

Monday

10 August 2015

Term 3 – Week 5



# MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850

ABN: 25 074 408 459 Telephone: (02) 6372 1533 Facsimile: 6372 6321

Website: [www.mudgee-h.schools.nsw.edu.au](http://www.mudgee-h.schools.nsw.edu.au) Email: [mudgee-h.school@det.nsw.edu.au](mailto:mudgee-h.school@det.nsw.edu.au)

A Member of the  
Cudgegong Learning  
Community



SEE OUR WEBSITE  
FOR THE FULL  
CALENDAR OF EVENTS

## Coming Events:

- Aug 14 – Yr 12 Trial Exams finish
- Aug 27 – Parent/Teacher evening yrs 8, 9 & 10
- Sep 3 – Yr 11 Exams begin
- Sep 11 – Yr 11 Exams finish
- Sep 16 – Yr 12 Farewell Social
- Sep 17 – Rainbow Day
- Sep 18 – Yr 12 Presentation Day

## This issue:

- Principal's Message
- P&C and SRR Awards
- Year 12 Raffle
- Reach out
- Maths News
- Community Announcements
- Sponsor – Glencore

## PRINCIPAL'S MESSAGE

It's always good to hear about, read about or experience "up close and personal" the good things the young people of this school do both within the school and in the wider community. Last week several of our students assisted as officials at the primary school gala day – rounds 3, 4 and 5 of the state knockout – last Friday. It was reported by organisers that the students involved "could not have been more helpful" and that they "willingly completed any task." It was also noted that they "conducted themselves very professionally" and that they were "excellent ambassadors for Mudgee High." So well done, those young representatives!

This week, prospective Year 11 captains will address their voters and offer up their alternative visions for the role in 2016. Students will vote and very soon a new crop of student leaders will have been chosen. It is not an easy thing, stepping out of the crowd and offering up yourself as a potential leader, and I congratulate Tim Cheetham, Tom Christofis, Jade Cooksley, Madalyn Date, Adam Dziura, Maddy Hartfield, Cara Hickey, Zac Kelly, Emma Kurtz, Tayla McCarthy, Aillie McNeill, Eric Monger, Sam Pattison, Helena Shearman, Tom Swords, Russell van Laeren and Ash Whittington for doing just that.

In other news, I read somewhere recently that common sense was a little like deodorant; those who need it the most seldom use it. A witty parallel that brings me to a more serious point.

Last week we had to send for an ambulance after a student walked through a cloud of aerosol delivered deodorant left by another student.

The potential for disaster with regard to aerosol deodorants is basically this: when used, the liquid contained in aerosol deodorants is emitted under high pressure that enters the atmosphere as a fine mist. When inhaled, the chemicals and often very pungent smells in the fine mist released can trigger an asthma attack. Worse still, the mist can stay in the air for a long time and travel over a reasonably large distance.

Change rooms and classrooms, as well as stairwells and hallways, are often the worst places where these things happen because of their confined nature, but the simple fact of the matter is that aerosol-induced asthma attacks can occur anywhere that aerosols are used.

For this reason, we have a no-aerosol deodorant policy at Mudgee High School. There are a range of alternatives to aerosol deodorants and student are encouraged to make use of these alternatives.

So if your child thinks it is absolutely necessary to top up the masking agents they use to keep their armpits in check and their social acceptance in place, please encourage your child to use a roll-on.

It's all about keeping other people safe.

Wayne Eade  
Principal

## TERM 3 WEEK 4 AWARDS

**P & C AWARDS:** Year 7 – Anakin Wood, Year 8 – Keely Croft, Year 9 – John Meers-Hundy, Year 10 – Monique Moerkerk, Year 11 – Beeree Egan, Year 12 – Isaiah Uhilia

**SRR AWARD** – Congratulations to: Lucy Burke (Yr 7)

## **YEAR 12 FUNDRAISING RAFFLE (In support of Mudgee Maternity Ward and Mudgee PCYC)**

This year, Year 12 are holding a monster raffle with some fantastic prizes to be won. Thank you to all the businesses that have donated prizes.

**FIRST PRIZE - Luxury Bundle** -1 night Perry St Hotel, Tapas for 2 – Zin House, Indigiearth hamper, Eyecare Plus voucher, Eltons voucher, Travel and Cruise voucher Value approx. \$910

**SECOND PRIZE - Pamper Bundle** - 1 night Evanslea B & B, short joy flight – Commercial Helicopters, Ultimate Care pack, Vintage Rose voucher, Beauty By Kristen, D'Fortune bistro voucher Value approx. \$860

**THIRD PRIZE - Health Bundle** -Country Physiotherapy voucher, Eyecare Plus voucher, 4 red breakfast bar chairs – Mitre Ten, Outside the Square voucher, Blooms – Clinique pack, Mens Sport pack – Sports scene, D'Fortune Bistro voucher Value approx. \$ 650

**FOURTH PRIZE - Adventure Bundle** - Scenic Dune buggy hire – Hill End , womens sport pack – Sports scene, Southern Cross Kayaking –Dunn Swamp, Blue Wren voucher, Gold panning Kit, Mudgee Friendly Pharmacy – bath pack, D'Fortune bistro voucher, Mudgee Observatory umbrella Value approx. \$525

**Raffle to be drawn Rainbow Day, Thursday 17/09/15, at Mudgee High School - Tickets: \$2 each  
Please support Year 12 and purchase a ticket or more. On Sale 17<sup>th</sup> August 2015.**

**SUPPORTING BUSINESSES** - Perry St Hotel, Evanslea B & B, Country Physiotherapy, Sports scene, Eyecare Plus, Zin House, Scenic Dune Buggy – Hill End, Southern Cross Kayaking – Dunn Swamp, Commercial Helicopters, Indigiearth, Ultimate Care, Eltons, Vintage Rose, Travel and Cruise, Blue Wren, Outside the Square, Blooms, Mudgee Friendly Pharmacy, Beauty by Kristen, Central West Prospecting, D'Fortune Bistro – Gulgong, Mudgee Observatory, Mitre 10.

