Monday
16 March 2015
Term 1 - Week 8



MHS Newsletter

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A Member of the Cudgegong Learning Community



SEE OUR WEBSITE FOR THE FULL CALENDAR OF EVENTS

Coming Events:

- Mar 18 School Social 7pm -10pm
- Mar 19 Yrs 8, 9 & 10
 Parent/Teacher evening
- Mar 23 P & C Meeting 7pm in the Library
- Mar 26 Apr 2 Year 12 Exams
- Thursday Apr 2 Final day of Term 1
- Tuesday Apr 21 All Students return

This issue:

- Principal's Message
- Awards
- NAIDOC Week 2015
- UNSW 2015 Indigenous Winter School
- Close the Gap
- MHS Giving Tree
- Year 10 Marine Studies
- CSU MyDay
- Languages
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- NSW All Schools Triathlon
- Sponsor Glencore
- Community
 Announcements

PRINCIPAL'S MESSAGE

The new Student Representative Council (SRC) was sworn in last Tuesday. There is a great deal of pleasure to be taken from witnessing the induction of a new crop of SRC recruits, as well as the return of re-elected members. Leadership is one of those things sometimes sought but often thrust upon the individual in a kind of conspiracy of events.

SRC representation is very much an example of the former.

The students who were sworn in – and those who will be sworn in on Wednesday because excursions rendered them absent on the day – have not been alone in seeking office at school. There were many unsuccessful candidates who willingly put their hands in the air. All of them – the elected and those who ran against them – deserve to be acknowledged for their willingness to step up; their willingness to move from the comfort and security of the herd and work to make a difference.

There will be a Welcome to Year 7 social on Wednesday night, beginning at 7pm and concluding at 10pm, organised by the SRC and staffed by teachers on a volunteer basis. The theme is superheroes and villains. Students who attend these events tend to take a great deal of pleasure from them and Mudgee High is one of the few high schools in the state that continues to offer school dances. You'd be hard pressed to find a similar event occurring in the metropolitan area.

A reminder that parent/teacher evening is on this Thursday for parents and carers of students in Year 8, 9 and 10. I know I've already said this, but it is worth a revisit. Parent/teacher evenings are a perfect opportunity to come along to the school and discover what educational opportunities the young people under your roof have at their disposal here at Mudgee High. Parent/teacher evenings are an opportunity to discover how well those young people are doing and what they can do to further improve. They are an opportunity to continue to build the kinds of partnerships between parents, carers and teachers that foster the chances of success of the young people in our joint care. We look forward to seeing you there.

And while speaking of parent/teacher partnerships, it would be remiss of me not to mention the P&C's Annual General Meeting, which will be held this coming Monday (23/3) in the West Wing of the school library, beginning at 7pm. If you have not been to a P&C meeting and would like to know more about what is happening both at school and within your P&C, lock the date into your calendar and we'll see you there!

Wayne Eade Relieving Principal

Term 1 Week 7 Awards

P & C Awards - Year 7 - April Cain Year 8 - Eliza Pirie

Year 9 - Joshua Sandry Year 10 - Grace Wilkin Year 11 - Ellie Riley

Year 12 - Tayla-Rose Rohrich

SRR AWARD Term 1 Week 7 - Congratulations to: Jaz Robertson (Yr 8)

NAIDOC WEEK 2015

This year, as part of our NAIDOC Week celebrations, we are promoting to students the opportunity to participate in the National NAIDOC Week Koori Kids writing competition. Students in years 7, 8 and 9 may enter the Creative Writing Competition and "write a feature Newspaper article on how constitutional reform will benefit the lives of Aboriginal and Torres Strait Islander people." Students in years 10, 11 and 12 may enter the Essay Writing Competition and "Explain why Australia should recognise Aboriginal and Torres Strait Islander people within the constitution; how will it improve the lives of Aboriginal and Torres Strait Islander people and advance reconciliation?" All entries need a cover sheet attached, which can be collected from Miss Windeyer in the HSIE faculty. Prizes include digital cameras, Xbox devices, TV sets, iPhone 6, Apple Macbook, movie tickets and \$500 Visa cards.

