MHS Newsletter

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Wednesday
April 9
Term 1, Week 11

PRINCIPAL'S MESSAGE

Last week of term

Compliments, Complaints and Suggestions

Thinking you are doing well and actually doing well are not necessarily the same thing.

In 1948, Preston Tucker's independent car company produced the Tucker 48. It was a car with a design brief that included a water-cooled flat-6 rear engine made of aluminium, disc brakes, four-wheel independent suspension, fuel injection, ergonomic location of all instruments, seat belts (almost unheard of in 1948) and a padded dashboard.

Tucker's cars were engineering marvels.

Despite this and almost thanks to bad press (possibly supported by Detroit's Big Three, General Motors, Ford and Chrysler) and political interference (also possibly supported by Detroit's Big Three), Tucker's car company was a spectacular failure.

In these pages I have mentioned in the past the simple fact that we do not know what we do not know. We may think we are doing well, but there may be observations you have made that can assist us in lifting our game once we are aware.

The Department of Education provides means by which to move us from this position of ignorance when we are working with our parents, carers and the wider community.

I have included those means with this newsletter.

We work hard to create a school community that is safe, respectful and supports successful learning. We try to resolve issues as quickly as we can, so that our students can learn in an environment where families and teachers work together to achieve the best outcomes.

If you have a compliment, complaint or suggestion about any aspect of our school, please contact us. We value your feedback and are committed to dealing with issues thoroughly and fairly. You can also let us know if you have any suggestions or if you think we are doing something well.

You can make a complaint about:

- · any aspect of the services we provide
- any decision, including those about enrolment
- any practice, policy or procedure, and
- staff behaviour or conduct.

Making a complaint

Most problems can be resolved by talking about them, so start by contacting your child's teacher, or by talking to school office staff, the Head Teacher of the faculty, or the Year Advisor. You can raise your complaint directly in person, by email, over the telephone or by letter if you prefer. Make an appointment to meet with the appropriate member of staff or phone the school and ask for an appointment. It helps us to resolve complaints if you are able to provide clear information about what happened and what you would like us to do, and if you are respectful and reasonable in the way you approach the situation.

A Member of the Cudgegong Learning Community

PLEASE SEE OUR WEBSITE FOR THE COMPLETE CALENDAR OF EVENTS



COMING EVENTS

- Apr 6-13 Year 12 1/2 yearly exams
- Apr 13 Last day of Term
- Apr 30 Staff
 Development Day
- May 1 All Students return to school
- May 15-17 NAPLAN Testing Yrs 7 & 9

THIS ISSUE

- Principal's Message
- P & C Awards
- SRR Award
- Complaints & Compliments Form
- Wellbeing Resourse of the Week - e-Headspace
- UTS Galuwa Engineering
 & IT Experience
- Yr 11 & 12 Parent EveningUniversity 2019/2020
- UNSW Science
 Competition
- High Expectations
- Student ID Cards Mobile Wallet
- Advertisements
- Paid Advertisements
- Sponsorship

For some matters, it may be appropriate to talk to a more senior person, such as a Deputy Principal or even the Principal. If you are not sure with whom it is you should raise your concerns, the school administration staff can provide you with the correct contact details.

To help us to resolve your complaint, we may ask you to put it in writing. You can also use our online form, which is on the <u>Department of Education</u> website. This widget is easy to use – by clicking on the sad face, smiley face or light bulb you can provide details of your complaint, compliment or suggestion, and your feedback will be sent to the right place for action.

You can also use our Complaints and compliments form (https://education.nsw.gov.au/media/c-and-e/complaints and compliments form.pdf). You will need to print out this form, fill it in and submit it to the school.

What are the possible results of my complaint?

When responding to a complaint, we may do one or more of the following:

- take action to fix the matter or improve the situation
- provide an explanation
- acknowledge that the situation could have been handled better or differently undertake to review the department's policies in light of the complaint, or
- · apologise.

Sometimes, we may not be able to change what has happened or the complaint manager will decide that the original decision was appropriate in the circumstances. Whatever the outcome, the complaint manager will give you clear reasons for their decision. This may be in a meeting, by telephone or by email.

More information?

