

Monday 12th March 2012
Term 1– Week 8



MHS Newsletter

Mudgee High School – Locked Bag 2004, Mudgee NSW 2850
ABN: 25 074 408 459 Telephone: (02) 6372 1533 Facsimile: (02) 6372 6321
Website: www.mudgee-h.schools.nsw.edu.au Email: mudgee-h.school@det.nsw.edu.au
"Providing high quality education in a stimulating and caring environment."



*A Member of the
Cudgegong Learning
Community*

**SEE OUR WEBSITE
FOR THE FULL
CALENDAR OF
EVENTS**

Coming Events:

- Mar 15 & 16 – Y11 & Y12 Business Concierge
- Mar 15 – Y8, 9 & 10 Parent/Teacher Evening 3.45 – 7pm
- Mar 26 – P&C AGM 7.30pm in Library
- Mar 28 – Y7 2013 Prospective Students, Parent Info Evening 7pm Performance Centre
- Mar 29 – Apr 5 Y12 Half Yearly Exams
- Apr 3 – Y11 Parent Info Evening
- Apr 5 – Last Day of Term 1

This issue:

- Principal's Message
- Vaccination Program
- Canteen News
- Western Region Band Camp
- Peer Tutoring
- Careers
- Triathlon
- Paid Advertisement
- Community Notices
- MHS Sponsor

Principal's Message

Year 9 Laptops

Tonight parents of Year 9 are asked to attend an information session at 7pm in the performance centre. This information is given out prior to the issue of laptops to Year 9 students. As part of the laptop handover process students will also be taken through these issues and are therefore not required to attend the parent information session.

Last week we had many successes to celebrate. Our Mock Trial team won their first round and our boys and girls basketball teams showed determination and team spirit despite losing to more experienced teams. At the All Schools Triathlon our junior boys team of Joshua Toovey, Thomas Smith and Harrison Maynard won the trophy, beating all other schools in the State. Our senior boys were also outstanding taking out third place in the government schools section. Congratulations also to the girls teams who demonstrated they are a force to be reckoned with in the future.

Last Friday we inducted our 2012 SRC. These outstanding student leaders have already begun to make their mark. They have organised a fundraising event on Valentines Day, led the implementation of a new Warrumbungle District SRC and are working hard to get ready for the first social of the year. 2012 SRC members are: Jake Abend, Rebecca Bailey, Tom Bambrick, Samuel Bambrick, Jessie Bantock, Courtney Bennett, Monique Bremner, Nathan Chapman, Ben Cheetham, Jacob Christofis, Thomas Christofis, Zoe Da Roza, Sophie Da Roza, Madalyn Date, Madoc Fielding, Madeline Fletcher, Emily Hauville, Tyler Joyce, Ryan Kurtz, Eric Monger, Verity Morley, Macy Morley, Lucy O'Connell, Ben Reinhard, Tiffany Riley, Mary Sparkes, Cameron Stewart, Henry Van Laeren and Annalise Wilson.

The second parent teacher afternoon will be held on Thursday 15th March from 3.45 to 7pm. Parents of students in Years 8, 9 and 10 are encouraged to come along to meet teachers and discuss their child's progress. Students have been given booking sheets however one is also attached with this newsletter.

Louise Manwaring, Principal

VACCINATION PROGRAM

The first of three vaccination clinics will be conducted by the Health Department on 22nd of March. The first clinic will only involve students in year 7.

Girls will receive

- the first of three doses of Hepatitis B if they have not received it as a baby
- the first of three doses of HPV (cervical cancer) vaccinations
- chicken pox (Varicella) vaccination if they have not had it and have not had chickenpox.

Boys will receive

- the first of three doses of Hepatitis B if they have not received it as a baby
- the chicken pox (Varicella) vaccination if they have not had the vaccination, and have not had chickenpox.

Parents information kits have now been distributed to all year 7 students. If you son/daughter has been away and missed this they can collect them from Mrs. Broadley. These forms need to be signed and returned to the student's maths teacher as soon as possible. If you do not wish you child to have all or some of these vaccinations, please return the forms with a note explaining your wishes regarding the vaccinations. If you have any questions about this program please contact Mrs. Broadley at school. If your question relates more to a medical issue you are advised to direct your specific question to Community Health on 63786236.

CANTEEN NEWS

We are truly back into the swing of things now, and as always the kids are ravenous.



All of our new students are now well acquainted with what the canteen offers. As you would have seen from the price lists sent home in newsletters we are a healthy canteen. Items on the menu that you may not think of as particularly healthy mostly come under our sometimes (amber) banner, but are all healthy canteen approved. Pies and sausage rolls for instance are fat and salt reduced.

