

Monday
27 February 2017
Term 1 – Week 6



MHS Newsletter

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A Member of the
Cudgong Learning
Community



SEE OUR WEBSITE
FOR THE FULL
CALENDAR OF EVENTS

Coming Events:

- Mar 2 – Parent/Teacher interviews, Yrs 7,11,12 4pm – 7pm in the Gym
- Mar 14 – Yr 7 vaccinations
- Mar 16 – Parent/Teacher interviews, Yrs 8,9,10 4pm – 7pm in the Gym
- Mar 27 – P&C Annual General Meeting - 7pm in the Library (Horatio Street entrance)
- Mar 30 - Apr 7 Yr 12 ½ yearly exams

This issue:

- Principal's Message
- Awards
- Business Concierge Workshops
- Yr 7 NSW School Vaccination Program PBL Focus this week
- Bawamarra – Wingara Mura – Bunga Barrabuga Summer Program
- Community Announcements
- Sponsor – Glencore

PRINCIPAL'S MESSAGE

What a pleasure it was to attend the Mudgee Sports Council 2016 Awards night last Friday and see so many students – both past and present – being acknowledged for their commitment to sport not just within this community but also at a regional, state and national level.

Congratulations to our U/15s girls' soccer side from 2016, who were western regional champions in a competition that involves every year more than 400 schools. Although defeated at the state titles in Wollongong, the girls can be more than proud of the success they achieved.

Congratulations too to the very many students who, through their regional, state and national sporting representation and personal effort saw Mudgee High recognised for its contribution to sport.

Finally, congratulations to coaches Ms McCann and Mr Finter, both of whom were recognised for their work with the U/15s girls' soccer team.

Although you've missed the February meeting of the P&C, the March meeting promises to be a good one. In addition to the General Meeting, there will be an Annual General Meeting at which all positions on the MHS P&C executive will be elected.

The P&C is a great way to find out a little more about what is happening at your child's school, as well as ask any of those questions you've always wanted answered about schooling in the 21st Century as exhibited at Mudgee High.

In other P&C news, it has been many years since Mudgee High's uniform has been reviewed. Any such review requires input from the P&C. At the next meeting of our P&C, I'd like to talk about the nature of such a review so that should we proceed to a review, no one will be in any doubt as to what that should look like.

Last Friday's swimming carnival was a success. Numbers were a little down in some Year groups, which was really about the only slight blemish on what was an otherwise well organised and well conducted event. Congratulations to Ms Smith on the former and to all of the staff and students present on the day for the latter.

SSRP. The new, new hand over date for the refurbished "front of house" is Tuesday 7 March. In other news, the electronic sign is working! Until next week!

Wayne Eade
Principal



TERM 1 WEEK 5 AWARDS

P&C: Yr 7: Chai Kondo, Yr 8: Skye Turner, Yr 9: Rocco Carbone, Yr 10: Tyler Flick, Yr 11: Bayly Brown, Yr 12: Azrun Paulson

SRR Award: Lachlan Thyrd – Year 7

BUSINESS CONCIERGE WORKSHOPS

The Business Concierge Training and Development Company from Sydney will visit Mudgee High School on Wednesday March 15 and Thursday March 16, 2017.

This organisation specialises in presenting information on topics such as budgeting, goal setting, work rights and responsibilities, etc., to Years 9, 10 and 11 students. For Year 9, the topic will be 'Resumes' and 'Getting your first part-time job'. For Year 10, the topic will be 'Interview Techniques'. Year 11 topics will include 'Goal setting' and 'Stress & the HSC', and will be part of their study skills sessions, which will be conducted over the two days.

The workshops are practical and interactive in nature and the students should gain valuable skills to assist with future career planning as well as general living skills.

Feedback from students who have participated in these seminars in the past has been very positive.

The overall cost of "The Business Concierge" is \$11.00 per student which covers the costs of transport, the presentation and workbook in which students record useful information for future reference. **A contribution of \$3.00/student** is requested from each student's parents/carers and the remainder of the cost will be subsidised. The \$3.00 student contribution will be **payable at the door at the commencement of the session**.

Your co-operation in this matter is appreciated.

If you have any questions relating to your child's involvement in "The Business Concierge" workshops, please contact the school.

