Monday
26 October 2015
Term 4 – Week 4



MHS Newsletter

Mudgee High School – Locked Bag 2004, MUDGEE NSW 2850 ABN: 25 074 408 459 Telephone: (02) 6372 1533 Facsimile: 6372 6321

Website: www.mudgee-h.schools.nsw.edu.au Email: mudgee-h.school@det.nsw.edu.au

A Member of the Cudgegong Learning Community



SEE OUR WEBSITE FOR THE FULL CALENDAR OF EVENTS

Coming Events:

- Oct 26 P&C Meeting 7pm Library
- Nov 4 HSC final exam
- Nov 20 Year 12
 Formal 6pm
 Parklands Resort

This issue:

- Principal's Message
- P&C Awards
- From the Careers Room – UNSW Mining Summer School
- Upper Hunter Beef Bonanza
- Sponsor Glencore
- Community
 Announcements

PRINCIPAL'S MESSAGE

Here's a question I found myself considering last week while talking to principal colleagues from across the Central and Far West:

Is the education of hundreds of thousands of children across the state – the business of teaching – more like polio or type II diabetes?

On first reading this may seem a really bizarre question. The development of impressionable, inquisitive and increasingly intuitive young people into individuals who are physically and emotionally well, personally and socially aware, and future-proofed with sufficient reserves of resilience to meet any challenge could not possibly have anything in common with a choice between a life-threatening, paralysis-causing virus and pancreatic failure.

However, on reflection it can be shown that a very real similarity does exist.

Education, that process of enlightenment that involves the receiving or giving of systematic instruction, especially in a place like a school, demands the active participation of the learner if it is to be successful.

Education cannot be delivered like a shot in the arm vaccination, the kind of passive action that has consistently knocked polio on the head each and every time for the past sixty years.

Type II diabetes on the other hand can really only be successfully sidestepped through healthier eating and regular exercise... an active set of responses. It's not a shot in the arm. Its avoidance places a demand on the individual to take an active role in their own interests.

So, in its own way, education is more like type II diabetes than polio.

The challenge for teachers and parents alike is to provide the best conditions in which a love of learning can flourish.

Getting up while the sparrows are still yawning to go for a run on your lonesome is a tough call. Getting up at the same time to attend a PT session as part of a group of like-minded people all there to improve their fitness is another. The PT session is actually easier without being easy... perhaps because we're a social species and we draw strength from the presence of others.

The challenge for teachers and parents alike is the challenge faced by the personal trainer organising the PT session. The passion teachers have for their respective subject areas must be palpable, the rapport they develop with the students with whom they work genuine, the feedback and advice they provide both effective and meaningful, and the environment in which lessons are conducted positive.

For parents and carers, an active interest in what your children do at school must come first. The provision of a space or environment in which study and revision can be maximised, free from the distractions that are inherent to domestic life, is also necessary.

In partnership, our job is to optimise the conditions that will allow the kids in our collective care the means by which to avoid an educational version of type II diabetes. And it sounds like a good plan.

Wayne Eade Principal

TERM 4 WEEK 3 AWARDS

P & C AWARDS: Yr 7: Grace Quinn Yr 8: Campbell Stubbs Yr 9: Bradley Cockerell Yr 10: Brett Hancock Yr 11: Jayden Taylor

SRR AWARD: Hannah Adam (Yr 7)

FROM THE CAREERS ROOM UNSW Mining Summer School (UMSS)

Unique opportunity to get inside the Mining industry as part of the 3 day residential UNSW Mining Summer School (UMSS). Learn about study, careers and opportunities in the Australian mining industry from professionals, current students and recent graduates.

Start at the UNSW campus in Sydney to experience university life including lectures, labs and the School's 3D virtual reality simulator. Then travel for 2 nights to visit underground and surface mines, learn how coal and minerals are extracted and processed, view mine rehabilitation sites, dine with industry reps and Alumni and have fun with an awesome bunch of new friends with similar interests.

When: 18-20 January 2016

Eligibility: Students currently in Year 10 or 11, interested in science or engineering and studying/planning to

study subjects such as physics, mathematics (advanced) and engineering.

