

Tuesday 30<sup>th</sup> April 2013  
Term 2 – Week 1



# MHS Newsletter



*A Member of the  
Cudgegong Learning  
Community*

**SEE OUR WEBSITE FOR  
THE FULL CALENDAR  
OF EVENTS**

## **Coming Events:**

- May 6 to May10  
Y11 Half Yearly  
Exams
- May 14 to 17  
Naplan Testing
- P&C Meeting 7pm  
Library
- June 10 – Public  
Holiday

## **This issue:**

- Principal's Message
- P & C Awards
- Athletics Carnival
- Netball
- Swimming
- Community Notices
- Sponsor
- Paid Advertisement

**Mudjee High School – Locked Bag 2004, MUDGEE NSW 2850**

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*"Providing high quality education in a stimulating and caring environment."*

## **Principal's Message**

Welcome back to an exciting term where we are looking forward to many major events. First up this term will be Year 11 exams next week. Parents should remember that Year 11 students only attend during their exams. They are welcome to be at school studying in the library or visiting a teacher but otherwise are able to study between exams from home.

Our next major events for the whole school will be the cross country and athletics carnivals. The cross country is compulsory for year 7-9 and conducted mostly in sport time. For years 10-12 students must nominate to compete. The athletics carnival is compulsory for all students. It is a wonderful day where we have a chance to get into the house spirit, participate in a wide range of events and cheer on those among the students who put in the best effort. Parents are welcome to attend as audience and I know many from the local Little A club help us out with their expertise. The athletics carnival will be on Friday 17<sup>th</sup> May.

Year 9 students should by now have all received their laptops. Just a reminder to look after them, store them in a secure place, never leave them in a hot place such as a car or somewhere they might be damaged such as on a lounge. While students have full use of the laptops at home and at school they are also responsible for the cost of repairs if they caused the damage. Keep them in their cases in bags and make sure bags are not left where someone else might accidentally step on them. Many students will be glad that their maths text book can be loaded onto the laptop which saves a bit of weight in bags. We encourage all students to use them as much as possible so they develop keyboard and software skills which they will need for their learning and in the future.

Teachers have spent the first two days of this term working on the new welfare policies and on developing their understanding of the new Australian Curriculum. Parents and students will hear more of both these important changes throughout this year. Finally congratulations to our many successful swimmers who are highlighted in this newsletter. Their teamwork was a real contributor to their success.

We were very proud of all the many sportsmen and women from Mudjee High School who contributed to our Award for Overall Best Performance by a School at the Sports Council Awards.

I hope many of you have taken advantage of the holiday to visit the refurbished Town Library. What a fantastic facility we now have. Lauren Hodgetts, Connor Jones and Henry Van Laeren represented our school at the opening and the laying of the time capsule.



*Louise Manwaring  
Principal*

## P & C Awards – Week 11 – Congratulations to:

**Year 7:** Bayly Brown; **Year 8:** Daniel Reinhard; **Year 9:** Brea Fitzpatrick; **Year 10:** Sally Cook; **Year 11:** Hollie Menzies; **Year 12:** Robert Harries

## ATHLETICS CARNIVAL



The athletics carnival is on Friday, 17<sup>th</sup> May at Walkers Field. This is a normal school day and attendance is required. Students will need to bring their ID card to swipe in at the beginning of the day and events will start at 9am.

The events held on the day will include 100m, 200m, Long Jump, High Jump, Discus, Shotput, Javelin and novelties (the 400m and 3000m will be held at 8:30am before the carnival). The idea of the carnival is about participation, having fun and getting involved in the house spirit. Students are encouraged to participate in all events and to get dressed up in House colours.

A canteen will be running on the day and Yr 12 will once again be providing goodies for their fundraising. Parent/ community helpers are always more than welcome and anyone interested can contact the PDHPE staff at school on 63721533.

## NETBALL

In recent weeks, two Mudgee High Netball teams have competed at regional and western knockouts. The Open's Netball team made up of players from years 10-12, won the Regional Carnival at Dubbo, defeating Gulgong, Broken Hill, Blayney and Dubbo Senior Campus. From here the team went to Orange and beat Cowra, but unfortunately lost to Orange in the final. Year 12 student, Lauren Flack was chosen from this knockout to represent Western Area at an upcoming carnival. The second Mudgee High team was an U15's team. This was the first year an U15's netball knockout had been established. The team consisted of players from years 8-10. The Mudgee team was successful against Gulgong, Narromine, Gilgandra and Dubbo South but unfortunately lost to West Wyalong in the final. All players should be commended on their efforts, as Mudgee High was the only school to have two teams make it through to the finals.