UNIVERSITY OF NEW SOUTH WALES 2015 INDIGENOUS WINTER SCHOOL

The Winter School program is specifically for Indigenous students in years 10, 11 and 12 who are considering further studies beyond high school. The week long residential program is designed to provide students with the opportunity to experience what university life is all about, through participation in academic lectures and tutorials, presentations, study sessions, team building activities, interacting with university staff, current students and fellow participants, cultural activities and more. To add to the experience, accommodation is provided in colleges on campus and the whole program is at no cost to the student. If you are interested in your child getting involved in this fantastic opportunity, please speak with either Miss Windeyer or Mr Kempton to collect an application form. Applications close by 24th April and there are only 100 places available.



Most Australians enjoy one of the highest life expectancies of any country in the world — but this is not true for Aboriginal and Torres Strait Islander people.

Indigenous Australians can expect to live 10–17 years less than other Australians. Babies born to Aboriginal mothers die at more than twice the rate of other Australian babies, and Aboriginal and Torres Strait Islander people experience higher rates of preventable illness such as heart disease, kidney disease and diabetes.

The mortality rates for Indigenous Australians is on par with some of the world's most impoverished nations. The United Nations Report, <u>The State of the World's Indigenous Peoples</u> (2009) indicated Australia and Nepal have the world's worst life expectancy gaps between Indigenous and non-Indigenous people.

Here at Mudgee High, students can choose to sign their name to a pledge supporting Aboriginal and Torres Strait Islander health equality by 2030. The pledge calls for the Australian government to do the following:

- Commit to providing adequate and long-term financial resources to achieve Indigenous health equality;
- Implement a comprehensive National Action Plan;
- Invest in real partnerships, including increased Indigenous participation and control around health service delivery; and
- Address critical social issues of housing, education and self-determination that contribute to the Aboriginal and Torres Strait Islander health crisis.

Pledges are available for students to sign either at the English or HSIE staffrooms.

MHS GIVING TREE

Mudgee High School had a "giving tree" each Christmas for many years. We encourage students and staff to donate money, toys and food, which goes to Barnardos to be distributed to their clients for Christmas. Towards the end of 2014, Mr Bradshaw noticed that the number of donations was quite low. To encourage people to donate, he instigated a number of things.

He arranged for Santa to visit the school and both staff and students for a mere donation were able to have "Selfies with Santa". He started a competition to find the roll call that donated the most goods and awarded them a prize. Plus he charged an entry fee to a staff meeting.

All of these initiatives resulted in a brimming "giving tree" with a sizeable monetary donation as well. Thanks to Mr Bradshaw's enthusiasm and encouragement, the staff and students of Mudgee High School can feel proud that they contributed to a much happier Christmas for many Mudgee families.

Mr Bradshaw has now moved to Sydney. Hopefully the good work he started will continue.

Thank you Mr Bradshaw.

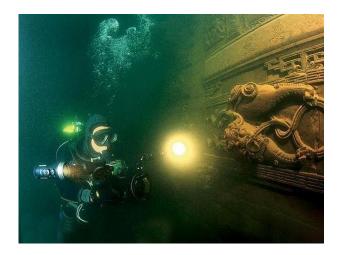




YEAR 10 MARINE STUDIES

Like ancient history? With billions of dollars in treasure still to be found underwater, we tend to think about ships and shipwrecks. However, a wealth of antiquities is to be found in underwater caves and cenotes, sunken planes and flooded cities. One forgotten city is *Shi Cheng*, also known as "Lion City" and located in the province of Zhejiang in China. More than fifty years ago, this ancient city in China vanished without a trace.

It was because the government decided they needed a new hydro-electric power station. The city disappeared when it was flooded, turning the valley into a man-made lake. As the water rose, the city was left at the bottom of this newly-created body of water. It's estimated that Shi Cheng, which was founded about 1300 years ago, now lies between 26 and 40 metres beneath the gorgeous Thousand Island Lake. It now has a new lease on life, having 'resurfaced' as an underwater adventure park for scuba diving tourists.









