

Monday: 4<sup>th</sup> April 2011  
Term 1 – Week 11



# MHS Newsletter



A member of the  
Cudgegong Learning  
Community

## Coming Events:

- April 5– Y11 Parent Info Evening 7pm Performance Centre
- April 6 – Y7 2012 Parent Info. Evening 7pm Performance Centre
- April 8 – Last Day Term 1
- April 27 – Staff Development Day
- April 28 –Day 1 Term 2 students return to school

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**"Providing high quality education in a stimulating and caring environment."**

## Principal's Message

Congratulations to Tavis McLennan, Ben Cheetham and Lucy Cheetham who won a silver medal in Hawaii. These three students were part of the Western Region Ensemble who toured to a music festival in Hawaii. The ensemble were runners up which is a great achievement against international performers.

Well done also to students who were presented with Mid Western Council Sports Awards:

- Trent McDonald won Junior Sportsperson of the Year
- Chris Rushworth won Athlete with Disability of the Year
- Open Boys Rugby Union won U18 Team of the Year
- Boys Under 15 relay team who won a silver medal at CHS swimming

**Invitation to Parents of Year 11** – Information Night from 7.00pm Tuesday 5<sup>th</sup> April in the Performance Centre. Come along and find out about assessment requirements and what your student needs to do to be successful in their Preliminary Year.

**Do you have a child in Year 6 or know anyone who has?** Parents of Year 6 students are invited to a meeting at Mudgee High School Performance Centre on Wednesday 6<sup>th</sup> April from 7.00pm. Find out what Mudgee High School has to offer students for Year 7 2012.

**Annual School Report 2010** – The Annual Report is now available on our website. Click on the Our School tab to locate it.

**P&C AGM** – At the 2011 Annual General Meeting elections were held for all P&C executive. I am pleased to announce the incoming team: President – Simon Jones; Secretary – Jenny Szloch; Treasurer – Anne-Maree Kurtz; Deputy President – Lyn Halpin; Deputy President – Judy Hickey.

**Uniform** - Over the past term we have been working on implementing our new uniform policy. My thanks to the families who have supported the changes and purchased logos and new uniforms. At our February P&C meeting a decision was made to give all parents more time to meet the new requirements as some have struggled to change over by the end of this term.

To assist all parents organise for students to be wearing shorts with school logos we have extended the deadline to the start of term 4 2011. From the beginning of term 2 students are not permitted to wear ruggers for everyday wear or for sport. All students must be wearing the styles of shorts approved by the P&C but do not have to have the logo until term 4. We hope this eases the pressure on families.

A reminder, however that if students need warmer items in the coming months, they must wear school trousers or slacks not track pants for everyday wear and only school jumpers or jackets. This requirement has not changed. Anyone experiencing difficulty meeting uniform requirements can make a confidential request for student assistance by obtaining a form from the office. *Louise Manwaring - Principal*

## ANZAC DAY MARCH

Mudgee RSL Sub-Branch wish to extend an invitation to students to take part in the annual ANZAC Day March, and Commemoration Service in Robertson Park following the March. "Fall in" time for the March is 10.15am in Mortimer Street in front of Mudgee Soldier's Club on Monday 25<sup>th</sup> April 2011. The Dawn Service commences at 5.50am at the Cenotaph in Robertson Park and is open to everyone. If students wear deceased relatives medals on ANZAC Day, they should be worn on the right breast.

## **WESTERN REGION ACADEMY OF SPORT**

The Western Region Academy of Sport aims to identify, develop and provide pathways for talented young sports people in the Western Region of NSW, Australia. Brook Patridge has been selected in the WRAS netball squad for 2011. Due to her high level of performance and commitment Brooke should be congratulated for her dedication to both her educational and sporting duties.

## **CAREERS CAPERS!**

### **Year 10 Career Education**

Year 10 students are currently completing an in-class research task investigating a career of their choosing. This exercise, for many students, will be a useful lead into their participation in the school's work experience program. Year 10 students are required to undertake a minimum of 3-5 consecutive days of work experience at some point during the year.

### **Senior Work Studies**

Year 11 students are currently looking at the various aspects of 'work' and its significance in peoples lives – an upcoming 'History of Work' topic will involve a visit to Mudgee Museum to check out tools/equipment of past years.

Year 12 are completing a Workplace Communication topic which involves various classroom activities. All students continue with work experience each Wednesday where they are developing skills and knowledge relating to their chosen career.

### **Regional University Roadshow**

The recent Regional University Roadshow provided all Year 12 students with valuable information about many aspects of university life. Course, Accommodation, Scholarship etc was discussed as well as alternative entry schemes. Universities involved were Charles Sturt, Southern Cross and the University of New England. University is a viable option for many students and Year 12 are encouraged to continue to research further education and training options using resources from the Careers Room.

