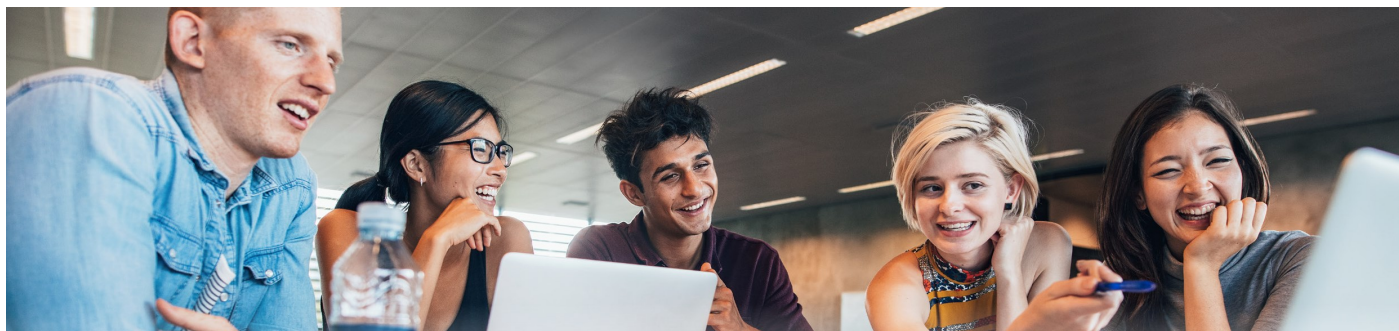
**Incentive Scholarships**

- ✓ Final year teacher education students

**\$2,500**  
in final semester of study  
**\$1,000**  
appointment allowance  
**Permanent teaching job**

Find out more and apply: [www.teach.nsw.edu.au/getpaidtostudy](http://www.teach.nsw.edu.au/getpaidtostudy)

\* Eligibility based on academic achievement in your university studies.



## Quick guide to applying for a Scholarship

### 1. Eligibility

Check you are eligible to apply for one or more of the scholarship programs on the [teach.NSW](https://teach.nsw.gov.au) website:

- [Teacher Education Scholarship](#)
- [Teacher Education Scholarships – Aboriginal](#)
- [teach.Rural Scholarships](#)
- [Great Teaching, Inspired Learning Cadetships](#)
- [Great Teaching, Inspired Learning Internships](#)

### 2. FAQ's

Each scholarship program has a list of FAQ's designed to assist you. Read through the FAQ's on the [scholarship programs](#) that you are interested in to see if your questions can be answered before applying.

### 3. Begin application

- Go to the [program webpage](#) to start your application.
- Click on 'apply now' in your selected program and you will be redirected to the 'I work for NSW' website where you can begin your application.
- Select the scholarship you would like to apply for. If you are eligible for more than one scholarship you can submit multiple applications.
- You will be asked to provide:
  - Personal details - including contact details and employment history
  - University course details – either the course you are currently studying or the intended course of study if you are a HSC student or a career changer
  - Supporting statement - the reasons you would like to become a teacher in a NSW public school and how your personal qualities will enhance your effectiveness as a teacher
  - Supporting documents - you will need to upload the following supporting documents before submitting your final application:



	Document	Required From	Comment/Title
<input type="checkbox"/>	Identification documents. Refer to guidelines <a href="#">Proof of Identity</a>	All applicants	Identification
<input type="checkbox"/>	Evidence of name change required for first and family name changes	All applicants (if applicable)	Name Change
<input type="checkbox"/>	Evidence of Australian Citizenship, permanent residence, or visa permitting employment in Australia	All applicants (if applicable)	Citizenship/Residency
<input type="checkbox"/>	National Police Checking Service (NPCS) <a href="#">Form</a>	All applicants	NPCS
<input type="checkbox"/>	Declaration for Child-Related Work – National Criminal Records (NCR) <a href="#">Form</a>	All applicants	NCR
<input type="checkbox"/>	Principal's recommendation on the correct <a href="#">template</a> provided	HSC students	Principal's Recommendation
<input type="checkbox"/>	Year 11 and 12 school reports	HSC students	School Reports
<input type="checkbox"/>	Official evidence verifying satisfactory completion of your undergraduate degree (or other tertiary qualification)	University students and career changer/ mature age applicants	Testamur
<input type="checkbox"/>	Official transcripts of results of undergraduate degree for each year of study	University students and career changer/ mature age applicants	Transcripts
<input type="checkbox"/>	Official practicum/internship reports	University students and career changer/ mature age applicants	Practicum Report
<input type="checkbox"/>	Résumé	Career changer/ mature age applicants	Résumé

[Forms and templates](#) are available online.

Supporting documentation must be original scans or certified copies of the original (in full colour).

Supporting documents are to be scanned to your computer and submitted through I Work For NSW using the browse function. Please name your document appropriately as per its corresponding "Title" in the table above. Outstanding documents submitted after the closing date must be certified, scanned and submitted to the Scholarships Team by email at [scholarships@det.nsw.edu.au](mailto:scholarships@det.nsw.edu.au).

Applications close **14 September 2018**. Please refer to the timeline schedule that will be emailed to you once you submit your application.

If you have any further questions please contact the Scholarships Team via email [scholarships@det.nsw.edu.au](mailto:scholarships@det.nsw.edu.au) or on telephone **1300 301 435**.



# How to Adult

## Helping you on the road to becoming an adult

Need help with your job seeking skills? Looking for tips on how to budget and manage your finances? Seeking information about mental health? Want help with scholarship applications? Then this free monthly program is for you.

August's Topic:

## Resume Tips

### Mudgee

First Thursday of the month  
Starts 4:30pm  
Mudgee Library  
64 Market Street

### Kandos

Third Monday of the month  
Starts 4:30pm  
Kandos Library  
40 Angus Avenue

### Gulgong

Third Tuesday of the month  
Starts 5:00pm  
Gulgong Library  
109 Herbert Street

Get practical tips and suggestions for improving your resume from someone working in the Human Resources sector

This is a free program  
for those aged 15 – 25 only

Bookings essential: [eventbrite.com.au](http://eventbrite.com.au)

Enquiries: Youth Services Officer – 6378 2850

Kindly Supported by KEPCO Bylong





**Mudgee High School - LINK Program**

**Proudly supported by**

**GLENCORE**

***Ulan Coal Mine***