Learn to scuba dive and see amazing sunken cities in China, Japan, India and even ancient Egypt and Greece. Maybe discover your own piece of ancient history! Choose to study 2U Marine Studies in Year 11. See Mr Willetts in the TAS staffroom for more information.

CHARLES STURT UNIVERSITY MYDAY 2015

MyDay	Location	Date	Information on
Arts, Psychology, Social Work	Wagga Wagga	20 March	Bachelor of Arts, Psychology, Social Work
Communication and Creative	Bathurst	13 April	Advertising, Radio, Journalism, Sports
Industries			Journalism, Public Relations, Theatre/Media
Clinical Science, Dentistry,	Orange	13 April	Clinical Science, Dentistry, Pharmacy,
Pharmacy and Physiotherapy			Physiotherapy
Nursing and Paramedics	Bathurst	23 April	Clinical Practice (Paramedic), Nursing
Nursing	Albury-Wodonga	24 April	Nursing
Accounting, Business and	Wagga Wagga	29 April	Accounting, Business Studies, Management,
Information Technology			Information Technology
Accounting, Business and	Albury-Wodonga	30 April	Accounting, Business Studies, Management,
Information Technology			Marketing, Information Technology

LANGUAGES

All classes studying Japanese have made a pleasing start to 2015 and are settling into the task of learning a second language. We particularly welcome all Year 7 students and look forward to seeing their skills develop throughout their year of mandatory study. We are also thrilled to see the continuing support for the inclusion of Japanese into the V.I. curriculum with elective classes running in Years 8-10. We also have a Year 11 combined Continuers and Beginners class.

COURSE INFORMATION

Some very important documentation has been handed out to all language students and should have been pasted into their books. These sheets include:-

Course Information for Year 7 students, outlining a rationale for studying languages, outcomes and content
 Responsibilities and Rights in the Language classroom.

We encourage all parents/caregivers to read these documents and to contact us at school if they have any questions. All students will have also received an assessment schedule that will outline the timing and types of assessment tasks that will be completed and used to determine the standard students have reached this semester. This is a very important information sheet and students need to use it to plan their revision and to ensure they complete tasks on time. It is hoped that parents/caregivers will help in this planning process and they will be duly contacted if their student fails to meet the minimum requirements.

Another very important factor in a student's learning is the bringing to class of the required equipment. Every student has been informed of the basic requirements for the subject. We ask that all parents be aware of the following points:

- All students require a covered, all-lined exercise book.
- All students need to bring to class a red pen; a blue or black pen; a pencil; a plastic/wooden ruler; scissors; and a glue stick
- All students are encouraged to have some system for recording homework tasks and assignments; be that
 a diary or a reminder on their electronic device

JAPANESE CULTURE

Year 7 students this year will be exposed to many typical Japanese cultural practices. In particular, they will study a major festival every month. Classes have already learned about Setsubun which takes place on February 3 or 4, one day before the start of spring according to the Japanese lunar calendar. For many centuries, the people of Japan have been performing rituals with the purpose of chasing away evil spirits at the start of spring. In modern days, common practice is to scatter roasted soya beans around one's house and at temples and shrines across the country. When throwing the beans, you are supposed to shout "Oni wa soto! Fuku wa uchi!", which means "Devils out! Happiness in!" In honour of this ceremony students made their own 'oni' masks in class and learned about other rituals.



Celebrations at Taga Taisha Shrine



"Oni" masks and soya beans packages sold for the festival

Students have also celebrated Hinamatsuri which was held in Japan on the 3rd of March. It is a day where families recognise their daughters and wish for their future happiness and success. Hinamatsuri means 'Doll's Festival' and traditionally, families will display 15 dolls in ancient court dress on a seven tier doll stand which has been covered in a red cloth. The most recognisable symbols of this festival are the Emperor and Empress dolls which were the head of the imperial household. Parents hope that their daughters will be as noble as these court dolls. The dolls are often passed down from mothers to daughters. Relatives give gifts of furniture, trees and household items to girls to add to their displays. They are displayed for a few days only, before they are carefully packed away again for another year. There is an old superstition that suggested that if the dolls were not packed away in a timely fashion then it would become difficult to marry her off!!!