### **Business Concierge Seminars**

Years 10 and 11 students participated in Business Concierge Workshops on 17<sup>th</sup> and 18<sup>th</sup> March. Year 10 topics included 'Budgetting for Life' and 'Interview Skills' while Year 11 received tuition on 'Goalsetting' and 'Career Action Plans'. The sessions were informative and entertaining and the material will be useful in assisting students with future career planning and life skills.

### **Upcoming Career Events**

#### **Try-a-trade**

Try a trade will occur on Tuesday 24<sup>th</sup> May in the school's gymnasium. Interested students in Years 10 and 11 will be invited to attend a series of hands on trade activities eg plumbing, mechanics and hairdressing. These practical sessions as well as the opportunities for students to speak with 'tradies' will give a realistic insight into these careers.

### **Tertiary Information Day**

All NSW/ACT University, TAFE, Private Provider representatives and more will speak to interested Year 12 students on Wednesday 25<sup>th</sup> May. This event will be held at the senior campus in Dubbo and provides a great opportunity for students to discuss tertiary training and employment options for 2012. A tour of Charles Sturt Uni (Dubbo Campus) will also occur. A bus will travel from Mudgee High. Parents/carers are encouraged to attend.

### **CSU MyDay Events**

Charles Sturt University (Bathurst Campus) offers a series of one day events showcasing specific faculties within the university eg exercise science, paramedics and education. Students and their parents are also able to tour the campus and inspect facilities on these days. Years 11 and 12 students have received information about this program via the DET email and are encouraged to register for these worthwhile activities.

## **YEAR 10 SCIENCE**

As part of the year 10 Science assessment this semester year 10 will be sitting a revision examination that includes year 9 work as well as the topics covered this term. The examination will be delivered using Moodle which requires students to have their laptops at school on Tuesday 5<sup>th</sup> April 2010. This examination contributes significantly to the students half yearly mark.

### **Year 10 Revision Examination - Moodle**

**WHEN – Tuesday 5<sup>th</sup> April 2011 periods 1 and 2**

**WHERE – In your normal science class.**

**NEED – Your school supplied laptop. FULLY CHARGED!**

## LAWN BOWLS

Congratulations to Jesse Henry for his selection in the Western Area Lawn Bowls team. This week Jesse will be in Coffs Harbour for the State Lawn Bowls carnival and we wish him all the best. Next term Jesse will head to Warilla to compete in the singles and pairs State Lawn Bowls championships.

## NEWS FROM THE LIBRARY

### Young Writer of the Year 2011

Annually the Sydney Morning Herald hold a prestigious writing competition for senior students. Students (Years 10-12) must submit an original work between 700 and 1000 words in length. The work must have been written in 2011 and incorporate the Young Writer Trigger, "Chain" in some way.

Entries will be judged on originality, fluency and expression, structure and purpose. You can find tips, feedback and guidelines from the judges at [youngwriter.smh.com.au](http://youngwriter.smh.com.au) Entries close on Monday June 20.

For more details contact Herald Education

Post : Herald Education GPO Box 506, SYDNEY NSW 2001

Email: [youngwriter@fairfax.com.au](mailto:youngwriter@fairfax.com.au)

Phone : 1800 628 011 Fax: 02 9282 3237

### Book Sale

In the middle of next term, the Library will be holding a book sale. We are currently culling our school library resources to enable us to purchase updated non-fiction and reference books for our staff and students to access. A lot of the books that will be offered for sale are still in good condition and are good resources for our senior students. There will also be fiction books for sale. *Birgit Smith - Teacher Librarian*

## OPEN BOYS HOCKEY

On Wednesday 30<sup>th</sup> March, the Mudgee HS Open Boys Hockey team went to Bathurst to participate in the Western Area Boys Knockout Gala day. The boys qualified for this event by defeating Kandos High School 20-1 earlier in the term.

After a very slow trip to Bathurst, Mudgee's first game was played against a well drilled Parkes outfit. This game was the first time for many Mudgee boys to play on turf and for some, the second game ever playing hockey. Mudgee tried their hardest but the skill and speed of the Parkes boys ended up being too much for Mudgee who eventually went down 12-0. Mudgee's next game was played against Cowra. All their hard work started to pay off and their passes started to stick. Mudgee showed excellent control of the ball and were eventually winners 5-1. By that stage, the boys were tired and wanted to head home (via McDonalds) but had to play one more game against Orange who were too strong in the end, winning 5-0.

All Mudgee boys represented their school with excellent sportsmanship and should be commended for their efforts. A special thankyou goes to Julie Kenny, Jo Cox and Kim Sanders for transporting the boys on the day and for their support during all three games. Without support from parents these events would not be possible.

Open Boys Hockey Team: Troy Kenny, Sean Robinson, Hayden Cox, Bryan Stapleton-Moller, Mitchell O'Gorman, Nat Young, Peter Heath, Dylan Sanders, Daniel James, Beau Shipley, Chris Spinner, Nathan Innes, Aidan Young and Michael Harrington. *Miss Hutchins*

## TRIATHLON RESULTS

Congratulations to all the students who competed in the All Schools Triathlon in Penrith earlier this year. There were some fabulous results.