- For more information about compliments, complaints and suggestions about schools, visit our <u>Schools guide</u> for parents, carers and students or our <u>Complaints Handling Policy</u> and procedures.
- To make a complaint about a school principal or about a broader function of the department, you can use our online form on the Department of Education website, or email us at decinfo@det.nsw.edu.au.
- Department of Education employees can make a complaint about fellow employees through <u>Employee</u> performance and conduct (staff only).

Raising concerns with and making suggestions to us is so much more effective in having a matter addressed than

keeping it to yourself or worse, delivering a blast on

social media.

Until next term...

Wayne Eade Principal

By the way, a 70 year-old *Tucker 48*, one of the survivors of the 51 produced, will set you back quite a bit these days. The last one to change hands did so for US\$2,915,000 back in 2013.

That's AUD\$3,789,292.18!



TERM 1 WEEK 10 AWARDS

P & C AWARDS: William Nutley - Yr 7, Hilary Wright - Yr 8, Isabella Gardiner - Yr 9, Jordan Fraser - Yr 10, Robert Westwood - Yr 11, Amanda Woodgate - Yr 12

SRR AWARD: Amelia Sauerbier - Yr 11





Complaints and compliments form

If you have a complaint, compliment or suggestion about any aspect of our school services we're keen to hear from you.

Please complete this form in English, and send it to either the school principal or the Director of School Education in your area.

To find out the name of the person, and their mail, fax or email details:

- ask the administrative officer at the school, or
- call the Department's switchboard on 02 9561 8000.

General information
Please select from the following. This is a:
complaint compliment suggestion
Please select from the following. I am a/an:
parent student supplier contractor member of the public employee
Your details (*you must provide these details)
*First name
*Family name
*Street Address
*Suburb *Postcode *Phone
Email address
Compliment or suggestion

Complaint details	
 Please set out your information as clearly and as briefly as possible. 	Have you raised this complaint with anyone before? If so, who did you speak to and what was the result?
• Focus on facts.	What is the result you are seeking?
Mention the steps you have taken to resolve the problem.	
Note: You can provide details of your complaint on a separate picture form when you send it to us.	ece of paper if you need more space. Please attach it to this
Do you require an interpreter?	
Yes No If so which language?	
Please provide details of any disability or special need that we she	ould consider when communicating with you.
Date	

*Please note

If you require an interpreter to help you to get more information please call the interpreter service on 131 450. Tell the operator which language you need and the phone number of the person you want to contact. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

Confidentiality

Your personal information and details of your complaint will remain confidential. However, the information you provide may be provided to the NSW Ombudsman, the Independent Commission against Corruption or the NSW Police if required.

For more information visit: http://www.dec.nsw.gov.au/about-us/how-weoperate/how-we-handle-complaints/

Wellbeing Resource of the Week

Contact the School Counselling Service for more details, if required.

e-HEADSPACE

Link: https://www.eheadspace.org.au/

eheadspace is a confidential, free and secure space where young people 12 - 25 or their family can chat, email or speak on the phone with a qualified youth mental health professional

Young people may contact us if they need advice, are worried about their mental health or are feeling isolated or alone. **eheadspace** can help with a broad range of issues like bullying, drug and alcohol issues, depression and anxiety, relationships, concerns about friends, fitting in and isolation. We also have experts who can provide work and study advice to young people and specialist support to parents and carers who are worried about a young person 12 -|25. **eheadspace** is part of <u>headspace</u>, the National Youth Mental Health Foundation.



eheadspace is a confidential, free* and secure space where a young person or their family can web chat, email or speak on the phone with a qualified youth mental health professional.

Who can access eheadspace?

eheadspace offers online and telephone mental health support to young people aged 12-25 years and their families or friends. Young people may contact **eheadspace** if they need advice, are worried about their mental health or are feeling isolated or alone. **eheadspace** is not a crisis service.

eheadspace email, web chat and phone support provides flexible ways for young people who don't have a headspace centre nearby or don't feel ready to visit a centre, to get the help they need.

eheadspace aims to provide improved access to support for young people who are known to be less likely to use traditional services such as young men, Lesbian, Gay, Bisexual, Transgender and Intersex (LBGTI), Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse (CALD), homeless, rural and remote young Australians.

What does eheadspace offer?

eheadspace is staffed by qualified youth mental health professionals who can help young people by exploring what is on their mind, what help is available and how they can build coping skills.