Our everyday specials are listed on the menu but we also offer daily blackboard specials, which may include focaccias or wraps. We also have "counter specials" every day that include fresh fruit salad, garden and chicken caesar salads and salad rolls. We often have freshly rolled sushi in different varieties.

Last week's firm favourites were freshly made Vietnamese rice paper spring rolls and a Moroccan quinoa salad with rocket and roasted kumera, quinoa being nutritionists new favourite "super grain", very low GI and low in kilojoules.

As always we still require volunteers to help run the Canteen. We have 1100 children at this school and so far in 2012 haven't had a single call. We are especially short on Tuesdays and Fridays. The current two ladies who come every week have children who left school over seven years ago. We would greatly appreciate any help. Profits from the Canteen are the only P&C fundraising undertaken.

The direct line to the Canteen is 6272 3276. Thanks *Jacqui and Mel*



WESTERN REGION BAND CAMP

The camp is to be held at Burrendong from Sunday June 24 to Friday June 29, 2012. Students wishing to attend should contact Mr McNamara for more information.

PEER TUTORING

Mudgee High School's Peer Tutor Reading program during Reading Roll Call has begun for a fifth year in succession. The school would like to thank the following 20 Year 10 students for offering to be part of this very important group. Georgia Williams, Vilja Werkman, Maddie Quinn, Maddie Thurlow, Theresa McColl, Vanessa Johnson, Juliette McRae, Veronica Rosso, Jordan Addley, Grace Lynch, Maddie Harradine, Sophie Maher, Sally Byrne, Maddie Timson, Sam Joyce, Lewis Ottaway, Jamie Golden, Jake Hawkins, Jaylen Huia and Aiden Ross.

They attended a training session on the 23rd February and will attend the completion of the course in a couple of weeks. Congratulations to all the Peer Tutees for their diligent efforts during the beginning of the term. *Mrs Gooley, STLA*

CAREERS – Business Concierge Workshops THIS WEEK

Parents/Carers of Year 10 and 11 – The Business Concierge Training and Development Company from Sydney will visit Mudgee High School on Thursday 15th March and Friday 16th March. This organisation specialises in presenting information on topics such as budgeting, goal setting, work rights and responsibilities to Years 10 and 11 students.

The workshops are practical and interactive in nature and students will gain valuable decision making skills to assist with future career planning as well as general living skills. Feedback from students who have participated in these seminars in the past has been positive.

The overall cost of 'The Business Concierge' is \$11 per student which covers the presentation and workbook in which students record useful information for future reference. A contribution of \$5 per student is requested from student's parents/carers and the school will subsidise the remainder to cover the costs of this worthwhile event. Students are asked to make payments to the school front office by THIS Wednesday 14th March.

ALL SCHOOLS TRIATHLON – PENRITH

On 6-7th March 20 students from Mudgee High School competed in the All Schools Triathlon at the International Regatta Centre Penrith. This event caters for all High Schools across NSW – Government, Independent and Catholic schools. Over 3000 students raced in both individual and teams events.

Mudgee High School again displayed a high level of athleticism and dedication. Tuesday was the individual event and the following students completed their event in pleasing times: Josh Toovey finished 9th in the Government junior schools division, with the highlight for him being the fastest cyclist overall. Hamish Burke was 15th and Henry Whiteside 27th. In the Junior girls Katana Lillyst was 32nd. In the Intermediate boys Jock Whiteside finished in in 19th place, Alistair Fittler in 21st and Ben Reinhard in 24th. Makayla Lillyst was the lone Mudgee High School competitor in the girls intermediate and finished a creditable 24th.

Wednesday was the day when over 800 teams gathered from across the state. The Junior boys were first to race and we had 2 teams entered. In just over 37min the Mudgee High team of Thomas Smith (swimmer), Josh Toovey (cyclist) and Harrison Maynard (runner) had conquered all and finished in 1st place. This is a great achievement as over 200 boys teams had entered. The second team of Henry Whiteside (swimmer), Hamish Burke (cyclist) and Nick McDonald (runner) were 6th in the Government school division. This was a solid performance considering that they are only in Year 7. In the Junior girls Macy Clarke (swimmer), Anneise Payne (cyclist) and Elise Glawson-Connell (runner) finished a creditable 23rd in the Government school division and showed that with maturity they can only get better.

