

Monday 24th February 2014

Term 1 – Week 5



# MHS Newsletter



A Member of the  
Cudgegong Learning  
Community

SEE OUR WEBSITE FOR  
THE FULL CALENDAR  
OF EVENTS

## Coming Events:

- Feb 24 – P&C Meeting – 7pm School Library
- Feb 27 – Parent/Teacher afternoon for Ys7,11 & 12
- Mar 4 – Vaccinations for Y9 boys and all Y7
- Mar 5 – School Photos
- Mar 5 – Y11 & Y12 Parent Info Evening
- Mar 6 – Western Swimming
- Mar 6 & 7 – All School Triathlon
- Mar 18 – Year 10 Parent Information Evening 7pm Gym

## This issue:

- Principal's Message
- P&C Awards
- Parent/Teacher Evenings
- Online Payments
- Language News
- PDHPE Safety
- Careers
- Vaccinations
- Community Notices
- Email request

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"Providing high quality education in a stimulating and caring environment."

## Principal's Message

We are looking forward to welcoming as many parents as possible to our first P&C meeting on Monday 24 February 2014. If you can't make it to that meeting don't worry you have another chance on Monday 24 March. All parents are most welcome and in particular we hope parents of new students will come along and see how they can have a bigger say in their child's education and be more aware of the opportunities offered to students at Mudgee High School. We meet in the library from 7-8pm, enter via Horatio St.

Sun Shines on Swimming Carnival: Congratulations to all students who participated so well at Friday's Swimming Carnival. The weather was kind and many records were broken by the enthusiastic and talented students. A big thank you to the PE faculty and particularly Miss Smith for their organisation. Thank you also to the many staff who volunteered to assist as officials. By all accounts the senior students, who chose not to participate, made good use of their extra study time.

Parent Teacher Interviews: This week we welcome parents of Years 7, 11 and 12 to our first parent teacher interviews. These take place on Thursday 27 February from 3.45 – 7.00pm. We ask that you complete the booking sheet which came home with your students last week. Another copy is available from our website. Later this term parents of Years 8, 9 and 10 will have the opportunity to meet their student's teachers and to talk to them about how best to support their child's progress this year.

Mudgee High Student Extension: Students this term have already participated in many extension and extracurricular activities. These include state sporting knockouts, excursions to Sydney to see professional drama productions, field studies and individual sporting representation. These opportunities continue all year and are the result of Mudgee High School teachers and parents working together to ensure the widest possible learning for students. We thank all the parents who so willingly support these activities through funding and providing transport and a very active cheer squad. Keep an eye on our calendar and this newsletter to make sure your child does not miss out.

Making the Most of Years 10-12: Coming up for parents we also have our senior information night on March 5 and our Year 10 parent information night on March 18. These evenings will support you as parents in partnering with the school and teachers to ensure your child makes the most of their years at school. We can't do it without you and neither can the students. At these meetings you will have the opportunity to find out what you can do at home, what we will be offering here at school and to increase your understanding of the Board of Studies requirements for a RoSA and HSC. Individual invitations will come home to parents. You can also download the invitations from our website.

*Louise Manwaring*  
Principal

**P & C AWARDS Term 1 Week 4 – Congratulations to: Year 7 – Kaylee Consadine; Year 8 – Bayley Mason; Year 9 – Grace Wilkin; Year 10 – Bridget Condon; Year 11 – Marnie Robbins; Year 12 – Hannah Gricks**

## MUDGEE HIGH SCHOOL PARENT/TEACHER EVENING FOR YEARS 7, 11 & 12

Parents of students in years 7, 11 and 12, you are invited to attend an evening where you will have the opportunity to meet with staff and discuss your child's progress. Interviews are limited to 5 minutes. Your child has been issued with a booking sheet.

When: Thursday 27 February, 2014

Time: 3-45pm til 7-00pm

Venue: Mudgee High School Gymnasium

## **PARENTS OF YEARS 11 AND 12 STUDENTS**

On Wednesday 5<sup>th</sup> March there will be an information evening for parents of students currently enrolled in years 11 and/or 12. The evening will begin at 6:30pm and is expected to finish at around 7:50pm. It will be held in the Performance Centre at Mudgee High School. You can enter the school through the Denison Street gate.

Mr David McLennan will make a presentation about methods and techniques for study. This is an opportunity for parents (of students) to gain some tools to support their child through the coming year/s of schooling.