## **REACH OUT.com – Helping all young people be happy and well PARENTS AND CAREGIVERS**

On Tuesday 11<sup>th</sup> August, senior students from year 10 - 11 have the opportunity to participate in a presentation from ReachOut Australia Ambassador Andrew Morley (Home and Away actor) and two ReachOut staff members. As well as discussing the great work ReachOut does, Andrew will be talking about *ReachOut Next Step* - an online quiz that links users to local mental health information and support. The team will also provide students with branded wristbands and resource packages for the school.

ReachOut.com is one of Australia's leading wellbeing and mental health online service, helping young people be happy and well. In August/September Reachout is running a targeted campaign to promote ReachOut.com and it's new tool *ReachOut Next Step* in Western NSW.

Prime 7 will be covering the school visit for news that evening.

The presentation will be held between 2.10pm – 3.10 pm on Tuesday 11<sup>th</sup> August.

### How does *ReachOut Next Step* work?

Young people access the self-assessment tool, which is housed on the ReachOut.com site. They answer questions about the issues they are facing and how much they are affecting their lives. Based on this information, as well as their age and postcode, the tool provides relevant recommendations for support. Some examples include ReachOut.com articles, the ReachOut.com forums, apps focused on activities that can help with their concerns and local services like a headspace centre.

If you have any questions regarding the presentation, please contact Karen Quinn, Head Teacher Welfare/Learning and Support Teacher on 0488 729 724.

Many thanks, Louisa McCole. Communications Manager, ReachOut Australia  
02 8029 7751 | [louisa@reachout.com](mailto:louisa@reachout.com)

## **MATHS NEWS**

### **Homework Room**

Many students are taking advantage of the homework room which operates each Monday, between 3.30pm and 4.30pm. Teachers from the Maths staff make themselves available to assist students during this time. All are welcome.

### **HSC students**

Many HSC students are taking advantage of extra tuition which has been made available by several Mathematics teachers outside of normal class time. This enthusiasm and dedication will almost certainly strengthen their results in the upcoming HSC examinations. For those requiring extra assistance, remember there is the homework room which operates each Monday, between 3.30pm and 4.30pm. Also stayed tuned as HSC teachers are planning to offer weekend and/or holiday workshops.

### **Past HSC Booklets**

Past HSC Booklets will be available for purchase again this year for students studying the HSC General Mathematics 2, Mathematics or Extension I and II courses. The booklets contain past HSC exams with full solutions. The cost and due date for payment will be notified to students shortly.

### **Super Rules and Calculators**

The HSC is a demanding time for students and it is essential that students are well prepared for lessons with the right equipment. Students who are completing the HSC this year must have an approved scientific calculator. Students are asked to check with their teachers in case their calculator is not approved. If you are planning to buy a new calculator for the HSC, make sure that you purchase it soon so that you become familiar with the functions available on the latest models. Being unfamiliar with a calculator can severely affect a student's result.

Besides a rule, students in the Mathematics and Extension Mathematics courses can purchase a mathematics template which has been approved for use in their examinations. The template is referred to as a Super Rule and can be purchased for \$8.00

### **Bathurst workshop**

Mr Lynn, Miss Leary and Miss Ridgewell travelled to Bathurst last week to attend a workshop on new resources for Year 7 and 8 Maths classes. Some students will be trialling the HOTmaths (Higher Order Thinking Maths) program in their classes soon.

### **Using Maths at Home**

Involving your children in the use of Mathematics in everyday situations can improve their confidence and skills and help them to engage in learning.

Some areas to consider are:

Car Travel calculations such as distance, budgeting for fuel costs, calculating the time needed for a journey and estimated time of arrival.

Farm calculations such as costs, expenses and profit, labour costs, depreciation, fertilizer and seeding rates.

Cooking calculations such as calculating the best buy by comparing purchasing costs, weekly planning of ingredients and adapting recipes for different numbers of people.

Sports statistics such as batting averages, the graphs presented on TV, competition rankings and probabilities.

Money issues such as income, taxation, budgeting, investment and loans.

For a student to be aware of the significance of these applications in everyday life is a bonus, and assists their understanding of these concepts when they are encountered in class.

### **SPONSORSHIP**

**MUDGE HIGH SCHOOL - LINK PROGRAM**

**GENEROUSLY SPONSORED BY**

**GLENCORE**

***Ulan Coal Mine***

# Safer Drivers Course for young learner drivers



## Preparing you for your **P**s

Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

The Safer Drivers Course is available to learner drivers under the age of 25 who have completed at least 50 log book driving hours.

Fantastic opportunity and  
only \$140 for 20 log book  
hours

**Saturday 15<sup>th</sup> August (9am-12pm)**

To Book:

Ph: 6330 1400 or email [cevans@skillset.com.au](mailto:cevans@skillset.com.au)

Skillset

48A Market Street, Mudgee

skillset.