Depending on the needs of the young person, **eheadspace** may provide esupport or etherapy. Interventions offered will be based on assessment, formulation and shared decision making.

Registering with eheadspace

Young people or family members must register at www.eheadspace.org.au to use the online and email service. They can remain anonymous (full name is not required for registration), but they will need to provide a username and email address as registration is a two-step process requiring email verification. There will also be some information collected as part of the registration process such as age, sexuality, gender, postcode, education and other information to assist the **eheadspace** clinicians. Young people who make their first contact with **eheadspace** on the phone will be asked to provide the same information.

Referrals to eheadspace

Workers and teachers can provide referral information that may assist **eheadspace** clinicians to support a young person. To provide referral information or to negotiate a shared care arrangement call **eheadspace** on 0488 200 053.

It can be helpful to assist young people with the **eheadspace** registration process at **eheadspace.org.au**. Young people can send an email to **eheadspace** to schedule their first appointment.

Referrals from eheadspace

eheadspace acknowledges that not all mental health problems can be appropriately addressed online. When this is the case, young people will be supported and encouraged to attend face to face services. **eheadspace** aims to make referrals and communication between **eheadspace** and other services as seamless as possible.

eheadspace will offer assisted referral, where young people are supported to access face to face services (including **headspace** centres) and will continue to support young people while they await an appointment or are in the process of engaging with a face to face service. An **eheadspace** clinician may stay involved and be part of the overall care plan for a young person, even if they have been referred to face to face services.

When young people accessing **eheadspace** already have face to face services in place, **eheadspace** aims to work collaboratively with these services.

^{*} Calls from mobile phones attract normal call charges

UTS GALUWA ENGINEERING & IT EXPERIENCE

Our Galuwa Experience is a fantastic opportunity for Aboriginal and Torres Strait Islander high school students in years 10-12 to gain first-hand university experience in this fully-funded engineering and IT program.

When: July school holidays (16 – 20 July 2018)

Cost: Free (includes all meals, transport and accommodation) **Where:** University of Technology Sydney and city locations

Limited places are available. Application deadline: 3 June 2018

For more information, contact <u>Jumbunna Institute for Indigenous Education and Research</u> on 1800 064 312 or atsievents@uts.edu.au

Kind regards,

Faculty of Engineering & IT
University of Technology Sydney





YEAR 11 & 12 PARENT EVENING - UNIVERSITY 2019/2020

A university information evening will be held for Year 11 & 12 students and their parents/carers on **Tuesday May 15** at 6.30 pm in the MHS Performance Centre. A CSU prospective student adviser will present the information in conjunction with the school's Careers Adviser.

Year 11 & 12 students who are intending to apply for university to study in 2019 or 2020, are advised to attend.

Topics which will be covered are:

University - a general overview

Courses and Careers

Costs

Accommodation

Scholarships

Alternate pathways for entry

Gap year - pros and cons

ATAR's and the UAC process

....and more.

Please put this date in your diary.

UNSW SCIENCE COMPETITION

The University of NSW Science Competition will be held on Tuesday 29th May. This is an engaging and challenging international competition and a great way for students to test themselves against other students from across Australia and other parts of the globe. Students who would like to enter the competition need to give their names and \$9.00 to the front office. Entries close on Tuesday 1st May (the first day back for <u>all</u> students in Term 2).

Students, if you need any more details, please see your Science teacher or Mrs Laidlaw in the Science staffroom.

High Expectations – a message to parents, carers and students

What does this mean for students?

One consistent finding of academic research is that high expectations are the most reliable driver of high student achievement.

So, students must have high expectations to achieve at their best. What does this look like?

Come to school every school day.

Have your supplies ready.

Keep your materials organised.

Pay attention in class.

Complete assignments on time.

Follow directions.

Ask for help when you need it.

Participate in class activities.

Follow all school rules.

Always do your best.

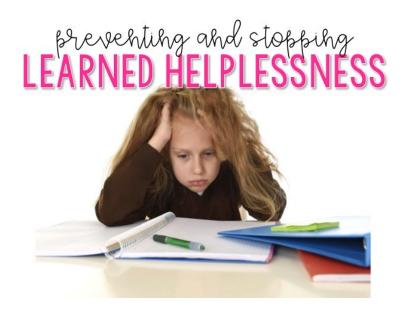
Avoid quiet disengagement.