B Kempton
Careers Adviser



YEAR 7 NSW SCHOOL VACCINATION PROGRAM 2017

Each year NSW Health works with schools to offer the vaccines recommended for adolescents by the National Health and Medical Research Council (NHMRC).

In 2017, the following vaccines will be offered:

Year 7 students*

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students.

* *The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.*

Parental/guardian consent is required for students to be vaccinated. Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school or telephoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation. Consent forms will only be accepted if they are completed using blue or black pen and are original (photocopied or faxed consent forms will not be accepted).

Parent Information Kits have been distributed to all Year 7 students. Please ensure the consent forms are returned to the school and placed in the box in the front office as soon as possible. This is a key element to the success of the program. A 'Record of Vaccination' will be given to each child and it is important they provide this to their doctor to ensure that records are kept up to date. To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible. Students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8. The Parent Information Kits have been translated for parents/guardians into 26 community languages and are available on the NSW Health website at www.health.nsw.gov.au/immunisation. **However, only the English-language consent form should be completed.**

PBL Focus this week

Mudgee High School is a positive behaviour for learning school. We expect all students to follow our universals and be **SAFE, RESPECTFUL and RESPONSIBLE** in the playground

How to be safe:

- Follow staff instructions
- Stay in bounds
- Report issues of concern

How to be respectful:

- Maintain appropriate personal space
- Place rubbish in the bins

How to be responsible:

- Care for your equipment and that of others
- Use active and passive areas appropriately





Bawamarra
(Relate news, Communicate)



Wingara Mura - Bunga Barrabugu Summer Program
A Report by Jasmine Russell

In English, the Cadigal phrase, “Wingara Mura - Bunga Barrabugu” translates as “a thinking path - to make tomorrow”. Appropriately, it is the name of the University of Sydney’s strategy which commits them to Aboriginal and Torres Strait Islander participation, engagement, education and research. The University offers a Summer Program for Indigenous students. In January 2017 three students from Mudgee High School attended the Summer Program – Jasmine Russell, Kylah-Marea Demmery and Monique Lucas. The following is a personal account of the week long program, written by Jasmine Russell.

“On day one, we were all eager to fly independently to Sydney and excited to know that we had been accepted to attend such a sensational opportunity. Once we arrived in Sydney, we were met by University of Sydney staff who assisted us with our luggage and accompanied us and a large group of teenagers while we waited for the shuttle bus which would take us to our accommodation. Whilst we waited, the group played some games to help us get to know each other. Once we arrived at the university, we checked in and collected our welcome bags, which included a drink bottle, two badges, a booklet with our timetable, a hat and a t-shirt. We were then escorted to our rooms to get ready for dinner and be put into our night/day groups.



“Day two. We all got up early to get ready for breakfast and begin our day’s activities. I was part of the education and social work group along with many other students. I hope to one day become a primary school teacher. My group boarded a bus and travelled to Glebe. In Glebe, I visited the Glebe tree house. This is a community project that hopes to bring families with young children closer together. Whilst at the ‘tree house’, my group was asked to write our names, our town and our tribe on a large chalkboard located at the back of the room. After that we wrote it again on an indigenous themed shipping container located behind the tree house. It was interesting to know that there were teenagers who had travelled from as far away as Darwin to be a part of the program. At the end of the day we were privileged enough to attend a harbour cruise on Sydney Harbour. We stopped at a small island called Goat Island where we were entertained by indigenous dancing and singing, and were taught how to do basket weaving. We had dinner on the island then cruised back to Circular Quay to get back on the bus and begin our journey back to the university.

“Day three. My group went to the Sydney story factory and attended an imagination workshop where we created tarot cards and invented our own unique robotic birds. We then went to the “Redfern Block” which is a large-scale picture of the Aboriginal flag on the side of a corner block building. There was then a photo opportunity in front of the city of Redfern sign. That night we were privileged to watch the premiere outdoor screening of a film called Zach’s Ceremony. Zach’s ceremony tells the true story of the life of an indigenous young boy who always wanted to have his own coming of age ceremony. It tells of the struggles that he faced while he was growing up. It mentions drug and alcohol abuse and how the loss of his cousin was incredibly difficult. It was such an inspiring film and I highly recommend it to everyone to see it when it comes to cinemas later this year.

