

Monday 4th March 2013
Term 1 – Week 6



MHS Newsletter



A Member of the
Cudgegong Learning
Community

SEE OUR WEBSITE FOR
THE FULL CALENDAR
OF EVENTS

Coming Events:

- March 7- Textiles Excursion
- March 14 – Yr 12 PDHPE Excursion
- March 15 Yr 9 Dunn's Swamp Excursion
- March 19 Yr 7 and Yr 9 Vaccinations

This issue:

- Principal's Message
- P & C Awards
- HSIE News
- Schoolkids Bonus
- PDHPE News
- All Schools Triathlon Report
- Information about Winter School
- Call for Support – Chris Lewis
- Community Notices
- Paid Advertisement
- Sponsor

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"Providing high quality education in a stimulating and caring environment."

Principal's Message

Thank you to the parents who were able to make it to our first parent teacher evening. Students from years 7, 11 and 12 obviously made a big effort to organise times for their parents because the turn out was fantastic. We will be holding our parent teacher evening for years 8-10 later this term. The opportunity for three way conversations is essential for success of students at school. Parents know their children best and we know how students can be successful in our course. The combining of that knowledge and the sharing of ideas to support students can make a big difference.

Congratulations to our Agriculture students who participated in junior judging and parading at the Mudgee Show. This is a great way for students to put their learning into practice while supporting a community event. A big thank you to Mr Wilson and Ms Standford for their efforts in preparing the sheep and assisting the students to participate.

Having been asked this question recently I would like to explain the process for student recognition at Mudgee High School. At enrolment all students receive this information in the enrolment package so you can also refer to the detailed explanation there. In brief students are given recognition certificates by their class teachers. The awarding of these certificates, colloquially known as "Recos" is automatically recorded by the teachers. They can be given for a wide range of achievements including consistent effort, excellent assignments, school spirit, team participation, helping other students and improved work.

A student who receives three recognition certificates will be awarded a bronze certificate at a year meeting. Achieving three bronze awards gets a student a silver award. Two silvers means a student is awarded a gold certificate. Students do not have to hand in their recos or bronze awards, our computer system collates them automatically. Silver and Gold awards are presented at a special ceremony held at the end of semester. Year 12 silver and gold awards are also presented at the end of term 3 before they leave.

The Western Region Academy of Sport aims to identify, develop and provide pathways for talented young sports people in the Western Region of NSW, Australia. The following athletes from Mudgee High School have been selected in the WRAS squad for 2012/13:

Cindy Colley (Netball); Cody Dowel (Softball); Jahymi Dowel (Softball); Lauren Flack (Netball); Zachary Kelly (Golf); Rhyan McNair (Softball); Cassie Plunkett (Softball); Nathan Sharp (Softball); Rachael Sharp (Softball); Bria Toohey (Softball)

Due to their high level of performance and commitment, these athletes should be congratulated for their dedication to both educational and sporting duties.

Change of Details

A reminder that forms are available from the office to complete if you have changed your address or contact details.

P & C Awards – Week 5

Year 7: Jordyn Colley; **Year 8:** Savannah Noppert; **Year 9:** Ruby Marshall; **Year 10:** Jake Abend; **Year 11:** Mikaela Gilchrist; **Year 12:** Elias Parker

Louise Manwaring
Principal

HSIE NEWS

Year 12 Business Studies students have been working on an online marketing campaign as part of their studies. The students are learning about the strengths of social media as a marketing platform. The students aim is to attract enough attention and media awareness from their campaign to reach comedian duo Hamish and Andy to entice them to visit



Mudgee High's annual Rainbow Day. The students hope that Hamish and Andy's presence will give further publicity and support to Mudgee High's Rainbow Day to enable them to raise further money for their chosen charity. The students are asking members of the Mudgee community to support them in their cause and to visit their sites on Facebook, Twitter and Instagram, in an effort to **#Bring HamishandAndy2Mudgee**

Yr 12 Business Studies students campaigning to bring Hamish and Andy to Mudgee High's Rainbow Day.

HAVE YOU RECEIVED THE SCHOOLKIDS BONUS?

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013 – *have you?*

If you receive a family or income support payment, including Family Tax Benefit Part A, you could be eligible to receive \$410 a year for each primary student and \$820 a year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts and payments are made automatically so you don't have to wait months to make a claim via your tax return. Unlike the ETR you can choose how you use the payment to best support your children's education – whether it be school books, stationery, uniforms, school fees, or excursions.

Check your eligibility by visiting australia.gov.au/schoolkidsbonus and if you think you might have missed out on the January payment, contact Centrelink – either in person at a Centrelink-Medicare Office or by calling 132 468. The first installment of the Schoolkids Bonus has recently been paid to approximately 1.2 million families to help lighten the load of back-to-school costs.