Never opt out of learning. It is not OK to say "I don't know." You must ask for help. No ifs, no buts. Ask.

Set the highest standard of correctness possible in your work. Do not accept almost answers. Never confuse effort with mastery. You must work towards having the best possible correct answers.

The best test of whether students can consistently get answers right is whether they can explain how they arrived at their answer.

Students need to be prepared to give details in their answers to teachers... or ask for help.



You are not helpless. Never be afraid to ask, "How am I going?" or "How can I improve?"

Above all, the "high expectations" students will always be in control of their own learning.

-Own=Your Learning! Before you say "I'm through", ask yourself: • Did I do my best? · Did I include everything that was required? Did I check the Success criteria? · Did I seek, listen to, accept, and use peer/teacher feedback? · Is there anything I can Improve? · Is there a way for me to go above and beyond? · Am I satisfied that this is the best I can do?

Student ID Cards - Mobile Wallet

Cards is a mobile wallet that keeps an individual's cards in one app.

Cards promises its users "a walletless life: The company also contends that **Cards** is more useful, safer and faster than having a wallet full of... cards.

Mudgee High is not suggesting you put ALL of your cards into the **Cards** app., but for students prone to "misplacing" their student ID cards, but never likely to lose track of their mobile phones, **Cards** allows them to sign in and out as easily as... producing their student ID cards.

From the company's site:

The Cards AppsTM turns your digital cards into information hubs allowing you to check out messages, discounts, store locations and much more from your favourite cards!

Cards AppsTM allows engaging card specific actions directly from your favorite cards: ordering a pizza from Pizza Card, flight tickets from Airline Card, tracking parcels from Courier Card etc.

Cards Quick CardTM lets you instantly open any card without opening the app. You can open cards using our Quick CardTM unlock popup or using the cards shortcuts in the notification bar.

NEW! Present Cards directly on your Smartwatch using Android Wear.

You can keep:

- Loyalty Cards
- Payment Cards (Credit/Debit/ATM)
- Transport Cards (Bus/Train/Metro)
- Identity Cards (Driver's License/Student/ID)
- Tickets (Shows/Movies)
- Key Cards (Work/Car/Home Entrance)

*** Cards acceptance depends on technology availability from the specific card brand, based on your country's regulation.

*** Some functions may not properly work in some regions.

What can I do with Cards?

- Load any card to your phone
- Send cards by tapping your phone on card readers (using NFC contactless technology)
- Send cards by presenting Barcodes
- Cards AppsTM Perform tasks from within Cards without downloading bloated & unfamiliar apps
- Quick CardTM Instantly access any card
- Read important messages from your card brands

How secure is Cards?

- Remotely lock your wallet
- Unlock Cards with your fingerprint or PIN code
- Sensitive data is double-encrypted in the cloud

Where can I install Cards?

• Cards is available for FREE on Google Android, Apple iOS, Microsoft Windows 8/10 & BlackBerry OS.

What are Community Powered' and Official' Cards?

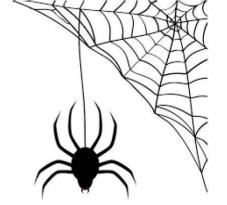
- Community Powered'Cards are non-official cards based on crowd sourcing, information contributed by Cards users themselves, much like Wikipedia.
- Official 'Cards are operated by the official organisation that issues the card.

ADVERTISEMENTS









Trivia Night Entry Form

Friday the 13th

Friday 13 April 2018, 6.00pm — 8.30pm Mudgee Town Hall Theatre, 64 Market Street, Mudgee

Have you got the mind of a genius, or a brain full of "useless" facts?

Put it work and win fame and glory!

PRIZES!

- Best Dressed 'Friday the 13th' theme
- Individual Lightning Round prizes
- \$400 to the Winning Team's School

Refreshments will be available for purchase on the night.

Refreshments provided by, and supporting, Kandos High School.

Complimentary Bus Service Available

Bus schedule will be communicated to those wishing to use the service prior to the event.

Route One Route Two

Gulgong High School to Mudgee Town Hall and return Kandos High School, Rylstone Council Chambers, Lue Public School to Mudgee Town Hall and return.

