

Monday 11th November 2013

Term 4 – Week 6



MHS Newsletter



A Member of the
Cudgegong Learning
Community

SEE OUR WEBSITE FOR
THE FULL CALENDAR
OF EVENTS

Coming Events:

- Nov 11 – HSC Major Works Exhibition
- Nov 13 – Y12 Sign out Day
- Nov 14 – Y7 2014 Orientation Day
Y7 2014 Parent Info Night 7pm -Tour 6pm
- Nov 15 -Y12 Formal
- Nov 25 – P&C Meeting 7pm Library
- Nov 27 to 29 – Dunns Swamp Camp

This issue:

- Principal's Message
- P&C Awards
- Careers News
- Drama
- TAS News
- AB Team
- Community Notices
- Sponsor
- HSC Exhibition

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"Providing high quality education in a stimulating and caring environment."

Principal's Message

The Cycle Continues

Last Wednesday marked the end of HSC exams for 2013. Collectively, the 75,000 students across NSW and the ACT who sat this year's examinations were able to breathe a final sigh of relief. Their results will be available in the week prior to Christmas – an early gift from the Board of Studies.

This Thursday, all of the Year 6 students who will make Mudgee High School their new alma mater in 2014 will attend the school for Orientation Day. They will tour the school and undertake sampler lessons in many of the subjects they will study next year. In the evening, their parents will be offered a tour of the school and an opportunity to learn a little about the expectations of high school so as to put their minds at rest, confirming that the decision to entrust us with the education of their children has been a prudent one.

On Friday, the following day, Mudgee High will say its last goodbye to the Class of 2013. The Year 12 Formal at Parklands will be the last official school function these students attend. At 8.30pm, the school function will draw to a close and the Formal will become a private function. Our students will become fully-fledged citizens, even though the vast majority will continue to call the family home... home.

Many of the students we farewell on Friday night will have had their own Orientation Day at Mudgee High at this time of the Year in 2007. This is the nature of school. It is a continuing cycle. The Year groups remain much the same; the timid Year 7s, the rambunctious Year 8s, the increasingly-tall Year 9s, the slowly-settling Year 10s, the all-grown-up-now Year 11s and finally the Year 12s, dominated by HSC expectations and increasingly given over to melancholic musings on just where their lives have gone. The faces, however, change.

Is it any wonder that the staff vs. students soccer game gets a little harder every year. The game has been going for years and while the students have remained a steadfast 17 and 18 throughout, each year the staff regulars get a little older.

Good luck to the Class of 2013 and welcome, the Class of 2019!

W Eade
Deputy Principal

P & C AWARDS Term 4 Week 5 - Congratulations to: Year 7 -Barry Nemeth; Year 8 – Megan Griffin; Year 9 – Rhyan Pickering; Year 10 –Brooke Munro; Year 11 – Lucy Cheetham

CAREERS NEWS

Year 10 Work Experience

With many subject assessments completed, the latter part of Term 4 is the perfect opportunity for Year 10 students to participate in work experience.

At Mudgee High School there is an expectation that all Year 10 students will complete a minimum of one week in the workplace as part of the Career Education program. The benefits of work experience include:

1. It may be a lead in to paid employment, eg apprenticeships
2. Provides students with a 'snapshot' of a potential future careers
3. May confirm recent years 11/12 subject selections and subsequent career choices
4. Provides generic and industry specific work skills and knowledge
5. Students develop 'contracts' for future job seeking
6. They also develop confidence and interpersonal skills

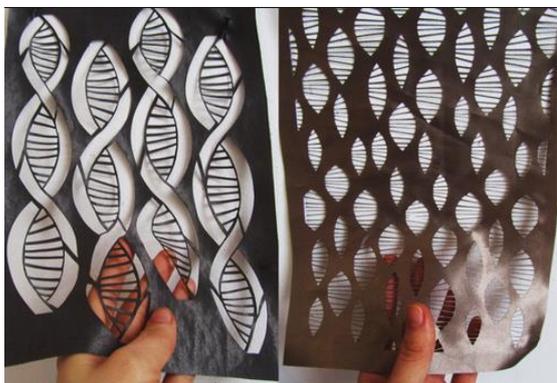
Assistance is available to students and parents to organise work experience placements. Please contact the school Careers Adviser for further information.



MAD AS A CUT SNAKE

On 24th October 2013, fifteen students from Mudgee High participated in the playbuilding and physical theatre workshop delivered by the creators of *Cut Snake* (Paige Rattray, Kevin Keirnan-Molloy, Julia Billington and Cat Davies). Students had a great time creating a theatre piece involving black panthers, alien avatars, luminescent dead fish and intuitive horses.

YEAR 11 TEXTILES



On Monday 4th November, the Textiles and Design class went to Dubbo Senior Campus to see a Laser cutting machine in action. The purpose was to explore the possibility of using laser cutting to assist in developing the range of techniques that is required for their HSC Major Textile projects.

This machine can cut intricate patterns in fabrics from lightweight to heavy, paper and even vinyl and leather.

A trip to Spotlight was also a must to explore fabric possibilities for their projects.

HSC Major Works Exhibition

The Year 12 Textiles and Design Major Works products have arrived back from marking and are all to be displayed in the exhibition to be held at The Stables during this week. This is a must see as the amount of work that has been devoted to these creations has been fantastic. The Exhibition opens tonight.





