



A Member of the  
Cudgegong Learning  
Community

SEE OUR WEBSITE FOR  
THE FULL CALENDAR  
OF EVENTS

#### Coming Events:

- Dec 12 – Y7,8,9,10 & 11 Presentation Evening – Gym – 7pm
- Dec 15 to 18- Y11 Camp
- Dec 17 – Y7,8,9 & 10 Assembly – Reports, Gold/Silver
- Dec 17 – Y7 Concert 12.15- 1.30pm
- Dec 18 – Final Day for Students
- Dec 20 – Final Day for Staff
- Jan 28 – Day 1 – Term 1 for Staff
- Jan 29 – Day 1 for Years 7, 11 & 12
- Jan 30 – Day 1 for Years 8, 9 & 10

#### This issue:

- Principal's Message
- P&C Awards
- Presentation of Awards
- AB Team Tips
- Community Notices
- Sponsor

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"Providing high quality education in a stimulating and caring environment."

### Principal's Message

We look forward to seeing parents and family members on Thursday 12<sup>th</sup> December at our Presentation Assembly commencing at 7pm. Awards for effort and achievement in courses as well as sporting blues and cultural recognition will be presented. Every parent is welcome to celebrate the achievements of our students. We ask that guests remain for the whole presentation. The last student deserves as much recognition as the first. Imagine if it is your child who receives the last award presented. How would you feel if other parents left whose child you had acknowledged earlier?

On Tuesday 17<sup>th</sup> December a ceremony will be held to issue reports as well as Gold and Silver Awards to Years 7-10. Details for each year group are included in this newsletter. On that day Year 7 parents are especially encouraged to attend the Year 7 Concert from 12.15 in the Performance Centre. There will be performances by every class in Year 7 with a large number of students having the opportunity to show their parents, peers and teachers their musical abilities. It is certainly a highlight not to be missed.

At our Presentation Night and Silver/Gold and Report Ceremonies the 2013 Mirri will be on sale. This is a very colourful and interesting souvenir of the year. The cost is \$10 which is well below production cost. We hope every family will take one home. Year 12 students may pick up their complimentary copy at the office. Many thanks to Ms Peters and Mr O'Sullivan for this wonderful production which will be perused for years ahead.

It's not long now till the eagerly awaited HSC results come out. We anticipate some fantastic results from this talented, hardworking group. Already over 50 students have gained a place at university and many more will receive offers in early January. Other students have gained training places with an employer or TAFE. We wish all students the best of luck as they read their texted results or check them online on the 18<sup>th</sup> or their ATAR on 19<sup>th</sup> December.

A reminder that we are holding a final get together BBQ for Year 12 on 19<sup>th</sup> December from 12.30pm. That's also a good time to pick up your copy of Mirri. Year 12 are reminded that their Year Adviser, Careers Adviser, Deputy Principals, Principal and teachers are available at school until 20<sup>th</sup> December for advice. They can also be contacted by email during the holidays.

There will be one more newsletter before the end of term but a reminder that all students in Years 7-10 are expected to attend school until 18<sup>th</sup> December. Year 11 students not attending the camp are also welcome to make use of the time from 16<sup>th</sup> – 18<sup>th</sup> December to seek support with their ongoing work.

Congratulations should be extended to Isaac and Harrison Maynard. These two boys have been successful in gaining a place at the University of Sydney Wingara Mura (A Thinking Path) Summer School for Aboriginal students in January next year. To put this in perspective, over 380 students applied for the very limited number of places available. It should be a wonderful experience for both boys.

*Louise Manwaring*  
Principal

**P & C AWARDS Term 4 Week 9 - Congratulations to: Year 7 – Joshua Orchard; Year 8 – Ryan Tyrrell; Year 9 – Tom Christofis; Year 10 – Trine Sorensen; Year 11 – Samantha McGovern**

## PRESENTATION OF SCHOOL REPORTS + GOLD/SILVER AWARDS

On Tuesday 17<sup>th</sup> December school reports and gold/silver awards will be distributed for Years 7 – 10. You are invited to attend this celebration of your child's success during Semester 2 at Mudgee High School. The presentations will be organised as follows in the school gym:

Year 8	9.20am – 10.30am	Report + Gold/Silver Presentation
Year 7	10.55am – 12.00 noon	Report + Gold/Silver Presentation
Year 7	12.15pm – 1.30pm	Concert in the Performance Centre (Year 7 parents invited to attend)
Year 10	12.15pm – 1.30pm	Report + Gold/Silver Presentation
Year 9	2.10pm – 3.20pm	Report + Gold/Silver Presentation

## FROM THE ANTI BULLYING TEAM **Tips for Parents if Your Child is Being Bullied**

**1. Listen** Try to listen to the whole story without interrupting. Be empathic, calm and validate what is being said. Ask what your child would like to happen, before you make suggestions.