Passengers are not permitted to alight before Mudgee Town Hall on outbound trip.

Get your completed team registration form returned by Tuesday 10 April

Completed forms can be droped into any Mid-Western Regional Council office or Library, or email them to: sam.sbisa@midwestern.nsw.gov.au

Team Registration

500 900 0		92.	* 2	2.9
Team Member Name (First and Last Name)			chool pplicable)	Signature
Bus Service: I wish	to use the complim	entary tra	nsport service	
Name	Phone Number	Bus Route (1 or 2)	Collection Stop (E.g. Rylstone)	Parent /Guardian's Phone Number (If under 18 years)
				I.
My team agrees to	o the terms and o	onditions	s and publication	n rights as stated,

Signature of Parent / Guardian (Signing on behalf of parents/guardians of all team members under 18 years)

Terms and Conditions: 1) Entrants must be aged 12 – 21 or attending high school in 2018 if aged 11, or teach at one of the four high schools in the Mid-Western Regional Council area. 2) Entrants under 18 years must live or study in the Mid-Western Regional Council area. 3) Teams must comprise a minimum of three and a maximum of eight persons; teams may be amalgamated on the night if necessary. 4) All participants must be listed on a completed entry form. 5) By attending the Trivia Night, or using the complimentary bus service, entrants agree that their likeness may be used for publicity or grant verification purposes. 6) Voting for the Best Themed Dressed prize will be by the judging panel, in the event of a tie a tie-breaker trivia question will be asked. 7) Lightning Rounds will continue until a single winner is determined. 8) Trivia responses will be judged by a panel. 9) The judging panel reserves the right not to award a prize if entries are not of a suitable standard. 10) All judging decisions are final and no correspondence or discussion will be entered into. 11) Complimentary bus travel must be booked and confirmed by 6.00pm Tuesday 10 April; transport will only run if a minimum of two persons on each route book a seat. Privacy Policy: To read the privacy policy visit: http://www.midwestern.nsw.gov.au/Privacy-Statement/



Youth Week 2018 Event Timetable



								2010
Fri 13 April	Sat 14 April	Sun 15 April	Mon 16 April	Tue 17 April	Wed 18 April	Thur 19 April	Fri 20 April	Sat 21 April
Trivia Night* Time: 6pm – 8:30pm Venue: Mudgee Town Hall Theatre			Mural Painting Time: 10am – 4pm Venue: Gulgong Pool	Mural Painting Time: 10am – 4pm Venue: Gulgong Pool		Archery Tag* Time: 2pm – 4pm Venue: Rylstone Showground	Family Film Screening Time: 4pm – 6pm Venue: Kandos Hall	Art and Photography Competition Peoples' Choice Award Announced
			Badge Making Time: 10:30am - 3:30pm Venue: Gulgong Pool	Badge Making Time: 10:30am – 3:30pm Venue: Gulgong Pool			Youth Film Screening Time: 6:15pm – 8:30pm Venue: Kandos Hall	GODNIC TO A STATE OF THE PARTY



Flash Fiction and Art & Photography competitions on exhibition

Monday to Friday: 10am - 6pm Saturday: 9:30am - 12:30pm

Venue: Mudgee Library

Entry forms for competitions are available from Mid-Western Regional Council libraries and www.midwestern.nsw.gov.au/community--recreation/youth





* Registration paperwork, and player guidelines available from www.midwestern.nsw.gov.au/community--recreation/youth

All Youth Week Events Are Free!

Compliments of Mid-Western Regional Youth Council, Barnardos, and NSW Department of Family and Community Services



Youth Week 2018 Events





Team up and battle it out to determine who has the mind of a genius. Prizes to be won for best dressed (Friday the 13th), individual 'lightning' rounds, and the victorious team will earn their school prize money. Complete an entry form to secure your team's place.

Refreshments available to purchase on the night; all proceeds going to Kandos High. Courtesy transport available from Gulgong and Kandos/Rylstone/Lue

Mural Painting For: all ages

eave your mark on Gulgong! Use your artistic talent to contribute to a mural at the Gulgong Pool. Watch as the mural develops and grows over two days. Local artist Sam Paine will be leading this project.