*The U15's Netball Team*



*The Opens Netball Team*

## MUDGEE HIGH IN THE FAST LANE AT CHS SWIMMING CHAMPIONSHIPS

Mudgee High swimmers have once again excelled in the pool at the NSW Combined High Schools swimming Championships held at Sydney Olympic Park Aquatic Centre, Thursday 4<sup>th</sup> to Saturday 6<sup>th</sup> April. Mudgee High School represented Western region in 28 individual events and 4 Relay events.

Our final point score ranked Mudgee High 22<sup>nd</sup> in the state and 1<sup>st</sup> in the Western Region.

### **Relay results**

Our Open girls medley team, consisting of Alyisha Beckingham, Jayme Muscat, Jordan Addley and Georgi York, started our relay events on day one of competition. The girls were seeded 15<sup>th</sup> and placed 12<sup>th</sup> in the prelims in a PB time of 2:16.52

Our 14yrs girls 4 x 50 Freestyle team, consisting of Olivia Haidle, Talia McLennan, Natalie Jeffery and Rebekah Rae, started our relay events for day two. The girls were seeded 26<sup>th</sup> and placed 23<sup>rd</sup> in a PB time of 2:21.98

Luke Beckingham, Jackson Sievers, Adam Dziura and Thomas Smith, the 15yrs boys 4 x 50 Freestyle team, were seeded 16<sup>th</sup> and placed 14<sup>th</sup> in a PB time of 2:00.41



Our Open girls 4 x 50 Freestyle team consisting of Alyisha Beckingham, Jayme Muscat, Macy Morley and Georgi York were seeded in 3<sup>rd</sup> for the prelims. This placed them in a different heat to the 1 and 2 seeds so they knew they had to swim fast. They led from the start in their heat and ended up placing 1<sup>st</sup> in a time of 1:56.25 (a 2.64 sec PB). This placed the girls in lane 4 for the final. An official commented to the girls that it had been a long time since a western team were in lane 4 for a final. The lead changed several times in the final and the girls placed 3<sup>rd</sup> (Bronze Medal) with a .07 time improvement. They were ecstatic to not only make the final but to end up with a podium finish.



### Individual Results

**Luke Beckingham**, Boys 14, 200 Free Prelim Time: 2:22.47 (15)\*, 100 Back Prelim Time: 1:23.21 (24), 14 50 Free Prelim Time: 28.77 (17)\*, 100 Breast Prelim Time: 1:24.89 (15) \*, 14 100 Free Prelim Time: 1:03.15 (11)

**Thomas Smith**, Boys 15, 200 Free Prelim Time: 2:20.18 (19), 100 Breast Prelim Time: 1:21.50 (10) Finals Time: 1:22.13 (10) 15-16 400 Free Finals Time: 5:05.94 (17), 100 Fly Prelim Time: 1:09.28 (14)\*, 100 Free Prelim Time: 1:08.06 (23)\*

**Jordan Addley**, Girls 16, 200 Free Prelims 2:43.51 (23)\*

**Alyisha Beckingham**, Girls 18, 17-19 200 Free Prelims 2:15.06 (6)\* Finals 2:13.85 (5)\*, 17-19 100 Breast Prelims 1:19.76 (6) Finals 1:18.85 (6)\*, 17-19 400 Free Finals 4:48.99 (7)

**Jayme Muscat**, - Girls 17, 17-19 100 Breast Prelims 1:36.83 (22)

**Rebekah Rae**, - Girls 14, 100 Breast Prelims 1:33.52 (25)

**Georgi York**, Girls 18, 17-19 200 Free Prelims 2:17.08 (10) Finals 2:19.83 (10)

17-19 100 Back Prelims 1:10.59 (8)\* Finals 1:10.56 (5)\*, 17-19 50 Free Prelims 28.38 (10)\* Finals 28.35 (8)\*, 17-19 100 Free Prelims 1:01.83 (6)\* Finals 1:00.91 (6)\*

**Macy Morley**, Girls 13 - 200 Free Prelims 2:23.04 (4)\* Finals 2:22.15 (4)\*, 100 Back Prelims 1:13.54 (2)\* Finals 1:13.32 (Bronze Medal)\*, 50 Free Prelims 28.87 (2)\* Finals 28.70 (Silver Medal)\*, 100 Fly Prelims 1:12.05 (3) Finals 1:12.47 (4), 100 Free Prelims 1:03.10 (1)\* Finals 1:03.22 (Silver Medal)\* Macy not only won the Western Girls Swimmer medallion but also won the 13 yrs girls Swimmer of the Meet.