Name	Overall	Government School Section
Jock Whiteside (Junior)	14 <sup>th</sup>	7 <sup>th</sup>
Josh Toovey (jnr)	44 <sup>th</sup>	17 <sup>th</sup>
Callum Payne (jnr)	57 <sup>th</sup>	20 <sup>th</sup>
Ben Reinhard (jnr)	60 <sup>th</sup>	21 <sup>st</sup>
Alistair Fittler (jnr)	70 <sup>th</sup>	25 <sup>th</sup>
Aiden Toovey (intermediate)	7 <sup>th</sup>	4 <sup>th</sup>
Jordan Payne (int)	10 <sup>th</sup>	5 <sup>th</sup>
Tom Armstrong (int)	24 <sup>th</sup>	12 <sup>th</sup>
Tavis McLennan (int)	32 <sup>nd</sup>	15 <sup>th</sup>
Jake Smith (int)	51 <sup>st</sup>	22 <sup>nd</sup>
James Fittler (int)	125 <sup>th</sup>	35 <sup>th</sup>
Emmett Karstrom	36 <sup>th</sup>	11 <sup>th</sup>
Mudgee 1 (TEAMS)	14 <sup>th</sup>	4 <sup>th</sup>
Mudgee 2 (TEAMS)	174 <sup>th</sup>	26 <sup>th</sup>
Mudgee 3 (TEAMS)	26 <sup>th</sup>	8 <sup>th</sup>
Mudgee 4 (TEAMS)	2 <sup>nd</sup>	1 <sup>st</sup>
Mudgee 5 (TEAMS)	22 <sup>nd</sup>	6 <sup>th</sup>

## **MOSQUITO-BORNE DISEASES: INFORMATION FOR SCHOOL COMMUNITIES** *From NSW Health*

I am writing to seek your assistance in alerting your school community about a range of health risks associated with mosquito bites. Recent heavy rainfall and flooding in NSW has led to high numbers of mosquitoes in some parts of the state.

Mosquitoes can transmit a number of viral infections including Ross River virus and Barmah Forest virus and there have been large numbers of these infections reported so far in 2011. More recently, a rarer but more serious mosquito-borne infection called Murray Valley Encephalitis (MVE) has been detected in western NSW. It is likely that the risk period may extend through until Easter.

Mosquitoes are most active around dusk and in the first few hours of the evening and again at dawn. Rivers, creeks, wetlands and recently-flooded land allows mosquitoes to breed and so people living near or visiting these areas need to be especially careful to prevent mosquito bites.

### *Recommended ways to prevent mosquito bites*

- *Cover up when outside and mosquitoes are active (especially around dawn and around dusk). Wear light-coloured, loose-fitting long pants and sleeves and covered footwear.*
- *Use an effective personal insect repellent on all exposed skin. The best mosquito repellents contain Diethyl Toluamide (DEET) or Picaridin.*
- *Re-apply personal insect repellent according to directions as protection wears off. The stronger the concentration of an insect repellent, the less frequently it will need to be applied to stop mosquito bites. Repellents containing low concentrations of DEET or Picaridin provide shorter periods of protection and need to be reapplied more frequently.*
- *Mosquito coils or plug-in vapourising mats are effective when used indoors. Devices that use light to attract and electrocute insects are not effective.*
- *Ensure houses are fitted with flyscreens on the doors and windows to prevent entry of mosquitoes.*
- *When camping, use flyscreens on caravans and tents or sleep under mosquito nets.*

If you require more information about mosquito-borne infections or measures to take to prevent mosquito bites, I would encourage you to make contact with your local public health unit.

### Community Announcements

#### **MUDGEES GOLF CLUB – Junior Easter Tournament** 17<sup>th</sup> April, 2011

Boys & Girls under 16yrs, starting 9.30am – 10 holes – scratch and nett; 7 holes modified  
Lunch and prizes for all juniors; Cost \$10 for 10 holes; \$7 for 7 holes modified  
Bring your hat, drink bottle and your golfing prowess! Information - pro shop - 63722686

#### **HOST FAMILY REQUEST AND SCHOLARSHIP OPPORTUNITIES**

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education authorities in each State and Territory. You can find out more about our organisation by visiting [www.studentexchange.org.au](http://www.studentexchange.org.au) In June/July 2011 Student Exchange Australia New Zealand Ltd will be receiving exchange students from Europe, the USA and Latin America. Our new arrivals will live with a host family and attend a local school for 2-10 months.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture.

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, please call our office on 1300 135 331.

#### **STUCK?**

Homework for Years 4-12; Assignment Research; Study Skills and Essay Writing; HSC Study  
Mid-Western Regional Council Library offers a FREE online homework help service!

<http://library.midwestern.nsw.gov.au>

Click on Your Tutor on left hand menu!

Call the Library on 6378 2740 or drop in for more information.

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