Badge Making For: ages 12 – 25 on Monday, all ages on Tuesday

Heading to the Gulgong Pool to help paint the mural? Why not make yourself some badges while you're there. Join us in this fun upcycling activity and create your own funky badges. Make some for yourself, or friends. Materials will be supplied.





Archery Tag For: ages 12 - 25

Like the idea of paintball, but not a fan of bruises? Then archery tag might be for you. Join us for this Hunger Games style event to try out the latest combat sport. No previous archery experience necessary as faciliators Archery Games will guide you through everything. Enclosed footwear must be worn. Limited places available. May the odds be ever in your favour.



Youth Week Competitions Exhibition

For: all ages

Head to Mudgee Library and check out the Art & Photography and Flash Fiction talent of local youth. Thanks to Orana Arts and Mudgee Readers' Festival for assistance with the judging. Get in on the award action yourself, by voting in the People's Choice Award for the Art and Photography competition; voting is open until 20 April, and the winner announced on 21 April.



Family Film Screening: The Goonies

For: all ages

Head to the Kandos Hall to watch the adventure to unearth the longlost fortune of One-Eyed Willy, a legendary 17th-century pirate. Laughs are guaranteed in this '80s cult classic.

Tasty refreshments will be available for sale, with all proceeds supporting local Barnardos projects

Please note this film is rated PG



Youth Film Screening: Freedom Writers

For: ages 12 - 25

Grab your friends, and head to the Kandos Hall to watch some supposedly "unteachable" teens tell their own stories, and change their

Tasty refreshments will be available for sale, with all proceeds supporting local Barnardos

ease note this film is rated M.



All Youth Week Events Are Free!

Art and Photography Competition

Entry Form



Artworks will be on display

Saturday 14 – Saturday 21 April

Mudgee Library

64 Market Street, Mudgee

* Works will be collected from high schools on Wednesday 11 April, or deliver works by 12.00pm Thursday 12 April to Mudgee Library





THFMF PRIZES. While not compulsory, artists are encouraged to create 1ST PRIZE \$100 gift card 3RD PRIZE \$50 gift card a work inspired by this year's Youth Week theme 2ND PRIZE \$75 gift card People's Choice Award "Unity Through Diversity". \$50 gift card

All entries MUST be submitted with a signed entry form, with the name of the artist and title of the work clearly marked on the back/underside of the work.

Details of Artist NAME ADDRESS AGE PHONE NUMBER EMAIL SCHOOL (if applicable) Details of Entry TITLE OF ENTRY 1 TITLE OF ENTRY 2 I agree to the terms and conditions, and publication rights as stated. Signature of Artist Signature of Parent / Guardian Date

Terms and Conditions: 1) All entries must be original workby the artist its ledon the entry form. 2) Entrants must be aged 12–21, and live or study in the Mid. Western Regional Council area, 3) Entrants can submit a maximum of two-entries. 4). All entries must be accompanied by a completed entry form. 5) Entries may be displayed publicly and/or used for publicity purposes. 6) Price winners likeness may be used for publicity purposes. 7) Entities will be judged by a panel of at least two persons, comprising at least one representative from both Mid-Western Regional Council and Crana Arisinc. 8) The judging panel reserves the Eight not to award a price if entities are not of a suitable standard. (ii) All judging decisions are final and no correspondence or discussion will be entered into 10) Voting for the People's Choice Award is open to all members of the general public, voting can be done in person at the Mudgee Library 11) Prize winners will be announced during Youth Week 12) Council will take all reasonable care with entries, but will not accept responsibility for any loss or damage that may occur 13) Council will endeavour to display all entitles, but may not be able to do so due to display area restrictions. 14) Entries can be collected from Monday 23 April 2018 to 7 May 2018 during Mudgee Library's opening hours. 15) Any unclaimed entries will be disposed of Privacy Policy: To read the privacy policy visit: http://www.midwestern.new.gov.au/Privacy-Statement/

(If artist is under 18 years)



Flash Fiction Competition

Entry Form

While not compulsory, authors are encouraged to write a story inspired by this year's Youth Week theme "Unity Through Diversity". Stories will be displayed at the Art & Photography Competition Exhibition at the Mudgee Library.