Miss Ashleigh Walsh will make a presentation about stress management. This presentation is designed to equip parents with supportive techniques for their child to overcome the inevitable stress which comes with studying for the HSC.

There will be time for questions and discussion at the end of the two presentations. You are most welcome to attend the evening and we look forward to seeing you there.

*Claire Windeyer – Year 12 Year Adviser & Penny Smith – Year 11 Year Adviser*

**Parent Online Payments** – Please note that all subject fees and some excursions can now be paid online [www.mudgee-h.schools.nsw.edu.au](http://www.mudgee-h.schools.nsw.edu.au) Click on Make a Payment and follow the prompts. If you are making excursion payments please make sure you include the excursion number which appears in bold at the bottom of permission note (ie 044-000). Unfortunately resource payments to our Building Fund cannot be made online.

## **LANGUAGES**

All classes studying Japanese have made a great start to 2014 and are settling into the task of learning a second language. We particularly welcome all Year 7 students and look forward to seeing their skills develop throughout their year of mandatory study. We are also thrilled to see the continuing support for the inclusion of Japanese into the V.I. curriculum with Ja03, Ja04/05/25 and Ja27 classes running in Years 8-10. We also have a Year 12 combined Continuers and Beginners class.

### **Course Information**

Some very important documentation has been handed out to all language students and should have been pasted into their books. These sheets include:-

- 📁 Course Information for Year 7 students, outlining a rationale for studying languages, outcomes and content
- 📁 Safe, Responsible and Respectful in the Language classroom.

We encourage all parents/caregivers to read these documents and to contact us at school if they have any questions. All students will have also received an assessment schedule that will outline the timing and types of assessment tasks that will be completed and used to determine the standard students have reached this semester. This is a very important information sheet and students need to use it to plan their revision and to ensure they complete tasks on time. These have been prepared in consultation with the school's Junior Assessment schedule. It is hoped that parents/caregivers will help in this planning process. They will be duly contacted if their student fails to meet the minimum requirements.

Another very important factor in a student's learning is remembering to bring to class all required equipment. Every student has been informed of the basic requirements for the subject. We ask that all parents be aware of the following points:

- All students require a covered, all-lined exercise book.
- All students need to bring to class a red pen; a blue or black pen; a pencil; a plastic/wooden ruler; scissors; and a glue stick
- All students are encouraged to bring a diary to record homework tasks and assignments

### **New Staff**

At the end of 2014, Miss Hutchins was successful in gaining a new permanent position at Albion Park High closer to her family. As it occurred at the very end of school, she was unable to say goodbye to many of her classes and requested that her apologies be put forward. She is settling in to the routine of her new school but has expressed missing her former students. Last week Mudgee High welcomed Miss Min Kim as the new permanent Japanese teacher. Miss Kim has commented how impressed she has been with her classes and that she is enjoying getting to know everyone.

### **2014 Japan Trip**

At the end of this term 24 students from Years 10 and 11, along with 4 teachers will fly to the land of the rising sun to immerse themselves in the Japanese language and culture. The tour will take the group to Tokyo, Kyoto, Hiroshima and Osaka over a period of two weeks. Students will visit the Imperial Palace, Tokyo Sky Tree, Peace Park in Hiroshima, Tokyo Disneyland, a baseball match, the Golden Temple, a geisha performance and Miyajima Island. This list doesn't even come close to covering all stops on the itinerary! The group will also visit our sister schools in Osaka and participate in a homestay with a Japanese family which will include going to school. The excitement levels are mounting as we finalise our preparations for an amazing journey.

## Japanese Culture

Year 7 students this year will be exposed to many typical Japanese cultural practices. In particular, they will study a major festival every month. Classes are currently learning about Setsubun which takes place on February 3 or 4, one day before the start of spring according to the Japanese lunar calendar. For many centuries, the people of Japan have been performing rituals with the purpose of chasing away evil spirits at the start of spring. In modern days, common practice is to scatter roasted soya beans around one's house and at temples and shrines across the country. When throwing the beans, you are supposed to shout "Oni wa soto! Fuku wa uchi!", which means "Devils out! Happiness in!" In honour of this ceremony students will make their own 'oni' masks in class and learn about other rituals. Ms Date Miss Kim



*Celebrations at Taga Taisha Shrine*



*"Oni" masks and soya beans packages sold for the festival*

## PDHPE

### New safety procedures in PDHPE

Your child has been provided with an information note regarding safety in PE and Sport this week. Following is a summary of our new procedures just in case you never see the note!