**2. Talk** Have a conversation about what happened. Try not to make the conversation intense or you might deter your child from talking to you. Remind your child it's normal to feel hurt, it's never OK to be bullied, and it's NOT their fault.

**3. Find out what is happening** Note what, when and where the bullying occurred, who was involved, how often and if anybody else witnessed it. Don't offer to confront the child or children doing the bullying or their parents yourself. You can make things worse for your child.

### **4. Contact the school**

In preparation for discussion with the school about the bullying:

- Write down what your child told you about specific incidents of bullying.
  - Check the school's bullying policy and the process for raising a bullying concern.
  - Make an appointment with your child's Year Adviser, the Head Teacher Welfare, School Counsellor in cases of ongoing or high risk issues the Deputy Principal.
  - Go into the school meeting with a positive expectation of working with the school as a partner in dealing with the complaint.
  - In the meeting the school will outline how we will ensure your child's physical safety while they are at school.
  - Be aware that the school will not disclose to you the substance of their discussions with others or what steps they have taken to monitor other children, as this would be a breach of privacy principles.
- Make a follow-up appointment or phone call, to check the situation is still being monitored, that positive action is continuing, and to report back your child's sense of the situation having been addressed.

### **5. Give sensible advice**

Encourage your child not to fight back, but coach them to use neutral or, if appropriate, joking language in response. Help them explore other possible responses.

- Tell them that the behaviour was intentional and it won't just go away
- Explain it's safer to avoid people, places or situations that could expose them to further bullying
- If your child asks to stay home from school, explain that it won't help - and may make things worse
- If possible, help to make opportunities for them to join other groups of young people - e.g. clubs/teams at school or other groups outside of school time.
- Every student is also welcome to join the Anti Bullying (AB) Team.

## Community Announcements

### **MUDGEE CHRISTMAS CAROLS**

**Mudgee Showground – Saturday December 14 – Gold Coin Donation**  
**5pm Gates Open** – Two entrances – Douro Street and Nicholson Street  
Handout Showbags – Facepainting/Games - Food/Drink available for purchase  
**5.45pm Santa Arrives - 6.45 Santa Departs**  
**7.30 – 9.00pm – Carols**                      **9.00 – 9.15 Fireworks**



### **HELPING YOU TO SAVE!**

Hi I'm Kel, Savings Specialist at the Commonwealth Bank in Mudgee.  
Here are some tips to help you make the most of your money!  
Set yourself a goal, whether it be a new phone, a bike or that pair of shoes you have been eyeing off. Break down the cost to a weekly or fortnightly amount, this will make it easier to save. Keep it separate from your 'spending money'.  
Take pleasure in knowing the value of your item.  
It is never too late to start saving!

## SPONSOR

**FAMILY FIRST CREDIT UNION – Mudgee**  
2 Church Street Telephone 63782330  
Proud Sponsor of Mudgee High School Celebration Sing Out



The biggest provider of Outdoor Recreation in NSW

## Lake Burrendong Sport and Recreation Centre

# Lads, Dads & Granddads

Get back to nature and enjoy a Boy's Only weekend away!

*This fully inclusive camping weekend will provide a unique bonding experience*

### Program Information

- A great opportunity to spend quality time and improve relationships in a relaxing and fun environment
- Comfortable camping equipment including tents and cooking utensils
- Experienced and professional staff
- Healthy and nutritious meals

Camp in our exclusive camping area on the foreshore of Lake Burrendong and participate in some of our exciting camp activities such as; canoeing, fishing, archery and bike riding.

Cook your dinner over the campfire, share stories and remember you're never too old to learn new tricks.

### Dates

Arrive: Friday 10<sup>th</sup> January 2014 at 3pm

Depart: Sunday 12<sup>th</sup> January 2014 at 2pm

Bookings close: Friday 3<sup>rd</sup> January 2014

### Prices

18 years and over \$160

7-17years \$140



Let us host your next group getaway, sporting session, concert or musical event, corporate function or development program, birthday celebration, wedding ceremony. Our experienced and qualified staff can help you create an exciting and energetic program to make your event even more remarkable. Our eleven unique Centres are located in natural bush, beach and alpine environments and offer over 40 different activities.

*Active Learning for life...*

For more information

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