Saturday 14 - Saturday 21 April 2018

 Email entries to sam.sblsa@mldwestern.nsw.gov.au or drop them into any Mid-Western Regional Council Library by 6pm on 11 April 2018



CATEGORY ONE (ages 12–16) CATEGORY TWO (ages 17–21)

1ST PRIZE \$75 gift card 2ND PRIZE \$50 gift card 3RD PRIZE \$25 gift card

Details of Author

1ST PRIZE \$75 gift card 2ND PRIZE \$50 gift card 3RD PRIZE \$25 gift card

NAME	
ADDRESS	
AGE	PHONE NUMBER
EMAIL	

Details of Entry (Entries will not be accepted without a title)

TITLE OF ENTRY 1	
TITLE OF ENTRY 2	

I agree to the terms and conditions, and publication rights as stated.

Signature of Author Signature of Parent / Guardian Date

(If author is under 18 years)

Terms and Conditions 1) Entries must be original works by the author named on the entry form. 2) Entries must be accompanied by an entry form and received by 6pm 11 April 2018 3) All stories must have titles. 4) Stories must be between 50 – 500 words in length only. 5) Entrants must be aged 12–21, and live or study in the Mid-Western Regional Council area. 6) Competition entries will not be returned after the exhibition. 7) Entries may be displayed publicly and/or used for publicity purposes. 8) Pritos will be judged by a panel of at least two persons, competing at least one representative from both Mid-Western Regional Council and Mustgee Resideal. 10) The judging panel reserves the right not to award a petac if entries are not of a suitable standard. 11) All judging decisions are final and no correspondence or discussion will be entered into. Privacy Policy: To read the privacy policy/visib-https//www.midwestam.now.gov.au/Privacy/Statement/





Mudgee Triathlon Club

Club Presentation Day Sunday 15th April *Last Club Event for Season*

Handicapped Long
Course - 8.00am
Little Devils - 9.30am
Big Devils - 9.45am
Simplyfit Super Sprint - 10am

Presentation of Point Score Trophies and Prizes - 10.30am



PAID ADVERTISEMENTS

(Paid Advertisements do not carry the endorsement of Mudgee High)





The Makeup School

Makeup School will be run on Wednesday the 26th of April at 2pm (numbers will be limited).

Do you have a teenage daughter who is experimenting with makeup but you don't know how to guide her? Then Makeup School is just what you need.

Makeup School will teach your daughter how to apply her makeup in a hands on workshop. We will guide her in choosing the correct foundation, and a light day make up.

\$120 for this 90 minute workshop & all participants will receive a beginners makeup kit in a beautiful make up bag valued at over \$60.

Terms and Conditions Apply*
In-salon: 61 Church Street Mudgee, NSW 2850
Call us on: 02 6372 4344

The Skin School

Skin School will be run on Wednesday the 18th of April at 2pm (numbers will be limited).

How does it work?:

Your child will receive a full skin analysis using the latest in diagnostic imaging with our new Observ camera.

Easy to follow 4 step skin care routine with hands on demonstration of Cleanse, exfoliation, mask and protection.

Professional advice and full Home Care prescription.

Clear Start teenage skin care kit valued at \$60 to take home.

All of this for just \$99

Terms and Conditions Apply*
In-salon: 61 Church Street Mudgee, NSW 2850
Call us on: 02 6372 4344



Kitchen Hand

Casual Position Available

About us

Lowe Wine is an organic and biodynamic farm, vineyard and winery in Mudgee. The Lowe Cellar Door is a popular venue for both locals and visitors to the region. Our kitchen caters lunch to individual and group visitors to the cellar door year round.

About the role

We require an experienced kitchen person to join the Lowe Wine team to fulfil the following duties:

Hours - casual shifts are available weekdays and most weekends in the coming months

Preparing lunch platters and serving to customers

Safe food preparation and storage

Monitoring of fridge temperatures

Dishwashing and daily kitchen cleaning duties

Stocktake, ordering and pick-up from local suppliers

The person may also be required to at times complete tasks around our winery and cellar door

About the person

Lowe Wine is a customer focused business and requires a team player with a friendly and vibrant, yet professional disposition. Kitchen experience preferred, but a positive, willing-to-learn attitude is a must. Immediate start required for weekday and weekend shifts.

To Apply,

Email a short resume and cover letter to the Cellar Door Manger Mike Martin via <u>cellardoor@lowewine.com.au</u> or phone 02 6372 0800 if you have questions.

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