Cost: \$200 **Closing date:** 31 October 2015

For more information and to apply: u/nsw.to/summer-school

UPPER HUNTER BEEF BONANZA

Students and staff attended the Upper Hunter Beef Bonanza again this year from Thursday 22/10 until Sunday 25/10. 20 students, 3 teachers and 3 steers made the trek to Scone for the event. It should be pointed out that it is a great event and the students love the experience. They always learn something while away and any wins, given the enormous size of the competition are sorely looked for but only occasionally achieved.

This year, one of the school's steers went on to be awarded the **Champion Heavy Middleweight** of the show. This placed him in the **top 4 cattle** from about 400 entries. Competitors included other state schools, many private schools and independent cattle studs.

This triumph is a brilliant achievement, and left both students and staff estatic.

Staff attending were very impressed with the excellent conduct and drive of the students in attendance, each one of them giving the four days their full 100%. They have represented the school and the wider Mudgee community well.

Well done too to Miss Stanford, Ms Harries and Mr Kempton who made the four days possible.



SPONSORSHIP

MUDGEE HIGH SCHOOL – LINK PROGRAM GENEROUSLY SPONSORED BY

GLENCORE

Ulan Coal Mine

COMMUNITY ANNOUNCEMENTS



VOLUNTEER AWARD - YOUTH & OPEN CATEGORIES

Sport and Recreation are again holding the *Central West Winter Sport Volunteer Award*. It's the end of the winter sporting season, but its not too late to recognise the efforts of the outstanding volunteers who keep sport going in our communities. The Award has separate categories for both open and youth (25years and under) to recognise the importance of all aged volunteers in grassroot sports.

In 150 words or less tell us how your volunteer is worthy of being nominated. All nominees will receive a certificate, with the winner and runner up being awarded \$250 & \$100 (respectively) to spend on approved sports development programs. It's a great way to say thank you to a coach, committee member, official or manager. It's a simple process that wont take long, but will make the nominee feel valued as a volunteer.

Nominations can be made online via the Sport and Recreation website sportandrecreation.nsw.gov.au/volunteeraward or call 6362 6623.

Nominations close Friday 6th November 2015.



SHOWING November 6th, 7th & 8th 2015*





ADULT TITLE

Friday Nov 6 Saturday Nov 7 Saturday Nov 7 Sunday Nov 8

7.00pm 4.30pm 7.00pm 4.30pm

CHILDREN'S TITLE

Saturday Nov 7 Saturday Nov 7 Sunday Nov 8 Sunday Nov 8

11.00am 2.00pm 11.00am

2.00pm

Adults: Children/Concession:

Children under 5 years:

Tickets available at Mid-Western Regional Council offices from Mon 2nd Nov 2015 or at the door (if not sold out prior). For more information, visit www.midwestern.nsw.gov.au, like Council on Facebook or follow us on Twitter.

\$14.00

\$10.00

Free



Combined Rotary Clubs of Mudgee

MWRC Youth Council

MUDGEE CYCLE CLUB - TRY TRACK - MONDAY EVENINGS

With the re-surfacing of the velodrome and improved lighting, Mudgee Cycle Club would like to invite you to try track cycling.

We conduct races for beginners and experienced riders. A BBQ also operates for riders and spectators

Day and Time: Every Monday from 5.30pm to 7.30pm

Location: Perry St, Velodrome, Opposite Mudgee High School.

All ages welcome. No upfront fee.

For more information contact David 0498 338480 or Nicolette 0427 726852

Safer Drivers Course for young learner drivers



Preparing you for your P s



Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

The Safer Drivers Course is available to learner drivers under the age of 25 who have completed at least 50 log book driving hours

Saturday 31st October (9am-12pm) To Book: Ph: 6330 1400 or email

cevans@skillset.com.au

Skillset

48A Market Street. Mudgee

skillset.

Fantastic opportunity and only \$140 for 20 log book hours



TOM BASS PRIZE FOR FIGURATIVE SCULPTURE

THE TOM BASS PRIZE: \$12,000

YOUTH PRIZE: \$1000

HIGHLY COMMENDED: \$1000

VIEWER'S CHOICE: \$1000

Open to Australian residents 16 years and over, professional and non-professional artists.

All prizes are non-acquisitive.

Entries close 22 January 2016 <u>www.tombassprize.com</u>