As part of our ongoing commitment to the safety and welfare of our students, the PDHPE faculty will be purchasing class sets of shin guards which students will be asked to wear before participating in games such as softball, soccer and hockey.

These class sets will provide sufficient numbers of guards for every student who participates, however, we would strongly encourage your child to bring their own guards if they already have them. If you would like to purchase a pair for your child, then please do so and ensure that they bring them to each lesson. We will regularly wash the guards we supply, however, we cannot guarantee that there will be a clean set available every lesson throughout a day.

Currently it is mandatory that helmets are worn whilst batting in softball and other, sport specific safety equipment is used e.g. if playing catcher in a game of softball. We will also continue to modify rules and use appropriate equipment to enhance safety whilst still providing appropriate learning experiences for students, however, this new initiative is to further minimise the risk of potential contact injury.

We believe that it is in every student's best interest to wear shin guards, regardless of rule modifications or changes to equipment.

Further to our enforcement of the wearing of shin guards, we would also like to strongly recommend and will encourage the wearing of mouth guards for both PE and Sport. We would like to see more and more students coming prepared with this item of safety equipment as we obviously would not be able to supply them during lessons.

Whilst every effort is made by staff to minimise injury, accidents do still happen. It is hoped that this additional step providing shin guards will further enhance student participation.

If you have a concern about our expectation that all students will wear shin guards when asked to do so by their teacher, please contact the school on 63721533. Also, if you have any questions regarding shin guards, mouthguards or other safety equipment used in sport, please do not hesitate to speak to one of the PDHPE staff.

## CAREERS CAPERS!

### Careers

Students are currently preparing for a taste of the workforce through the school's work experience program. Year 10 students are expected to participate for between 3 to 5 days (block) at any time during this year. Senior Work Studies students participate by continuous release (Wednesdays) throughout the year. Work Experience provides important employer contact for students as well as developing confidence and allowing students to sample careers options.

### **University of Wollongong Excursion**

During Week 2, 40 Mudgee High Year 12 students visited the University of Wollongong (UOW). They experienced life as a Uni-student by staying overnight in a hall of residence and eating university food. Students also toured the Uni campus, attended lectures of their choice as well as 'grooving' to the music at the 'Duck Pond' at lunchtime. Feedback from the students indicated they gained useful information to assist in planning for higher education options next year and beyond. The excursion wasn't all work, with the group having a wander along the ocean foreshores and taking in a movie.

### **School Based Apprenticeships and Traineeships (SBATs)**

Mudgee High School currently has a number of Years 11 & 12 students engaged in SBATs. Participating students receive paid employment in their field of choice, gain Certificate II or III qualifications as well as the HSC. SBATs are an exciting career option as a viable career pathway post school. 2014 Year 10 students will be informed of SBAT opportunities for 2015/16, as the year progresses.

### **Careers Information at MHS**

Career information regarding upcoming career events, employment and training opportunities etc is usually conveyed to students via the morning announcements in roll call. Students can also access information via the Department of Education & Communities (DEC) email as well as through the school administered facebook page.

Students are encouraged to keep abreast of Careers news to ensure they do not miss out on valuable educational and vocational opportunities.

### **Upcoming Career Events**

- Moolarben Coal Careers excursion – Thursday Feb 27 (Year 10) 'Mining' careers talks and mine tour.
- CSU (Charles Sturt University) 'My Day' event showcasing Health & Sport Science – Friday Feb 28 (Yrs 11 and 12 and parents)
- CSU 'My Day' showcasing Business, Computing and Marketing courses – Thursday March 13 (Yrs 11 and 12 and parents)
- Regional University Roadshow – three regional university representatives in MHS gymnasium – Wed March 19 (Yr 12 students and parents)
- Business Concierge Seminars – topics include goalsetting, handling stress, interview techniques – Thurs and Fri March 20 and 21 (Year 10 and 11)
- University of NSW (UNSW) 'Light & Fire' careers workshops – Mon March 24 (Yrs 9 – 12 indigenous students)
- Responsible service of Alcohol/Responsible Conduct of Gambling (RSA/RCG) training – Mon & Tues April 28 & 29 (tbc) – Yr 12 students

If you have enquiries about any of the above career information, please contact the school.