This year the Textiles department has also received a new generation overlocker. This was kindly supplied by the High School P&C. The new overlocker has a built in threading system and no longer requires tension adjustments. It will save a lot of time in the classroom and students will be able to operate it independently. The model purchased has the capacity to gather fabrics easily, insert piping and beads and pearls and to complete many other decorative functions by simple, easy to follow adjustments. We sincerely thank them for this generous addition to our equipment.

The Year 11 Hospitality class is catering for the HSC Major Works Exhibition opening. Their food preparation and presentation skills have really developed and the catering provided by them should be amazing. This class is currently completing the unit of work "Prepare and serve espresso coffee". This has involved them in demonstrating their skills by making and presenting various types of coffees and selling them to staff and senior student. Our amazing Trade Training Centre and its equipment, allows us to ensure that students can learn these skills and obtain qualifications that will enhance their employment prospects.

FROM THE AB TEAM - Bullying is Serious

There is no one specific reason why people choose to bully others.

Some people bully because they do not understand what they are doing is wrong. Others do it because they're mimicking behaviour they've seen at home.

Many children bully at one time or another as they learn different ways of interacting socially, but stop when it is pointed out to them that they are causing harm.

Often young people have no particular feeling towards those they bully, but use it as a way to get or keep a social position or power within their group. Some people bully to prevent it happening to them.

Some children who have been bullied, go on to bully others. Some children simply have a noticeable lack of empathy or do not accept or value differences.

Anyone can be bullied for any reason. Sometimes it is just a matter of being in the wrong place at the wrong time.

If you're being bullied **tell someone** about it and remember it's not your fault!

If you're bullying someone, **stop** - because it hurts people!

Bullying can have damaging effects on both the person bullying and the person being bullied. In some cases, the negative impact of bullying can be long term.

☑ 27 per cent of young people report they are bullied every two weeks or more often.¹

☑ Cyberbullying happens to about 1 in 10 Australian young people every few weeks or more often.²

☑ Bullying can seriously damage physical, social and emotional health. Students who are bullied are more likely to have low self-esteem and poor assertiveness skills. This can affect their psychological and mental health, and result in academic difficulties due to social exclusion, peer rejection, depression, and negative self-perceptions. They are also more likely to have poorer health and more somatic complaints, more interpersonal difficulties, higher levels of loneliness, suicidal ideation and increased anxiety. Alternatively, students who bully others are more likely to be aggressive, impulsive, insecure, lack empathy and have poor personal and social skills.³

☑ Students who are bullied by others in the schoolyard and other 'real' environments often feel more comfortable communicating online, and are significantly more likely (51 per cent) to engage in cyberbullying as a means of retaliating against serious conventional bullying.⁴

☑ Bullying is an intra and inter-generational phenomenon, with children who bully others at the age of 14 years likely to still engage in aggression at the age of 32 years and to have children who themselves engage in bullying and aggression.⁵

☑ Not all children who bully are on the trajectory that leads to violence and criminality later in life. But of all children, these are the ones most at risk for eventually committing violent crimes.⁶

☑ A study in Sweden found 60 per cent of the boys labelled as 'bullies' in Years 6-9 (aged 13 to 16) had at least one criminal conviction by the age of 24. Former school bullies were four times more likely than other students to engage in relatively serious crime.⁷

☑ Young people who are bullied tend to have a dislike of and want to avoid school.

\$10,000 SCHOLARSHIP!!!

Open Night for Digital Media, Animation and IT College

Students interested in a career digital media, IT programming, mobile apps or game design are invited to apply for a \$10,000 scholarship to study at The Academy of Information Technology. AIT is hosting an info night on Nov 20 for students or parents interested in learning about careers and study options in the IT and creative fields. All ages welcome. Register at <http://www.ait.nsw.edu.au/events/>

SPORT AND RECREATION

Are holding the Central West Winter Sporting Spirit Volunteer Award to recognise the effort of volunteers in the sporting community. Volunteers are the lifeblood of grassroots sports and we invite you to nominate a worthy candidate. In 100 words or less tell us how your volunteer is a stand-out. Examples might be the extensive time they dedicate to the club, the positive attitude they bring to the sporting arena, being a positive role model for younger club members. Download nomination forms from the Sport and Recreation website <http://www.dsr.nsw.gov.au/volunteeraward/index.asp> or call 6362 6623 – Nomination close Friday 8th November 2013

MUDGEES GOLF CLUB

JUNIOR DAY – Sunday 17th November 2013

9.15am for 9.30am start until approximately 11.30am – open to all boys and girls 5 to 16 years

Beginners competition, 4 hole, 6 hole and 9 hole competition

\$5 per player – includes golf and sausage sizzle – lots of fun and prizes – equipment supplied if required

Parent participation encouraged – please ring Mudgee Golf Pro Shop for further information 6372 2686

SPONSOR

FAMILY FIRST CREDIT UNION – Mudgee

2 Church Street Telephone 63782330

Proud Sponsor of Mudgee High School Celebration Sing Out

EXHIBITION OF HSC WORKS

You are cordially invited to the
opening at The Stables at 6pm
Monday 11th November 2013

The exhibition will be opened
by Helen Swords

Exhibition Times:

12th – 14th November

10.00am – 4.00pm

Tuesday - Thursday

This Exhibition celebrates the very high standard of works by Mudgee High School's Visual Art, Textile and Design, Industrial Technology and Society and Culture students of 2013

Supported by MHS P & C,
Mid-Western Regional Council &
Mudgee Arts Council