Day four and the group undertook several drama activities. During these we were given several scenarios; as teachers and social workers. We had to act out a scene of how we would resolve a given issue. This tested many of us as we had never done anything like this before. We all tried our best and were congratulated on our efforts. It was then time to go back to the university to prepare for the talent show. During the night, I performed a song and won a \$10 gift card. We were then all excited to be welcomed by L-Fresh the Lion who performed phenomenally well. By the end of the night, our legs were sore from dancing and our throats were sore from singing.

“Day five. We all went back to the drama room where we participated in more drama activities, then went back to the “common room” to play several rounds of pool and table tennis. That night we all dressed up to attend our graduation dinner. As a group, we put on our graduating hats and proceeded to the stage. At the end, we all threw our hats up in the air to signify our achievements throughout the week.



"Day six. It was time to say goodbye to all of the amazing friends I had met throughout the week. It was time to board my plane and fly back to Mudgee.

I was extremely privileged to be given the opportunity to attend such an amazing program. I would recommend this program to anyone who identifies as being of Aboriginal or Torres Strait Islander descent. It was a week packed full of exciting new adventures and opportunities that I never would have achieved had it not been for the Wingara Mura-Bunga Barrabugu program."

2017 UNSW INDIGENOUS WINTER SCHOOL



Winter School is a program specifically for Indigenous students in years 10, 11 and 12 who are considering further studies beyond high school. The week long residential program is designed to provide students with the opportunity to experience what university life is all about, through participation in academic lectures and tutorials, presentations, study sessions, team building activities, interacting with university staff, current students and fellow applicants, cultural activities and more. To add to the experience, accommodation is provided in colleges on campus and the whole program is at no cost to the student.

The subject areas offered for this year are:

- Built Environment (Architecture, Construction and Design)
- Business
- Education
- Engineering
- Indigenous Studies
- Law
- Medicine
- Performing Arts
- Science
- Social Work
- Visual Art

The program has been running since 2002 and has grown significantly since then, with Nura Gili receiving in excess of 200 applications last year. There are only 100 places on offer, so applications must be fully complete and include all requested details to be considered.

The closing date for applications is 5pm, FRIDAY APRIL 7. Incomplete or late applications cannot be accepted. For more information visit: <http://www.nuragili.unsw.edu.au/winterschool.html> or see Miss Windeyer in the HSIE staffroom.

National Indigenous Youth Parliament

The National Indigenous Youth Parliament (NIYP) is your chance to come to Canberra, meet Australia's leaders, learn about democracy and have your say on important issues. Fifty young Aboriginal and/or Torres Strait Islander people will be selected, six from each state and territory and two from the Torres Strait, to come to Canberra for the week-long program.

Who can apply?

Aboriginal and/or Torres Strait Islander people aged 16 to 25 years who are willing to stand up and speak about important issues, work as part of a team, travel to new places, meet new people and learn.

How do I apply?

Complete and submit the online application form below. **Applications close Friday 3 March 2017.** All applications must include a letter of support from your teacher or tutor, employer, coach, youth worker, community leader, family friend or other referee. The letter of support should support the claims made in your application and explain why you are suitable for the NIYP.

For more information go to <http://www.aec.gov.au/indigenous/niyp/> or see Miss Windeyer in the HSIE staffroom.



2017 National NAIDOC Poster Competition

Aboriginal and Torres Strait Islander artists are invited to submit artworks for the 2017 National NAIDOC Poster Competition. The competition is a chance for talented artists aged 13 years and older to be recognised across Australia.

The winning artwork will be used to create the 2017 National NAIDOC Poster to promote NAIDOC Week. The winning artwork will also collect a \$5,000 cash prize.

Your artwork must reflect the 2017 National NAIDOC theme: **Our Languages Matter Entries close 6th March.**

Go to: <http://www.naidoc.org.au/2017-national-naidoc-poster-competition-entry-form>

For more information see Miss Windeyer in the HSIE staffroom.



**Our Languages
Matter**

2-9 JULY 2017



Centenary of Public High School Education in Dubbo

It is 100 years since the first High School opened in Dubbo. Dubbo High School was joined in 1966 by Dubbo South High School and in 1980 by Delroy High School. Now Dubbo School of Distance Education, Mian School and Dubbo College are the secondary school providers.