### **Parents of Yrs 10-12 Students**

-Latitude Global Volunteering enables students to live, work and travel overseas. Details of programs and opportunities at [www.lattitude.org.au](http://www.lattitude.org.au)

-Avondale College (Cooranbong NSW) offers Cert III to Degree courses in eg nursing, education, science and business. Open day is June 4. Details of courses and careers at [www.avondale.edu.au](http://www.avondale.edu.au)

-Students considering studying Medicine, Optometry and Dentistry in 2015 may need to sit the UMAT (Undergraduate Medicine and Health Science Admissions Test). Non-compulsory preparation courses for UMAT are available – see Mr Kempton or [www.nie.edu.au](http://www.nie.edu.au)

-Up2now ( [Up2now.net.au](http://Up2now.net.au) ) allows you to record your school results, awards and non-school activities to assist in resume creation. Check it out.

-Lions Youth Exchange program gives an opportunity for students to live overseas for cultural experience – see [lionsclubs.org.au/ye](http://lionsclubs.org.au/ye) or see Mr Kempton

-A local café is recruiting for casual staff. Willingness to work, good presentation and communication skills required. Details from Mr Kempton

-For the latest University of Sydney course, career and open day information visit [usyd.edu.au](http://usyd.edu.au)

-Interested in careers in video games, 3D animation and visual effects: Work Experience is available at [aie.edu.au/workexperience](http://aie.edu.au/workexperience)

-University of New England (UNE) Armidale Open Day is May 2, 2014. Find out about living and learning at uni. Details at [une.edu.au/openday](http://une.edu.au/openday)

-University NSW (UNSW) Science Course and career information session will be held Wed. March 26. Details at [www.thebigdayin.com.au](http://www.thebigdayin.com.au)

-An IT (Information Technology) Careers Seminar will be held at UTS (University of Technology, Sydney) showcasing computing and future technologies on March 26. Details at [www.thebigdayin.com.au](http://www.thebigdayin.com.au)

-Careers workshops for students considering the disability and community care sector will be held at various locations in NSW. Go to [projectable.com.au](http://projectable.com.au)

-Billy Blue College of Design (Sydney) offers courses in graphic, interior design and more. Details at [www.billyblue.edu.au](http://www.billyblue.edu.au)

-For Careers in singing, song writing and performance see [www.jmc.edu.au](http://www.jmc.edu.au)

-Volunteer or work overseas to broaden your horizons and complement your studies go to [antipodeans.com.au](http://antipodeans.com.au)

## NSW VACCINATION PROGRAM

Vaccinations for Year 9 Boys and all Year 7 will occur on Tuesday 4<sup>th</sup> March, 2014. This is the first of three clinics. Students have been given a Parent Information Kit and consent form which needs to be completed and returned to the school before this date. If your child did not receive a vaccination kit they need to see Mrs Quinn in the library.



## NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2014 the following vaccines will be offered:

### Year 7 students\*

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)

### Year 9 students\*

- HPV vaccine in a 3-dose schedule, at 0, 2 and 6 months for **male students only** (catch-up vaccination).

\* *The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.*

*Parent Information Kits* will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form by ticking (✓) the vaccines they would like their child to receive
- return to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11<sup>th</sup> number beside the child's name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

**A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.**

## Community Announcements

### **GIRL GUIDES**

*Restarting in Mudgee*

Meetings are Thursdays 4.30pm to 6.30pm

Uniting Church Hall, Mortimer Street, Mudgee

All Enquiries to Mudgee Manager – Joanne Martin 0427 791 236

OR 1300 447 548 [www.girlguides-nswact.org.au](http://www.girlguides-nswact.org.au)

### **AUSTRALIAN ARMY CADETS**

Males and Female Students 12 ½ to 18 years of age are welcome to join

Cost: \$35 Administration Fee; \$10 Term Fee; Camp Fees are an extra cost

Parades are held on Tuesday afternoons 4-7pm at Mudgee High School

If you wish to join come along during February and bring a parent or guardian and your birth certificate.

Or contact Lt (AAC) Alen Lucic – 0499 823 886 – [Alen.Lucic@cadetnet.gov.au](mailto:Alen.Lucic@cadetnet.gov.au)

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**NEWSLETTER EMAIL REQUEST** – *Newsletters are now sent electronically unless you ask your student to collect a copy from the office*

If you do not already receive a copy of the Newsletter by email each week and would like us to email you a copy please fill in the appropriate information below and have your student return it to the front office.

Student Name: \_\_\_\_\_ Year: \_\_\_\_\_

Email Address: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_