For families who are eligible it means you will have extra funds available to help buy the things your children need – whether it be uniforms, shoes, stationery, books or sporting gear. Most eligible families would have received the payment automatically, however some needed to update their child's education details to ensure they received the payment, e.g. families with children starting primary for the first time in 2013 and children moving from primary into secondary school in 2013.

If you want to know more about the bonus or to see if your family is eligible please use the link below where you can download schoolkids bonus materials at australia.gov.au/schoolkidsbonus. Hardcopies of the brochure and factsheet are also available (free of charge) and can be ordered by contacting schoolkidsbonus@fahcsia.gov.au

If you have any questions or require any further information please feel free to contact us on schoolkidsbonus@fahcsia.gov.au.

PDHPE NEWS

Our swimming carnival held on the 8th February was a great success. Students from Year 7-12 participated with enthusiasm and some fantastic times were achieved. Blaxland came out on top as the House champions, narrowly beating Wentworth followed by Cunningham and Lawson. Twenty five records were broken including the 14 year boys breaststroke record held since 1979. Congratulations to Luke Beckingham for this achievement. Macy Morley had an amazing carnival smashing nine records, as did Thomas Smith now holding seven new records. Our new record holders are: Thomas Armstrong (1); Georgi York (2); Alyisha Beckingham (2); Luke Beckingham (3); Thomas Smith (7); Macy Morley (9); Tavis McLennan (1). The age champions for this year are:

12 years: Bayly Brown and Madison Carr

13 years: Wyatt Sanders and Macy Morley

14 years: Luke Beckingham and Rebekah Rae

15 years: Thomas Smith and Samantha Cormie

16 years: Jock Whiteside and Jordan Addley

17 years: Thomas Armstrong and Georgie York

Thank you to all who participated and to parents who assisted on the day.

2013 NSW All Schools Triathlon Report

Several Mudgee High Students participated in the All Schools Triathlon held at The Penrith Lakes International Regatta Centre on Thursday 21st and Friday 22nd February.

Our individual competitors were:-

Makayla Lillyst (senior girls) who achieved a place of 37th in her age group and 11th in the Government School section

Katana Lillyst (junior girls) who achieved a place of 113th in her age group and 42nd in the Government Schools section.

Our 4 Teams consisted of:



Senior Boys - Tom Armstrong (swim), Jordan Payne (cycle), Mitchell Riley (run) who placed 7th overall and 4th in the Government Schools section.

Senior Boys – Tavis McLennan (swim), Ayden Toovey (cycle), Eli Harvey (run) who placed 15th overall and 6th in the Government Schools section.

Senior Girls – Jayme Muscat (swim), Lauren Flack (cycle), Beck Bailey (run) who placed 35th overall and 7th in the Government Schools section.

Intermediate Boys - Thomas Smith (swim), Joshua Toovey (cycle), Harrison Maynard (run) who placed 6th overall and 3rd (Bronze) in the Government Schools section. (pictured)

All students competed extremely well up against some very tough competition. Everyone walked away at the end of the day with a smile on their face knowing that they had achieved great results. The intermediate boys with a slightly bigger grin in the form of a Bronze CHS Medal. A big thankyou to all of the parents who transported and accommodated the students. Without their support participation in events like this would not be possible.



Senior Girls Triathlon team - Jayme Muscat, Lauren Flack and Rebecca Bailey

INFORMATION ABOUT WINTER SCHOOL

The UNSW Winter School is a fully supervised, week-long residential program designed to provide Indigenous students in years 10, 11 and 12 with an opportunity to experience university life. The program is co-ordinated by Nura Gili and is sponsored by UBS who generously cover the costs for all participants.

During Winter School, 150 students are introduced to tertiary studies in an area of their choice whilst also participating in university life with fellow Indigenous students from around the country. The Winter School aims to assist students in identifying their paths of interest, in turn clarifying the subject areas required for further study in that field. The one-week program will combine expertise from the faculty, university and industry for an all-round comprehensive and unique experience. The program also aims to nurture the leadership, growth and development of all participants with a comprehensive, fun and engaging program of activities.

Subject areas offered for the 2013 camp are: Built Environment (including Architecture, Construction), Business, Education, Engineering, Indigenous Studies, Law, Medicine, Performing Arts, Science, Social Work and Visual Arts.

Who can apply?

Any Australian Indigenous student who is in year 10, 11 or 12 and who is aspiring to attend University is eligible to apply for Winter School.

Cost

The program runs at no cost to the student. Nura Gili arranges all travel for students outside the Greater Sydney area and accommodation is in colleges on campus for the duration of the program. (cont. overpage)

Dates and location

The 2013 Winter School will be held from **Sunday 7th July to Saturday 13th July 2013** inclusive. The program is held on the University of New South Wales (UNSW) Kensington Campus in Sydney and is co-ordinated by Nura Gili, the University's Indigenous Programs Centre.