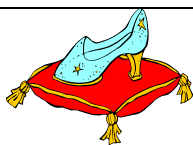
Intermediate boys were next and Jock Whiteside (swimmer), Callum Payne (cyclist) and Ben Reinhard (runner) achieved a Top 10 finish with an 8th in the Government schools division. Last but not least was the Senior boys and having sat around for the majority of the day, they were pumped to get started. The trash talk between the teams was tame but the determination was evident. Tavis McLennan (swimmer), Jordan Payne (cyclist) and Mitchell Riley came out in front finishing 7th overall (3rd in government school division) and the other team of Thomas Armstrong (swimmer), Ayden Toovey (cyclist) and Eli Harvey (runner) was only 30 sec behind finishing 9th overall (5th in Government school division) I would like to thank the parents that accompanied and supported their children and congratulate all competitors on their team spirit and sportsmanship

Miss Smith, Director of Triathlon

Community Notices

GIRLS 13 YEARS REPRESENTATIVE NETBALL

There will be a retrial for the 13 year girls representative netball team
At Glen Willow Courts
On Thursday 15th March from 5pm
For more information please call Michelle after 5pm – 0429 172 754



CINDERELLA

A magical pantomime for all ages! Ugly sisters, a good fairy and a pantomime horse – the perfect recipe for a wonderful theatrical experience! Featuring Dance Unlimited
At Club Mudgee Auditorium, Perry Street
Friday 30th March and Saturday 31st March from 2pm until 7pm
Tickets on sale at Visual Expanse, 28 Church Street

MID-WESTERN REGIONAL COUNCIL - 2012 Youth Week Competitions

Categories for Photography, Short Film, Short Story, Poetry and Art –First prize \$75, Second \$25 in each category
All entries must be received by 4.30pm on 30th March 2012 - Entry forms are available at MHS front office.

Please email to youthweek@midwestern.nsw.gov.au or mail to PO Box 156, Mudgee
They can be delivered to Carmel Croan Community Centre, Cnr Market and Douro Streets
For more information please visit www.facebook.com/midwesternyouthcouncil

Paid Advertisement

(Please note that paid advertisements do not carry the school's endorsement)



The Shed – Café & Deli: *The funkiest new café in town – away from the bustle of town at South Mudgee. Come and dine in for brekkie and lunch or savour the best takeaway burgers and sandwiches ever. Phone orders taken or relax in the café's funky ambience.*

*Open Monday to Friday 7am – 5pm :
Special orders and functions welcomed.
13 Oporto Road, South Mudgee 2850 :
Telephone 6372 9901*

SPONSOR

COFFIN CREEK ANGUS STUd

Wollar Road, Mudgee

Telephone 63733838 or 0414669494

Proud Sponsor of Mudgee High School Steer Showing Team

DO YOU HAVE AN EMAIL ADDRESS? We can contact you online and send newsletters directly. Please complete the slip below and return it to the office if you have not yet given us your address

Parent/Carer Email Address _____ *(please print email address)*

Name _____ parent/carers of _____ *(please print full name)*

Student Name _____ Year _____

Student Name _____ Year _____

Student Name _____ Year _____

I would like to receive the Newsletter by email *Please tick*

_____ *(signature)* _____ *(telephone)* _____ *(date)*

MUDGEES HIGH SCHOOL

TEACHER BOOKING SHEET

THURSDAY 15 MARCH 2012

Students of Years 8, 9 &10

1. ***THE INTERVIEWS ARE RESTRICTED TO 5 MINUTES.
IN SOME CASES YOU MAY LIKE TO BOOK IN A 10 MINUTE INTERVIEW -
(2X5 MINUTE SLOTS)***
2. ***RECORD THE INFORMATION BELOW FOLLOWING REQUEST FROM
STUDENT/PARENT FOR INTERVIEW.***

TIME	STUDENT	CLASS	TIME	STUDENT	CLASS
3.45 - 3.50			5.25 - 5.30		
3.50 - 3.55			5.30 - 5.35		
3.55 - 4.00			5.35 - 5.40		
4.00 - 4.05			5.40 - 5.45		
4.05 - 4.10			5.45 - 5.50		
4.10 - 4.15			5.50 - 5.55		
4.15 - 4.20			5.55 - 6.00		
4.20 - 4.25			6.00 - 6.05		
4.25 - 4.30			6.05 - 6.10		
4.30 - 4.35			6.10 - 6.15		
4.35 - 4.40			6.15 - 6.20		
4.40 - 4.45			6.20 - 6.25		
4.45 - 4.50			6.25 - 6.30		
4.50 - 4.55			6.30 - 6.35		
4.55 - 5.00			6.35 - 6.40		
5.00 - 5.05			6.40 - 6.45		
5.05 - 5.10			6.45 - 6.50		
5.10 - 5.15			6.50 - 6.55		
5.15 - 5.20			6.55 - 7.00		
5.20 - 5.25					