Ms Date

Miss Kim

WESTERN CHS SWIMMING SELECTION TRIALS

The Western CHS Swimming Selection Trials were held in Dubbo Thursday 5th March. Mudgee High swimmers competed to gain selection in the Western team to compete at the CHS Championships later this term.

Our 8 Girls, Lucy Burke (12), Charli Hayes (13), Kylie Campbell (14), Eliza Pirie (14), Piper Walster Sievers (14), Macy Morley (15), Melissa Campbell (16), Katrina Campbell (17) and 6 Boys, Campbell Wall (12), Ethan Robertson (13), Elijah Robertson (16), Luke Beckingham (16), Adam Dziura (17), Thomas Smith (17) all competed well and several achieved personal best times. Our Junior girls 4 x 50 Freestyle relay team (Eliza, Piper, Lucy and Charli) placed 4th narrowly missing selection for CHS. Our Senior girls 4 x 50 Freestyle relay team (Melissa, Katrina, Kylie and Macy) placed 2nd in a hard fought race. Our Open girls 200 Medley Relay team (Macy, Melissa, Kylie and Katrina) placed a convincing 1st. Our girls 6 x 50 All age relay team (Lucy, Charli, Kylie, Macy, Melissa and Katrina) also placed a convincing 1st. Our Senior boys 4 x 50 Freestyle Relay Team (Thomas, Elijah, Adam and Luke) placed a solid 1st knocking 1 second off their entry time.

All relay teams placing 1^{st} or 2^{nd} and all individuals placing 1^{st} , 2^{nd} or 3^{rd} will now move on to represent Mudgee High and Western at the CHS championships in Homebush $26^{th} - 28^{th}$ March.

Individual results can be seen in the table below.

Beckingham, Luke

#21 Boys 16 100 Free Finals	58.29(2)PB
#35 Boys 16 50 Free Finals	26.60(2)
#59 Boys 16 100 Breast Finals	1:13.11(1)
#74 Boys 16 200 Free Finals	2:10.20(2)
#86 Boys 16 100 Back Finals	1:31.04(5)
#92 Boys 15-16 200 IM Finals	2:31.16(1)

Burke, Lucy

Campbell, Katrina

#24 Girls 17-19 100 Free Finals	1:12.54(7)
#38 Girls 17-19 50 Free Finals	33.14(8)
#89 Girls 17-19 100 Back Finals	1:30.64(7)

Campbell, Kylie

#6 Girls 14 100 Fly Finals	1:21.85(1)
#18 Girls 14 100 Free Finals	1:08.89(2)*
#32 Girls 14 50 Free Finals	31.27(2)*
#83 Girls 14 100 Back Finals	1:23.08(3)

Campbell, Melissa

,	
#22 Girls 16 100 Free Finals	1:03.71(2)*
#36 Girls 16 50 Free Finals	29.62(3)
#60 Girls 16 100 Breast Finals	1:24.54(3)
#93 Girls 15-16 200 IM Finals	2:42.05(1)*

Dziura, Adam

,	
#23 Boys 17-19 100 Free	1:12.34(10)PB
Finals	
#37 Boys 17-19 50 Free	32.73(13)
Finals	. ,

Hayes, Charli

rayes, errain	
#16 Girls 13 100 Free Finals	1:14.39(3)PB
#30 Girls 13 50 Free Finals	33.14(3)
#69 Girls 13 200 Free Finals	2:51.51(4)PB
#81 Girls 13 100 Back Finals	1:28.82(1)PB
#91 Girls 12-14 200 IM Finals	3:20.29(7)

Morley, Macy

#8 Girls 15 100 Fly Finals	1:08.73(1)
#20 Girls 15 100 Free Finals	1:02.39(1)
#34 Girls 15 50 Free Finals	28.62(1)
#73 Girls 15 200 Free Finals	2:24.63(1)
#85 Girls 15 100 Back Finals	1:10.42(1)

Pirie, Eliza

#18 Girls 14 100 Free Finals	1:22.64(12)*
#32 Girls 14 50 Free Finals	37.86(16)
#83 Girls 14 100 Back Finals	1:33.98(5)*