All past and present students, staff and parents are invited to be part of these Centenary Celebrations from Friday April 21 to Sunday April 23, 2017.

EVENTS

- Registration and Launch WPCC - Friday 21 April
- Lunch DRTCC - Saturday 22 April
- Visits to School sites and Evening socialising - Saturday 22 April
- Church Service and Cenotaph Ceremony - Sunday 23 April
- Musical Presentation - Past and Present Students - DRTCC Sunday 23 April

Bookings on line at www.123tix.com.au

Copies of the Commemorative Book 'Milestones and Memories' can also be purchased on line at this address

NB: Numbers are limited for Lunch and the Musical

ZINE WORKSHOP

Eight Wednesday afternoons
May 10, 17, 24, 31 + June 7, 14, 21, 28
4-5pm at Mudgee Library

Learn how to create your own magazine, from coming up with stories and images to design and layout - and make a zine with your friends!

Over eight weeks students will learn different aspects of creating a magazine. Artist and writer Sam Paine will drive the project and special guests will teach you about different aspects of design and writing.

During the term you'll work together to create your own zine, which will be launched at the Mudgee Readers' Festival in August by a special guest author!

FREE, but registration essential:
info@mudgeereaders.com or at Mudgee Library



REGIONAL ARTS NSW
This project is supported by Arts NSW's Creative and Regional Program
a dedicated funding program administered by Regional Arts NSW
and local Theatre Arts Boards on behalf of the NSW Government

TOWN HALL CINEMA

*** SHOWING March 3,4,5 2017 ***

Tickets available online from Monday 20th February

Buy La La Land Tickets @
<https://www.trybooking.com/ORFC>

Buy Moana Tickets @
<https://www.trybooking.com/OOAA>



SESSION TIMES

La La Land
Friday March 3 7.00pm
Saturday March 4 4.30pm
Saturday March 4 7.30pm
Sunday March 5 4.30pm

Moana
Saturday March 4 11.00am
Saturday March 4 2.00pm
Sunday March 5 11.00am
Sunday March 5 2.00pm

TICKET PRICES

Adults: \$15.00
Children/Concession: \$10.00
Children under 5 years: Free

Tickets available online from
Monday 20th February 2017
or at the door (if not sold out prior)
For more information, visit
www.midwestern.nsw.gov.au, or like
Mudgee Town Hall Cinema on Facebook

PROUDLY SUPPORTED BY



Combined Rotary Clubs of Mudgee

MWRC Youth Council

Mudgee Gulgong

Woolworths

REGISTRATION DAYS

Mudgee - Glen Willow Gulgong - Billy Dunn Oval
 25th Feb, 4th March, Thursday 9th March - 4pm - 5.30pm
 11th March - 10am to 1pm Saturday 11th March - 10am - 12 noon

Rylstone - Rylstone Showground
 2nd & 9th March - 4pm to 5.30pm

Online registration
www.myfootball.com.au

Payment to club on registration days
 by cash, chq or EFTPOS

Season Commences
 7/5/17 - Proposed

MUDGEES DISTRICT NETBALL ASSOCIATION

2017 REGISTRATION DETAILS

Team nominations open:
Saturday 25th February

Form are available on our website and must be completed by:
Friday 10th March

Individual registrations open online:
Monday 13th March

Competition begins:
Saturday 1st April

For more information visit
www.mudgeena.nsw.netball.com.au

Free Trial Classes

EP PHYSI

Classes back 15/2

CUDGEGONG VALLEY physical culture

WEDNESDAY'S
MUDGEES CLASSES
 Perry Hall Studios
 18 Perry St (Upstairs Studio)

Classes back 14/2

MACQUARIE RIVER physical culture

TUESDAY'S
DUBBO CLASSES
 St Johns Primary School
 138 Sheraton Rd

4.00-4.45....3-8 yrs
 4.45-5.30....9-12 yrs
 5.30-6.15....13-16 yrs
 6.15-7.00....Ladies
 7.00-7.45....Seniors

4.00-4.45....3-8 yrs
 4.45-5.30....9-12 yrs
 5.30-6.15....Ladies
 6.15-7.00....Seniors

info@physicalculture.net.au
0417 225 948

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