What's involved?

The program runs for seven days and six nights and involves an extensive timetable which includes three full faculty days in the specific subject area, as well as academic sessions, cultural activities, excursions and night activities. All students who attend Winter School are expected to fully participate in all activities set down in the program. This will involve group presentations, team activities and possibly public speaking.

The Days are completely full and as such, students are expected to be up at 6.30am and back in their rooms with lights out, at 10pm each day. Students over the age of 18 must comply with the rules set down for all other students who are not yet 18. Whilst Nura Gili acknowledges the legal age of such students, for the purpose of the program, there can only be one set of rules for everyone, as Nura Gili staff must maintain a consistent duty of care to each individual attending.

More information and/or application forms are available from the School.

Community Notices

LIONS YOUTH EXCHANGE PROGRAM FOR AUSTRALIAN YOUTH AGED 17-21 YEARS

The Lions Youth Exchange Program gives Australian youth the opportunity to live with Lions families overseas during the school holidays. The Program does not involve tuition or school attendance but is rather a cultural holiday whereby students can immerse themselves in a new culture, enjoy supervised sightseeing and practise second language skills such as French, German, Japanese, Italian, etc. More information can be found at www.lionsclubs.org.au/ye

CUDGEGONG VALLEY PHYSICAL CULTURE

Dance into Physical Culture - Physi is a syllabus of disciplined choreographed routines – Competitions not compulsory
Cudgegong Valley Physical Culture Club harbours Strength, Courage & Confidence
Special 2013 Offer – No Weekly Lesson Fees
Enquiries info@physicalculture.net.au

AUSTRALIAN DECORATIVE AND FINE ARTS SOCIETY

Would you enjoy a lecture and powerpoint presentation by an acclaimed international or Australian lecturer on a range of arts and literary-based topics? Would you enjoy meeting the lecturer and chatting with like-minded people over a drink and sandwich? For an average cost of less than \$14 per lecture, come and discover what ADFAS is all about – easily the best value entertainment in town. All welcome.

Lectures are held Friday evenings at 6.30pm sharp at Cudgegong Valley School Hall, Madeira Road, Mudgee

Upcoming lectures are:

15th March – Michael Bligh – Creating Colour and Interest for Every Season of the Year

26th April – Lars Tharp – Tales from the Travelling Roadshow – or a Thousand Ways to Say "I'm Sorry..."

TEACHING SOMEONE TO DRIVE CAN BE A HAPPY EXPERIENCE

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop which will be held at Club Mudgee on 4th March from 5.30 to 7.30pm
Book now on 0434 964764
Or email parentworkshop@optusnet.com.au.

ROTARY DISTRICT 9670 YOUTH EXCHANGE PROGRAM COMMITTEE INC

Would you like to visit another country for 12 months? Would you like to learn another culture, another language? Would you like to travel and make new life-long friends? Would you like to attend a new school, try new subjects? Would you like to try new sports? If you answer YES to some or all of these questions, you should consider Rotary Youth Exchange. Over 7000 students world-wide annually spend twelve months in a foreign country. Would you like to spend 2014 in another country? An information night will be held on Tuesday 12 March 2013 at Club Mudgee from 6pm. Come along with your parents and hear about this wonderful youth program. It has been running for over 75 years.

Enquiries to Geoff Smith Ph: 6889 5447
gsmi2709@bigpond.net.au

CALL FOR SUPPORT – CHRIS LEWIS FORMER STUDENT OF MOWBRAY PUBLIC SCHOOL

One of our former school students, who attended our school while homeless, has decided to change the lives of others by going on a 4,051km bike ride on a postie bike, the small scooter used by Australia Post to deliver mail with a maximum speed of 70kph. He has said it was a long and painful ride but more than worth it.

Here at Mowbray Public School we would like to show our support for the amazing work Christopher has done in helping raise awareness for youth homelessness.

Below is an email from Chris. Please read it and have a look at the website and forward it on to friends and family.

As you may or may not be aware I experienced homelessness when I was younger and my mother moved to Sydney leaving me at our family home up north. I was 12 when she left.

Because of this experience, youth homelessness has always been an issue that is near and dear to my heart. That's why I am currently en route to Torquay from Sydney riding a postie bike to raise awareness.

Although my main goal with this ride is to increase public understanding of youth homelessness and I spoke to several groups about the issue along the way, I am also raising money for young people currently in need.

To check out where I am along the ride and provide support visit:

[Ride to Keep Youth Off the Streets @ Startsomegood.com](#) or www.tinyurl.com/chrisridesforyouth

Thanks for your support over the years, I wouldn't be where I am without it. Cheers to providing young people with the support they need to succeed.

Back from Victoria after 4,051kms!

Chris

Paid Advertisement

Please note that paid advertisements do not carry the school's endorsement.

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