Robertson, Elijah

#9 Boys 16 100 Fly Finals	1:19.65(3)PB
#21 Boys 16 100 Free Finals	1:11.84(5)PB
#35 Boys 16 50 Free Finals	32.35(12)
#86 Boys 16 100 Back Finals	1:27.85(4)PB
#92 Boys 15-16 200 IM Finals	3:09.61(6)

Robertson, Ethan

#3 Boys 13 100 Fly Finals	1:28.23(1)PB
#15 Boys 13 100 Free Finals	1:15.62(3)PB
#29 Boys 13 50 Free Finals	33.56(4)PB
#53 Boys 13 100 Breast Finals	1:39.33(3)PB
#68 Boys 13 200 Free Finals	2:48.96(2)PB

Walster Sievers, Piper

#71 Girls 14 200 Free Finals	3.16.42(4)
	J. 10.42(4)

Smith, Thomas

#11 Boys 17-19 100 Fly Finals	1:07.48(1)
#23 Boys 17-19 100 Free Finals	1:00.44(1)
#61 Boys 17-19 100 Breast Finals	1:17.76(2)
#76 Boys 17-19 200 Free Finals	2:12.50(1)

Wall, Campbell

#13 Boys 12 100 Free Finals	1:35.77(6)
#27 Boys 12 50 Free Finals	40.81(7)
#78 Boys 12 100 Back	1:44.63(2)PB
Finals	



I would like to thank all of the parents who transported swimmers and helped out with time keeping duties on the day.

Peter Smith - Swim Team Manager

NSW ALL SCHOOLS TRIATHLON

Several Mudgee High students travelled to Penrith to compete at the NSW All Schools Triathlon.

Joshua Jones and Tim McDonald competed in the Individual event on Thursday 6th March. Both students competed in the Junior section that included a 400M swim, 10KM ride and 4KM run. Joshua placed 33rd overall and 10th in CHS, Tim placed 78th overall and 26th in CHS.

The second day of competition, Friday 7th March, saw 3 Mudgee High teams compete, 2 in the junior division and 1 in the intermediate division. Our first junior team consisted of Cody Addley (Swim), Lachie Wall (Ride) and Mitchell Wisbey (Run). They placed 74th overall and 20th in CHS.

Our second junior team consisted of Tim McDonald (Swim), Will Toovey (Ride) and Josh Jones (Run). They placed 17th overall and 4th in CHS narrowly missing a CHS Bronze medal.

Our intermediate team consisted of Thomas Smith (Swim), Josh Toovey (Ride) and Harrison Maynard (Run). The boys finished 4th overall (narrowly missing an All Schools bronze by 7 seconds) and 1st in CHS, securing them a CHS gold medal and a podium finish for the 3rd time in as many starts.



Intermediate team: Thomas Smith, Josh Toovey & Harrison Maynard

SPONSORSHIP

MUDGEE HIGH SCHOOL - LINK PROGRAM GENEROUSLY SPONSORED BY GLENCORE

Ulan Coal Mine

COMMUNITY ANNOUNCEMENTS

REGISTRATION FOR JUNIOR SOCCER

Mudgee – Glen Willow 21st March 10am – 2pm

MUDGEE DISTRICT HOCKEY ASSOCIATION SEASON 2015

Registration day's 21st March, and 28th March and then throughout the season. Age 3 – 90; play Saturdays at West End complex.

Time 10:30am for juniors and 1pm for Adults.

1st child \$50, 2nd \$40, 3rd \$20 and 4th free.

Teenagers playing Adults \$65 and must be 12 years old.

Adults part time \$65, and Fulltime \$85.

7 a side carnival the 28th March from 8:30am cost \$20 per player, 10 to a side, 3 females, 4 males format. Contact Jenny 63726630, Kristel 0408742494, Ben 0408619696.







FOR MORE INFORMATION & ASSISTANCE

PHONE - Service NSW 13 77 88

EMAIL - fer.program@trade.nsw.gov.au

WEB - www.resourcesandenergy.nsw.gov.au
/info/familyenergyrebate



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- Central Station, Sydney
- Penrith
- Lithgow
- Bathurst
- Orange
- Wellington
- Brooklyn
- Mooney Mooney.



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