Our Open girls 4 x 50 Freestyle team are now off to the NSW all schools championships to be held at SOPAC Thursday 9<sup>th</sup> May. The girls have been invited to swim the medley relay as well. Macy will also contest the 50 free, 100 free and 50 fly. Georgi will contest the 200 Backstroke event. Best of luck to these four swimmers for this next level of competition. Swimming is generally perceived as an individual sport. The team spirit in this group of young swimmers is alive and well. This is not only evident in the relay results but also in the camaraderie between each other, especially during the down times when personal expectations in the pool are not achieved.

I would like to thank all of the parents who had days off work, accommodated and transported the students for this event. Your assistance is greatly appreciated.

*Peter Smith - Mudgee High Swim Team Manager*

### Community Notices

#### WOMEN'S HEALTH NURSE

At Mudgee Community Health Centre

A **free and confidential** service for women of all ages

For appointments, please contact Morgan, your Women's Health Nurse on 6378 6214

Women's Health Clinics occur every Monday and Wednesday

Flexible appointment times are available

### ROTARY AUSTRALIA & NEW ZEALAND STUDENT EXCHANGE

#### 2014 Program Expressions of Interest Open

This program is designed for 14-16 year old students (Year 9 or 10 in 2014) to experience a true 'exchange' with a family in New Zealand. Local students are matched with a New Zealand student and the Australian student will attend school in New Zealand during Term 2, 2014. Both students then return to Australia and attend school here for Term 3, 2014. The students' family hosts the NZ student and includes them in their normal family life. This is an exciting way to experience another culture with the support of Rotary. More information and expression of interest forms can be found at

[www.ranzse.org](http://www.ranzse.org) Expressions of Interest close 30<sup>th</sup> June 2013

### STS STUDENT EXCHANGE

STS Student Exchange are seeking Aussie families who are busy, friendly, interested in other cultures and willing to welcome an STS exchange student into their family. Aussie families come from all walks of life and all cultural backgrounds, that's what makes up our country. Our volunteer host families provide room and board and treat their host son or daughter as a member of their own family. Exchange students have their own spending money and medical insurance. While your exchange student is learning about Australian culture, your family members will learn about theirs. What a great way for your children to learn about another country! Call us today to start your adventure 1800 263 964 or email us at [stsf@people.net.au](mailto:stsf@people.net.au) or Website [www.sts-education.com.au](http://www.sts-education.com.au)

### AUSTRALIAN DECORATIVE AND FINE ARTS SOCIETY

Lectures are held Friday evenings at 6.30pm sharp at Cudgegong Valley School Hall, Madeira Road, Mudgee

Upcoming lectures are: 26<sup>th</sup> April – Lars Tharp – Tales from the Travelling Roadshow –  
or a Thousand Ways to Say “I’m Sorry...” ;

17<sup>th</sup> May - Paul Brunton – Henry Lawson – Australia's Most Famous Writer

14<sup>th</sup> June – Barry Venning – Napoleon and His Artists

26<sup>th</sup> July – Mary Alexander – Meet Me at the Waldorf: The Extraordinary Story of Two Iconic Hotels Built on Astor Feuds, Fortunes and Art Patronage

### SPONSOR

#### COFFIN CREEK ANGUS STUD

Wollar Road, Mudgee

Telephone 63733838 or 0414 669494

*Proud Sponsor of Mudgee High School Champion Steer Showing Team*

### PAID ADVERTISEMENT

*(Paid Advertisements do not carry the school's endorsement)*

## Still Time to Start Dance This Year!

There is still time to enrol at ***Dance With Attitude*** and still be part of the annual stage production this year.

- ❖ Mudgee's boutique dance school of excellence. Small and personal.
- ❖ Age appropriate movement and music and tasteful costumes.
- ❖ Focus on learning excellent dance technique.
- ❖ Ballet, Tap, National Character, Modern and Jazz / Hip Hop.
- ❖ From 3 years to adults. For boys and girls.
- ❖ Dance for fun, for fitness, for performance or for a future career.
- ❖ No sewing of costumes required.

### FREE TRIAL CLASS AVAILABLE – BOOKINGS ESSENTIAL

Moving to larger premises at 18 Perry Street during Term 2. For further information visit [www.mudgeedance.com](http://www.mudgeedance.com) or contact The Principal, Naomi Bishop, by email [mudgeedance@bigpond.com](mailto:mudgeedance@bigpond.com) or phone 0413998232.